

# A coupled plasticity-damage cohesive-frictional interface for low-cycle fatigue analysis

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## Abstract

A novel thermodynamically consistent cohesive-frictional model for the analysis of interface degradation and failure under either monotonic quasi-static loading or cyclic loading in low-cycle fatigue problems is proposed.

Starting from the definition of a suitable Helmholtz energy density function, a phenomenological interface model is developed in the framework of plasticity and damage mechanics. In particular, a coupled plasticity-damage activation function is defined and employed together the consistent evolution rules to capture the evolution of damage and plasticity under the action of the external loads. Due to the specific features of such threshold and flow rules, the initiation and accumulation of damage under monotonic increasing loads is captured and accompanied by negligible plastic evolution, allowing to approximate pure damage-based cohesive laws. On the other hand, coupling associative plasticity and damage evolution allows linking the interface degradation in low-cycle fatigue processes to plastic hysteresis, on the basis of the phenomenological assumption that no infinite plastic flows may happen without microstructural transformation leading to loss of load bearing capability. The model also embodies a smooth transition from an initially cohesive to a residual frictional interface behaviour, governed by a Coulomb frictional activation function.

The developed formulation has been implemented and assessed for individual interfaces, highlighting consistent phenomenological behaviour. It has been then applied to the analysis of delamination and de-bonding in composite test cases, showing accuracy against experimental data and confirming its potential.

*Keywords:* Cohesive zone modelling; Low-cycle fatigue analysis; Damage; Elastic-plastic cohesive-frictional interface; Composite bonding

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## 1. Introduction

Material degradation under cyclic loading is encountered in several engineering applications and it is often the main cause of functional or structural failure [1, 2]: typically, under such loading conditions, structural components may fail, after a certain number of cycles  $N$ , at levels of stress well below the static strength. In common engineering practice, the design of mechanical systems undergoing repeated loads is often carried out, still today, by employing semi-empirical relationships linking some loading parameters (e.g. mean load, load amplitude, etc.) to the maximum number of cycles  $N_f$  the considered component can withstand before failure, then identifying the concept of *fatigue life*. Examples of such semi-empirical approaches are those based on the employment of Goodman-type diagrams, Whöler S-N curves, or Basquin's power laws, see e.g. Ref.[1].

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33 Although useful for design purposes, such empirical approaches require extensive testing and  
34 calibration and do not provide any description of the damage accumulated within the considered  
35 mechanical element. More recent approaches to fatigue analysis are based on the incorporation of  
36 concepts and tools from *continuum damage mechanics* (CDM) [3, 4, 5, 6] and/or *fracture mechanics*  
37 (FM) [7] into the analysis, which allow capturing the initiation and evolution of damage or predicting  
38 the propagation of existing cracks within the component under the action of cyclic loadings: *safe*  
39 *life* or *damage tolerant* design methodologies have been developed for example in the automotive  
40 and aerospace sectors starting from such phenomenological techniques. CDM and FM approaches  
41 to fatigue are typically based, respectively, on the employment of Peerlings degradation laws [8] or  
42 extensions of the Paris law [9].

43 The classical dichotomy between CDM- and FM-based approaches, which would entail a certain  
44 difference between crack initiation and crack propagation problems, has been reconciled within  
45 the framework of Cohesive Zone Modelling (CZM) [10] that, in his basic form, is now a well  
46 developed methodology for the analysis of damage initiation, de-cohesion and fracture processes over  
47 predefined surfaces. CZM is based on the representation of the mechanical interaction between two  
48 solids through traction-separation relationships that model the physical behaviour of the interface  
49 itself, which in general is the seat of complex physical phenomena related to the initiation, evolution  
50 and coalescence of damage; as mentioned, in its basic form, CZM is particularly suitable for the  
51 representation of processes evolving over pre-defined interfaces and it is then well suited and has  
52 been extensively employed for investigating the failure of bonded joints or the delamination of  
53 composite laminated components in the aerospace industry [11, 12, 13]. More recently however,  
54 more complex frameworks based on CZM have been developed to investigate crack initiation and  
55 propagation in continuum materials [14] or micro-structured materials [15, 16, 17, 18].

