

# On the correlation of temperature harmonic content with energy dissipation in C45 steel samples under fatigue loading

Riccardo Cappello<sup>a</sup>, Giovanni Meneghetti<sup>b</sup>, Mauro Ricotta<sup>b</sup>, Giuseppe Pitarresi<sup>a,\*</sup>

<sup>a</sup>*Department of Engineering (DING), University of Palermo, Viale delle Scienze, 90128 Palermo, Italy*

<sup>b</sup>*Department of Industrial Engineering, University of Padova, via Venezia, 1, 35131 Padova, Italy*

---

## Abstract

Fatigue damage onset involves a transformation of mechanical energy. This is in part spent into work of plastic deformation and fracture and in part transformed into heat. Therefore, different thermomechanical heat sources are activated during a fatigue loading cycle, resulting in a temperature modulation that can be characterized by its frequency content. Several studies have monitored the temperature on samples undergoing high-cycle fatigue, measuring specific thermomechanical metrics which could serve as indicators of damage evolution. The present work evaluates the harmonic content of temperature, to investigate its correlation with the material dissipation. The harmonic terms investigated are the amplitude and phase of temperature at the loading frequency (First Harmonic) and at twice the loading frequency (Second Harmonic). The paper reviews the mechanisms linking the evolution of heat dissipation to changes in these four parameters. The theoretical analysis is supported by an experimental campaign carried out on C45 steel tensile specimen subject to  $R = -1$  and  $R = 0.1$  loading ratios. The harmonic metrics are evaluated analyzing both their spatially averaged value and their spatial dispersion, to check for the formation of localized heat dissipation zones in early fatigue life. The study shows that the

---

\*Corresponding author

*Email address:* [giuseppe.pitarresi@unipa.it](mailto:giuseppe.pitarresi@unipa.it) (Giuseppe Pitarresi)

phase of the Second Harmonic signal has a peculiar bimodal distribution that can be correlated to either a thermoelastic or dissipative prevailing effect. This behavior evolves towards a unimodal dissipative behavior when the load amplitude is increased, thus proposing the Second Harmonic phase parameter as an effective indicator for monitoring internal intrinsic dissipation in the material.

*Keywords:* Thermomechanics, Fatigue, Dissipative heat sources, Thermoelastic Effect, Frequency Domain Analysis

---

### Highlights

- Heat dissipation at early fatigue stages is correlated to temperature harmonics.
- Mechanisms correlating the First Harmonic to heat dissipation are highlighted.
- Thermoelastic and dissipative heat sources induce different Second Harmonic phases.
- The phase of the Second Harmonic has a bimodal distribution.
- Early fatigue-induced intrinsic heat dissipation is a non-localized phenomenon.

### List of Symbols

$A_x$	Thermodynamic force associated to the internal variable $x$
$C_p, C_\varepsilon$	Specific heats at constant pressure, volume [ $\frac{\text{J}}{\text{kg}\cdot\text{K}}$ ]
$d$	Subscript used to indicate a dissipation related quantity
$D$	Amplitude of the second harmonic of temperature [K]
$D_m$	Intrinsic mechanical dissipation [ $\frac{\text{W}}{\text{m}^3}$ ]
$E$	Young's modulus [MPa], or alternatively the amplitude of the first harmonic or temperature [K]

$E_{2L}$	Amplitude of thermoelastic signal induced by the load harmonic at angular frequencies $2\omega$ [K]
FH	Harmonic of temperature at the angular frequencies $\omega$
$f_L$	Loading Frequency [Hz]
$H$	Helmholtz potential [ $\frac{J}{kg}$ ]
$K_o, K_1, K_2$	Thermoelastic constants in the first and second order theories [ $\frac{1}{MPa}$ ], [ $\frac{1}{MPa^2}$ ], [ $\frac{1}{MPa^2}$ ]
$L_\omega, L_{2\omega}$	Amplitude of the load signal harmonics at the angular frequencies $\omega$ and $2\omega$
$R$	Amplitude of the harmonic of temperature at the angular frequencies $3\omega$ [K]
SH	Harmonic of temperature at the angular frequencies $2\omega$
$T$	Absolute body temperature [K]
$T_o$	Mean body temperature [K]
$\mathbf{x}$	Vector of internal system variables
$5^{th}$	Index for the $5^{th}$ percentile of a distribution
$95^{th}$	Index for the $95^{th}$ percentile of a distribution
$\alpha$	Coefficient of thermal expansion , [ $\frac{1}{K}$ ]
$\gamma$	Lame's elastic constant , [ $\frac{MPa}{K}$ ]
$\delta_{ij}$	Kronecker delta operator
$\Delta T_{th}$	Thermoelastic signal amplitude [K]
$\rho$	Material density , [ $\frac{kg}{m^3}$ ]
$\sigma_a$	specimen stress amplitude under uniaxial sinusoidal loading
$\sigma_m$	specimen mean stress under uniaxial sinusoidal loading [MPa]
$\Phi_D$	Phase of the Second Harmonic SH [ $^\circ$ ]
$\Phi_L$	Phase of the load harmonic at the angular frequencies $\omega$ [ $^\circ$ ]
$\Phi_E$	Phase of the First Harmonic FH [ $^\circ$ ]
$\omega$	Angular frequency of the load fundamental harmonic [ $\frac{rad}{s}$ ]

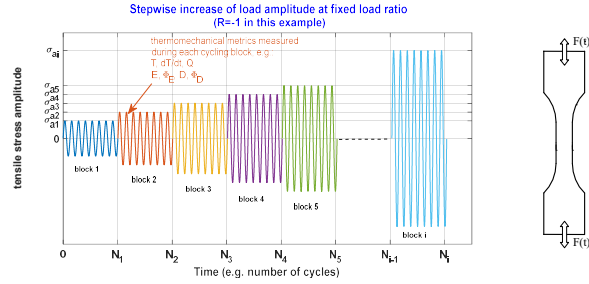
## 1. Introduction

Knowledge of the mechanisms leading to fatigue failure is a fundamental design need accompanying the development of a new material or fabrication process. Traditional experimental characterization schemes to investigate the fatigue behavior require significant time and resources [1, 2] and may act as a bottleneck in the continuous quest for better performing structural materials. A significant research effort is therefore devoted to improving methodologies to assess the fatigue behavior in a faster and less expensive manner.

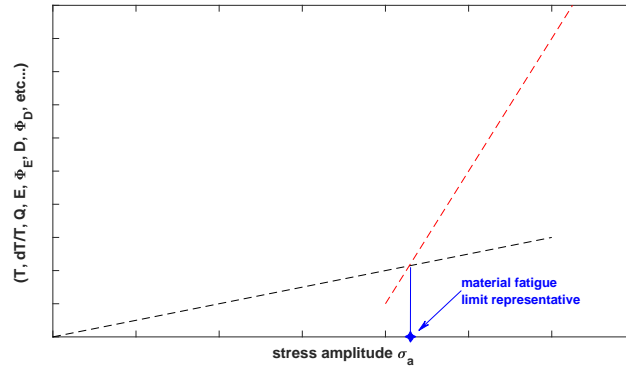
Since the last 20 years, methods based on Infrared Thermography have been proposed to perform rapid non-contact full-field monitoring of temperature evolution during fatigue cycling of materials and components [3–5]. It is observed that damage onset requires a transformation of the inputted strain energy, which in part is spent to produce irreversible structural changes and in part is transformed into heat [6]. The temperature changes arising from this heat can be effectively monitored on the surface of the sample by means of infrared cameras.

Some authors have explored the possibility to correlate the material fatigue damage evolution and the fatigue limit with thermomechanical metrics, see e.g. [2–23] and Figure 1 for a schematic representation of the measuring approach. As the material energy dissipation increases with the applied load amplitude, these thermomechanical metrics start to grow at a higher rate, allowing to detect heat dissipation at an early stage of the fatigue life [4, 5]. A common attempt carried out in many studies has been that of proposing a rapid Fatigue Limit estimations through Thermographic Methods (here abbreviated as FLTM)[10]. The surface temperature of a cycling coupon is sampled by IR cameras, and time derivatives of the initial temperature increase, or the average temperature of plateaus settling at thermal equilibrium are typical thermal parameters that have been proposed to uncover early material irreversible transformations. In this scheme, the load amplitude is progressively increased in a stepwise manner, and the temperature is monitored within each loading block. Figure 1a provides a scheme of a typical FLTM measuring approach. Different thermomechanical





(a)



(b)

Figure 1: schematic representation of the measuring approach of thermographic methods for the estimation of fatigue limits. (a) stepwise sequence in fatigue cycling; (b) evaluation of the trends of thermomechanical metrics.

metrics can be derived from the measured temperature within each loading block, and successively analyzed as shown in Figure 1b, where anomalous rate changes are sought and correlated to the fatigue damage evolution and the material fatigue limit [2–7, 9–20, 22–28].

It is observed that metrics based on the absolute temperature may be affected by environmental conditions or measurement inaccuracies, which can impair the repeatability and reproducibility of the experimental technique [18, 23]. In fact, the absolute temperature can be influenced by ambient conditions and heat conduction through the testing machine grips. Moreover, infrared cameras show a rather poor accuracy when measuring absolute temperatures, in part due to

inherent inaccuracies in modelling the material emissivity behavior. They, instead, may achieve remarkable sensitivities when it comes to detect temperature changes. This is the case with cooled IR sensors, which exhibit low Net Equivalent Temperature Difference (NETD). Moreover, the high frame rate of cooled sensors enables the possibility to effectively sample temperature over time, thus enabling a time averaging filtering which further improves the NETD sensitivity. This is, for instance, exploited in Thermoelastic Stress Analysis (TSA), where temperature changes below 1 mK can be detected [29, 30]. It is therefore useful to propose temperature metrics related with temperature changes at specific loading frequencies. A number of works, including the present one, have then proposed to investigate the influence of the heat sources on the temperature modulation by means of frequency domain signal processing strategies [2, 6, 7, 9, 10, 16, 18, 20–26, 31–33].

The correlation between the spatial-temporal temperature evolution and the thermomechanical energy coupling sources is well described by the heat diffusion equation derived from the theory of thermodynamics of irreversible processes for solid materials [6, 15, 34, 35]. According to this, when a metallic material is cyclically loaded within the elastic field under adiabatic conditions, the only heat source involved is the thermoelastic effect, which gives rise to a temperature modulation at the same loading frequency. This is hereinafter called First or Fundamental Harmonic (FH). As soon as heat dissipation and irreversible damages are initiated, other irreversible heat source terms come into play. When this happens, the thermoelastic law gradually ceases to fully model the temperature changes, and other harmonics arise due to the heat dissipation evolution within each loading cycle. Enke [36], in particular, suggested that the irreversible heat produced by dissipation reaches a maximum nearby each peak and trough of the loading wave, therefore introducing a modulation in the temperature fluctuation which has a significant peak at twice the loading frequency, hereinafter called Second Harmonic (SH). A theoretical justification of the modulation of temperature into higher harmonics, due to intrinsic dissipation, has been recently provided by [24], under the assumption of various

plastic hardening material models.

Krapez [5] and Bremond [37] were among the first to propose the FH and SH  
85 amplitudes as monitoring metrics in the FLTM scheme. In particular, the SH  
analysis in [37], called D-mode from Dissipation-mode, was also implemented  
as a software feature in some models of commercial FLIR IR cameras equipped  
with a lock-in ingress module. More recently, a growing number of authors has  
adopted the same approach [8, 9, 16, 18, 21, 22]. In particular, some authors  
90 have also suggested to use the phase of the FH [9, 20] and the phase of the  
SH [21, 25], as suitable metrics in the FLTM scheme. Both methodologies  
are based on the expected phase shift that the first and second harmonic are  
likely to experience when heat dissipation is gradually introduced by irreversible  
structural changes.

95 In the present work, the heat diffusion equation is first recalled highlighting  
the mechanisms by which both the amplitude and phase of the FH and SH  
signals may be used as suitable indicators of increasing dissipation. The the-  
oretical discussion is supported by the analysis of experimental data obtained  
from C45 steel samples subject to uniaxial fatigue cycling with loading ratios of  
100 both  $R = -1$  and  $R = 0.1$ .

Special attention is then devoted to the analysis of the phase of the SH. It  
is observed how this parameter presents a bimodal spatial distribution, whose  
peaks are well separated by an angle of about  $180^\circ$ . This behavior is explained  
as the result of two competitive thermomechanical sources, one predicted by the  
105 second order thermoelastic theory, and one related to dissipation. It is found  
that with the increase of the load amplitude, the dissipation source prevails  
over the thermoelastic source, and the SH phase evolves towards a unimodal  
distribution.

## 2. Theoretical background

### 110 2.1. Frequency-resolved Thermo-mechanical parameters

The parameters proposed in this study are obtained from the harmonic content of the temperature signal, sampled over a certain time window [30]. In particular, the first harmonic (FH) and second harmonic (SH) are extracted as the components at the loading frequency,  $f_L$ , and at twice the loading frequency,  
 115  $2f_L$ .

A correlation of these parameters with the thermomechanical coupling sources can be established by recalling the heat diffusion equation for solid materials. This describes the local thermodynamic status of the system through the following state variables: the temperature  $T$ , the strain tensor  $\varepsilon_{ij}$  and internal state  
 120 variables  $\mathbf{x}$  describing material micro-structural changes. By combining the first and second principles of thermodynamics and introducing the Helmholtz free energy thermodynamic potential,  $H$ , it is possible to obtain the local energy balance in the form of a heat diffusion law [35, 38], written in terms of power as follows:

$$\rho C_\varepsilon \dot{T} - k \nabla^2 T = D_m + T \frac{\partial \sigma_{ij}}{\partial T} \dot{\varepsilon}_{ij}^e + T \rho \frac{\partial^2 H}{\partial T \partial \mathbf{x}} \dot{\mathbf{x}} + q_s \quad (1)$$

125 where:

- $k \nabla^2 T$  accounts for the spatial heat diffusion;
- $D_m$  represents the intrinsic dissipation;
- $T \frac{\partial \sigma_{ij}}{\partial T} \dot{\varepsilon}_{ij}^e$  is the first thermomechanical coupling consisting of the thermoelastic heat source, linked to deformation in the elastic field;
- 130 •  $T \rho \frac{\partial^2 H}{\partial T \partial \mathbf{x}} \dot{\mathbf{x}}$  represent the internal heat sources related to the other thermomechanical coupling effects associated to the vector of internal variable  $\mathbf{x}$ ;
- $q_s$  takes into account any external heat input.

