Atom-field dressed states in slow-light waveguide QED

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We discuss the properties of atom-photon bound states in waveguide QED systems consisting of single or multiple atoms coupled strongly to a finite-bandwidth photonic channel. Such bound states are formed by an atom and a localized photonic excitation and represent the continuum analog of the familiar dressed states in single-mode cavity QED. Here we present a detailed analysis of the linear and nonlinear spectral features associated with single- and multiphoton dressed states and show how the formation of bound states affects the waveguide-mediated dipole-dipole interactions between separated atoms. Our results provide both a qualitative and quantitative description of the essential strong-coupling processes in waveguide QED systems, which are currently being developed in the optical and microwave regimes.

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I. INTRODUCTION

The coupling of atoms or other emitters to the quantized radiation field can result in drastically different physical phenomena depending on the detailed structure of the electromagnetic environment. While in free space atom-light interactions are mainly associated with radiative decay, atoms and photons may undergo processes of coherent emission and reabsorption in the case of a single confined mode as studied in the context of cavity QED [1,2]. Recently, due in part to exciting experimental developments to interface two-level emitters with nanophotonic waveguides [3–8] and to couple superconducting qubits to open transmission lines [9–12], a different paradigm for light-matter interactions has emerged. Waveguide QED refers to a scenario where single or multiple (artificial) atoms are coupled to a one-dimensional (1D) optical channel. The 1D confinement of light makes it possible for individual photons to be efficiently absorbed by even a single atom or mediate long-range interactions between consecutive atoms along the waveguide. This gives rise to many intriguing phenomena and applications, such as single-photon switches and mirrors [13–16], correlated photon scattering [17–19], self-organized atomic lattices [20,21], and the dissipative generation of long-distance entanglement [22–25] and new realizations of quantum gates [26–28].

The physics of light-matter interactions in one dimension becomes even more involved when the waveguide is engineered to have nontrivial dispersion relations, such as band edges and band gaps [6,8,29], near which the group velocity of photons is strongly reduced or free propagation is completely prohibited. In seminal works by Bykov [30], John and Quang [31], and Kofman et al. [32] the decay of an atom coupled to the band edge of a photonic crystal waveguide was shown to exhibit a nonexponential, oscillatory behavior with a finite nondecaying excitation fraction. This behavior can be attributed to the existence of a localized atom-photon bound state with an energy slightly outside the continuum of propagating modes [29,33,34]. With many atoms, it has been proposed that the long-lived nature of such states can facilitate the exploration of coherent quantum spin dynamics [35,36] or can be exploited to engineer long-range photon-photon interactions [37,38].

Motivated by the discussion above, here we study a system of a few quantum emitters, which are coupled to a common “slow-light” photonic waveguide realized by a 1D array of coupled cavities. In the absence of any emitters such a system forms a finite propagating band with an effective speed of light that is fully controlled by the tunnel coupling between neighboring cavities and thus can, in principle, be made arbitrarily small. Coupled-cavity arrays (CCA) received significant attention, in particular, as a platform for observing quantum phase transitions [39–42] and for the analysis of photon scattering processes in a finite-bandwidth scenario [15,43–51]. Here again the appearance of localized photonic states [43,46,50,51] results in unusual two-photon scattering processes, where, e.g., one photon can remain bound to an atom [44–46] while the other one escapes. Such processes are absent in free space or infinite-band waveguides.

Building upon those previous findings, we focus in this work specifically on the properties of dressed atom-photon states, which emerge as the elementary excitations of slow-light waveguide QED systems in the moderate- to strong-coupling regime. We find that an elegant feature of the CCA system is that in various parameter regimes one can recover the behavior of other systems previously discussed (such as single-mode cavity QED, infinite-bandwidth waveguides, and band edges), as well as new phenomena not present in those limiting cases. In our analysis we introduce the single-photon bound states in waveguide QED as continuum generalizations of the dressed state familiar from the Jaynes-Cummings model for single cavities. This analogy then allows us to describe also many properties of the more involved multiphoton and multiatom settings in terms of the properties of the single-photon dressed state. In particular, we discuss the mode functions and spectral features of multiphoton dressed states, for which we identify the crossover from a linear regime, where the bound-state energies are proportional to the number of excitations $N_e$ to a nonlinear regime where the splitting of the bound-state energies from the photonic band scales as $\sim \sqrt{N_e}$. In the last part of the paper, we show how the usual
long-range dipole-dipole interactions between multiple atoms coupled to broadband waveguides are modified in the presence of bound photonic states. Here we observe the formation of metaband structures for delocalized dressed states as well as a partial “melting” of these bands back into the continuum when specific coupling conditions are met.

The remainder of this paper is structured as follows. In Sec. II we introduce the basic model of waveguide QED and briefly summarize in Sec. III the atomic master equation, which describes the dynamics of this system in the weak-coupling regime. In Sec. IV we discuss the properties of single-photon bound states. Here we observe the formation of metaband structures for delocalized dressed states as well as a partial “melting” of these bands back into the continuum when specific coupling conditions are met.

In Eqs. (4) and (5) $\Gamma_{ij}$ and $U_{ij}$ represent correlated decay rates and coherent dipole-dipole interactions, respectively.
which arise from virtual or real photons propagating along the waveguide.

By taking into account small atomic and photonic losses we obtain $\Gamma_{ij} = 2\text{Re}(A_{ij}) + \gamma_a$ and $U_{ij} = 2\text{Im}(A_{ij})$, where

$$A_{ij} = \frac{g^2}{\bar{v}_g(\delta)} e^{iK|x_i-x_j|},$$

(6)

and

$$K = \pi - \arccos \left[ \frac{\delta + i\gamma_c/2}{2J} \right].$$

(7)

Here we have introduced a generalized (complex) group velocity

$$\bar{v}_g(\delta) = \sqrt{4J^2 - \left( \delta + i\gamma_c/2 \right)^2}.$$  

(8)

For $\gamma_c \to 0$ and for atomic frequencies within the photonic band this quantity reduces to the conventional group velocity given in Eq. (3). In this case $1/|\bar{v}_g(\delta)|$ determines the density of photonic modes, or, equivalently, the correlation time of the waveguide. In a system with losses this correlation time is now replaced by $1/|\bar{v}_g(\delta)|$, which is well defined and nondiverging even at or beyond the band edges (for a related study of the group velocity in lossy waveguides see also Ref. [55]). Therefore, the Born-Markov approximation, which requires $g \ll |\bar{v}_g(\delta)|$,  

(9)

can be used for all atomic frequencies provided that the coupling $g$ is sufficiently weak and photon propagation times are negligible (see Appendix A for additional details on the validity of the Born-Markov approximation).

Figure 2 illustrates the dependence of $\Gamma_{ij}$ and $U_{ij}$ on the interatomic distance for different atom-photons detunings $\delta$ and a nonvanishing photon loss rate $\gamma_c$. If, instead, cavity losses are negligible, Eqs. (5)–(7) reproduce the effective spin model for two-level atoms coupled to an infinite-bandwidth waveguide [22,56]. In particular for frequencies within the propagating band, $K$ becomes purely real, and the system thus supports both coherent and dissipative dipole-dipole interactions of equal strength,

$$\Gamma_{ij} \approx \frac{2g^2}{\bar{v}_g(\delta)} \cos(K|x_i-x_j|),$$

$$U_{ij} \approx \frac{2g^2}{\bar{v}_g(\delta)} \sin(K|x_i-x_j|).$$

(10)

This coupling is infinite in range, with a phase factor $e^{iK|x_i-x_j|}$ that reflects the propagation phase of photons at the atomic resonance frequency that mediate the interaction. This behavior can be seen in Fig. 2 for $\delta = 0$ (blue curve), with the deviation from infinite-range interaction due to the finite cavity losses $\gamma_c$. As expected, by going from the center of the band towards the edge, $\delta \approx 2J$ (red curve), both the coherent couplings and the correlated decay rates increase due to a reduction of the group velocity. However, slow propagation also means that the photons have more time to decay, and for a finite $\gamma_c$ and large atom-atom distances, there is a trade-off between an enhanced coupling and a larger propagation loss. For atomic frequencies outside the band there are no longer waveguide modes into which the atom can emit. Therefore, for $\gamma_c \to 0$, the real part of $A_{ij}$ vanishes, and the atoms interact predominantly in a coherent way via a virtual exchange of photons. The exponential decay of interactions directly reflects the exponential attenuation of fields propagating through a band gap (see green curve in Fig. 2).