56 Several kinds of cohesive interface models have been developed in the literature and specific  
57 attention has been focused on the assessment of thermodynamic consistency. In Ref.[19] potential-  
58 based and non-potential-based models have been analysed, highlighting some non consistent phys-  
59 ical behaviours for the latter ones, with negative dissipation or repulsive normal traction under  
60 mixed mode delamination. The behaviour of some traction separation laws under mixed-mode  
61 loading is analysed also in Refs.[20, 21]. In Ref. [22] a thermodynamically consistent model, based  
62 on the definition of a Helmholtz free energy functional, is defined as the evolution of the *van den*  
63 *Bosch et al* model [23]. In Ref.[24] a thermodynamically consistent cohesive-frictional formulation  
64 has been proposed, with a higher value fracture toughness associated with mode II than mode I,  
65 motivated with the presence of friction; cohesive laws with different mode I and mode II fracture  
66 energies have been presented also in Refs.[25, 26, 27]. The thermodynamic consistency of the po-  
67 tential based model proposed in [28] has been investigated in [20]. The influence of friction on the  
68 mode II dissipation energy has been experimentally analysed under cycling loading in Ref.[29], it  
69 has been numerically simulated with a cohesive-frictional interface model in Refs.[30, 31], modified  
70 in refs.[26, 27] by suggesting the use of two independent values of fracture energies and extended in  
71 Ref.[32, 33] to large displacement analysis. An analytical solution for the mode II fracture energy  
72 in the 4ENF test with frictional effects has been developed in Ref.[34]. The frictional behaviour  
73 has been modelled in Ref.[35] through an elastic-plastic interface model in a multi-scale computa-  
74 tional strategy for the analysis of masonry structures, and a coupled damage-plasticity model has  
75 been proposed in Ref.[36]. The interface damage law has been recently developed in an hybrid  
76 equilibrium based formulation in [37, 38] and in a multi-physics framework in [39, 40, 41].

77 The present study focuses on the development of a cohesive-frictional interface model for the  
78 analysis of low-cycle fatigue problems. Several works have been devoted to the analysis of interfaces

79 undergoing cyclic loads: Nguyen *et al.* [47] considered the interface stiffness degradation in the re-  
80 loading branch of the loading cycle, but it did not include it in a damage framework; Roe and  
81 Siegmund [48] adapted for cyclic loading analysis the law proposed by Needleman in Ref.[49]; Yang  
82 *et al.* [50] proposed to consider damage as a function of the accumulated plastic shear strain; Oller  
83 *et al.* [51] developed a CDM-based approach to fatigue analysis, linking the damage threshold  
84 to the number of cycles. Martinez *et al.* [52] addressed ultra-low-cycle fatigue problems using  
85 a plastic damage model where damage is linked to a strain softening parameter accounting for  
86 the volumetric fracture energy dissipated by the material; Carrara and De Lorenzis [53] proposed  
87 a coupled damage-plasticity formulation for the analysis of interfaces under cyclic shear loads,  
88 envisaging damage evolution only at the unloading plastic process; Carrata *et al.* [54] developed a  
89 phase-field approach for the analysis of fatigue in brittle materials, relating the material degradation  
90 to a cumulative history variable. Bocciarelli [55] proposes a pure damage model based on a free  
91 energy function governing the interface behaviour under monotonic load. The behaviour under  
92 cyclic loads is modelled with damage increments in the reloading branches and damage healing,  
93 or crack retardation, in the unloading ones. Neither damage activation conditions nor dissipation  
94 functions are considered.