The transformation can be assumed as adiabatic when the loading frequency  
 135 exceeds a certain threshold and intrinsic dissipation rates are negligible [6].  
 This is generally achieved within the purely elastic range, at loading amplitudes  
 sufficiently small to rule out any internal state changes, i.e.  $\dot{\mathbf{x}} = \mathbf{0}$ . It is  
 also noticed that changes of internal variable are still negligible in elasto-plastic  
 materials subjected to fatigue loads, when temperature variations are reduced  
 140 and dependence of material state on temperature does not induce coupling heat  
 sources, according to [35, 39]. In this case, the thermoelastic heat source is the  
 only relevant heat source and Eq. (1) can be rewritten as:

$$\dot{T} = \frac{T}{\rho C_\varepsilon} \frac{\partial \sigma_{ij}}{\partial T} \dot{\varepsilon}_{ij}^e \quad (2)$$

integrating over time yields:

$$\Delta T = \frac{T_o}{\rho C_\varepsilon} \frac{\partial \sigma_{ij}}{\partial T} \Delta \varepsilon_{ij} \quad (3)$$

The derivative of the stress tensor with  $T$  in Eq. (3) is computed considering  
 145 the generalized Hooke's elastic law. Two assumptions can be made about the  
 dependency of the elastic and physical constants on temperature, which lead to  
 two formulations known as first order and second order Thermoelastic laws [40].

In the first order assumption the dependence of all elastic parameters and  
 the coefficient of thermal expansion (CTE) are neglected. Eq. (3) can then be  
 150 simplified into the following linear relation:

$$\Delta T = \frac{T_o}{\rho C_\varepsilon} (-\gamma \cdot \delta_{ij}) \Delta \varepsilon_{ij} = -\frac{T_o}{\rho C_\varepsilon} \frac{E\alpha}{(1-2\nu)} \Delta \varepsilon_{ii} = -T_o \frac{\alpha}{\rho C_p} \Delta \sigma_{ii} \quad (4)$$

The second order formulation, proposed by Wong et al. [41, 42], also con-  
 sideres the dependency of elastic parameters and of the CTE from  $T$ . This leads  
 to a more complex stress metric that can be summarized as:

$$\rho C_\varepsilon \frac{\dot{T}}{T} = - \left[ \alpha + \left( \frac{\nu}{E^2} \frac{\partial E}{\partial T} - \frac{1}{E} \frac{\partial \nu}{\partial T} \right) \sigma_I \right] \dot{\sigma}_I + \left[ \frac{(1+\nu)}{E^2} \frac{\partial E}{\partial T} - \frac{1}{E} \frac{\partial \nu}{\partial T} \right] \sigma_i \dot{\sigma}_i \quad (5)$$

where  $\sigma_I = \sigma_1 + \sigma_2 + \sigma_3$  is the first stress invariant and  $\sigma_i = \sigma_1, \sigma_2, \sigma_3$  are  
 155 the principal stress components. If a one-dimensional stress field is considered  
 where  $\sigma_1 = \sigma$ ,  $\sigma_2 = \sigma_3 = 0$ , Eq. 5 becomes:

$$\rho C_\varepsilon \frac{\dot{T}}{T} = - \left[ \alpha - \frac{1}{E^2} \frac{\partial E}{\partial T} \sigma \right] \dot{\sigma} \quad (6)$$

Fatigue cycling under loading control induces a purely sinusoidal axial stress  
 that can be expressed as:  $\sigma = \sigma_m + \sigma_a \sin(\omega t)$ , with  $\omega$  equal to the angular  
 frequency,  $\omega = 2\pi f_L$ . Then Eq. (2) and (6) become:

$$\Delta T = -T_o K_o \sigma_a \sin(\omega t) \quad (7)$$

$$\Delta T = -T_o (K_o - K_1 \sigma_m) \sigma_a \sin(\omega t) - T_o K_2 (\sigma_a)^2 \cos(2\omega t) \quad (8)$$

160 where:

$$K_o = \frac{\alpha}{\rho C_\varepsilon}; K_1 = \frac{1}{\rho C_\varepsilon} \frac{1}{E^2} \frac{\partial E}{\partial T}; K_2 = \frac{1}{\rho C_\varepsilon} \frac{1}{4E^2} \frac{\partial E}{\partial T} \quad (9)$$

Here it is assumed that  $(K_o - K_1 \sigma_m) > 0$ , and  $K_2 < 0$  which is true for  
 most common metals where,  $dE/dT < 0$  (some exceptions comprise the case of  
 Shape Memory Alloys) [43, 44]. Moreover,  $K_o$  is defined positive. Therefore,  
 to highlight the phase difference between the terms of eqs. (7, 8), these can be  
 165 written as:

$$\Delta T = |T_o K_o \sigma_a| \sin(\omega t \pm 180^\circ) \quad (10)$$

$$\Delta T = |T_o (K_o - K_1 \sigma_m) \sigma_a| \sin(\omega t \pm 180^\circ) - |T_o K_2 (\sigma_a)^2| \cos(2\omega t) \quad (11)$$

The heat source term  $D_m$  in Eq. (1) accounts for the intrinsic mechanical  
 dissipation. This is given by the difference between the irreversible inelastic  
 energy rate and the stored energy rate related with the internal material status.  
 The term can be written as:

$$D_m = \sigma_{ij} \dot{\varepsilon}_{ij} - \sigma_{ij} \dot{\varepsilon}_{ij}^e - A_x \dot{\mathbf{x}} = \sigma_{ij} \dot{\varepsilon}_{ij}^p - A_x \dot{\mathbf{x}} \quad (12)$$

170 The integral of the term  $\sigma_{ij}\dot{\epsilon}_{ij}$  over a loading cycle coincides with the hysteresis loop area.

Several authors have tried to quantify  $D_m$  and the weight of the terms involved in Eq. (12) [6, 7, 15, 33, 34, 36, 45–47]. In general, it is found that, under low-amplitude loading cycles, actual intrinsic dissipation is usually negligible compared to the thermoelastic heat source [34, 44]. It instead increases with the increase of the load amplitude and with the applied loading frequency [6].

When a certain amount of plastic deformation is involved during each cycle, a heat source related to dissipation is activated twice in the loading cycle [5, 9, 21, 38]. Therefore, the associated temperature harmonic content has a significant component at twice the loading frequency  $2f_L$ . This concept was introduced in TSA, see e.g. [37, 46], and the evaluation of the Second Harmonic is often referred to as Dissipation-mode or D-mode, since it is clearly correlated to  $D_m$ , although cannot be adopted to quantify  $D_m$  straightforwardly. This denomination might, though, be misleading since it does not consider the contribution to the second harmonic from the thermoelastic source, as predicted by the second order theory. Following previous works [24, 26, 36] the irreversible heat is produced near each peak and trough of a loading cycle, and the corresponding temperature has a fundamental frequency at  $2f_L$ . The SH harmonic component of dissipation is here written as:

$$\Delta T_{d2\omega} = -|T_d| \cos(2\omega t) = |T_d| \sin(2\omega t - 90^\circ) \quad (13)$$

It is observed that the exact evolution of dissipated heat within a loading cycle may depend on several factors, and the related temperature is in general irreversibly increasing in a purely adiabatic scenario. This implies that the SH alone is not able to completely quantify the temperature evolution related to plastic dissipation, and higher order harmonics may well be needed to capture the real temperature evolution [48–50].

The above equations indicate that the thermoelastic and dissipation waves also have peculiar phase shifts, that are summarized in Table 2 and schematically

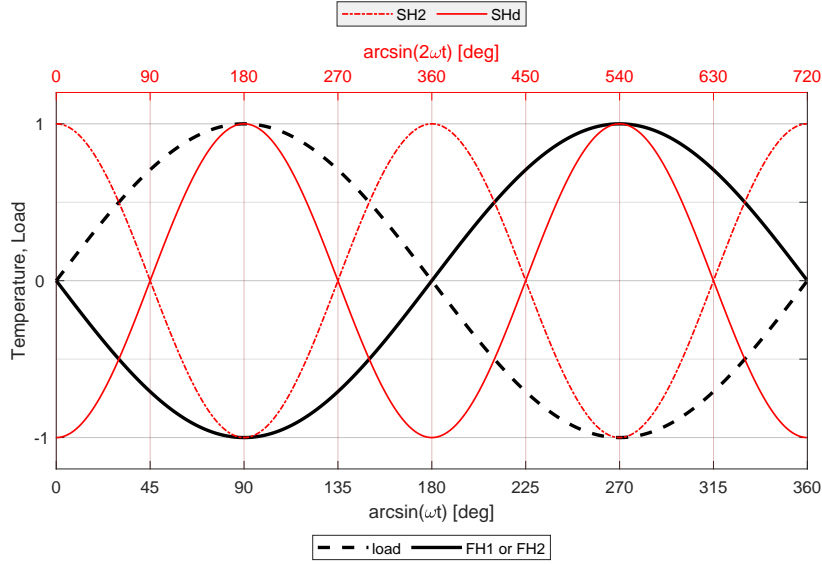


Figure 2: Phase values of the four different signals predicted by the second order thermoelastic effect.

represented in Fig. 2.

Table 2: Relative phase positions of load, thermoelastics and dissipative terms.

Signal component	Time modulation	Phase shift with reference to a pure sine wave	Reference equation
load	$\sin(\omega t)$	$\sin(\omega t)$	
First order FH	$-\sin(\omega t)$	$\sin(\omega t \pm 180^\circ)$	Eqs. (7, 10)
Second order FH	$-\sin(\omega t)$	$\sin(\omega t \pm 180^\circ)$	Eqs. (8,11)
Second order SH	$\cos(2\omega t)$	$\sin(2\omega t + 90^\circ)$	Eqs. (8, 11)
Dissipation SH	$-\cos(2\omega t)$	$\sin(2\omega t - 90^\circ)$	Eq. (13)

Figure 2 provides a comparison of phase differences between the load harmonic, the dissipation fundamental harmonic (Eq. (13)), the first order thermoelastic harmonic, the second order thermoelastic harmonics when  $dE/dT <$



190 0. Figure 2 is a schematic representation of the different phase shifts of the various harmonic terms. The average values are equaled to zero and amplitudes are normalized to one for ease of representation of the phase information. Furthermore, the initial time is synchronized with the pure sine wave, which represents the applied load.

195 As will be discussed later, this phase representation is not necessarily that retrieved by actual acquired signals, since these can present an initial phase shift that depends on the time of sampling triggering, and is then random and unknown if the triggering is not opportunely synchronized to the applied load.

The relative phase differences between the signals reported in Fig. 2 are those predicted by the thermoelastic models and assumptions described above. It is observed that small departures from these nominal phase positions may arise due to various spurious effects or the relaxing of some of the assumptions at the basis of the thermoelastic theory [5, 9].

## 2.2. Thermo-mechanical parameters and signal processing

205 The signal sampled by the IR camera over a time window is processed by means of two procedures: one based on Least-Squares Fitting (LSF) and one on the Discrete Fourier Transform (DFT) [30].

The LSF procedure employed in this work consists of fitting the time resolved signal with the following multiparameter relation:

$$T(t) = T_o + B \cdot t + E \cos(\omega \cdot t - \Phi_E) + D \cos(2\omega \cdot t - \Phi_D) + R \cos(3\omega \cdot t - \Phi_R) \quad (14)$$

210 where  $B$  represents a linear increase of the temperature and  $\omega$  is the angular frequency of the applied sinusoidal load. A third harmonic term is also introduced to improve the fitting, since this harmonic can also carry a significant amplitude, as revealed by the DFT (see below). A similar expression is used to fit the load signal, that is acquired via the lock-in ingress module of the IR camera.

The harmonic content in terms of amplitude and phase is also obtained by the Discrete Fourier Transform, which is implemented via the *fft* Matlab function [30]. In particular, the parameters extracted by both LSF and DFT are:

- 220 •  $T_o$ : average temperature of the specimen;
- $E$ : first harmonic amplitude - within the linear elastic regime, this coincides with the thermoelastic signal amplitude, and is then expected to be opposite in phase with the applied load, when eq. (4) applies. Some works have found a departure from linearity and a steeper rate of increase as the load amplitude increases and intrinsic dissipation arises [5, 9, 20, 25, 31].  
225 This can be attributed to various effects such as a concurrent increase of the average sample temperature, changes in the material thermoelastic constant, the presence of an important contribution in the first harmonic of the material temperature due to dissipation, when the applied load ratio is  $R > 0$ ;  
230
- $D$ : second harmonic amplitude - this term can be correlated to the second order thermoelastic effect (as evidenced in eq. (5)) and to the dissipated heat (see eq. (13)). It can also arise if the applied external load is not a purely mono-frequency wave [21];
- 235 •  $\Phi_E$ : first harmonic phase – changes in this parameter are usually correlated to the onset of damage/plasticization and the concurrent influence on the modulation of the thermoelastic temperature, which may include a retardation with respect to the applied load;
- $\Phi_D$ : second harmonic phase - the second harmonic is expected to shift  
240 with the progressive onset of dissipation, since the thermoelastic second harmonic, prevailing at low stress amplitudes, is about opposite in phase with respect to the modulated dissipation, that prevails at higher stress amplitudes (see Fig. 2 and section 2.1).

The use of two signal processing procedures in this work allows to avoid  
 245 some shortcomings of each procedure and to gain more confidence in the output  
 results. In particular, DFT is able to provide the whole harmonic content of the  
 signal at a glance but is prone to errors due to spectral leakage. LSF is insensi-  
 tive to the spectral leakage error if the loading frequency  $\omega$  is correctly identified  
 and there is no lack of frames [30]. Furthermore, LSF provides a direct expres-  
 250 sion of the reconstructed signal and its harmonic waves. In the present work,  
 both LSF and DFT are used in synergy, implementing algorithms for frame  
 drop correction, load frequency identification and spectral leakage minimiza-  
 tion. Also, all parameters listed above are processed using in-house developed  
 Matlab<sup>®</sup> functions that can be applied recursively, within loop structures, to  
 255 analyze several data in most efficient ways.

The measured harmonic parameters are analyzed according to two different  
 approaches:

- Global: single values of  $T_o$ ,  $E$ ,  $D$ ,  $\Phi_E$  and  $\Phi_D$  are averaged over an area  
 (Region of Interest – ROI, see Fig. 3) and thus analyzed to assess if the  
 260 damage phenomena affect the thermal metrics in a mean sense. The global  
 parameters are usually distinguished by adding a "g" subscript;
- Local: the parameter is analyzed at each pixel, providing the whole field  
 distribution. The maximum variation over the ROI is also retrieved, fol-  
 lowing the approach proposed in [9]. The 95<sup>th</sup> percentile is then evaluated,  
 265 to exclude corrupted values (outliers) in the data processing. The first har-  
 monic phase  $\Phi_E$  is processed following the Thermoelastic Phase Analysis  
 (TPA) approach proposed in [20].