In summary Eq. (4) shows that for sufficiently weak coupling the dynamics of the waveguide QED system can be described in terms of atomic excitations, which interact via a quasi-instantaneous exchange of photons. In this regime it is preferential to work near the band edge or to reduce the waveguide bandwidth altogether in order to enhance waveguide-mediated atom-atom interactions (coherent or dissipative) compared to the bare atomic decay. However, eventually, the Markov condition given by Eq. (9) breaks down, and for larger couplings the photons emitted by an atom can be coherently reabsorbed before they decay or propagate along the fiber. In this strong-coupling regime photons and atoms can be bound together and form new hybridized excitations.

### IV. ATOM-PHOTON DRESSED STATES

In the absence of other decay channels, the atom-light coupling in Eq. (1) conserves the total number of photons and excited atoms, $N_\epsilon = \sum_i \alpha_i^\dagger \alpha_i + \sum_i |\epsilon_i\rangle \langle \epsilon_i|$, and the eigenstates of $H$ can be discussed separately within each subspace.

![Graph](attachment:image.png)
of given excitation number. For a given value of \( N_e \), the Schrödinger equation \( H|\phi⟩ = E|\phi⟩ \) then has two types of solutions. First, there are scattering states, which are spatially extended over the whole waveguide and have an energy \( E/N_e \in [-2J, 2J] \) within the free \( N_e \)-photon band. Second, there are states with energy \( |E|/N_e > 2J \) [57]. These states are energetically separated from the \( N_e \)-photon continuum and represent bound states with an exponentially localized photonic component. While both types of states are atom-photon dressed states, in this work we are primarily interested in the latter type, namely, in bound dressed states.

Note that in the waveguide QED literature the term photon bound state is also used to describe correlated propagating multiphoton wave functions scattered by a nonlinear emitter. These states are not localized around the atom, but they are typically infinite in spatial extent and bound only with respect to the relative coordinates of the photons [17]. In this paper we do not consider this kind of state and use the term bound state only for wave functions spatially localized around the atomic position.

A. Single-photon dressed states

We first consider the simplest setting of a single photon coupled to a single atom located at position \( x_a \). In this case, \( N_e = 1 \) and the solutions of the Schrödinger equation \( H|\phi⟩ = E|\phi⟩ \) are superpositions of an atomic excitation \( |e, 0⟩ \) and single-photon states \(|g, 1, ±⟩ \equiv a_1^\dagger|g, 0⟩ \) (\( 0 \) is the field vacuum state). Figure 1(c) shows the resulting energy spectrum, which consists of the above-mentioned band of scattering states and two bound states with energies \( E_± \), which are the real solutions of (see Appendix B)

\[
E_± - δ = \frac{g^2}{E_± \sqrt{1 - \frac{4J^2}{E_±^2}}}. \tag{11}
\]

The corresponding bound-state wave functions can be written in the form

\[
|φ_±⟩ = [\cos θ_± σ_+ \pm \sin θ_± a_1^\dagger(x_a)]|g, 0⟩ ≡ D_±^\dagger(x_a)|g, 0⟩. \tag{12}
\]

Here we have defined the normalized bosonic creation operator

\[
a_1^\dagger(x_a) = \sum_x (±1)^{x-x_a}e^{-\frac{|x-x_a|}{\sqrt{g}}/\sqrt{\coth \frac{1}{\lambda}} - \frac{i}{\lambda}}a_1^\dagger, \tag{13}
\]

which creates a photon in an exponentially localized wave packet around the atom’s position \( x_a \). In Eqs. (12) and (13) the size of the photonic wave packet, \( \lambda_± = \lambda(E_±) \), and the mixing angle, \( θ_± = θ(E_±) \), are functions of the corresponding bound-state energies. These two parameters determine the nature of the bound-state wave functions and are given by

\[
\cos θ = \left(1 + \frac{g^2}{E^2(1 - \frac{4J^2}{E^2})^2}\right)^{-\frac{1}{2}}, \tag{14}
\]

and

\[
\frac{1}{\lambda} = \text{arccosh}\left(\frac{|E|}{2J}\right). \tag{15}
\]

Figure 3 summarizes the dependence of \( λ_± \) and the atomic excited-state population \( p_±^a = \cos^2(θ_±) \) on the coupling \( g \) and the atom-field detuning \( δ \). The analogous quantities associated with \( E_− \) can be inferred through the identities \( λ_−(δ) = λ_+(−δ) \) and \( θ_+(δ) = θ_+(−δ) \).

**Discussion.** In their respective limits, Eqs. (11)–(15) reproduce various results that have been previously obtained for photonic bound states near band edges or in coupled-cavity arrays [29,33,34,43,45,46,50,51]. The form of the wave function given in Eq. (12) provides a unified description of all those cases in terms of the mixing angles \( θ_± \) and the wave-packet lengths \( λ_± \). It also establishes a direct connection to the more familiar dressed states of the single-mode Jaynes-Cummings model [1] by taking the limit \( J \to 0 \), where \( E_± = \frac{g^2}{2} ± \frac{1}{2} \sqrt{\sqrt{\delta^2 + 4g^2}}, \; θ_± = θ_− - π/2, \) and \( λ_± ≈ 0 \). For a finite \( J \) this single-cavity picture is modified in two ways. First, the photonic component now extends over multiple sites and becomes more and more delocalized the weaker the coupling \( g \) is. Second, the total atomic contribution to both bound states, \( \cos^2(θ_+) + \cos^2(θ_−) < 1 \), is always smaller than 1, and for \( |δ| < 2J \) it vanishes as \( g/J \to 0 \). Although a bound-state solution always exists, both dressed states become more photonic as \( g/J \) decreases and eventually become indistinguishable from the propagating waveguide modes. For atomic frequencies outside the band, e.g., \( δ > 2J \), the upper bound state becomes more atomlike as \( g/J \to 0 \), but the residual photonic cloud remains localized. Overall, these results show that a simplified model where the waveguide is replaced by an effective cavity of size \( λ \) would be incomplete. In particular, such a description misses the fact that for \( δ \neq 0 \)
photon wave functions associated with the two dressed states can significantly differ, i.e., $\lambda_+ \neq \lambda_- \text{ and } \theta_+ \neq \theta_-$.  

**B. Excitation spectrum**

An experimentally relevant quantity to probe the properties of atom-photon dressed states is the atomic excitation spectrum $S_a(\omega)$, which can be obtained by weakly exciting the atom with a laser of frequency $\omega$ and recording the total emitted light. In the weak-driving limit the excitation spectrum is given by

$$S_a(\omega) = \frac{\gamma_a^2}{4} \left| \langle e,0| H_{\text{eff}} - \omega \right| e,0 \right|^2,$$

where

$$H_{\text{eff}} = H - i \frac{\gamma_a}{2} |e\rangle \langle e| - i \sum_x \frac{\gamma_c}{2} a_x^\dagger a_x,$$

and the normalization has been set such that $S(\omega = \omega_0) = 1$ for $g = 0$.

Figure 4 shows the results for $S_a(\omega)$ for different coupling strengths $g$ and for the two relevant cases $\delta = 0$ (center of the band) and $\delta = 2J$ (upper band edge). For $\delta = 0$ we observe three different regimes. For very weak coupling there is only a single peak at the atomic frequency with a width $\sim \gamma_a + g^2/J$ due to the enhanced emission into the waveguide (recall that in the broadband limit the atom emission rate into the waveguide is $g^2/J$; see Sec. III). At intermediate couplings $g/(2J) \sim 1$ the spectrum is completely smeared out. The atom is now partially hybridized with all waveguide modes, and there is no longer a well-defined frequency associated with the atomic excitation. At larger couplings two dominant resonances at the dressed-state energies $E_{\pm}$ appear. As the coupling increases, the width of the two bound-state resonances approaches

$$\bar{\gamma} = \frac{\gamma_a + \gamma_c}{2},$$

as expected from an equal superposition of atomic and photonic excitations. For $\delta = 2J$ a significant hybridization between atom and photon is already observed at small $g$, consistent with the atomic population $p_0^a \approx 0.67$ predicted for the dressed state exactly at the band edge [see Fig. 3(a)]. However, in this case the transition from waveguide-enhanced decay to atom-photon hybridization is not apparent and will be discussed in more detail in the following.