95 The cohesive zone approach was employed in Ref.[56] for high-cycle fatigue analysis of structural  
96 adhesives. In this approach the cyclic accumulation of damage is modelled by a degradation function  
97 that does depend on the number of cycles, does not depend on the cycle amplitude, and it entails  
98 an interface strength reduction. Such formulation is not thermodynamically consistent; it was  
99 developed for and applied to pure mode I loading, it was modified in Ref.[57] for fatigue analysis  
100 under pure mode II loading and in Ref.[58] for mixed mode crack growth. In Ref.[59] the fracture  
101 process zone ahead of the crack tip was modelled by means of cohesive laws from which the energy  
102 release rate and the stress intensity factor were evaluated. The interface was kinematically modelled  
103 by the XFEM and the fatigue crack propagation was described by the Paris equation, which assumes  
104 the crack growth rate as a function of the stress intensity factor range in the cyclic load.

105 Most of the available approaches to low-cycle fatigue degradation are not developed within a  
106 thermodynamic framework and the definition of a Helmholtz free energy and the actual dissipation  
107 related to material degradation are neither defined nor estimated. Indeed, in most low-cycle formu-  
108 lations, cyclic degradation is often modelled resorting to Peerling-like laws [60], as a function of the  
109 cycle stress amplitude, mean stress and number of loading cycles, but no specific thermodynamically  
110 consistent evolution laws, functions of the state variables in the loading cycle, are employed.

111 In this work, novel thermodynamically consistent cohesive laws are proposed, starting from  
112 a suitably defined Helmholtz free energy function, where the material behaviour is governed by a  
113 point-wise set of state variables (plastic deformation, damage, internal variables, etc.). The traction  
114 components, the evolution of plastic and damage variables and the relevant constitutive equations  
115 are derived following the classical Coleman and Noll procedure [61]. The model satisfies the second  
116 law of thermodynamic so that dissipation is null for any elastic loading process and it is non-negative  
117 for any loading path involving plastic or damage increments.

118 The interface formulation proposes an original interpretation of the *micro-mechanical* behaviour  
119 of bonded materials, which undergo strength and stiffness degradation when the applied stress cy-  
120 cles below the material strength. Such an interpretation postulates a close relationship between  
121 plastic hysteretic dissipation and material irreversible degradation. This relationship is based on the  
122 observation that no solid material can dissipate energy without limits and that the plastic hysteretic  
123 dissipation produces also micro-mechanical bond breaking with the relevant strength and stiffness  
124 degradation. Such a complex behaviour has been phenomenologically modelled in the framework of

125 coupled damage and plasticity, in a thermodynamic consistent formulation satisfying the first and  
126 second laws of thermodynamics: the approach differs from formulations that assume semi-empirical  
127 traction-separation relationships without any reference to thermodynamic consistency, which may  
128 result in unrealistic energy dissipation profiles. The relationship between cyclic degradation, ener-  
129 getic dissipation and fatigue life has been experimentally observed and reported in several works,  
130 see e.g. Refs.[62, 63].

131 In the literature, other authors have proposed energetically consistent formulations for fatigue  
132 problems. A consistent model for high-cycle fatigue life prediction of metallic materials was proposed  
133 e.g. in Ref[64]: it considers two different sets of internal variables, one set related with the reversible  
134 behaviour, such as plasticity, and the other one governing the irreversible evolution of damage; the  
135 cumulative damage is defined as a function of the dissipation and of the number of cycles  $N$ . Another  
136 consistent model for fatigue life prediction is proposed in Ref.[65], which is based on the Helmholtz  
137 free energy function. The damage evolution is defined in a rate form, as an exponential function of  
138 its conjugate variable, that is the energy release rate. Moreover, an energy-based model, but not  
139 developed in a thermodynamic framework, is proposed in Ref.[66], which accounts for the effects of  
140 mean stress and strain on the fatigue life of superelastic materials. However, the above-mentioned  
141 references are specifically addressed to *high-cycle* fatigue analysis and the evolution of damage  
142 is explicitly linked to the number of cycles  $N$ , which appears as an independent variable in the  
143 formulation. On the contrary, the novelty of the proposed formulation consists in the development  
144 of a framework for cycle-by-cycle analysis which is simultaneously thermodynamically consistent  
145 and employs a single set of material parameters for addressing the analysis of *both* monotonic *and*  
146 cyclic load cases.