An example of data analysis performed with the DFT is shown in Fig. 4 for  
 a specimen tested at the loading ratio of  $R = -1$  and in Fig. 5 for  $R = 0.1$ . The  
 270 features are considered to be representative of all the tests run at both  $R = 0.1$   
 and  $R = -1$ .

Here, a comparison of the spectrum from three signals is shown. The three  
 signals are: (i) the externally applied load (acquired through the lock-in module

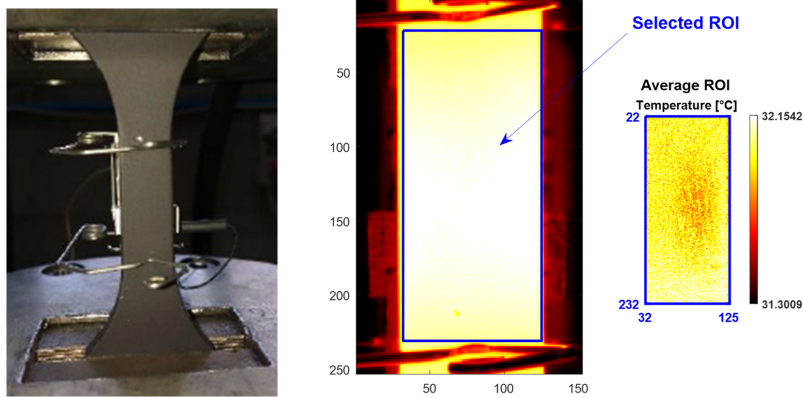


Figure 3: Selected ROIs for the extraction of the phase-signal.

of the IR camera.), (ii) the temperature from a single point located in the  
 275 center of Region of Interest (ROI) area defined on the sample, (iii) the average  
 temperature over the ROI area (see Fig. 4, 5).

Each power spectrum in Fig. 4 shows some peaks above the noise bed level,  
 which are generally located at the loading frequency and at integer multiple  
 values of the loading frequency. The present analysis has revealed the presence  
 280 of a harmonic component at twice the loading frequency also in the load power  
 spectrum, suggesting that the second harmonic value in the temperature spec-  
 trum could be in part influenced by a thermoelastic response arising from this  
 spurious load harmonic.

The presence of loading harmonics above the fundamental has been reported  
 285 also by other authors [21, 32] and has been attributed to vibrations transferred  
 by the loading machine. Here it is observed that, if the load cycle includes a zone  
 of marked material non-linearity, and the test is run under load control, then  
 the machine actuator is required to rapidly adjust its rate at specific instants  
 of the load cycle. If the dynamic response of the controller is not fast enough  
 290 for such changes, this might result in a corruption of the pure mono-frequency  
 loading wave.

Figure 4 shows also that averaging the temperature over a ROI has the effect

of reducing the random noise (lower noise bed). This improves the sensitivity and allows to better distinguish higher harmonics amplitudes from noise.

295 *2.3. Evaluation of harmonics phases*

As discussed in section 2.1, one aim of the work is to analyze the relative phase differences of the first and second harmonic components. The LSF is used to evaluate the FH phase of the load signal,  $\Phi_L$ , by using the same fitting model of eq. (14).

300 For each test in the stepwise sequence (see Fig. 1a), the phase difference between the load signal and the thermoelastic signal is then obtained as:

$$\Phi_{E_g} - \Phi_{load} \quad (15)$$

The TPA approach [20] is also considered, evaluating the spatial variation of the FH phase within the ROI as:

$$\Delta\Phi_E = \Phi_{95th} - \Phi_{5th} \quad (16)$$

Each acquired sequence of thermograms has an initial FH phase that varies randomly, since no triggered synchronization is used to start the IR camera sampling. To compare the phases of the harmonics from different acquisitions, it is then necessary to eliminate the random component of the phase, and shift all harmonics to a common reference, as done in Fig. 2. To do so, the following procedure is applied:

- 310
- The LSF is used to fit the load signal from each acquired sequence (one per each block of constant amplitude loading, see Fig. 1a). The FH term is then obtained whose modulation is described by  $\cos(\omega t - \Phi_L)$  (according to eq. (15));
  - the load FH is shifted to become:  $\cos(\omega t - \Phi_L + \Phi_L) = \cos(\omega t)$ ;
  - 315 • The load FH is then further shifted to represent a pure sine wave (according to Fig. 2):  $\cos(\omega t - \Phi_L + \Phi_L) = \sin(\omega t)$ ;

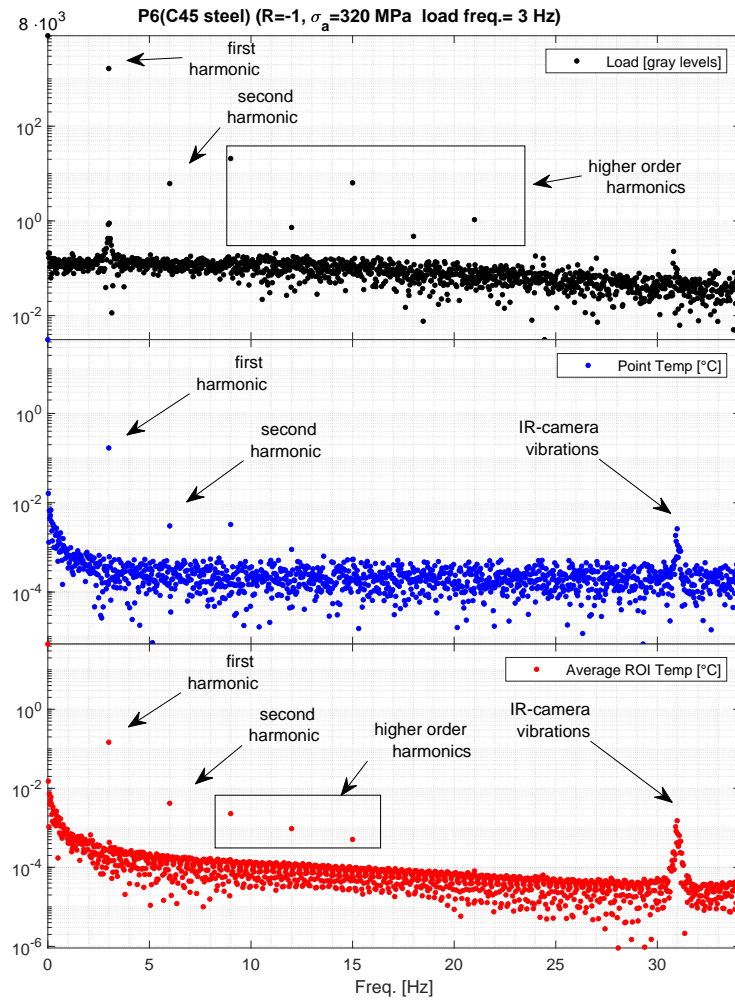


Figure 4: Power spectrums of (i) Load Signal, (ii) Single-Point temperature signal, (iii) Average Temperature signal for a specimen tested at  $R = -1$ . A logarithmic scale is adopted for the y-axis.

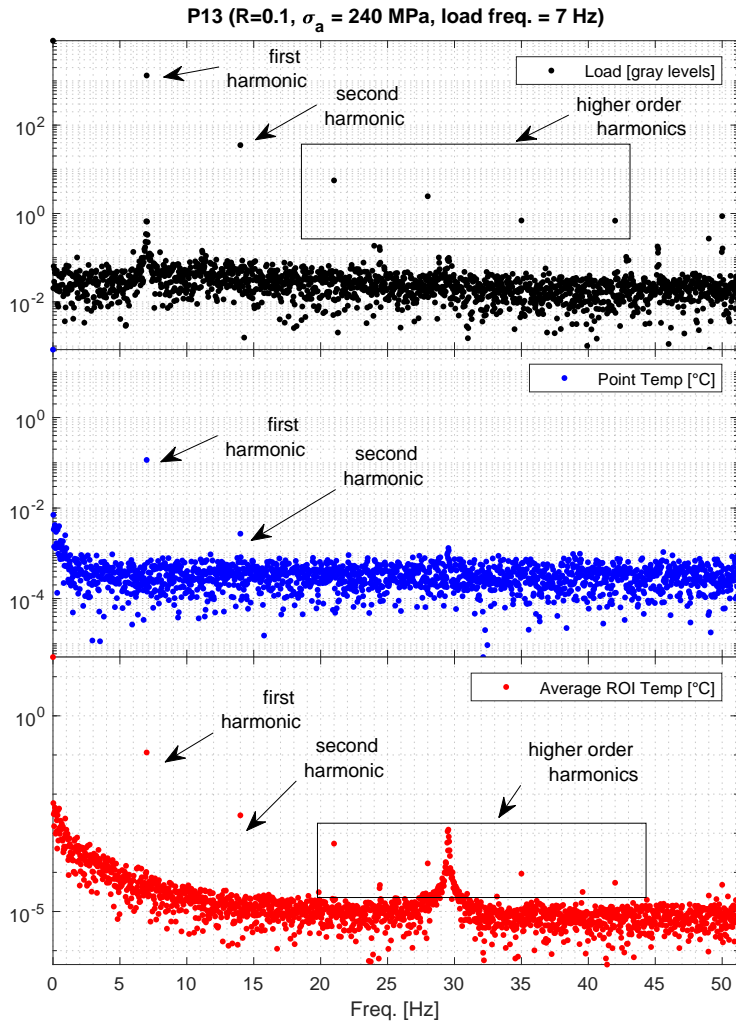


Figure 5: Power spectrums of (i) Load Signal, (ii) Single-Point temperature signal, (iii) Average Temperature signal for a specimen tested at  $R = 0$ . A logarithmic scale is adopted for the y-axis.

- The same phase shift applied to the load FH is applied also to the temperature FH:  $\cos(\omega t - \Phi_E + \Phi_L - 90^\circ)$ ;
- The equivalent value of phase shifting for the SH temperature signal is then obtained as:  $\cos(2\omega t - \Phi_D + 2\Phi_L - 180^\circ)$ .

Summarizing, the following shifts of the phases obtained with the LSF are required, to adhere with the representation of Fig. 2:

$$\begin{aligned}
 \Phi_{L_{shifted}} &= \Phi_L - \Phi_L + 90^\circ \\
 \Phi_{E_{shifted}} &= \Phi_E - \Phi_L + 90^\circ \\
 \Phi_{D_{shifted}} &= \Phi_D - 2\Phi_L + 180^\circ
 \end{aligned}
 \tag{17}$$

Figure 6 shows an example of such synchronization.

### 3. Experimental case study and plan of experiments

#### 3.1. Experimental case study: Tensile C45 specimen

In this work, flat tensile dog-bone specimens made from a C45 steel have been tested. The geometry of the specimens is shown in Figure 7, while mechanical properties are: yield strength  $\sigma_Y = 453$  MPa, ultimate tensile strength  $\sigma_R = 746$  MPa and Young's Modulus  $E = 207.7$  GPa.

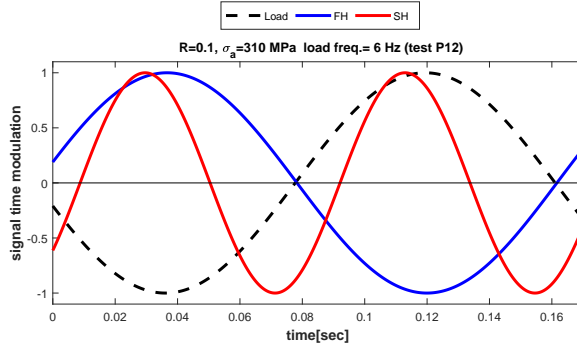
The surface of each specimen has been first cleaned from oxides and smoothed by grinding with 400 grit and successively 800 grit sandpaper, then cleaned with ethylic alcohol and finally painted with matt black paint to uniform and enhance infrared emissivity.

A cooled-sensor thermal-camera FLIR SC7000 has been used to monitor the surface of the specimen. The IR camera has an InSb sensor, 20 mK of NETD and a  $325 \times 256$  pixels Field Of View (FOV).

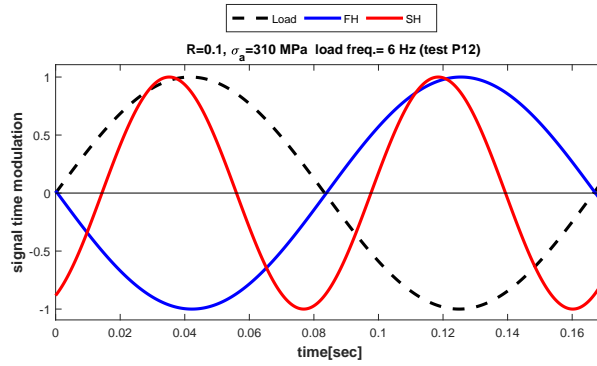
#### 3.2. Plan of Experiments

Step wise fatigue tests were carried out using a Schenck Hydropuls PSA servo-hydraulic testing machine equipped with a 100 kN load cell. During testing, hysteresis cycles were measured by using the signals acquired from the load





(a)



(b)

Figure 6: time modulation plots of load and temperature FH and SH: a) as acquired; b) after the postprocessed shift to synchronise with the load sine wave.

cell and from an MTS extensometer having a gauge length of 25 mm. Each  
 340 acquisition was started when hysteresis cycles stabilised for the applied stress  
 amplitude and once the thermal equilibrium was reached (plateau stage and constant  
 mean temperature). The sampling frequency of the thermal acquisitions  
 has been set at 204.8 Hz. The obtained spatial resolution of the thermograms  
 is 0.12 mm/pixel ( $R = -1$ ) and 0.13 mm/pixel ( $R = 0.1$ ) and the integration  
 345 time was set at 1000  $\mu\text{s}$ .