**C. Onset of strong coupling**

An important regime of operation in cavity QED is the regime of strong coupling, where the coherent interaction between atoms and photons dominates over the relevant decay processes. For a single cavity in resonance with the atom this regime is usually defined by the condition

$$g > \frac{\gamma_a + \gamma_c}{4}.$$

Our goal is now to identify an equivalent condition for the waveguide QED system by taking a closer look at the spectral features for $g \ll J$. Note that the atomic excitation spectrum is, in general, given by [31,48]

$$S_a(\omega) = \frac{\gamma_a^2}{4} \frac{1}{|\omega - \delta + i \frac{\gamma_a}{2} - \Sigma(\omega)|^2},$$

where $\Sigma(\omega) = -ig^2/\bar{\nu}_g(\omega)$ is the self-energy in the presence of dissipation. To bring this result into a more useful form we define

$$\Delta_{\pm}(\omega) = \left( \omega - \delta + i \frac{\gamma_a}{2} \right) \bar{\nu}_g(\omega) \pm ig^2.\quad (21)$$

It can be shown that $\Delta_+(\omega)\Delta_-(\omega)$ is a fourth-order polynomial in $\omega$ with two roots given by the complex eigenenergies $E_{\pm}$ of $H_{\text{eff}}$. We can use this property to further rewrite the spectrum as

$$S_a(\omega) = \frac{\gamma_a^2}{4} \frac{|\bar{\nu}_g(\omega)\Delta_{\pm}(\omega)|^2}{(|\omega - E_+)(\omega - E_-)L(\omega)|^2},\quad (22)$$

where $L(\omega)$ is a quadratic polynomial, which for the limits discussed below has two roots with real parts inside the photonic band, and thus describes the atomic emission into the waveguide continuum. Overall, the structure of the spectrum then consists of two external poles with a position and a width given by the real and imaginary parts of $E_{\pm}$ and a broader emission peak inside the waveguide. Note that for $\gamma_c \to 0$ the generalized group velocity $\bar{\nu}_g(\omega)$, and therefore also the spectrum, vanishes exactly at the band edge, $\omega = \pm 2J$. This is due to a destructive interference between the excitation laser and the long-lived band-edge mode and leads to a Fano-like profile for $S_a(\omega)$. For nonvanishing $\gamma_c$, this interference effect is washed out.
We first consider the case \(\delta = 0\), where we obtain to lowest order in \(g\),

\[
E_{\pm} \simeq \pm 2J \pm \frac{g^4}{16J^3[1 \pm i(\gamma_a - \gamma_c)/(2J)]} - i \frac{\gamma_c}{2},
\]

which shows that for not too large decay rates, the position of the external peaks essentially follows the bare energy levels \(E_{\pm}\) and their width is mainly determined by photon loss. For the polynomial determining the internal peaks we obtain

\[
L(\omega) = \left( \omega + \frac{\gamma_a}{2} \right)^2 + \left( \frac{\sqrt{3}}{2J} \right)^2,
\]

which therefore contributes with two purely imaginary poles at \(\omega = -i(\gamma_a \pm g^2/J)/2\). Figure 5(a) shows a close-up of the resulting spectrum near the band edge for different values of \(\gamma_c\). First, we observe that for large \(\gamma_c\) the external peak is completely buried within the tail of the broad internal peak, and a closer inspection shows that a minimal coupling of

\[
g > \sqrt{J\gamma_c}
\]

is required to spectrally resolve the existence of an external bound state. This condition is equivalent to the requirement that the atomic emission rate into the waveguide exceeds the cavity loss rate. Once this condition is fulfilled, we can define strong coupling by the requirement that the separation of the external peak from the band edge, \(\text{Re}[\tilde{E}_+ - 2J]\), exceeds its half width given by \(\text{Im}[\tilde{E}_+]\). Again, for \(\gamma_c \ll 2J\) we obtain

\[
g > 8J^3\gamma_c
\]

as the strong-coupling condition for a resonantly coupled waveguide QED system. Note that since in the present regime the bound states are mainly photonic in nature the atomic decay is relevant only for higher-order corrections.

The second important limit is \(\delta = 2J\), which for \(g/J \ll 1\) also corresponds to the quadratic dispersion relation assumed in studies of photonic bound states near the band edge of a photonic crystal waveguide [29,31–34]. Note that in this regime the initial scaling of the bound-state energy in the absence of losses (\(\gamma_a = \gamma_c = 0\)) is given by

\[
E_+ \simeq 2J + \left( \frac{g^4}{4J} \right)^{1/2},
\]

where the splitting \(\beta = \sqrt{g^4/(4J)}\) can be directly identified with the frequency of coherent atom-photon oscillations at the band edge [34]. In the presence of decay and for \(g < |\gamma_c - \gamma_a|\) we obtain instead the modified result

\[
\tilde{E}_+ \simeq 2J - i \frac{\gamma_a}{2} + \frac{g^2}{2J[\gamma_a - \gamma_c]}(1 \pm i),
\]

where the minus (plus) sign is for the case with \(\gamma_c > \gamma_a\) (\(\gamma_c < \gamma_a\)). This result shows that not only does the presence of loss modify the initial scaling of the bound-state energy, Eq. (28) also predicts that at the band edge and for small \(g\) the atom is critically damped; that is, the coupling-induced losses are of exactly the same magnitude as the coherent shift of the bound-state energy. By increasing the coupling further the imaginary part of the eigenvalue \(\tilde{E}_+\) will eventually saturate at a value \(\tilde{\gamma}/2\) [see Eq. (18)] corresponding to a fully hybridized state. This hybridized regime is reached for coupling strengths

\[
g > \sqrt{J\gamma_a}\]

Under this condition the separation of the bound state from the band edge is then given by \(\beta\), from which we obtain the strong-coupling condition \(\beta > \tilde{\gamma}/2\), or

\[
g > J\sqrt{J\gamma_a}/2.
\]

Figure 5(b) shows a close-up of the atomic spectrum \(S_0(\omega)\) for \(\delta = 2J\) and for three different values of the photon decay, which correspond to the critically damped, intermediate-coupling, and strong-coupling regimes. Note that for \(\delta = 2J\) the internal poles associated with \(L(\omega)\), i.e., \(\omega_1 = 2J - i \frac{\gamma_a}{2J}\) and \(\omega_2 = 2J - i \frac{\gamma_a}{2J} - g^2(1 \pm i)/(2J[\gamma_a - \gamma_c])\), provide an additional background but do not play a significant role.

### D. Localization

For the remainder of this work we are mainly interested in coherent effects, and for the sake of clarity we will only present results for idealized systems where \(\gamma_a = \gamma_c = 0\). Therefore, the validity of these results in particular requires that the strong-coupling conditions identified in Eqs. (25), (26), (29), and (30) are fulfilled in the respective limits. In addition, it is important to emphasize that all the results discussed in this work are based on the model of a perfectly regular cavity array. In real systems disorder in the cavity frequencies or tunnel couplings introduces an additional localization mechanism, even in the absence of the emitters. To estimate this effect we can consider a simple impurity model, where we add an energy offset \(\epsilon\) to one of the lattice sites, \(H_\epsilon \rightarrow H_\epsilon + \epsilon a_\epsilon a_\epsilon\). This model is well known in the literature [58], and it exhibits a purely photonic bound state with a localization length

\[
\lambda_\epsilon = \text{arcsinh}\left(\frac{|\epsilon|}{2J}\right).
\]

This means that random energy offsets of typical strength \(|\epsilon|\) will create bound states that are localized over \(\lambda_\epsilon \sim 2J/|\epsilon|\).
ATOM-FIELD DRESSED STATES IN SLOW-LIGHT . . . PHYSICAL REVIEW A 93, 033833 (2016)

lattices sites. While atom-photon bound states will also exist in such disordered waveguides, all the predictions in this work are based on the assumption that $\lambda_c$ is large compared to the size of the atom-induced bound states $\lambda_{\pm}$. For a more accurate treatment of localization in waveguides, see, for example, Ref. [59] and the supplementary material of [36].

V. MULTIPHOTON DRESSED STATES

While in cavity QED the appearance of a normal-mode splitting (corresponding to the well-known vacuum Rabi frequency) signifies the onset of strong light-matter interactions, the hallmark of a fully quantized radiation coupling lies in the nonlinear scaling of this splitting with the number of excitations, $\sim g^2/N_c$. In this section we will address the properties of multiphoton dressed states to see to what extent this quantum signature prevails in the context of waveguide QED. In contrast to the single-excitation case, the Schrödinger equation $H|\psi\rangle = E|\psi\rangle$ for $N_c > 1$ no longer permits simple analytic solutions, and for exact results one is restricted to numerical methods in real or momentum space [44–46, 48]. In this work we perform such calculations by an approximate variational approach, which provides additional intuition on the nature of the multiphoton dressed states and allows us to evaluate the corresponding bound-state energies for excitation numbers that are no longer trackable by standard numerical methods.