147 The paper is organised as follows. The thermodynamically consistent formulation is described in  
148 Section 2, where the details about the damage activation and evolution rules, the plastic flow acti-  
149 vation and evolution and the hysteretic coupling between plasticity and damage evolution are given.  
150 The formulation is then tested in Section 3, where the behaviour and degradation of an individual  
151 interface under monotonic and cyclic loads is assessed and discussed, before the application of the  
152 developed tool to the analysis of two case studies involving *a*) the de-bonding of a composite sheet  
153 glued to a concrete block and *b*) the analysis of delamination growth in a carbon/epoxy composite  
154 in a double cantilever beam test. A short summarising discussion about the proposed model, the  
155 obtained results and possible future extensions are reported in Section 4, before the *Conclusions*.

## 156 2. Coupled plasticity-damage frictional interface model

157 The present Section is devoted to the theoretical derivation of the proposed elastic-plastic  
158 cohesive-frictional law with irreversible damage evolution for interfaces undergoing cyclic mixed-  
159 mode loading.

### 160 2.1. Thermodynamic framework

161 The proposed model represents the interface progressive degradation employing a non-associative  
162 flow rule for damage evolution within the context of continuum plasticity theory and continuum  
163 damage mechanics. CDM is a widely employed framework for cohesive interfaces, as it provides  
164 suitable concepts and methods for the representation of de-cohesion and fracture processes [67, 68,  
165 69, 42, 44]. Several cohesive interface models, see e.g. Refs.[70, 30, 36, 71, 45], are based on the  
166 classical definition of a scalar damage variable  $\omega$  as

$$\omega := \frac{dS_c}{dS} = \frac{dS - dS_s}{dS} \quad (1)$$

167 where, in the neighbourhood of a generic point,  $dS$  is a measure of the reference *pristine* interface  
 168 and  $dS_c$  represents the interface *failed* or *cracked* fraction.

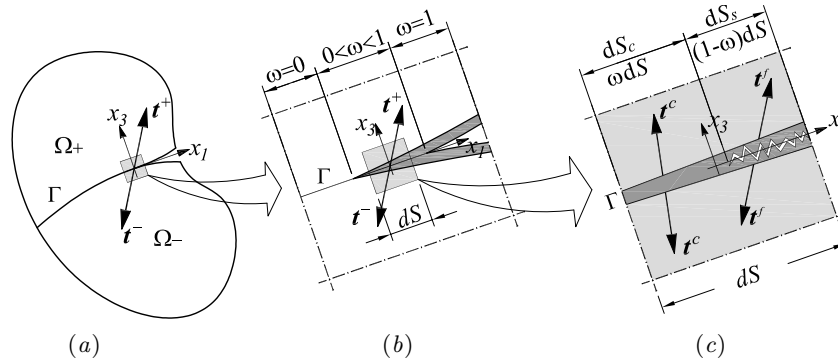


Figure 1: (a) Tractions  $\mathbf{t}$  at the interface  $\Gamma$  connecting the solid domains  $\Omega_+$  and  $\Omega_-$ ; (b) *Process zone* with damage  $0 < \omega < 1$  between the pristine zone with  $\omega = 0$  and the cracked zone with  $\omega = 1$ ; (c) *Mesoscale* model of a Representative Interface Element with its decomposition into the pristine and cracked fractions,  $dS_s$  and  $dS_c$ , highlighting the relevant cohesive and frictional tractions,  $\mathbf{t}^c$  and  $\mathbf{t}^f$ .

169 The cohesive-frictional behaviour is modelled in the same *mesoscale* constitutive framework  
 170 as that proposed by the Authors in Refs.[30, 26, 27] and represented in Fig.1, where cohesive  
 171 interface behaviour, with traction  $\mathbf{t}^c$ , is assumed over the residual sound region  $dS_s = dS - dS_c$   
 172 while frictional contact behaviour, with traction  $\mathbf{t}^f$ , is assumed over the cracked region  $dS_c$ . The  
 173 proposed formulation also models the progressive transition from the initial cohesive behaviour  
 174 of the pristine interface up to the residual frictional one of the fully damaged interface, to avoid  
 175 pathological mechanical discontinuities, as discussed for example in Ref.[43].