Tests have been conducted following two different loading ratios,  $R = -1$  (5  
 specimens tested) and  $R = 0.1$  (4 specimens tested). The acquisitions ranged

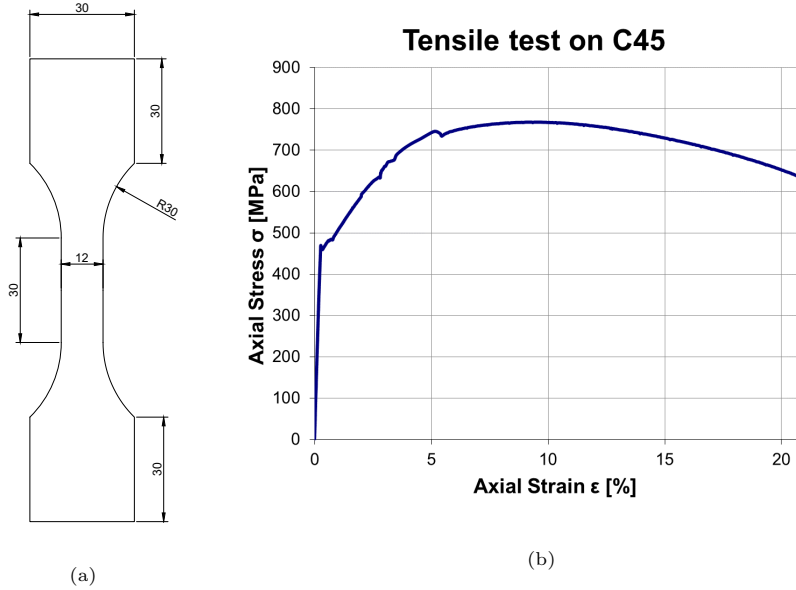


Figure 7: Geometry of the dog-bone tensile specimens used in the test.

between 10 s (2048 frames) for the specimens tested at the loading ratio of  $R = -1$  and 40 s (8192 frames) for  $R = 0.1$ . The values of applied load and testing  
 350 frequency changed for every test. The testing parameters are summarized in Tables 3 and 4.

Table 3: Testing parameters for  $R = -1$ . Written inside the brackets, the number of experimental points available for each stress level.

Loading Ratio	$R = -1$
Tested Specimens	P4 P5 P6 P7 P8
Stress Amplitude	260 (5), 280 (9), 300 (13), 310 (13), 320 (15), 340 (13), 360 (8) MPa
Loading Frequencies	10, 9, 8, 7, 6.5, 6, 5.5, 5, 3, 2.5, 1.5, 1 Hz
Sampling Frequency	204.8 Hz
Time Window	10 s

Table 4: Testing parameters for  $R = 0.1$ . Written inside the brackets, the number of experimental points available for each stress level.

Loading Ratio	$R = 0.1$
Tested Specimens	P12 P13 P14 P15
Stress Amplitude	150 (5), 170 (8), 190 (8), 210 (8), 230 (8), 250 (7), 270 (8), 290 (9), 310 (7) MPa
Loading Frequencies	15, 12, 11, 10, 9, 8, 7, 6, 5.5, 5, 4.5 Hz
Sampling Frequency	204.8 Hz
Time Window	40 s

#### 4. Results

In this section, results of the following parameters: the average temperature  $T_o$  and the harmonic metrics  $E, \Phi_E, D, \Phi_D$  are reported in the form of full field maps and as reduced global or local metrics. In this second case, the curves plotting the harmonic metrics vs load amplitude, also referred to as stepwise plots, consider a value averaged over all tests performed at the same load amplitude. The experimental scatter is then reported by plotting error-bars with size equal to two times the standard deviation ( $2\sigma = 95\%$  confidence interval).

Figures 8 - 12 report full-field maps. For the sake of brevity, only the maps obtained for some load levels of one specimen (i.e. P13) are displayed, since they can be considered as representative of the general features observed in all specimens, at both  $R = -1$  and  $R = 0.1$ .

In each map, a green and a blue cross mark are shown on the pixels with values corresponding to the 5<sup>th</sup> percentile and 95<sup>th</sup> percentile of the ROI distribution. It is observed that these markers generally change their positions from one test to another, making it difficult to identify a specific location where the monitored parameter is significantly changing with the increase of the load amplitude. This behavior was also observed when taking the 98<sup>th</sup> - 2<sup>nd</sup> and the

90<sup>th</sup> – 10<sup>th</sup> percentile ranges.

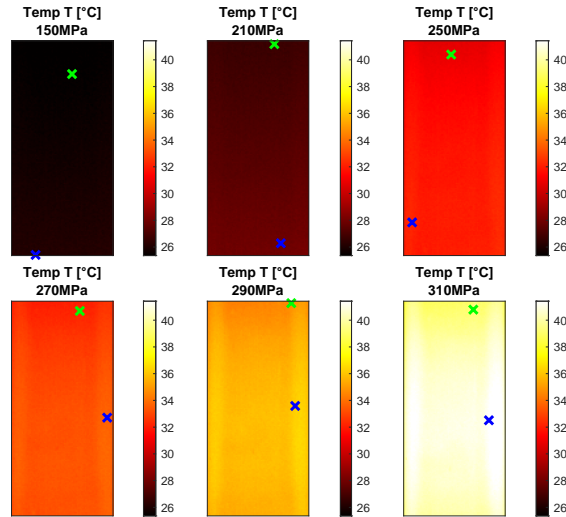


Figure 8: Temperature metric obtained for each analysed test (specimen P13). The green and blue crosses mark respectively the minimum value (5<sup>th</sup> percentile) the maximum value (95<sup>th</sup> percentile).

It is reported that the standard deviation of the maps in  $E$  and  $\Phi_E$  is significantly lower than in  $D$  and  $\Phi_D$ , and the phase  $\Phi_E$  is oscillating around just a few degrees.

375 It is reported also that the average values of  $E$  and  $\Phi_E$ , calculated from all the points in the ROI, are practically identical to the values of  $E$  and  $\Phi_E$  obtained applying the LSF to the single signal obtained from averaging the temperature over the ROI. This is instead not the case for  $D$  and  $\Phi_D$ , for which some significant differences arise.

380 4.1. Stepwise plots:  $T_o$

Stepwise plots showing the trend of the average temperature  $T_o$  versus  $\sigma_a$  are reported in Fig. 13, for the case of  $R = -1$ , and Fig. 14 for  $R = 0.1$ .

It is observed that for both load ratios, the global values (Fig. 13a and Fig. 14a) are very similar to the local values (Fig. 13b, 14b). In this case the global

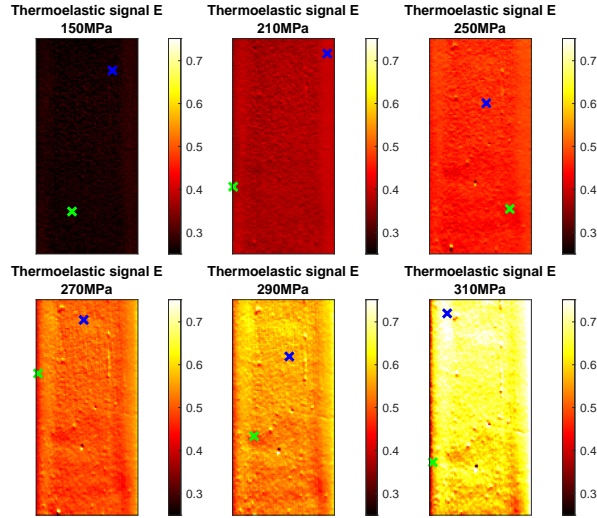


Figure 9: First-Harmonic metric  $E$  obtained for each analysed test (specimen P13). The green and blue crosses mark respectively the minimum value ( $5^{th}$  percentile) the maximum value ( $95^{th}$  percentile).

385 value is the average temperature and the local value is the the  $95^{th}$  percentile.  
 The similarity of behavior is ultimately due to the low standard deviation of  
 the temperature distribution.

It is also observed that  $T_o$  is not subject to steep increases, at least of the  
 order of magnitude reported in other works [2, 4, 18], where the same material is  
 390 tested. The absence of an abrupt increase of the curve is likely to be attributed  
 to the lower loading frequencies of the higher stress amplitudes applied in this  
 work (see tables 3, 4).

Regarding the case of  $R = -1$ , there is an initial increase which then evolves  
 towards a plateau after about 310 MPa. The level of scatter at some mid values  
 395 of  $\sigma_a$  is rather high to identify a clearer trend, and the plateau observed at the  
 higher values of  $\sigma_a$  is most likely due to the lower frequencies applied here.

Regarding the case of  $R = 0.1$ , a slight deviation from the linearity is noticed  
 after about 210 MPa. In general, the trend is now more regular than the case  
 of  $R = -1$ , and always increasing. It is also noticed that the deviation from

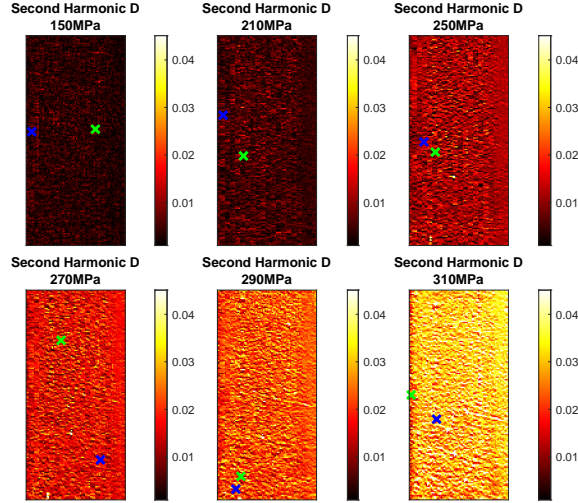


Figure 10: Second-Harmonic metric  $D$  obtained for each analysed test (specimen P13). The green and blue crosses mark respectively the minimum value (5<sup>th</sup> percentile) the maximum value (95<sup>th</sup> percentile).

400 linearity coincides with a value of  $\sigma_a$  such to bring the maximum applied stress over the material yield stress. In fact, in the case of  $R = 0.1$ , the yield stress  $\sigma_y$  is exceeded by values of  $\sigma_a$  higher than  $\sigma_y(1 - R)/2 \approx 204$  MPa. It is finally observed that the mean temperature measured during all load steps, never exceeds 50°C, as can be seen from Figures 13, 14. These levels of temperature  
 405 increase are considered too low to influence or modify the room-temperature damage behaviour of the material, or its intrinsic room-temperature structural response in general. As also stated in Section 2.1, at these levels of temperature increase, the dependence of the material state on temperature does not induce coupling heat sources [35, 39].

410 *4.2. Stepwise plots: E*

Plots of the first harmonic amplitude  $E$  vs  $\sigma_a$  are reported in Figures 15 and 16. Figure 17, shows the hysteresis loops registered during the temperature sampling window for the evaluation of  $E$ . These hysteresis loops are stabilised,

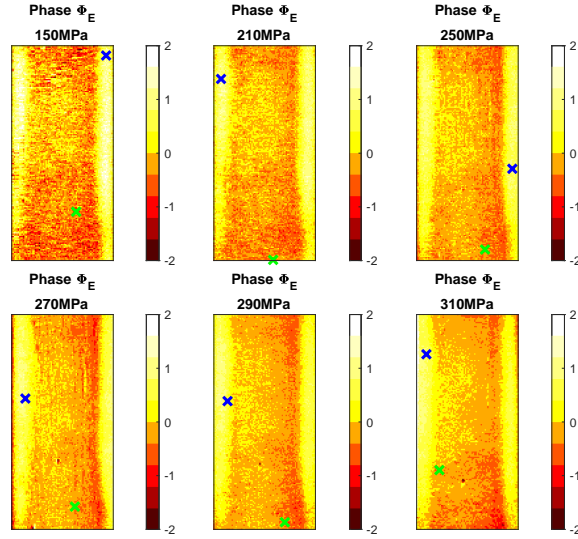


Figure 11: Thermoelastic phase metric  $\Phi_E$  obtained for each analysed test (specimen P13). The green and blue crosses mark respectively the minimum value ( $5^{th}$  percentile) the maximum value ( $95^{th}$  percentile).

i.e. the sampling window is started after the increase of the mean and amplitude  
 415 load of each step has produced its transitory changes on the stress-strain curve.  
 For the case of  $R = 0.1$ , it is observed a marked mean positive strain accumula-  
 tion (ratcheting). The sampling window is though started after the stabilisation  
 of the hysteresis loop, and there is no further accumulation of plastic strain dur-  
 ing cycling. The thermoelastic signal exhibits a nearly linear behavior, already  
 420 predicted by the thermoelastic law Eq. (3), when the material is stressed within  
 its linear elastic range. The low fluctuations of values of  $E$  over the ROI also  
 explains the similar behaviour between the average  $E$  and the  $95^{th}$  percentile  
 $E$ .

In the case of  $R = -1$  the maximum applied stress is 360 MPa, versus a yield  
 425 stress of 450 MPa. Even if the range is contained within the expected linear  
 elastic zone, it is seen that the stabilised hysteresis loop areas grow with the  
 increase of  $\sigma_a$  (see Fig. 17). This though, does not seem to have a significant

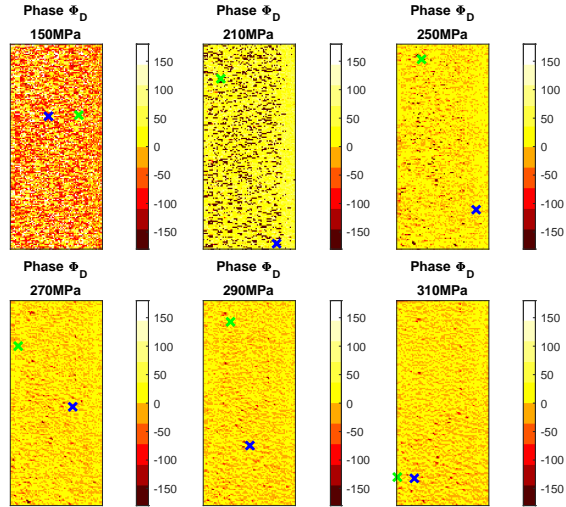


Figure 12: Second harmonic phase metric  $\Phi_D$  obtained for each analysed test (specimen P13). The green and blue crosses mark respectively the minimum value ( $5^{th}$  percentile) the maximum value ( $95^{th}$  percentile).

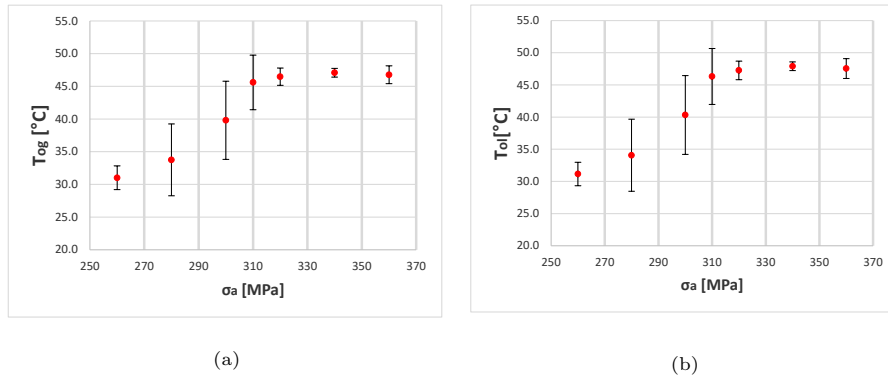


Figure 13: stepwise plots of the average temperature for  $R = -1$ . Comparison between the global (a) and local (b) approaches.

impact on the trend of  $E$ .