A. Two-photon dressed states

Let us first consider the two-excitation subspace, where a general eigenfunction of Hamiltonian (1) can be written in the form

$$|\phi\rangle = \sum_x b(x)a_1^{|e,0\rangle} + \frac{1}{\sqrt{2}} \sum_{x,y} u(x,y)a_1^{|g,0\rangle}.$$  \hspace{1cm} (32)

By assuming that the atom is located at $x_a = 0$ the inversion symmetry of the Hamiltonian and the bosonic symmetry of the wave function require $u(x,y) = u(y,x)$, $u(-x,y) = u(x,y)$, and $b(-x) = b(x)$. This ansatz leads to the set of coupled equations

$$-J[u(x+1,y) + u(x-1,y) + u(x,y+1) + u(x,y-1)]$$

$$+ \frac{g}{\sqrt{2}} [b(x)\delta_{0,y} + b(y)\delta_{0,x}] = Eu(x,y) \hspace{1cm} (33)$$

and

$$-J[b(x+1) + b(x-1)]$$

$$+ \frac{g}{\sqrt{2}} [u(0,x) + u(x,0)] = Eb(x). \hspace{1cm} (34)$$

These equations, which extend the continuous waveguide [17] case to a discrete model, can be solved numerically, and the resulting eigenvalue spectrum is shown in Fig. 6 together with the single-excitation energy band discussed in Sec. IV A. For our numerical calculations an array of $N = 120$ coupled resonators with periodic boundary conditions has been assumed. In line with the single-excitation case, we observe a band of two-photon scattering states with energies $E \in [-4J, 4J]$. In addition, there are two bands with energies $E \in [E_{\pm} - 2J, E_{\pm} + 2J]$. These bands can be simply interpreted as the combination of a single-atom bound state with energy $E_{\pm}$ and an additional free photon with energy $\omega_c$. Finally, we observe two individual lines at energies $E^{(2)}_{\pm}$ above and below all other states, which represent the true two-photon bound states in the $N_c = 2$ sector.

Before proceeding with a more detailed discussion of the two-photon bound states, let us briefly point out another interesting feature in Fig. 6 in the two-excitation manifold, namely, the overlap region between the continuum of states with a single bound photon (shaded in green) and the two-photon continuum (shaded in purple). In this region, which extends up to a coupling strength of about $g/(2J) \approx 3$, scattering processes of the form

$$|2_{\text{in}}\rangle \leftrightarrow |1_{\text{out}}\rangle |1_{\text{bound}}\rangle \hspace{1cm} (35)$$

are energetically allowed, meaning in particular that scattering processes where two incoming photons evolve into a bound photon and an outgoing one are allowed. Such processes have previously been observed in numerical studies [44–46] and further investigated in Refs. [48, 49]. The energy-level diagram shown in Fig. 6 provides simple energetic arguments to determine under which conditions such processes can occur. Note that all the qualitative considerations so far can be extended to the $N_c$-excitation subspace. For example, the $N_c = 3$ band structure consists of a three-photon continuum of width $12J$, two bands of one bound and two free photons of width $8J$, two bands with two bound and one free photons of width $4J$, two true three-photon bound states, and so on. Therefore, the complete energy spectrum of a single-atom waveguide QED system can be constructed from the knowledge of the $N_c$-photon bound-state energies $E^{(N_c)}_{\pm}$. 

FIG. 6. Sketch of the single- and two-excitation spectrum in a finite-bandwidth waveguide coupled to an atom for $\delta = 0$. See main text for more details.
B. Variational wave function

While the exact eigenstates of the $N_e = 2$ subspace can still be found numerically, we now consider a variational approach through which additional intuition about the nature of two-photon bound states can be obtained. In particular, within the two-excitation subspace, the lower-energy two-photon bound state corresponds to the ground state and can be generically written as

$$|\Psi^{(2)}\rangle = |\cos(\theta)\sigma_x A_1^\dagger - \sin(\theta)B_2^\dagger\rangle |g,0\rangle , \quad (36)$$

where $A_1$ and $B_2$ are single- and two-photon operators, respectively. Based on the discussion in Sec. V A, a suitable ansatz for the two-photon state is

$$B_2^\dagger = \frac{1}{N_\lambda} \hat{a}_x \hat{a}_y , \quad (37)$$

where $\hat{a}_k = \sum_x e^{i x/\lambda} \hat{a}_k^x$ and the normalization constant $N_\lambda$ is chosen such that $\langle 0|B_2 B_2^\dagger |0\rangle = 1$. This two-photon wave packet is an exact solution of the Schrödinger equation for $x, y \neq 0$ with an energy

$$E^{(2)} = -2J \cosh(1/\lambda_1) - 2J \cosh(1/\lambda_2) . \quad (38)$$

For the single-photon operator we demand that the wave function also satisfies the first boundary condition, Eq. (33), at $x = 0$ and $y \neq 0$. This leads to

$$A_1^\dagger = \frac{1}{N_\lambda} \sinh \left( \frac{1}{\lambda_2} \right) \hat{a}_x^\dagger + \sinh \left( \frac{1}{\lambda_1} \right) \hat{a}_y^\dagger , \quad (39)$$

where $N_\lambda$ is again a normalization constant. By using this ansatz we can now find an upper bound for the two-photon bound state by minimizing $E_{\text{var}} = \langle \Psi^{(2)} | H | \Psi^{(2)} \rangle$ with respect to $\theta$ and $\lambda_{1,2}$. To further reduce the parameter space, it is reasonable to assume that the wave-packet size of the first photon $\lambda_1$ is approximately given by the value of $\lambda_\lambda$, which we determined for the single-photon bound state in Sec. IV A. The variational ansatz is then based on the physical picture of a two-photon dressed state consisting of the single-photon dressed state plus an additional photon, which is more weakly bound and thus less localized, $\lambda_\lambda > \lambda_1$. As we will show in more detail in a moment, this ansatz provides very accurate values for the bound-state energies.

C. Multiphoton dressed states

An important aspect of our variational wave-function approach is that it can be extended to higher excitation numbers $N_e$ in a systematic way. To do so we write the wave function for the lowest-energy state within the $N_e$-excitation subspace as

$$|\Psi^{(N_e)}\rangle = |\cos(\theta)\sigma_x A_{N_e-1}^\dagger - \sin(\theta)B_{N_e}^\dagger\rangle |g,0\rangle , \quad (40)$$

Based on arguments analogous to those above, we make the ansatz

$$B_{N_e}^\dagger = \frac{1}{N_\lambda} \hat{a}_x \hat{a}_y \cdots \hat{a}_{\lambda_{N_e}}^\dagger \quad (41)$$

and

$$A_{N_e-1}^\dagger = \frac{1}{N_\lambda} \sinh \left( \frac{1}{\lambda_2} \right) \hat{a}_x^\dagger \cdots \hat{a}_{\lambda_{N_e}}^\dagger \quad (42)$$

where $N_\lambda$, $N_\lambda$, and $N_\lambda$ are chosen to normalize each photonic component of the state. To reduce the variational parameter space, the problem can be solved in an iterative manner, i.e., by using the values of $\lambda_1, \ldots, \lambda_{N_e-1}$ as input for minimizing the energy $E^{(N_e)}$ with respect to $\theta$ and $\lambda_{N_e}$.

Discussion. Figure 7 shows the bound-state energies $E^{(N_e)}$ obtained from our variational approach for up to $N_e = 8$ photons. For $N_e = 2, 3$ these results are compared in the insets with the energies obtained from exact numerical diagonalization in the crossover regime $g/(2J) \sim 1$. The excellent agreement within $\sim 1\%$ (for smaller or larger values of $g$ the agreement is even better) demonstrates that our variational ansatz captures the essential features of the exact wave function.

For $N_e = 1, 2, 3$ the shapes of the individual photonic wave packets associated with the operators $\hat{a}_k^\dagger$ in Eq. (41) are sketched in Figs. 8(a) and 8(b). We see that in particular near the band edge there is a significant difference between $\lambda_1$ and $\lambda_2$, while the differences between $\lambda_{N_e}$ are less pronounced for higher excitation numbers. It should be noted, however, that the variational approach, which is constructed to minimize the energy, is not very sensitive to the exponential decay of the wave function $|0, \ldots, 0, x_{N_e} |\Psi^{(N_e)}\rangle \sim e^{-|x_{N_e}|/\lambda_{N_e}}$. For
asymptotic decay lengths. Here we have set \( \delta = 0 \), and in the weak- and moderate-coupling regimes we define \( \lambda_{nl} \) numerically for the case \( N_e = 2 \). (e) and (f) The atomic population \( p_0 = \cos^2(\theta) \) plotted against \( g/(2J) \) for \( \delta = 0 \) and \( \delta = -2J - 0^+ \), respectively. The dashed line shows the result for \( \lambda \) obtained from the variational calculations, see, for example, Refs. [60–63].

physical effects that rely on more accurate predictions for the exponential decay we can, instead of simply setting \( \lambda_{nl} = \lambda_{N_e} \), make use of the exact energy relation [see Eq. (38) for \( N_e = 2 \)]

\[
\frac{E^{(N_e)}_e}{2J} = \sum_{n=1}^{N_e} \cosh \left( \frac{1}{\lambda_{nl}} \right).
\]

(43)

which is valid at distances far away from the atom. Therefore, from the exact result for \( \lambda_1 \equiv \lambda_N \) and the set of bound-state energies \( E^{(N_e)}_e \) obtained from our variational calculations, one can iteratively apply Eq. (43) to also calculate values for the asymptotic decay lengths \( \lambda_{nl} \). For \( N_e = 2 \) the results of this procedure are shown in Figs. 8(c) and 8(d) and are compared with the asymptotic decay length extracted from the numerical solution of the two-photon wave function \( u(x,y) \). We observe the same general trend as already mentioned above, but at the same time the use of Eq. (43) provides more accurate quantitative results. Finally, in Figs. 8(e) and 8(f) we plot the atomic population of the \( N_e \)-photon bound states, showing the expected increase of hybridization for higher excitation numbers.