176 In cohesive zone formulations, complete delamination and fracture are modelled by fully dam-  
 177 aged interfaces, where  $\omega = 1$  and two new surfaces exhibiting frictional contact behaviour are  
 178 created; the full damage condition may also be employed to represent pre-existing cracks. On the  
 179 other hand, the crack *initiation* phase is modelled by the evolution of the so called *process zone*,  
 180 where the damage variable evolves within the interval of values  $0 < \omega < 1$ , as represented in Fig.(1).  
 181 In the pristine condition,  $\omega = 0$  over the whole interface  $\Gamma$ ; under either monotonic or cyclic loading,  
 182 damage within the process zone evolves and the process zone itself extends; cracks form when and  
 183 where the full damage or failure condition  $\omega = 1$  is attained within the process zone and the cracks  
 184 propagate as the failed regions extend.

185 In cohesive zone modelling the de-cohesion process evolves along pre-determined zero-thickness  
 186 interfaces, so that the kinematic variable adopted to quantify, in the surrounding of a generic  
 187 interface point  $P$ , the separation of the solids meeting at the interface itself is the *displacement*  
 188 *jump* vector, defined as

$$\mathbf{u} := \llbracket \mathbf{u} \rrbracket = \mathbf{u}^+ - \mathbf{u}^-, \quad (2)$$

189 where  $\mathbf{u}^+$  and  $\mathbf{u}^-$  are the displacements of the two physical points  $P^+$  and  $P^-$ , belonging to the  
 190 conventionally defined upper (+) and lower (-) faces of the opening interface and coinciding with  
 191 the same point  $P$  in the pristine condition.

192 In this work, both an *extrinsic* cohesive law, in which the initial rigid response of the interface  
 193 is replaced, upon the attainment of a certain threshold, by an elastic-plastic response with damage

194 evolution, and an equivalent *intrinsic* counterpart have been implemented and assessed. The for-  
 195 mulation is based on the assumption of a moving *endurance* surface in the space  $\{t_1, t_2, t_3\}$  of the  
 196 traction components, such that no material degradation under cyclic loading takes place for traction  
 197 states within such surface. With the aim of developing the formulation within a thermodynamically  
 198 consistent framework, the following Helmholtz free energy density function per unit surface

$$\psi(u_i, \alpha_i, \omega) := \frac{1-\omega}{2\omega} \left[ K_i \langle u_i - u_i^p \rangle_n^2 + C_i \alpha_i^2 \right] + \frac{1}{2} K_i^f \left( u_i - u_i^p \delta_{i3} - u_i^f \right)^2 \quad i = 1, 2, 3 \quad (3)$$

199 is introduced, see e.g. Refs.[72, 26, 27], which plays the role of a potential with respect to exter-  
 200 nal and internal state variables. In Eq.(3), the Einstein's summation convention is assumed,  $u_i$  are  
 201 displacement jump components, being  $u_3 = u_n$  the normal component,  $u_i^p$  identify residual displace-  
 202 ment components at the interface upon complete un-loading, which can be considered as plastic  
 203 components in the interface deformation process,  $u_i^f$  are frictional relative displacements,  $K_i$  denote  
 204 elastic stiffness components,  $K_i^f$  are frictional stiffness components,  $C_i$  are hardening coefficients  
 205 and  $\alpha_i$  are kinematic hardening variables governing the position of the endurance surface. The fric-  
 206 tional kinematic components  $u_i^f$  represent both the relative sliding displacements between the two  
 207 faces of the damaged interface subjected to frictional tractions and their separation displacement,  
 208 with associated null frictional traction, under opening conditions. The kinematic internal variables  
 209  $u_i^p$ ,  $u_i^f$  and  $\alpha_i$  are all assumed to be null in the initial pristine status. Additionally the operators

$$\langle f_i \rangle_n := \begin{cases} f_i & i = 1, 2 \\ \langle f_i \rangle_+ & i = 3 \end{cases} \quad (4)$$

210 have been employed, with the aim of accounting for the difference between the behaviour of the  
 211 interface under tensile or compressive normal traction, where the Macaulay brackets  $\langle \cdot \rangle_+$  select  
 212 the positive part of their argument, and  $\delta_{i3}$  denotes the Kronecker operator selecting the normal  
 213 component.