In the case of  $R = 0.1$  the yield stress is exceeded by values of  $\sigma_a$  higher than  $\sigma_y(1 - R)/2 \approx 204$  MPa. Even so, only a slight deviation from the linear



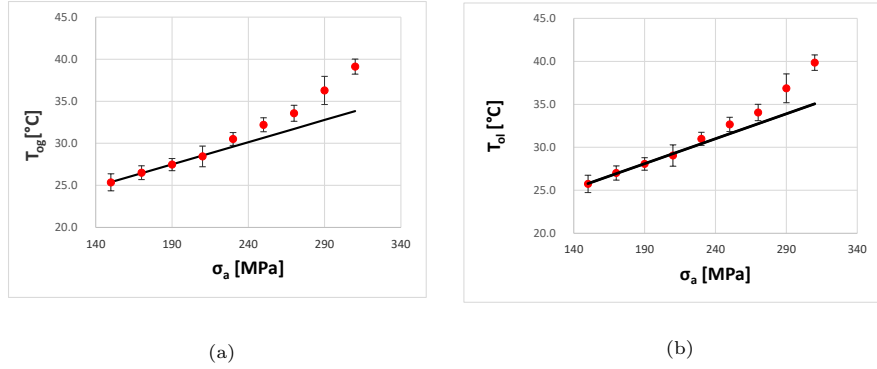


Figure 14: stepwise plots of the average temperature for  $R = 0.1$ . Comparison between the global (a) and local (b) approaches.

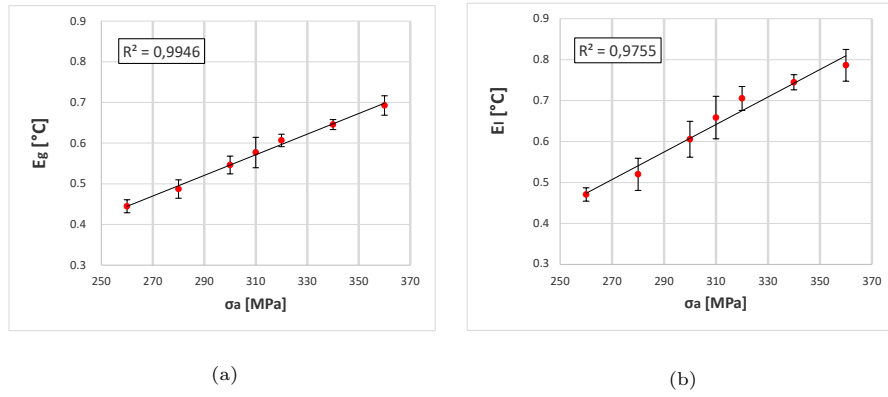


Figure 15: First harmonic amplitude  $E$  for  $R = -1$ . Comparison between the global (a) and local (b) approaches.

trend of  $E$  is observed up to values of  $\sigma_a = 320$  MPa. In this case, the material is cycling after it has been hardened in the first cycles, and therefore it is likely to be still working under prevailing linear elastic conditions. This is confirmed by the stabilised hysteresis loops acquired at different  $\sigma_a$  and shown in Fig. 17, which also show a significantly smaller area and exhibit a marked ratcheting [2].

#### 4.3. Stepwise plots: $\Phi_E$

The analysis of the thermoelastic phase with increasing  $\sigma_a$  is reported in Figs. 18, 19.

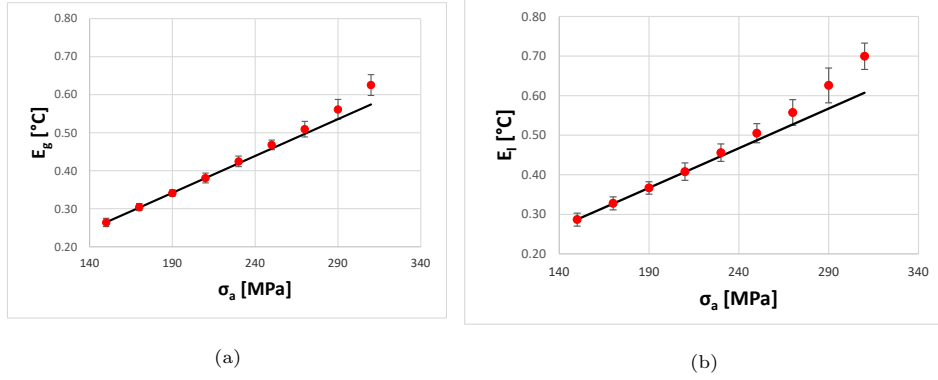


Figure 16: First harmonic amplitude  $E$  for  $R = 0.1$ . Comparison between the global (a) and local (b) approaches. The continuous black line is a linear regression based on the first three experimental points.

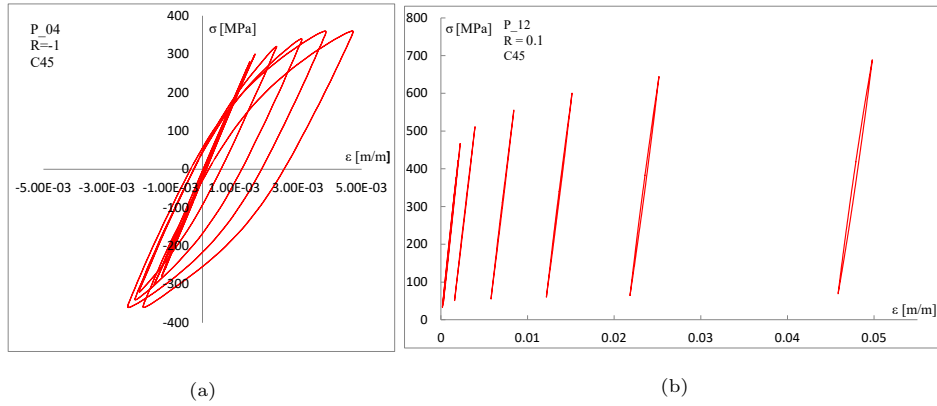


Figure 17: Examples of stabilised hysteresis loops for increasing  $\sigma_a$ . (a)  $R = -1$ ; (b)  $R = 0.1$

The average value of  $\Phi_E$  over the ROI is first considered and subtracted  
 440 to the phase of the load FH signal (see also eq (15)). For both the cases of  
 $R = -1$  and  $R = 0.1$  (Fig. 18a and Fig. 19a), it is found that this phase  
 difference has only small random oscillations around  $180^\circ$ . Therefore, the load  
 signal is always in opposite phase with the FH temperature harmonic. This is  
 in accordance with the Thermoelastic effect laws. It is noteworthy that this  
 445 behavior is kept unaltered for the whole range of  $\sigma_a$  applied. Therefore, the  
 average thermoelastic phase seems to be little or no sensitive to early fatigue

damage onset.

The analysis of the distribution of the thermoelastic phase over the ROI follows the TPA approach [20], i.e. the difference between the 95<sup>th</sup> and 5<sup>th</sup> percentile of  $\Phi_E$  is considered, and results are plotted in Figs. 18b and 19b for  $R = -1$  and  $R = 0.1$ . It is seen that the scatter between different tests is significantly higher than that found in the global approach, but a peculiar trend is still recognized from the average values. Figure 18b shows an increasing trend starting from the third experimental  $\sigma_a$  value (300 MPa). Figure 19b shows a v-shaped trend, with an inversion between 230 and 250 MPa. It is noticed that similar v-shaped trends and similar levels of noise are also reported in [9].

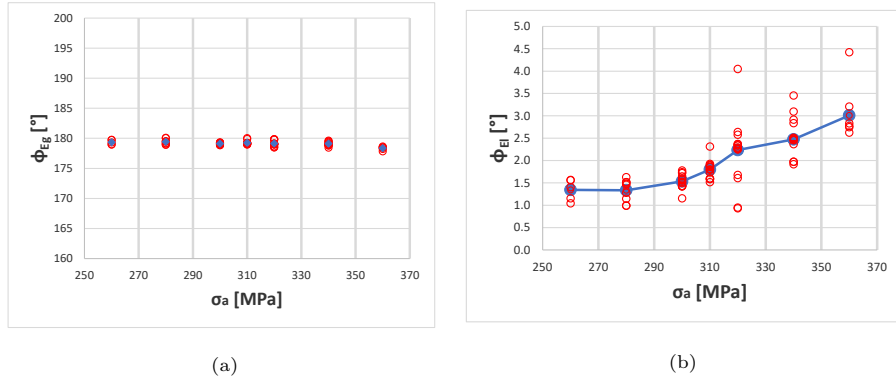


Figure 18: Thermoelastic phase  $\Phi_E$  for  $R = -1$ . Comparison between the global (a) and local (b) approaches. The red dots represent the experimental points, while the blue dots are the mean values.

#### 4.4. Stepwise plots: $D$

Plots of the second harmonic amplitude  $D$  versus  $\sigma_a$  are reported in Figs. 20 and 21. This time, both the global and local approaches show a clear bilinear trend, with a considerable increase between  $300 \div 310$  MPa for  $R = -1$ , and  $210 \div 230$  MPa for  $R = 0.1$ . It is also noticed that the scatter bands are generally smaller, especially in the case of the average values  $D_g$ .

Here, the second harmonic amplitude seems to be able to indicate a range of  $\sigma_a$  values where a change in the rate of growth of  $D$  is observed, which can be

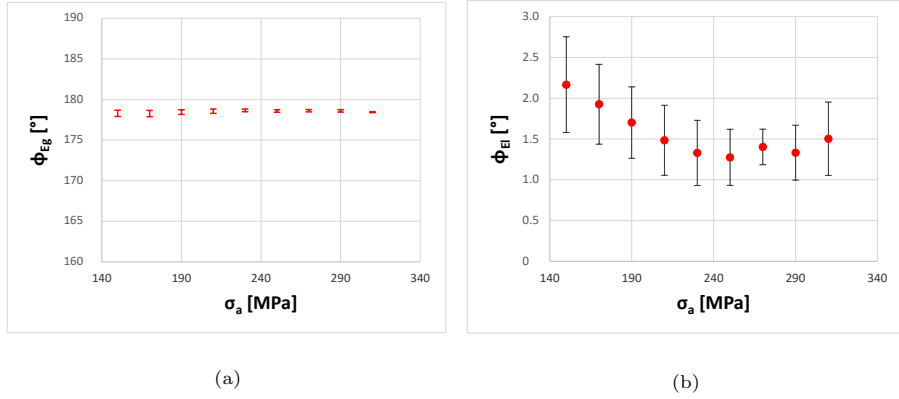


Figure 19: Thermoelastic phase  $\Phi_E$  for  $R = 0.1$ . Comparison between the global (a) and local (b) approaches.

465 correlated to the material fatigue limit in a typical FLTM approach. A similar threshold range of  $\sigma_a$  can be identified in the stepwise plots of the average temperature  $T_o$  (Fig. 13, 14) and thermoelastic phase (Fig. 18, 19).

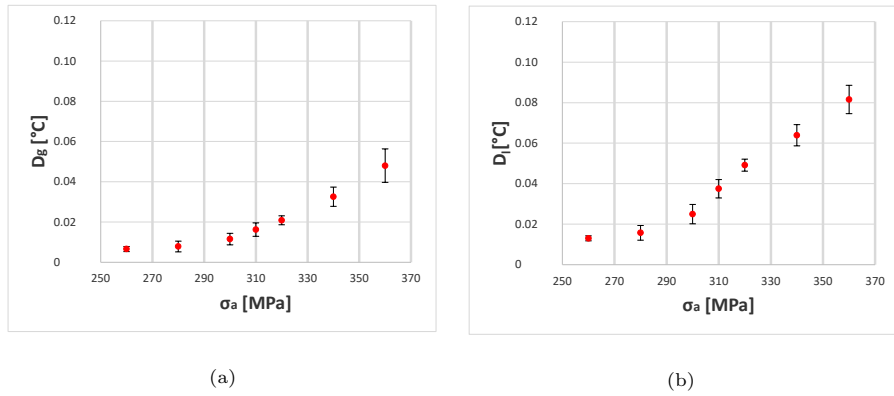


Figure 20: Second-Harmonic amplitude  $D$  for  $R = -1$ . Comparison between the global (a) and local (b) approaches.

#### 4.5. Evaluation of $\Phi_D$

As observed in Sections 2.2, 2.3 the second harmonic is the result of the  
 470 combination of three harmonic sources, which are: the thermoelastic component

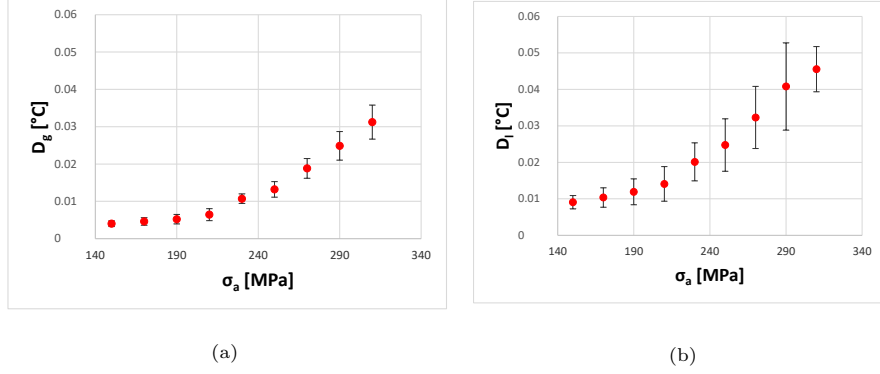


Figure 21: Second-Harmonic amplitude  $D$  for  $R = 0.1$ . Comparison between the global (a) and local (b) approaches.

revealed by the second order Thermoelastic theory (see eq. (6)), the first order thermoelastic component that is generated in response to the spurious SH of the load (see Fig. 4) and finally the component related to the modulation of intrinsic dissipation within the loading cycle (see Eq. (13) and Fig. 2).