From Fig. 7 we see that for large couplings, \( g/(2J) \gg 1 \), the bound-state energies exhibit a splitting from the bare energy by an amount \( \sim \sqrt{N_e} \), characteristic of the scaling in conventional cavity QED [1]. In this limit all bound photons are essentially localized on the atom site, and the single-mode physics is recovered. To characterize the nonlinearity of the spectrum also in the weak- and moderate-coupling regimes we define the nonlinearity parameter

\[
\Delta_{nl}(N_e) = \left| \frac{N_e E^{(1)}_e - E^{(N_e)}_e}{g |N_e - \sqrt{N_e}|} \right|.
\]

(44)

FIG. 8. Sketch of the first three photonic wave functions that appear in the variational ansatz, Eq. (41), for the multiphoton bound states. Here we have set \( g/(2J) = 0.6 \) and (a) \( \delta = 0 \) and (b) \( \delta = -2J - 0^+ \). (c) and (d) The exponential decay length \( \lambda_{nl} \) as a function of \( g \) for \( N_e = 1, 2, \) and 3 photons and for \( \delta = 0 \) and \( \delta = -2J - 0^+ \), respectively. The dashed line shows the result for \( \lambda \) obtained from the variational calculations, see, for example, Refs. [60–63].

VI. DIPOLE-DIPOLE INTERACTIONS BETWEEN DRESSED STATES

Our analysis so far has focused on the bound states forming around a single atom. However, a key element of waveguide QED is the photon-mediated interactions between two or multiple separated emitters. In the weak-coupling regime discussed in Sec. III, we have identified effective dipole-dipole interactions between individual atoms, which can be very long-range and scale as \( U_{ij} \sim g^2/J \). In the following section we are interested in the corresponding interactions between dressed states, which represent the elementary waveguide excitations in the strong-coupling regime. For previous work on bare atom-atom interactions near band structures, see, for example, Refs. [60–63].

A. Two-atom dressed states

We first consider the case of two atoms located at positions \( x_1 \) and \( x_2 \) and focus on the single-excitation subspace, \( N_e = 1 \). In this case the Schrödinger equation can still be solved exactly, and details are summarized in Appendix C. The resulting energy spectrum has up to four solutions with energies \( E_{\pm,e,o} \) outside the waveguide continuum given by the real solutions of

\[
E_{\pm,e} - \delta = \frac{g^2 e^{-|\nu-a|^2}}{E_{\pm,e} \sqrt{1 - \frac{4J^2}{E_{\pm,e}^2}}} \sinh \left( \frac{|\nu-a|^2}{2a} \right)
\]

(45)

for the even-parity states and

\[
E_{\pm,o} - \delta = \frac{g^2 e^{-|\nu-a|^2}}{E_{\pm,o} \sqrt{1 - \frac{4J^2}{E_{\pm,o}^2}}} \cosh \left( \frac{|\nu-a|^2}{2a} \right)
\]

(46)

FIG. 9. The nonlinearity parameter \( \Delta_{nl}(N_e) \) as defined in Eq. (44) is plotted for \( N_e = 2 \) and different atom-photon detunings \( \delta \).

With this definition \( \Delta_{nl}(N_e) \simeq 1 \) implies that the excitation spectrum is as nonlinear as cavity QED under resonance conditions, \( \delta = 0 \), while the opposite limit \( \Delta_{nl}(N_e) \simeq 0 \) indicates a harmonic spectrum. In Fig. 9 we plot \( \Delta_{nl}(N_e = 2) \) for different values of \( g \) and different atom detunings. For higher excitation numbers \( N_e > 2 \) we observe an almost identical behavior (not shown). We see that, as expected, in the strong-coupling limit, \( g \gg |J|,|\delta| \), the waveguide QED system approaches asymptotically the nonlinear behavior of the single-mode Jaynes-Cummings model. As the coupling is reduced \( \Delta_{nl} \) decreases, and the nonlinearity vanishes for couplings \( g/(2J) \lesssim 0.5 \) for \( \delta = 0 \) and for \( g/(2J) \lesssim 1 \) for bound states in the vicinity of the band edge.
for the odd-parity states, where $\lambda \equiv \lambda(E_{e,o})$ has the same energy dependence as in the single-atom case in Eq. (15).

For concreteness and notational simplicity, we restrict the following discussion to the two lower bound states with energies $E_{e,o} < -2J$ below the continuum in the case of $s = e$ or odd ($s = o$) symmetry of the atom-field system. The corresponding eigenstates can be written as

$$|\phi_{s=e,o}\rangle = \frac{1}{\sqrt{2}}[D_1(x_1) \pm D_1(x_2)]|g_1,g_2,0\rangle,$$

where the plus (minus) sign holds for the state with even (odd) symmetry. The dressed-state creation operators $D_{s=e,o}(x_i)$ are defined as

$$D_{s=e,o}(x_i) = \cos(\theta_s)\sigma^+ + \sin(\theta_s)\hat{a}_{s,e}^\dagger(x_i),$$

where $\hat{a}_{s,e}^\dagger(x_i) = \sum e^{-|x-x_i|/\lambda} a_{s,e}$ is an unnormalized photonic creation operator and

$$N_{e,o} = \sqrt{\coth 1/\lambda} \left( 1 \pm e^{-|x-x_i|/\lambda} \right) \pm |x_1-x_2|e^{-|x-x_i|/\lambda},$$

is the corresponding normalization constant [again, the plus (minus) sign holds for the even (odd) state]. The mixing angle $\theta_s$ is given by

$$\cos \theta_s = \left( 1 + \frac{\lambda^2 N_{e,o}^2}{4J^2 \sinh^2 1/\lambda} \right)^{-1/2},$$

which depends on both the bound-state energy and the distance between the atoms.

**Discussion.** Figure 10 shows the dependence of the two-atom dressed-state energies $E_{e,o}$ on the atomic separation $|x_1-x_2|$. For distances which are large compared to $\lambda$ both energies are approximately equal to the single-atom bound state, $E_{e,o} \simeq E_{o,e} \simeq E_{-};$ that is, there are no long-range interactions. At a large but finite separation $|x_1-x_2| \gtrsim \lambda(E_{e,o})$ the photonic wave functions associated with the single-atom bound states start to overlap so as to induce a splitting of the energies such that $E_{e,o} < E_{e,o} < E_{o,o}$. As long as this splitting is still small, the dressed-state dynamics can be described by the Hamiltonian

$$H \approx \sum_{i=1,2} E_{-} D_i^\dagger D_i + \frac{U_{dd}}{2}(D_1^\dagger D_2 + D_1 D_2^\dagger).$$

Here $D_i \equiv D(x_i)$ are the single-atom dressed-state operators introduced in Eq. (12), which in the approximated model in Eq. (51) are treated as independent, i.e., mutually commuting degrees of freedom. Therefore, Hamiltonian (51) describes a dipole-dipole-like coupling between distant dressed states with strength (assuming $\delta = 0$)

$$U_{dd} \simeq J \left( \frac{\cosh 1/\lambda}{1 + \coth^2 1/\lambda} \right) e^{-|x-x_i|/\lambda}.$$

This shows that the long-range interactions occurring in the weak-coupling regime become exponentially localized when $g/(2J) \lesssim 1$, even in the absence of losses.