214 Thermodynamic consistency with the second principle is enforced by the Clausius-Duhem in-  
 215 equality

$$\dot{D} = t_i \dot{u}_i - \dot{\psi} \geq 0, \quad (5)$$

216 which states the non-negativeness of the mechanical energy dissipation density. Considering the  
 217 specific expression of  $\psi$  in Eq.(3), upon expansion of the term  $\dot{\psi}$ , Eq.(5) yields

$$\dot{D} = \left( t_i - \frac{\partial \psi}{\partial u_i} \right) \dot{u}_i - \frac{\partial \psi}{\partial \omega} \dot{\omega} - \frac{\partial \psi}{\partial u_i^p} \dot{u}_i^p - \frac{\partial \psi}{\partial u_i^f} \dot{u}_i^f - \frac{\partial \psi}{\partial \alpha_i} \dot{\alpha}_i \geq 0. \quad (6)$$

For purely elastic processes, the absence of damage evolution  $\dot{\omega} = 0$ , of plastic evolution  $\dot{u}_i^p = \dot{u}_i^f = \dot{\alpha}_i = 0$  and of dissipation  $\dot{D} = 0$  implies

$$t_i := \frac{\partial \psi}{\partial u_i} = \frac{1-\omega}{\omega} K_i \langle u_i - u_i^p \rangle_n + K_i^f \left( u_i - u_i^p \delta_{i3} - u_i^f \right) \quad (7)$$

$$t_i^c := -\frac{\partial \psi}{\partial u_i^p} = \frac{1-\omega}{\omega} K_i \langle u_i - u_i^p \rangle_n \quad \text{with } t_3^c \geq 0 \quad (8)$$

$$t_i^f := \frac{\partial \psi}{\partial u_i^f} = K_i^f \left( u_i - u_i^p \delta_{i3} - u_i^f \right) \quad \text{with } t_3^f \leq 0 \quad (9)$$

218 which define the *cohesive* traction components  $t_i^c$  (with  $t_3^c \geq 0$ ) as the conjugate variable of the  
 219 elastic deformations  $u_i^e = \langle u_i - u_i^p \rangle_n$  and the *frictional* traction components  $t_i^f$  (with  $t_3^f \leq 0$ ) as  
 220 the conjugate variable of the frictional elastic deformations  $u_i^{fe} = u_i - \langle u_i^p \rangle_c - u_i^f$  for the residual  
 221 frictional strength.

222 In the normal frictional component  $t_3^f := \partial\psi/\partial u_3^f = K_3^f (u_3 - u_3^p - u_3^f)$  in Eq.(9), the positive  
 223 plastic deformation governs the continuous transition from the cohesive tensile traction to the  
 224 compressive traction of the contact-closing condition, for both the pristine and damaged interface.  
 225 The normal frictional traction component is neglected in the normal cohesive component  $\partial\psi/\partial u_3^p =$   
 226  $\frac{1-\omega}{\omega} K_3 \langle u_3 - u_3^p \rangle_n + K_3^f (u_3 - u_3^p - u_3^f)$  in Eq.(8), thanks to the position of positive normal cohesive  
 227 traction and negative frictional one. Moreover, the assumed plastic activation condition, which will  
 228 be discussed in Section 2.3, states the increment of normal plastic deformation only for positive  
 229 cohesive normal traction, so that the frictional traction cannot produce dissipation for any increment  
 230 of the plastic deformation, that is  $t_i^f \dot{u}_i^p = 0$ .