475 Each of these harmonics is expected to have a different phase shift. In particular, the second order thermoelastic term and the dissipation term are modulated as outlined in Fig. 2. The phase  $\Phi_D$  measured in this work has evidenced a peculiar behavior i.e. it shows a bimodal distribution over the ROI, that is more evident at lower values of  $\sigma_a$  and gradually evolves towards  
 480 a narrower unimodal distribution at the higher values of  $\sigma_a$ . Figure 22 shows some maps of  $\Phi_D$  that evidences the evolution of the distribution from initial bimodal to final unimodal.

Figures 23, 24 report an example of histograms of the distribution of angles over the ROI, for a sample tested at  $R = -1$  and one at  $R = 0.1$ .

485 Figures 23, 24(left-column) report histograms of the density distribution of values of  $\Phi_D$  measured over the ROI. The x-axis reports  $\Phi_D$  after synchronization (see section 2.2 and eqs. (17)), while the y-axis shows the number of occurrences for intervals of  $\Phi_D$  of  $10^\circ$  width. Therefore, angles closer to  $+90^\circ$  are believed to be correlated with the second order thermoelastic component

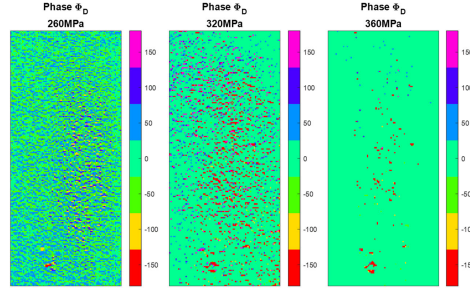


Figure 22: Second-Harmonic phase evolution  $\Phi_D$  for  $R = -1$  at different load levels. As the load increases, the phase becomes more uniform.

490 and angles closer  $-90^\circ$  agree better with the expected position of the intrinsic dissipation wave.

Figures 23, 24(right-column) plots the corresponding harmonic waves. In particular, four curves are reported: the load and the  $E$  curve, that are found to be opposite in phase to each other, and two red curves with two different line types. The continuous red curve corresponds to the higher peak of the adjacent  
495 histogram on the left column. The dotted red curve corresponds to the lower peak of the histogram.

It is reported that the application of the motion compensation tool from the FLIR software, compensating for the relative movement of the sample points and  
500 the sensor pixels due to deformation, does not change the behavior described in Figures 23, 24. All samples at both  $R = -1$  and  $R = 0.1$  show very clearly the transition from a marked bimodal to a marked unimodal distribution of values of  $\Phi_D$ , with unimodal angle at higher stress amplitudes  $\sigma_a$  always approaching the position expected for a dissipative behavior, i.e.  $\Phi_D = -90^\circ$ .

505 It is interesting to report also stepwise plots of the average  $\Phi_D$  vs  $\sigma_a$ , as done with the previous metrics. In this case though, averaging the values of  $\Phi_D$  over the ROI would mean averaging values of points exhibiting two physically different behaviors. Therefore, the result of averaging would lose the physical meaning and would yield a value that somewhat depends on the relative bimodal  
510 distribution and on which physical effect is prevailing at a given load amplitude.

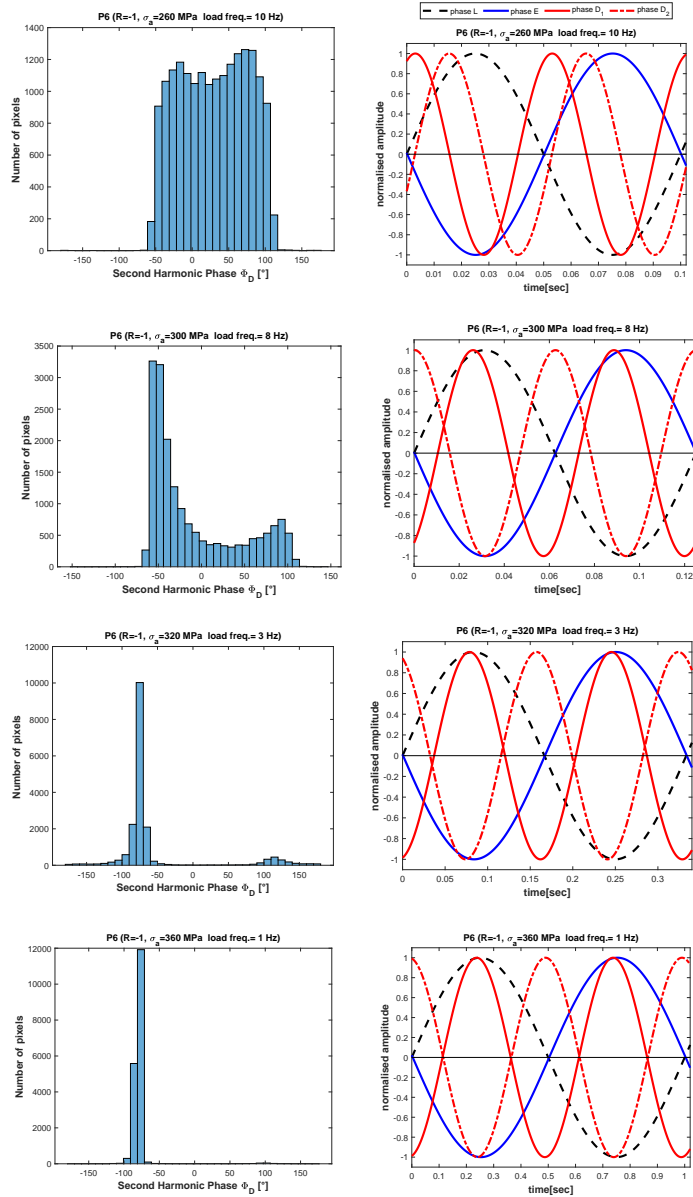


Figure 23: Case  $R = -1$ . Left column) histograms of the number of pixels in the ROI versus the  $\Phi_D$  angle synchronized with the sine wave. Right Column) Representation of phase modulation according to Figs 2 and 6.

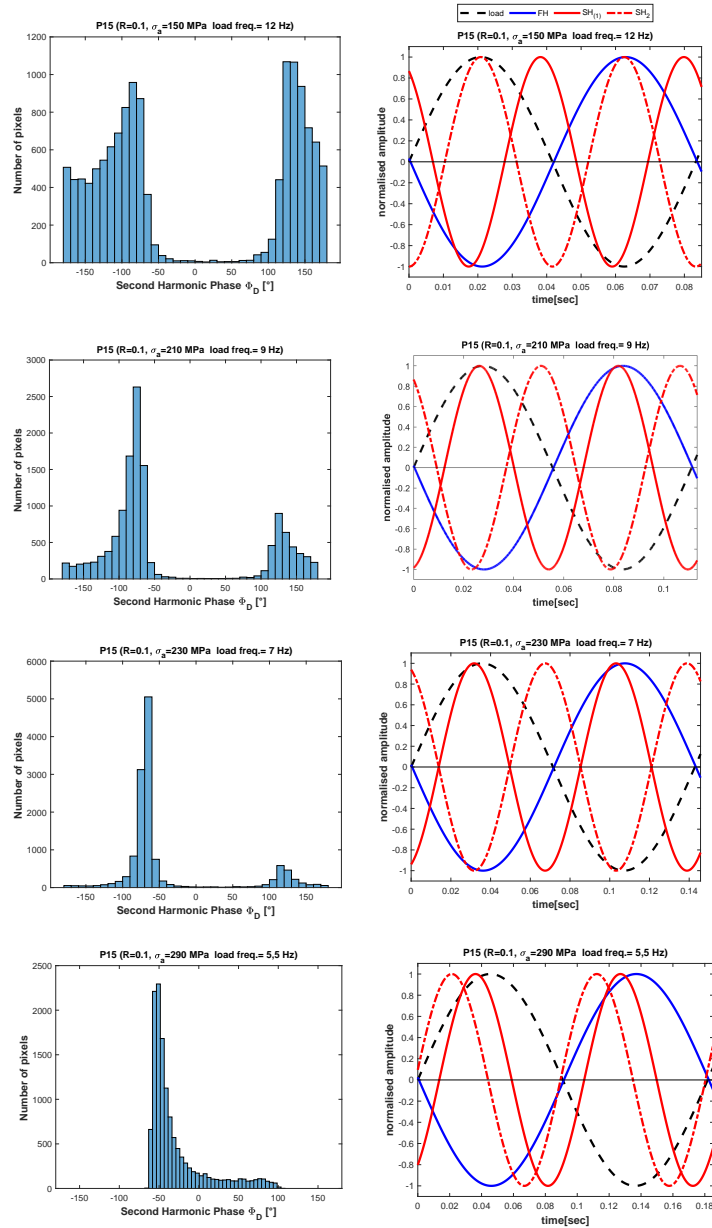


Figure 24: Case  $R = 0.1$ . Left column) histograms of the number of pixels in the ROI versus the  $\Phi_D$  angle synchronized with the sine wave. Right Column) Representation of phase modulation according to Figs 2 and 6



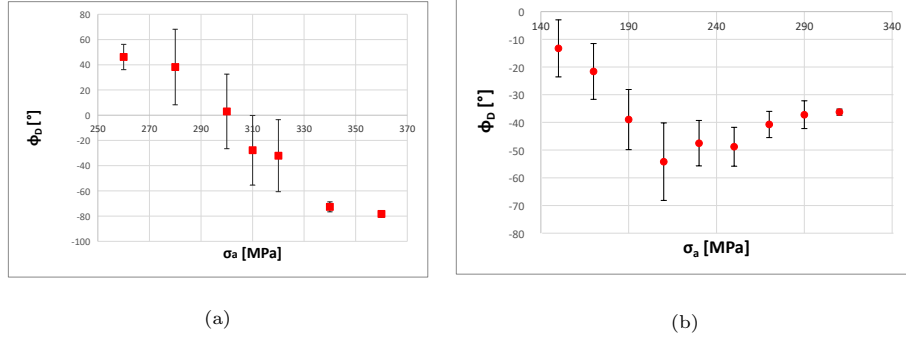


Figure 25: plots of the ROI averaged  $\Phi_D$  versus  $\sigma_a$  for: a)  $R = -1$ ; b)  $R = 0.1$ .

Figure 25 shows such stepwise plots. The plots are still able to identify the transition towards the onset of high dissipation, which happens at values of  $\sigma_a$  that are in good agreement with those found for the other metrics,  $T_o$ ,  $D$ ,  $\Phi_E$ . It is found that the scatter band is rather high in the transition zones. This is due  
515 to both the inclusion of different samples and on the bimodal behavior, which determine a strong fluctuation of the average value. Nevertheless, as the load amplitude increases, the scatter is significantly narrowed, due to a progressively prevailing of the dissipation behavior.

## 5. Discussion of results

As described in Section 2.1,  $E$ ,  $D$ ,  $\Phi_E$  and  $\Phi_D$  describe the peculiar temperature modulation induced by the thermoelastic heat source. Section 2.2 has illustrated the data processing methodology implemented to extract the above parameters. The fact that the temperature has meaningful harmonic content at the load frequency (first harmonic) and twice the loading frequency (second  
525 harmonic) is explained by the thermoelastic heat source, as outlined in Section 2.1. The rise of a dissipative heat source is able to further modify the temperature modulation. Section 4 has presented the trends of the harmonic parameters ( $E$ ,  $D$ ,  $\Phi_E$ ,  $\Phi_D$ ) versus the applied stress amplitude (i.e. the stepwise plots). The rising of heat dissipation sources introduces some anomalies on the measured thermoelastic behaviour. Therefore, as stated in the Introduction section,  
530

the above mentioned frequency domain parameters may provide a signature of the rise of heat dissipation sources that some authors have also identified as an early indication of a fatigue limit threshold [2, 5, 9, 10]. In this section the maps and trends of the four parameters  $E, D, \Phi_E, \Phi_D$  are further commented  
535 analyzing their ability to indicate the early onset of material degradation and discussing some related issues. The rising of heat dissipation sources introduces some anomalies on the measured thermoelastic behaviour.

### 5.1. Local vs Global approach

Since high-cycle fatigue involves the enucleation and propagation of a macro-  
540 scopic crack at a local site, one would assume that the early estimation of the fatigue limit requires the identification of a specific location where the crack is being enucleated. Therefore, the harmonic metrics should be measured in the whole field of potential crack enucleation and analyzed in terms of spatial distribution. It can be argued, though, that if a rapid fatigue limit estimation is  
545 sought, the number of applied cycles might not be sufficient to identify a clear and unique location of crack onset.

It is observed that works in the literature which have analyzed thermoelastic metrics within a FLTM approach, most often do not report if these metrics are referred to local values or are spatially averaged [2, 5, 22].

550 In the present work, the local and global definitions of the harmonic metrics and the comparison of maps with indication of the upper and lower percentiles are intended to verify if the onset of dissipation is related to local rather than diffused phenomena.

It is pointed out that also some other authors, e.g. [15], have tried to identify  
555 the nature of the heat sources in the early stages of fatigue at low stress levels, and suggested that the earlier irreversible degradation, generally associated with micro-plasticity, is a spread and not localized phenomenon. It is reported that none of the analysed full field maps at any load step have shown evidence of the enucleation of a local surface or subsurface crack. This also considering that  
560 parameters such as  $E$  are very sensitive at identifying stress concentrations at

crack tips [30].

Plots in figures 13 - 21, relative to both local and global approaches, show similar results and behaviors for the parameters  $T_o, E, D$ . It is noticed that the error-bars associated to the monitored parameters are generally narrower  
565 in the case of the global approach, since the procedure of averaging is able to reduce the random noise in the experimental data. It is also observed that the 95<sup>th</sup> percentile pixels identified in the full-field maps generally indicate different locations with the progression of the stepwise tests, thus failing to identify in a consistent way a specific location of damage densification.

570 In this work, a strong evidence that the detected dissipation originates in clusters of several sparsely distributed zones is provided by the maps of the SH phase  $\Phi_D$ . As shown before (subsection 4.5), not only  $\Phi_D$  has a bimodal distribution evolving towards a fully dissipating unimodal map, but also the distribution of “dissipating” clusters and “thermoelastic” clusters seems to be  
575 spread uniformly, with little indication of a zone where the dissipating behavior is gathering and localizing.

With regards to the thermoelastic phase  $\Phi_E$ , the global approach does not seem to be sensitive to the onset of damage or dissipation, and the phase shift of 180° with respect to the load signal is pretty much maintained within a narrow  
580 scatter band. When the TPA approach is employed, a bilinear trend in the stepwise plots is still recognized, but data in this work appear to be very noisy. This might be due to the gradual decrease of the loading frequency at high  $\sigma_a$ .