As the atom-atom separation decreases further, the mutual distortion of the wave packets must be taken into account. As illustrated in Fig. 11, the even bound state, corresponding to the upper level $E_{e,o}$, behaves as an “antibonding” state such that the photon becomes more and more localized between the atoms. In contrast, the odd state, corresponding to the upper level $E_{o,o}$, behaves as a “bonding” state such that the photon becomes more and more delocalized as the atomic spacing decreases. As a result, two regimes must be distinguished. As shown in more detail in Appendices C and D, for $g > g_m$ and $\delta < -2J$, where

$$g_m = 2J \sqrt{1 + \frac{\delta}{2J}},$$

both $E_{e,o}$ and $E_{o,o}$ solutions exist for all $|x_1-x_2| \gtrsim 1$. In the opposite case, $g < g_m$, we find that there is a finite distance $x_m = (g_m/g)^2 > 1$ below which the upper bound state $E_{o,o}$ reaches the band edge and disappears (see Fig. 10).

**FIG. 10.** The bound-state energy levels $E_{e,o}$ (left column) and the corresponding atomic populations $p_a = \cos^2[\theta(E_{e,o})]$ (right column) are plotted as a function of the interatomic distance for the case of two atoms and for three representative values of $g/(2J)$. For all plots $\delta = 0$ is assumed. For comparison, in each panel the dashed line indicates the corresponding bound-state energy or atomic population for a single atom.

**FIG. 11.** Spatial profile of the photonic wave function $u_s(x) = \langle x|\Phi_s\rangle$ corresponding to the even (red solid line) and odd (green dashed line) lower bound states in the case of two atoms for different coupling strengths and interatomic distances. For all plots $\delta = 0$ is assumed.
for the multiautom band, which only differs by a factor $\sqrt{2}$ from the two-atom case $g_m$ given in Eq. (53). For $g > g_m^{(N_a)}$ and $|\delta|/(2J) < 1$, the metaband is separated from the phonic continuum regardless of $\Delta x$. In the opposite case, $g < g_m^{(N_a)}$, a fraction of the dressed-state band disappears in the waveguide continuum; that is, unlike in the usual band structure, only a fraction of the $k$ modes is available.

VII. CONCLUSIONS

In summary, we have analyzed the most essential properties of single-photon, multiphoton, and multiautom dressed-state excitations in a slow-light waveguide QED setup. Our results provide both a qualitative and quantitative description of the basic linear and nonlinear optical processes in this system and intuitively explain and connect various effects that have been previously described in different limiting cases. We have derived the necessary requirements that are needed to observe atom-photon bound states under realistic experimental conditions, which can be achieved, for example, with state-of-the-art superconducting circuits [9–12]. More importantly, our analysis of nonlinear and multiautom effects can serve as a starting point to further explore the complexity of waveguide QED systems when the regime beyond a few excitations is considered.

Note added. Recently, a closely related work on multiphoton bound states in waveguide QED systems by T. Shi et al. [64] appeared.

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APPENDIX A: MASTER EQUATION

In this Appendix we outline the derivation of the master equation (4) in the weak-coupling limit $g/J \to 0$. Starting from Hamiltonian (1), we change to an interaction picture with respect to $H_0 = \sum_i \omega_a |e_i \rangle \langle e_i| + H_c$, and we obtain the atom-field interaction Hamiltonian

$$H_{int}(t) = \frac{g}{\sqrt{N}} \sum_{i=1}^{N_a} [\sigma^+ \sigma^+ \sigma_i E(x_i,t) e^{i\omega_a t} + \sigma_i^+ E^+(x_i,t) e^{-i\omega_a t}],$$

where

$$E(x,t) = \frac{1}{\sqrt{N}} \sum_k e^{-i\omega_a t} e^{ikx} a_k$$

is the field operator at site $x$ and $k = 2\pi m/N$, with $m = -N/2, -N/2 + 1, \ldots, N/2 - 1$. The field operators obey the

\[E(x,t) = \frac{1}{\sqrt{N}} \sum_k e^{-i\omega_a t} e^{ikx} a_k\]
commutation relations
\[ [E(x,t), E^\dagger(x',t')] = \Phi(x - x', t - t'), \]
where
\[ \Phi(z, \tau) = \frac{1}{N} \sum_k e^{-izk}e^{-i\omega k\tau} \]
\[ = \frac{e^{-i\omega \tau}}{N} \sum_{n=0}^{N-1} e^{-i2\pi \tau N/n} e^{i2J \cos(2\pi n/N) \tau} \]
\[ = \frac{e^{-i\omega \tau}}{N} \sum_{n=0}^{N-1} e^{-i2\pi \tau N/2} \sum_{m=-\infty}^{\infty} i^m J_m(2J \tau) e^{i2\pi m n/N} \]
\[ = e^{-i\omega \tau} |z| J_0(2J \tau). \]
(A4)

Up to second order in \( g \) and by performing the usual Born-Markov approximation [65], we end up with a time-local master equation governing the time evolution of the atom's reduced density operator
\[ \dot{\rho}(t) = -\int_0^\infty d\tau \text{Tr}_c[\{[H_{\text{int}}(t), [H_{\text{int}}(t - \tau), \rho_c \otimes \rho(t)]\}], \]
where in the absence of any driving fields \( \rho_c = |0\rangle\langle 0| \) is the vacuum state of the waveguide modes. The master equation can be expressed in the form
\[ \dot{\rho} = \sum_{ij} A_{ij}(\sigma^j / \rho \sigma^i_+ - \sigma^i_+ / \rho \sigma^j) + A_{ij}^\dagger(\sigma^j / \rho \sigma^i_+ - \rho \sigma^j_+ / \sigma^i), \]
(A6)

where
\[ A_{ij} = g^2 \int_0^\infty d\tau \Phi(x_i - x_j, \tau) e^{i\omega \tau} \]
\[ = g^2 \int_0^\infty d\tau \Phi(x_i - x_j, \tau) e^{i\gamma c \tau/2} \]
\[ = g^2 |x_i - x_j| \int_0^\infty d\tau J_{[x_i - x_j]}(2J \tau) e^{-i(\frac{\tau}{2} - i\delta)\tau} \]
(A7)

and the cavity decay rate \( \gamma_c \) appears through the replacement \( \omega_c \rightarrow \omega_c - i\gamma_c/2 \). The final integral can now be evaluated with the help of
\[ \int_0^\infty d\tau J_m(a\tau)e^{-b\tau} = \frac{1}{\sqrt{a^2 + b^2}} \left( \frac{a}{b + \sqrt{a^2 + b^2}} \right)^m, \]
and we obtain
\[ A_{ij} = \frac{g^2 e^{K[x_i - x_j]}}{\sqrt{4J^2 - (\delta + i\frac{\tau}{2})^2}}, \]
(A9)

where \( K \) is given in Eq. (7). Finally, since \( A_{ij} = A_{ji}^\dagger \), we can regroup the individual terms into the form given in Eq. (4), where we identify \( \Gamma_{ij} = 2\text{Re}\{A_{ij}\} \) and \( U_{ij} = 2\text{Im}\{A_{ij}\} \).

The derivation of the master equations relies on the validity of the Born-Markov approximation, which requires that the kernel in Eq. (A7) either decays faster or oscillates faster than the system evolution time set by the coupling \( g \). For a single atom this condition is satisfied as long as \( g \ll |\tilde{\gamma}_c(\delta)| \), and by assuming in addition that \( \gamma_c \ll |\tilde{\gamma}_c(\delta)| \), we can also add to \( \Gamma_{ij} \) the bare atomic decay, without influencing the coupling to the waveguide.

For multiple atoms the Bessel function \( J_{[x_i - x_j]}(2J \tau) \) reaches its maximum at a finite time
\[ \tau \approx \frac{|x_i - x_j|}{2J}, \]
(A10)

which reflects the minimal time it takes a photon to propagate between the atoms. More generally, for the validity of a time-local master equation for \( N_a \) atoms with spacing \( \Delta x \) we must ensure that the maximal retardation time \( \tau_R \sim (N_a - 1)\Delta x / |\tilde{\gamma}_c(\delta)| \) is short compared to the system evolution determined by the single-atom spontaneous-emission time \( \Gamma^{-1} \) with \( \Gamma = 2g^2 / |\tilde{\gamma}_c(\delta)| \) [see Eqs. (10) and (A9)]. This yields
\[ g \ll \frac{|\tilde{\gamma}_c(\delta)|}{\sqrt{(N_a - 1)\Delta x}} \]
(A11)
as a slightly more stringent condition for large systems. See also Refs. [23,66].