Eqs.(7–9) state the internal equilibrium  $\mathbf{t} = \mathbf{t}^c + \mathbf{t}^f$  between the representative interface element  
 and its pristine and cracked fractions and are defined under the assumption of null frictional traction  
 under tensile normal loading. The absence of frictional response under tensile loading is implied not  
 only by Eq.(9), but it is also required by the frictional-contact activation condition defined in Section  
 2.5. Summarising, the proposed cohesive–frictional model defines a pure cohesive behaviour under  
 tensile normal loading and a combined cohesive–frictional behaviour under compressive normal  
 loading, that is

$$\begin{aligned}
 \mathbf{t} &= \mathbf{t}^c & \text{for } t_3 \geq 0, \\
 \mathbf{t} &= \mathbf{t}^c + \mathbf{t}^f & \text{for } t_3 < 0.
 \end{aligned} \tag{10}$$

231 Moreover, the normal component is purely cohesive in tensile traction, i.e.  $t_3 = t_3^c$  for  $t_3 > 0$ ,  
 232 and it is purely frictional in compressive loading, that is  $t_3 = t_3^f$  for  $t_3 < 0$ . Consistently, the  
 233 constitutive model prevents the development of compressive plastic deformation ( $u_3^p < 0$ ), which  
 234 would erroneously entail the interpenetration of the two solids at the interface.

235 For dissipative processes, thermodynamic consistency dictates

$$\dot{D} = Y\dot{\omega} + t_i^c \dot{u}_i^p + t_i^f \dot{u}_i^f - t_i^0 \dot{\alpha}_i \geq 0, \tag{11}$$

236 obtained from Eq.(6) upon defining the *energy release rate*

$$Y := -\frac{\partial\psi}{\partial\omega} = \frac{1}{2\omega^2} \left[ K_i \langle u_i - u_i^p \rangle_n^2 + C_i \alpha_i^2 \right], \tag{12}$$

237 and the *traction hardening components*  $t_i^0$

$$t_i^0 := \frac{\partial\psi}{\partial\alpha_i} = \frac{1-\omega}{\omega} C_i \alpha_i, \tag{13}$$

238 which provides the overall set of state equations. The presence of only positive normal components  
 239 in Eq.(12), induced by the operator  $\langle \cdot \rangle_n$ , makes damage activation independent of the compressive  
 240 component.

241 Eq.(11) identifies different contributions to the total dissipation  $\dot{D}$ : the contribution  $Y\dot{\omega}$ , ener-  
 242 getically related to damage evolution; the term  $t_i^c \dot{u}_i^p$ , linked to the occurrence of plastic mechanisms;

243 the term  $t_i^f \dot{u}_i^f$ , coming from frictional strength; eventually, the term  $t_i^0 \dot{\alpha}_i$  energetically emerging  
 244 from interfacial microstructural re-organisation during kinematic plastic hardening.

245 The thermodynamic consistency of the proposed constitutive model with interface cyclic degra-  
 246 dation is assured through specific activation conditions, with relevant flow rules under which the  
 247 modelled non-linear processes produce positive dissipation. Pure damage evolution, plastic damage  
 248 evolution and frictional sliding evolution are triggered by the following conditions:

- 249 • A pure damage activation condition, which initiates interface softening when the limit strength  
 250 is attained;
- 251 • An elastic-plastic activation condition, couples with damage evolution, which governs plastic  
 252 flow and interface stiffness and strength degradation;
- 253 • A Coulomb frictional contact condition, which represents the onset of frictional sliding of the  
 254 partially or fully damaged interface.

255 Such activation conditions and the mechanics of the related processes are described in the next  
 256 Sections.

## 257 2.2. Damage evolution modelling

258 The activation of pure damage at an interface is governed by the activation function

$$\phi_d = \frac{Y}{Y_0} - 1 \leq 0, \quad (14)$$

259 where  $Y_0$  denotes a constant energy threshold defined by

$$Y_0 = \frac{1}{2} K_n^{-1} t_n^d{}^2, \quad (15)$$

260 where  $K_n = K_3$  represents an interface normal stiffness-like term and  $t_n^d$  is the interface *cohesive*  
 261 *tensile strength* in the case of pure damage, when no plastic processes are activated.