### 5.2. Factors influencing the first harmonic amplitude

Results show that the FH amplitude  $E$  does not exhibit a pronounced de-  
585 viation from the linear behavior, as predicted by the thermoelastic law. This is so for both global averaged and local  $E$  values. It is interesting to compare this finding with those available in the literature, in terms of curves of  $E$  vs  $\sigma_a$ .

Boulanger et al. [6] have carried out tests on a dual phase DP60 steel tested at both  $R = -1$  and  $R = 0.1$ , and relatively a low frequency of 1 Hz. Their  
590 results of the trend of thermoelastic signal show no loss of linearity, even after

some slight plastic hardening. Krapez [5] tested a steel and an aluminum alloy at both  $R = -1$  and  $R = 0.1$  and frequency of 2 Hz, reporting only slight deviations from linearity, which were better evidenced by plotting in terms of residuals. Urbanek [22] tested some steels at  $R = 0$  and at 5 Hz and deviation  
 595 from initial linearity is still only slight, and of similar extent to that reported in [5]. It is added here that both [5] and [22] do not report information on the contemporary evolution of the sample mean temperature. Colombo et al. [2] tested the same C45 steel investigated in this work, carrying out tests at  $R = -1, 0.1$  and  $0.5$ , at the relatively higher frequency of 15 Hz. For the case of  
 600  $R = -1$ , the work reports a marked deviation from linearity of  $E$  with growing  $\sigma_a$ , as well as a concurrent marked increase of the sample mean temperature  $T_o$ . At increasing  $R$  ratio, the deviation from linearity of  $E$  and the increase of  $T_o$  are gradually and significantly attenuated.

These literature results suggest that a significant role in the behavior of  
 605  $E$  is likely played by the mean temperature currently achieved by the sample. The same thermoelastic law clearly indicates that the temperature change is proportional to  $T_o$ . It is well known that the temperature increase per cycle is higher at higher stress amplitudes [15]. Therefore, if a tensile test is launched at higher loading frequency, the rate of temperature increase is higher, and the  
 610 sample may reach higher temperatures. A simple calculation of the sensitivity of the thermoelastic signal to the increase of  $T_o$  is reported in Appendix A, obtained by using the linear thermoelastic law (eq. (4)) and assuming different scenarios of  $T_o$  increase rates.

In the present work there is only a limited increase of mean temperature  $T_o$   
 615 (see Figs. 13, 14). This is likely due to the gradual decrease of loading frequency with the applied stress amplitude. It is also observed that the increase is higher for the  $R = -1$  case and more gradual for the  $R = 0.1$  case. This is probably related with the higher hysteresis area achieved in  $R = -1$ , due to the inversion of strains in each cycle.

620 In order to consider the influence of  $T_o$  changes in the predicted temperature change due to the thermoelastic effect,  $\Delta T_{th} = T_o K_o \Delta \sigma$ , Figure 26 reports

the values of the ratio  $E/\Delta T_{th}$ . The thermoelastic constant used here,  $K_o$ , is obtained from the linear regression of  $E$  versus  $T_o\Delta\sigma$  considering only the first three lower values of  $\sigma_a$ , while  $T_o$  is the actual value of the sample mean  
625 temperature at each test, and therefore varies with  $\sigma_a$  and with the sample.

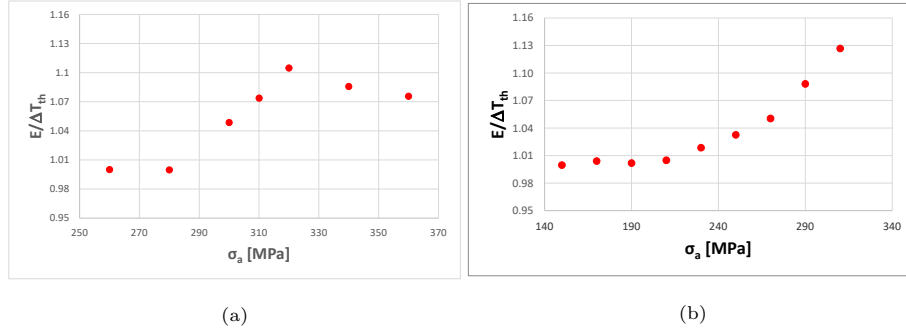


Figure 26: Plot of  $E/\Delta T_{th}$  a) Load Ratio  $R = -1$ ; b) Load Ratio  $R = 0.1$ .

Results in Fig. 26 provide an estimation of the departure of the measured  $E$  from the value of  $\Delta T_{th}$ . For  $R = -1$ , it is observed that data do not follow a clear trend, while for  $R = 0.1$ , the ratio  $E/\Delta T_{th}$  is gradually increasing from values of  $\sigma_a$  higher than 190 MPa.

630 The reason for the increase of  $E/\Delta T_{th}$  at  $R = 0.1$  could be either an increase of the material thermoelastic constant  $K_o$ , or the presence of a first harmonic component in the modulation of heat dissipation, which adds up to the thermoelastic component. It is noticed that during tests at  $R = 0.1$  and at high stress amplitudes, the material exceeds its yield point, even if the hysteresis  
635 loops remain narrow (see Fig. 26). It is then possible that changes in the microstructure, induced by plastic hardening, might produce some changes in the physical parameters affecting the thermoelastic constant. This is for instance suggested and observed in [27]. Therefore, a potential influence of a change in the material thermoelastic constant cannot be ruled out, even though it is  
640 hard to justify a change of more than 10% of  $K_o$  due to only plastic flow and hardening.

The presence of a heat dissipation modulated at the FH is instead a plausible

event for tests at  $R \geq 0$ , and a metric such as  $E/\Delta T_{th}$  where  $\Delta T$  is the measured  
 FH amplitude and  $\Delta T_{th}$  the thermoelastic amplitude based on the actual  $T_o$  and  
 645 on the thermoelastic constant retrieved from the first data at lower  $\sigma_a$ , could  
 turn out to be an effective parameter to detect the onset of heat dissipation.

### 5.3. Influence of the $2\omega$ loading component on the $D$ parameter

A noteworthy outcome from analysing the harmonic content of the applied  
 external load is the presence of a second-harmonic component, e.g. Fig. 4.

650 This might induce also a first order thermoelastic response at the  $2\omega$  fre-  
 quency that would overlap with the already mentioned second order thermoe-  
 lastic and dissipative sources. If this  $2\omega$  thermoelastic component is assumed  
 to follow the first order linear thermoelastic law (Eq. 4) and is denominated  
 $E_{2L}$ , the amplitude of this component can be evaluated by means of the simple  
 655 proportional relationship:

$$E_{2L} = E \cdot \frac{L_{2\omega}}{L_\omega} \quad (18)$$

where  $L_{2\omega}$  is the harmonic amplitude of the load signal at the frequency  $2\omega$ .

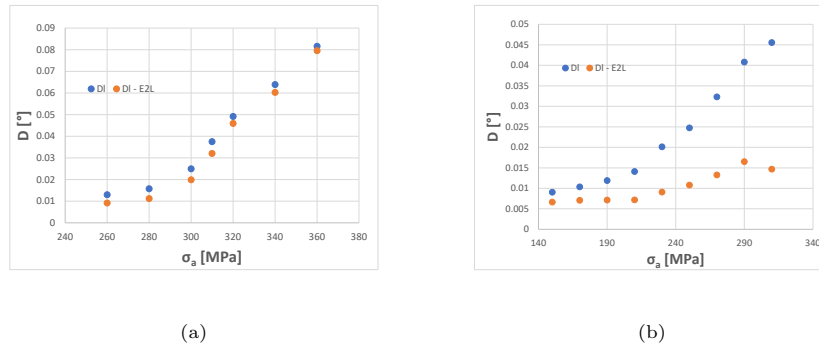


Figure 27: Second-Harmonic amplitude  $D$ , with the subtraction of the  $2\omega$  thermoelastic component,  $E_{2L}$ .  $R = -1$  (a)  $R = 0.1$  (b)

Figure 27 shows the trend of  $D$  vs  $\sigma_a$  with and without subtracting the  
 calculated  $E_{2L}$  aliquot. It is first observed that the correction is pretty constant

in the first part of the plot, before the change of rate increase. In the second  
660 part of the plots, the correction appears to be more relevant for the case of  
 $R = 0.1$ , Fig. 27b. Since the second-harmonic amplitude is strictly linked to  
heat dissipation, the bigger size of the hysteresis loops in specimens tested at  
 $R = -1$  (Fig. 17) might justify why the thermoelastic response to  $L_{2\omega}$  has a  
smaller influence, and a more prominent influence in the  $R = 0.1$  case.

665 It is anyway warned that the simple subtraction of the  $E_{2L}$  component from  
the whole SH amplitude would apply only if all the second harmonic heat sources  
are in phase with each other. This is by no means assured, since the  $2\omega$  load  
wave may have a random phase, which in part depends on the nature of the  
loading machine employed.

670 Moreover, as mentioned in Section 5.2, it is likely that at  $R = 0.1$  there is  
some heat dissipation affecting the first harmonic amplitude  $E$  at higher stress  
amplitudes. This would imply that the real thermoelastic amplitude is lower  
than the one measured, and therefore the value of  $E_{2L}$  from eq. (18) might be  
overestimated.

#### 675 5.4. Behavior of the Second Harmonic phase

A significant outcome of this work has regarded the analysis of the phase  
of the SH,  $\Phi_D$ . Two antagonistic mechanisms are identified which produce a  
different shift of  $\Phi_D$  with reference to the applied load. If dissipation is absent or  
small, as is the case with low  $\sigma_a$ , than the prevailing influence should come from  
680 the thermoelastic  $2\omega$  component as predicted by the second order thermoelastic  
theory. As  $\sigma_a$  grows and the material starts to develop significant intrinsic  
dissipation, then  $\Phi_D$  is expected to shift towards the peak and trough of the  
applied load.

At low  $\sigma_a$  results have evidenced a coexistence of both phase shifts values,  
685 with a bimodal distribution and a uniform dispersion of points following one or  
the other behavior (see section 4.5). As  $\sigma_a$  increases, the material clearly mi-  
grates towards a unimodal behavior coinciding with a fully dissipating scenario.

It is also observed that the thermoelastic and dissipation phase angles may

deviate from their expected nominal positions. A possible cause for these shifts  
690 has been identified in the influence of the spurious SH component of the load,  
also observed in [21]. In a recent work [24], it is also shown that the peak of  
the dissipating temperature signal,  $T_d$ , may change due to the influence of har-  
monics higher than  $2\omega$ . Therefore,  $D$  is only one of many harmonic components  
composing the  $T_d$  signal, and as such, it may be close but not perfectly aligned  
695 to the peaks and troughs of the load.

### 5.5. Agreement with other FLTMs

The samples tested in this work belong to a unique production lot of sam-  
ples, tested by different research groups from Italian universities. This extended  
experimental campaign, which is coordinated through the AIAS association (As-  
700 sociatione Italiana Analisi delle Sollecitazioni), has been carried out with the  
purpose to evaluate different Fatigue-Limit Thermographic Methods, FLTMs,  
and their reproducibility in different laboratories [2, 8, 11, 28, 33].

In the present work all the discussed metrics indicate a fatigue limit posi-  
tioned between  $300 \div 310$  MPa for  $R = -1$ , and  $190 \div 200$  for  $R = 0.1$ . These  
705 ranges agree well with those published [2], and relative to other FLTMs, some  
of which also employ thermoelastic parameters [5, 9, 20, 25, 31].

## 6. Conclusions

In this work uniaxial specimens made of C45 steel have been tested under  
cyclic, sinusoidal, loading. A number of thermographic metrics have been eval-  
710 uated at each of a series of blocks having increasing stress amplitude with load  
ratios of  $R = -1$  and  $R = 0.1$  (stepwise procedure).

The work has in particular focused on the evaluation of amplitude and phase  
of the first and second harmonics of the temperature, respectively corresponding  
with the load frequency and twice the load frequency.

715 The four different thermal harmonic metrics:  $E$ ,  $D$ ,  $\Phi_E$ ,  $\Phi_D$  have been  
investigated in order to assess their ability to reveal the onset of damage and  
heat dissipation.



Some original conclusions have been derived from the performed analysis, which are summarized as follows:

- 720 • The  $E$  metric shows a dependence on the increase of average temperature and on changes of the thermoelastic constant related to plasticization phenomena.
- The Second Harmonic amplitude  $D$  is confirmed to have a good sensitivity to dissipation.
- 725 • The analysis of the  $D$  and  $E$  metrics following the global and local approaches leads to analogous results. This suggests that a specific site of damage concentration is not precisely located.
- The global  $\Phi_E$  is not sensitive to the dissipative phenomena, since the thermoelastic response is always in opposite phase with respect to the load, also when dissipation is high. Relative changes of the thermoelastic phase are instead found according with the TPA method [20].
- 730 • The phase of the SH  $\Phi_D$  appears to be affected by two effects: a second order thermoelastic effect, that prevails when dissipation is low, and the influence of intrinsic dissipation. These antagonistic phenomena produce a bimodal distribution in the phase maps, characterized by a nominal  $180^\circ$  phase shift between the peaks.
- 735

## References

- [1] “ASTM standard. standard practice for statistical analysis of linear or linearized stress-life (s-n) and strain-life (e-n) fatigue data,” *ASTM Stand E739-102015, Annu B ASTM Stand West Conshohocken, PA ASTM Int 2015*, vol. 5, pp. 1–7, 2015.
- 740 [2] C. Colombo, M. Sansone, L. Patriarca, and L. Vergani, “Rapid estimation of fatigue limit for C45 steel by thermography and digital image correlation,” *Journal of Strain Analysis for Engineering Design*, 2020.