APPENDIX B: SINGLE-PHOTON BOUND STATES WITH A SINGLE ATOM

In this Appendix we review the derivation of the eigenvalue equation (11) for the bound states in the case \( N_a = 1 \) and a single atom located at position \( x_a \). In particular, this will provide the basis to derive the analogous results in the multiatom case. In a frame rotating with frequency \( \omega_c \), Hamiltonian (1) can be expressed in the momentum space as
\[ H = -J \sum_k \cos(k) a_k^\dagger a_k + \sum_{n=1}^{N_a} \delta|e_n\rangle\langle e| \]
\[ + \frac{g}{\sqrt{N}} \sum_{n=1}^{N_a} (a_k^\dagger a_n e^{ikx_k} + a_k a_n^\dagger e^{-ikx_k}). \]
(B1)

A state in the single-excitation sector has the form (we set \( \sigma_\pm = \sigma^\dagger_\pm \))
\[ |\phi\rangle = \left( b \sigma_+ + \sum_k c_k a_k \right)|g,0\rangle. \]
(B2)

Plugging this ansatz into the Schrödinger equation \( H|\phi\rangle = E|\phi\rangle \) yields the coupled equations
\[ b(E - \delta) = \frac{g}{\sqrt{N}} \sum_k c_k e^{-ikx_k} \]
\[ c_k(E + 2J \cos k) = \frac{g}{\sqrt{N}} b e^{ikx_k}. \]
(B3)

Using the second equation to eliminate \( c_k \) in the first one, we end up with
\[ E - \delta = \Sigma_1(E), \]
(B4)
where the self-energy \( \Sigma_1(E) \) (in the continuous limit) is given by
\[ \Sigma_1(E) = \frac{1}{2\pi} \int_{-\pi}^{\pi} dk \frac{g^2}{E + 2J \cos k} = \frac{g^2}{E \sqrt{1 - \frac{4J^2}{E^2}}}, \]
(B5)

where in the last identity we calculated the integral explicitly using \( |E| > 2J \) [58]. Replacing the self-energy in Eq. (B4), we end up with Eq. (11) in the main text. This equation has
two real solutions $E_{<}$, where $E_{<}$ (E_{<}) lies above (below) the continuum $E \in [-2J, 2J]$. The corresponding bound states can be worked out with the help of Eq. (B3) as

$$|\phi_{\pm}\rangle = b(E_{\pm}) \left[ \sigma_{\mp} + \frac{1}{\sqrt{N}} \sum_{k} \frac{g e^{i k x_{a}}}{E_{\pm} + 2J \cos k} a_{k}^{\dagger} \right]|g, 0\rangle,$$

where, using the fact that the state must be normalized,

$$b(E) = \left( 1 + \frac{g^{2}}{E^{2}(1 - 4J^{2}/E^{2})} \right)^{-\frac{1}{2}}. \quad \text{(B7)}$$

In the real space, the bound state reads

$$|\phi_{\pm}\rangle = b(E_{\pm}) \left[ \sigma_{\mp} + \frac{g \sum_{s} e^{i (\mp 1)^{s+1} x_{a}} e^{-i |x_{a}|} a_{k}^{\dagger}}{E_{\pm} \sqrt{1 - 4J^{2}/E^{2}}} \right]|g, 0\rangle.$$  \text{(B8)}

Exploiting again the normalization of $|\phi_{\pm}\rangle$, one eventually ends up with Eq. (12) defined in terms of the photonic operators $a_{k}^{\dagger}$ and the mixing angle $\theta$ defined in Eqs. (13) and (14), respectively.

**APPENDIX C: SINGLE-PHOTON BOUND STATES WITH MANY ATOMS**

For $N_{a} = 1$, but considering multiple atoms, the bound states can be derived by exploiting the mirror symmetry of the system. For the sake of argument, here we focus on bound states below the continuum, i.e., such that $E < -2J$ [67]. In accordance with the mirror symmetry, we define the pair of collective atomic operators

$$S_{s=\mp} = \sum_{n=1}^{N_{a}} (-1)^{n+1} \sigma_{-}^{n}, \quad \text{(C1)}$$

where the plus (minus) sign holds for $s = e$ ($s = o$). In the case $N_{a} = 2$, the operators (C1) reduce to the (unnormalized) symmetric and antisymmetric combinations of $\sigma_{-}^{1}$ and $\sigma_{-}^{2}$. Based on this definition, here we look for bound states of the form

$$|\phi_{\pm}^{(N_{a})}\rangle = \left( b S_{\pm}^{1} + \sum_{k} c_{k} a_{k}^{\dagger} \right)|g, \ldots, g, 0\rangle.$$  \text{(C2)}

If $N_{a} > 2$, the bound states defined in Eq. (C2) are those whose energies form the borders of the dressed-state metabands (see Fig. 12). Imposing the requirement that the ansatz (C2) be an eigenstate of Hamiltonian (B1) with eigenvalue $E$ yields an eigenvalue equation analogous to Eq. (B4) with the self-energy now given by

$$\Sigma_{s}(E) = \sum_{n=1} \frac{(1)^{n+1}}{2\pi} \int_{-\pi}^{\pi} \frac{g^{2} e^{i k(x_{a} - x_{a})}}{E + 2J \cos k} \text{d}k$$

$$= \Sigma_{1}(E) f_{N_{a},s}(E), \quad \text{(C3)}$$

where $\Sigma_{1}(E)$ is the single-atom self-energy in Eq. (B5) and

$$f_{N_{a},s}(E) = \sum_{n} (\pm 1)^{n+1} e^{-i |x_{a}|} e^{-i |x_{a}|}, \quad \text{(C4)}$$

with $\lambda = \lambda(E)$ being the same energy function as in Eq. (15). We introduced the atomic position $x_{a}$ that set the choice of placing the atomic ensemble in the array. As in the one-atom case, in deriving the last identity of Eq. (C3) we used $E < -2J$ to calculate the integral over $k$ through standard methods [58].

The self-energy, and hence the eigenvalue equation, is thus determined by the function $f_{N_{a},s}(E)$ in Eq. (C4). We will analyze this function now in more detail for the paradigmatic cases $N_{a} = 2$ and $N_{a} \gg 1$, which are the cases considered in Sec. VI.

1. Two atoms

For $N_{a} = 2$ and choosing $x_{a} = x_{1}$, Eq. (C4) simply yields

$$f_{2,e} = e^{-\Delta x \sinh \frac{\Delta x}{2\lambda}}, \quad f_{2,o} = e^{-\Delta x \cosh \frac{\Delta x}{2\lambda}} \quad \text{(C5)}$$

for the even- and odd-parity states, respectively (recall that $\Delta x = |x_{1} - x_{2}|$). This provides the self-energy and thus the eigenvalue equation for the energies $E_{\pm}$ (see Eq. (C3)). The corresponding bound states can be derived in terms of $E_{\pm}$ in a way essentially analogous to that in Appendix B. For bound states below the continuum, this gives

$$|\phi_{\pm}\rangle = b(E_{\pm}) \left[ \sigma_{\mp} \pm \frac{\lambda}{\Delta_{1}x} \sum_{n \geq 2} \frac{g e^{i k(x_{1} - x_{2})}}{E_{\pm} + 2J \cos k} a_{k}^{\dagger} \right]|g_{1}, g_{2}, 0\rangle.$$  \text{(C6)}

where function $b(E)$ follows from the normalization constraint and reads

$$b(E) = \left( 2 + \frac{g^{2} N_{a}^{2} \sinh \frac{\Delta x}{2\lambda}}{2J^{2}} \right)^{-\frac{1}{2}}, \quad \text{(C7)}$$

with $N_{a}$ defined by Eq. (49). In position space, state (C6) reads

$$|\phi_{\pm}\rangle = b(E_{\pm}) \left[ \sigma_{\mp} \pm \frac{\lambda}{\Delta_{1}x} \sqrt{\frac{\sqrt{1 - 4J^{2}/E_{\pm}^{2}}}{E_{\pm}}} \right] \sum_{n \geq 2} \frac{g e^{i k(x_{1} - x_{2})}}{E_{\pm} + 2J \cos k} a_{k}^{\dagger} |g_{1}, g_{2}, 0\rangle.$$  \text{(C8)}

In analogy with the single-atom case, one can arrange such bound states in the form (47) in terms of the polaritonic operators (48) and the mixing angle (50).

Regarding bound states above the band, one can follow an analogous reasoning by taking into account the different definition of operators $S_{s}$ [67]. While this affects the expression of the bound states, namely, the counterparts of Eqs. (C6) and (C8), Eq. (C3) for the self-energy turns out to be unaffected. The self-energies (C3) thereby hold both above and below the continuum.

At this time, we also mention that, while our approach based on the collective atomic operators (C1) is devised so as to easily tackle the $N_{a} \gg 1$ limit, in the $N_{a} = 2$ case an
equivalent method would be to block diagonalize $H$, with the blocks corresponding to even- and odd-parity sectors of the entire single-excitation Hilbert space (including the field). In the even (odd) subspace, the problem is reduced to an effective single atom coupled to the cosine-shaped (sine-shaped) field modes. This approach was followed in Ref. [68], where, however, the authors focused only on bound states in the continuum (BIC) [69]. The effective Hamiltonian in each parity-definite subspace differs from the Fano-Anderson model in Eq. (B1) (case $N_α = 1$) in that the atom-mode couplings are $k$ dependent. Such a “colored” Fano-Anderson model was first investigated in Ref. [70] in the case of sine-shaped couplings.

2. $N_α \gg 1$ atoms

In the limiting case of a very large number of equispaced atoms, $N_α \gg 1$, function (C4) can be written in a compact form by setting $x_α = x_{N_α/2}$ [71] since it reduces to a geometric series. By expressing in Eq. (C4) each atomic position as $x_α = x_a + (n - N_α/2)Δx$, we end up with

$$f_{N_α \geq 1, o} = \coth \left( \frac{Δx}{2Δ} \right), \quad f_{N_α \geq 1, o} = \tanh \left( \frac{Δx}{2Δ} \right), \quad (C9)$$

which provides the eigenvalue equation for the bound states $|φ^{(N_α \geq 1)}\rangle$. We confirmed numerically that the metaband-edge levels (see Fig. 12) for growing $N_α$ converge to the numerical solutions of the eigenvalue equation $E = -Δ(E) f_{N_α \geq 1, o}(E)$. Specifically, above the continuum ($E > 2J$) the solution for $s = e$ ($s = o$) gives the upper (lower) metaband edge, while below the continuum $s = e$ ($s = o$) corresponds to the lower (upper) metaband edge.

APPENDIX D: MULTIAATOM BOUND STATES

Here we address a number of properties of the multiatom bound-state levels in the case $N_α = 2$ and $N_α \gg 1$, with the goal of proving the salient features of the energy spectra in Figs. 10 and 12 discussed in the main text.

1. $N_α = 2$

As discussed in Appendix C, the bound-state levels are the solutions of the equation $E - Δ = Δ_α(E)$ in the domain $|E| > 2J$. Using Eqs. (C3), (C5), and (15), the self-energy function explicitly reads

$$Σ_α(E) = \frac{-g^2}{E \sqrt{1 - \frac{4J^2}{E^2}}} \left[ 1 + \left( \frac{|E|}{2J} - \frac{|E|}{2J} \sqrt{1 - \frac{4J^2}{E^2}} \right) \frac{1}{|x_1 - x_2|} \right], \quad (D1)$$

where as usual the plus (minus) sign holds for $s = e$ ($s = o$). The corresponding expression for $E < -2J$ follows straightforwardly from the fact that $Σ_α(E)$ is an odd function of $E$.

Below the continuum, i.e., for $E < -2J$, both $Σ_α(E)$ and $Σ_α(E)$ monotonically decrease with $E$ [see Eq. (D1)]. Thereby, if the value taken by the linear function $y = E - Δ$ at $E = -2J$ lies above $Σ_α(-2J)$, then a single bound state (for fixed $s$) of energy $E_{-s} < -2J$ certainly occurs. This condition thus explicitly reads $-2J - Δ > Σ_α(-2J)$. This is always fulfilled for $s = e$ given that $Σ_α(2J) = -∞$. Instead, for $s = o$, by calculating $Σ_α(-2J) = -g^2/|x_1 - x_2|/(2J)$ [see Eq. (D1) for $E = -2J^\dagger$], the above condition results in

$$g > \frac{2J \sqrt{1 + \frac{Δ}{2Δ}}} {\sqrt{|x_1 - x_2|}} = \frac{g_m}{Δ}, \quad (D2)$$

where $g_m$ is the same as in Eq. (53). Hence, as discussed in Sec. VI, both $E_{-e}$ and $E_{-o}$ solutions exist for any interatomic distance when $g > g_m$. If, instead, $g < g_m$, at the critical distance $|x_1 - x_2| = (g_m/g)$ the solution $E_{-o}$ merges with the continuum, i.e., $E_{-o} = -2J$, and it no longer exists for $|x_1 - x_2| < x_m$ (see Fig. 10). Moreover, note that in light of the geometrical criterion given above, if $E_{-e}$,o exists, then $E_{+e}$,o > $E_{-e}$,o since $Σ_α(E) > Σ_α(E)$ [see Eq. (D1)]. Equation (D2) holds for $Δ > -2J$. For $Δ \leq -2J$, $E_{-e}$,o always exists since $-2J - Δ$ is positive while $Σ_α(2J)$ is negative anyway.

As for bound states above the continuum, a similar reasoning can be carried out. Recalling that $Σ_α(E) = -Σ_α(E)$, we have $Σ_α(2J) = g^2/|x_1 - x_2|/(2J)$ and $Σ_α(2J) = +∞$, with both functions $Σ_α(E)$ monotonically decreasing with $E$ for $E > 2J$. The condition for the existence of a bound state will now read $2J - Δ < Σ_α(2J)$. Again, it is always fulfilled when $s = e$ since $Σ_α(2J)$ diverges to $+∞$. Instead, for $s = o$ the threshold condition for $Δ < 2J$ reads

$$g > \frac{2J \sqrt{1 + \frac{Δ}{2Δ}}} {\sqrt{|x_1 - x_2|}} \quad (D3)$$

which is analogous to Eq. (D2) but with the replacement $Δ \to -Δ$ in the expression of $g_m$. For $Δ > 2J$ both levels $E_{±e}$ exist. Moreover, since now $Σ_α(E) < Σ_α(E)$, we have $E_{±e} < E_{±e}$. To summarize, outside the continuum, a pair of bound states of even symmetry and energies $E_{±e}$ always exist, one above and one below the photonic band. At most two additional odd-symmetry bound states of energies $E_{±o}$ may be present as well, depending on the values of $g$, $|x_1 - x_2|$, and $Δ$. Note that, for $|Δ| < 2J$, the critical coupling strengths appearing in Eqs. (D2) and (D3) are different, which means that three cases are possible: $E_{±e}$ exists while $E_{±o}$ does not (or vice versa), $E_{±o}$ both exist, and $E_{±o}$ both do not exist. Combining together Eqs. (D2) and (D3), the conditions for these three cases to occur, for $|Δ| \leq 2J$, read

$$g > \frac{2J \sqrt{1 + \frac{Δ}{2Δ}}} {\sqrt{|x_1 - x_2|}} \quad \text{both } E_{±e} \text{ and } E_{±o} \text{ exist}, \quad (D4)$$

$$\frac{2J \sqrt{1 + \frac{Δ}{2Δ}}} {\sqrt{|x_1 - x_2|}} < g < \frac{2J \sqrt{1 + \frac{Δ}{2Δ}}} {\sqrt{|x_1 - x_2|}} \quad \text{only } E_{sgn(Δ), o} \text{ exists}, \quad (D5)$$

$$g < \frac{2J \sqrt{1 + \frac{Δ}{2Δ}}} {\sqrt{|x_1 - x_2|}} \quad \text{neither } E_{±e} \text{ nor } E_{±o} \text{ exists}. \quad (D6)$$

2. $N_α \gg 1$

The analysis for $N_α \gg 1$ proceeds similarly to that for the $N_α = 2$ case. The explicit self-energy functions $Σ_{e\rightarrow o}(E)$ are obtained from Eqs. (C3), (C9), and (15). Like in the two-atom case, $Σ_α(E) > Σ_α(E) \left[ Σ_α(E) < Σ_α(E) \right]$ for $E > 2J$ ($E < -2J$), with $Σ_α(E)$ diverging to $+∞$ and $-∞$ for $E \rightarrow$
(2J)\(^+\) and E \(\rightarrow (-2J)^-\), respectively. Instead, \(\Sigma_c(\pm 2J) = \pm g^2 \Delta \chi / (4J)\). Accordingly, the same geometrical criterion as in the previous section entails that the conditions for the existence of \(E_{\pm o}\) and \(E_{-o}\) are the same as in Eqs. (D2) and (D3), respectively, apart from the factor \(\sqrt{2}\) on either right-hand side. The same factor thereby appears in Eqs. (D4)–(D6), which are now interpreted as the conditions for establishing whether neither [Eq. (D4)], only one [Eq. (D5)], or both [Eq. (D6)] of the metabands merge with the photonic band.

For $N_a > 1$, there may also exist localized bound states of energy $|E| \leq 2J$, so-called bound states in the continuum (BIC; see Refs. [68–70]), with a wave function that is localized between the atoms due to destructive interference.


Above the band, the reasoning is analogous, but an extra phase factor $(-1)^{|x_n-x_a|}$ needs to be included in the definition of the collective operators (C1), i.e., $\Sigma = \sum_n (\pm 1)^{|x_n-x_a|}(-1)^{|x_n-x_a|}\sigma^n$.


An analogous reasoning can be made if $N_a$ is odd.