- 745 [3] M. P. Luong, “Fatigue limit evaluation of metals using an infrared thermo-  
graphic technique,” *Mechanics of materials*, vol. 28, no. 1-4, pp. 155–163,  
1998.
- [4] G. La Rosa and A. Risitano, “Thermographic methodology for rapid de-  
termination of the fatigue limit of materials and mechanical components,”  
750 *International Journal of Fatigue*, vol. 22, no. 1, pp. 65–73, 2000.
- [5] J. Krapez, D. Pacou, and G. Gardette, “Lock-in thermography and fatigue  
limit of metals,” *Quant Infrared Thermogr*, vol. 5, pp. 277–282, 2000.
- [6] T. Boulanger, A. Chrysochoos, C. Mabru, and A. Galtier, “Calorimetric  
analysis of dissipative and thermoelastic effects associated with the fatigue  
755 behavior of steels,” *International Journal of Fatigue*, vol. 26, no. 3, pp. 221–  
229, 2004.
- [7] G. Meneghetti, “Analysis of the fatigue strength of a stainless steel based  
on the energy dissipation,” *International Journal of Fatigue*, vol. 29, no. 1,  
pp. 81–94, 2007.
- 760 [8] C. Colombo and L. Vergani, “Thermographic applications for the rapid  
estimation of fatigue limit,” *Procedia Structural Integrity*, vol. 24, pp. 658–  
666, 2019.
- [9] R. De Finis, D. Palumbo, and U. Galietti, “A multianalysis thermography-  
based approach for fatigue and damage investigations of ASTM A182  
765 F6NM steel at two stress ratios,” *Fatigue & Fracture of Engineering Mate-  
rials & Structures*, vol. 42, no. 1, pp. 267–283, 2019.
- [10] M. Ricotta, G. Meneghetti, B. Atzori, G. Risitano, and A. Risitano, “Com-  
parison of experimental thermal methods for the fatigue limit evaluation  
of a stainless steel,” *Metals*, vol. 9, no. 6, 2019.
- 770 [11] F. Giudice, G. La Rosa, G. Fargione, and R. Barbagallo, “Fatigue limit  
assessment by energetic analyses in static and cyclic tensile tests,” *Procedia  
Structural Integrity*, vol. 24, pp. 706–711, 2019.

- [12] S. Guo, X. Liu, H. Zhang, Z. Yan, Z. Zhang, and H. Fang, “Thermographic study of az31b magnesium alloy under cyclic loading: Temperature evolution analysis and fatigue limit estimation,” *Materials*, vol. 13, no. 22, p. 5209, 2020.
- [13] P. Corigliano, F. Cucinotta, E. Guglielmino, G. Risitano, and D. Santonocito, “Fatigue assessment of a marine structural steel and comparison with Thermographic Method and Static Thermographic Method,” *Fatigue and Fracture of Engineering Materials and Structures*, vol. 43, no. 4, pp. 734–743, 2020.
- [14] A. Lipski, “Change of Specimen Temperature during the Monotonic Tensile Test and Correlation between the Yield Strength and Thermoelasto-Plastic Limit Stress on the Example of Aluminum Alloys,” *Materials*, vol. 14, no. 1, 2021.
- [15] F. Maquin and F. Pierron, “Heat dissipation measurements in low stress cyclic loading of metallic materials: From internal friction to microplasticity,” *Mechanics of Materials*, vol. 41, no. 8, pp. 928–942, 2009.
- [16] C. Colombo, L. Vergani, and M. Burman, “Static and fatigue characterisation of new basalt fibre reinforced composites,” *Composite Structures*, vol. 94, pp. 1165–1174, feb 2012.
- [17] A. Risitano and G. Risitano, “Determining fatigue limits with thermal analysis of static traction tests,” *Fatigue & Fracture of Engineering Materials & Structures*, vol. 36, no. 7, pp. 631–639, 2013.
- [18] R. De Finis, D. Palumbo, F. Ancona, and U. Galietti, “Fatigue limit evaluation of various martensitic stainless steels with new robust thermographic data analysis,” *International Journal of Fatigue*, vol. 74, pp. 88–96, may 2015.
- [19] Q. Guo, X. Guo, J. Fan, R. Syed, and C. Wu, “An energy method for rapid

- 800 evaluation of high-cycle fatigue parameters based on intrinsic dissipation,”  
*International Journal of Fatigue*, vol. 80, pp. 136–144, 2015.
- [20] D. Palumbo and U. Galietti, “Thermoelastic Phase Analysis (TPA): a new  
method for fatigue behaviour analysis of steels,” *Fatigue & Fracture of  
Engineering Materials & Structures*, vol. 40, no. 4, pp. 523–534, 2017.
- 805 [21] D. Shiozawa, T. Inagawa, T. Washio, and T. Sakagami, “Accuracy im-  
provement in dissipated energy measurement by using phase information,”  
*Measurement Science and Technology*, vol. 28, no. 4, p. 044004, 2017.
- [22] R. Urbanek and J. Bär, “Evaluation of the Thermo-Elastic Behav-  
ior of a High-alloyed Steel by Fourier Transformation based Lock-In-  
810 Thermography,” in *Proceedings of QIRT 2018, 14th Quantitative InfraRed  
Thermography Conference, 25 – 29 June 2018, Berlin, Germany*, no. 3,  
pp. 941–950, 2018.
- [23] R. De Finis, D. Palumbo, M. Da Silva, and U. Galietti, “Is the temperature  
plateau of a self-heating test a robust parameter to investigate the fatigue  
815 limit of steels with thermography?,” *Fatigue & Fracture of Engineering  
Materials & Structures*, vol. 41, no. 4, pp. 917–934, 2018.
- [24] G. Meneghetti and M. Ricotta, “Estimating the intrinsic dissipation us-  
ing the second harmonic of the temperature signal in tension-compression  
fatigue: Part I. theory,” *Fatigue & Fracture of Engineering Materials &  
820 Structures*, 2021.
- [25] D. Shiozawa, T. Inagawa, T. Washio, and T. Sakagami, “Fatigue limit  
estimation of stainless steels with new dissipated energy data analysis,”  
*Procedia Structural Integrity*, vol. 2, pp. 2091–2096, 2016.
- 825 [26] R. De Finis, D. Palumbo, and U. Galietti, “On the relationship between  
mechanical energy rate and heat dissipated rate during fatigue for a c45  
steel depending on stress ratio,” *Fatigue & Fracture of Engineering Mate-  
rials & Structures*, vol. 44, no. 10, pp. 2781–2799, 2021.

- [27] S. Quinn, J. Dulieu-Barton, and J. Langlands, “Progress in thermoelastic residual stress measurement,” *Strain*, vol. 40, no. 3, pp. 127–133, 2004.
- 830 [28] R. De Finis, D. Palumbo, A. Pirinu, A. Saponaro, F. Panella, R. Nobile, and U. Galietti, “Fatigue behaviour assessment of C45 steel by means of energy-based methods,” in *IOP Conference Series: Materials Science and Engineering*, vol. 1038, p. 012015, IOP Publishing, 2021.
- [29] N. Rajic and N. Street, “A performance comparison between cooled and uncooled infrared detectors for thermoelastic stress analysis,” *Quantitative InfraRed Thermography Journal*, vol. 11, no. 2, pp. 207–221, 2014.
- 835 [30] G. Pitarresi, R. Cappello, and G. Catalanotti, “Quantitative thermoelastic stress analysis by means of low-cost setups,” *Optics and Lasers in Engineering*, vol. 134, p. 106158, 2020.
- [31] R. De Finis, D. Palumbo, and U. Galietti, “Mechanical Behaviour of Stainless Steels under Dynamic Loading: An Investigation with Thermal Methods,” *Journal of Imaging*, vol. 2, no. 4, 2016.
- 840 [32] R. Urbanek and J. Baer, “Influence of motion compensation on lock-in thermographic investigations of fatigue crack propagation,” *Engineering Fracture Mechanics*, vol. 183, pp. 13–25, 2017.
- [33] R. Barbagallo, G. Fargione, F. Giudice, and G. La Rosa, “Thermographic-dic approach in fatigue behaviour analysis,” in *IOP Conference Series: Materials Science and Engineering*, vol. 1038, p. 012050, IOP Publishing, 2021.
- 850 [34] R. Peyroux, A. Chrysochoos, C. Licht, and M. Löbel, “Thermomechanical couplings and pseudoelasticity of shape memory alloys,” *International Journal of Engineering Science*, vol. 36, no. 4, pp. 489–509, 1998.
- [35] A. Chrysochoos and H. Louche, “An infrared image processing to analyse the calorific effects accompanying strain localisation,” *International journal of engineering science*, vol. 38, no. 16, pp. 1759–1788, 2000.
- 855

- [36] N. F. Enke, “An enhanced theory for thermographic stress analysis of isotropic materials,” in *Stress and Vibration: Recent Developments in Industrial Measurement and Analysis*, vol. 1084, pp. 84–102, International Society for Optics and Photonics, 1989.
- 860 [37] P. Bremond and P. Potet, “Lock-in thermography: a tool to analyze and locate thermomechanical mechanisms in materials and structures,” in *Thermosense XXIII*, vol. 4360, pp. 560–566, International Society for Optics and Photonics, 2001.
- [38] J. Lemaitre and J.-L. Chaboche, *Mechanics of solid materials*. Cambridge university press, 1994.
- 865 [39] A. Chrysochoos, B. Berthel, F. Latourte, A. Galtier, S. Pagano, and B. Wattrisse, “Local energy analysis of high-cycle fatigue using digital image correlation and infrared thermography,” *The Journal of Strain Analysis for Engineering Design*, vol. 43, no. 6, pp. 411–422, 2008.
- 870 [40] G. Pitarresi and E. Patterson, “A review of the general theory of thermoelastic stress analysis,” *The Journal of Strain Analysis for Engineering Design*, vol. 38, no. 5, pp. 405–417, 2003.
- [41] A. Wong, R. Jones, and J. Sparrow, “Thermoelastic constant or thermoelastic parameter?,” *Journal of Physics and chemistry of solids*, vol. 48, no. 8, pp. 749–753, 1987.
- 875 [42] A. Wong, J. Sparrow, and S. Dunn, “On the revised theory of the thermoelastic effect,” *Journal of Physics and chemistry of solids*, vol. 49, no. 4, pp. 395–400, 1988.
- [43] S. Dunn, “Using nonlinearities for improved stress analysis by thermoelastic techniques,” 1997.
- 880 [44] J. Eaton-Evans, J. Dulieu-Barton, E. Little, and I. Brown, “Thermoelastic studies on nitinol stents,” *The Journal of Strain Analysis for Engineering Design*, vol. 41, no. 7, pp. 481–495, 2006.

- [45] P. Seelan, J. Dulieu-Barton, and F. Pierron, “Microstructural assessment  
885 of 316l stainless steel using infrared thermography based measurement of  
energy dissipation arising from cyclic loading,” *Mechanics of Materials*,  
vol. 148, p. 103455, 2020.
- [46] C. Bubulinca, X. Balandraud, M. Grédiac, S. Stanciu, and M. Abrudeanu,  
890 “Characterization of the mechanical dissipation in shape-memory alloys  
during stress-induced phase transformation,” *Journal of Materials Science*,  
vol. 49, no. 2, pp. 701–709, 2014.
- [47] B. Atzori and G. Meneghetti, “Energy Dissipation in Low Cycle Fatigue of  
Austempered Ductile Irons,” in *5th International Conference on Low Cycle  
Fatigue*, 2003.
- 895 [48] J. Bär, L. Seilnacht, and R. Urbanek, “Determination of dissipated energies  
during fatigue tests on copper and aa7475 with infrared thermography,”  
*Procedia Structural Integrity*, vol. 17, pp. 308–315, 2019.
- [49] J. Bär and R. Urbanek, “Determination of dissipated energy in fatigue crack  
propagation experiments with lock-in thermography,” *Frattura ed Integrità  
900 Strutturale*, vol. 13, no. 48, pp. 563–570, 2019.
- [50] D. Palumbo, R. De Finis, F. Ancona, and U. Galietti, “Damage monitoring  
in fracture mechanics by evaluation of the heat dissipated in the cyclic plas-  
tic zone ahead of the crack tip with thermal measurements,” *Engineering  
Fracture Mechanics*, vol. 181, pp. 65–76, 2017.

905 **Appendix A**

A simple simulation of the thermoelastic effect induced temperature change,  $E = \Delta T$ , is reported here with the purpose to estimate the sensitivity of this metric to an increase of the mean temperature of the material.

It is useful to recall the first order thermoelastic law in the form:

$$E = |\Delta T| = T_o K_o \Delta \sigma_{xx} \quad (\text{A-1})$$

910 The C45 thermoelastic constant is assumed to be  $3.2 \times 10^{-6}$  1/MPa, which is a value in good agreement with data in the literature and with the experiments performed in this work [2]. For simplicity, it is also assumed that this value of  $K_o$  stays constant throughout all the range of stress amplitudes considered.

The material average temperature follows two different scenarios, reported  
915 in Table 5.

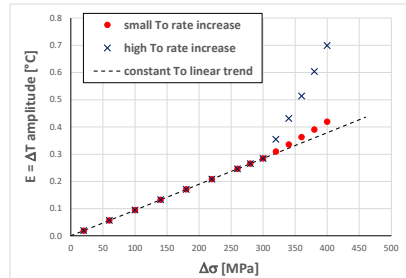


Figure 28:  $E$  vs  $\sigma_a$  plots from data in Table 5.

The first scenario (second column in Table 5) considers a slight increase of  $T_o$  for  $\sigma_a > 300$  MPa (in agreement with tests at  $R = -1$ ), with a rate comparable to the experimental values measured in this work (see Fig. 28), and with a constant room temperature of  $T_o = 296$  K for  $\sigma_a < 300$  MPa. The  
920 second scenario (fourth column in Table 5) considers a higher rate of temperature increase for  $\sigma_a > 300$  MPa, in agreement with experimental data reported in [2, 28].



Table 5: Thermoelastic signal expected from C45 steel with simulated rates of increase of  $T_o$  for increasing stress amplitude.

Thermoelastic constant for C45: $3.2 \times 10^{-6}$ [1/MPa]				
small $T_o$ rate increase			high $T_o$ rate increase	
$\sigma_a$	$T_o$	$E$	$T_o$	$E$
20	296	0.02	296	0.02
60	296	0.06	296	0.06
100	296	0.09	296	0.09
140	296	0.13	296	0.13
180	296	0.17	296	0.17
220	296	0.21	296	0.21
260	296	0.25	296	0.25
280	296	0.27	296	0.27
300	296	0.28	296	0.28
320	302.25	0.31	346	0.35
340	308.5	0.34	396	0.43
360	314.75	0.36	446	0.51
380	321	0.39	496	0.60
400	327.25	0.42	546	0.70

Figure 28 shows the trend of  $E$  vs  $\sigma_a$  as predicted by eq. A-1 and the two scenarios in Table 5. It is seen that if the material in the FLTM scheme exhibits  
925 a significant rate of temperature increase, this has a non-negligible impact on the thermoelastic signal and its deviation from linearity.

If the increase of  $T_o$  is to be correlated with the onset of dissipation and damage, than, indirectly, a signature of this is also obtained with the  $E$  metric through its dependence from  $T_o$ . The present work, though, finds that the rate  
930 of increase of  $T_o$  is also highly sensitive to the loading frequency.