For pristine materials the definition of energy release rate given in Eq.(12) would be indetermi-  
 nate, being  $\omega = 0$ . However, such formal indeterminacy can be overcome by inverting Eq.(8) and  
 expressing  $Y$  as a function of the traction components, as

$$Y = \frac{1}{2(1-\omega)^2} \left[ K_i^{-1} t_i^c{}^2 + C_i^{-1} t_i^0{}^2 \right], \quad (16)$$

and the damage activation function as

$$\phi_d = \frac{1}{(1-\omega)^2} \left[ K_i^{-1} t_i^c{}^2 + C_i^{-1} t_i^0{}^2 \right] \frac{K_n}{t_n^d{}^2} - 1 \leq 0, \quad (17)$$

262 which allows identifying, in the traction space  $\{t_1, t_2, t_3\}$ , a domain of admissible stress states whose  
 263 boundary identifies the damage limit surface  $\phi_d = 0$ : points *within* such surface correspond to *un-*  
 264 *loading* or *re-loading* interface conditions, with no associated damage evolution, while points *on*  
 265 the boundary may be associated, when specific flow rules are fulfilled, to *loading* conditions, with  
 266 subsequent interface damage-softening. It is worth observing that, the energy release rate in Eq.(16)  
 267 ) can also be expressed in terms of the so called *effective stress/traction*  $\tilde{t}_i = t_i^c / (1 - \omega)$  and the



268 damage activation function in Eq.(17) can be written as function of the effective stress, as classically  
 269 done in CDMs [5].

270 The damage variable plays the role of an isotropic softening parameter: from the geometric point  
 271 of view, while increasing from the initial pristine condition  $\omega = 0$ , it acts by progressively reducing  
 272 the size of the damage limit surface  $\phi_d = 0$  in the tractions space  $\{t_1, t_2, t_3\}$ , up to collapsing it into  
 273 the origin of the reference frame when the interface failure condition  $\omega = 1$  is attained, see Fig.(2).

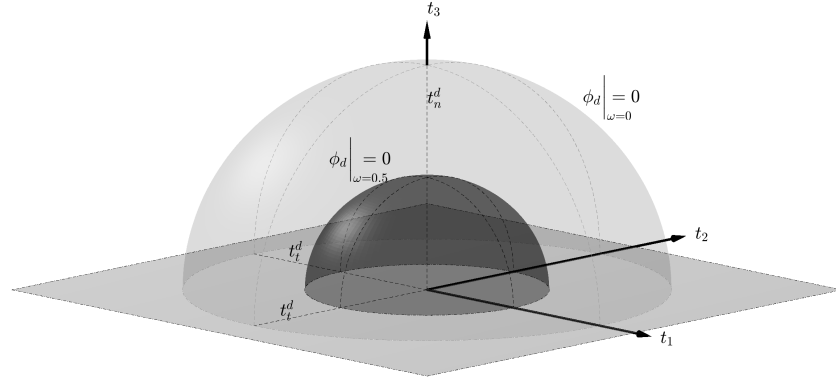


Figure 2: Graphical representation of the damage limit surface  $\phi_d = 0$  in the semi-space of tensile traction  $\{t_1, t_2, t_3\}$ , both for the case of pristine interface status,  $\omega = 0$ , and for a damaged condition corresponding to  $\omega = 0.5$ .

274 Under increasing monotonic loads, the interface behaves elastically as long as  $\phi_d < 0$ , while  
 275 pure damage evolution initiates when the threshold condition  $\phi_d = 0$  is met, with the following  
 276 associated flow rule

$$\dot{\omega} = \frac{\partial \phi_d}{\partial Y} \dot{\lambda}_d = \frac{\dot{\lambda}_d}{Y_0}, \quad (18)$$

277 and loading/un-loading/re-loading relationships

$$\dot{\lambda}_d \geq 0, \quad \phi_d \dot{\lambda}_d = 0, \quad \dot{\phi}_d \dot{\lambda}_d = 0, \quad (19)$$

278 where  $\dot{\lambda}_d$  is the damage multiplier. The corresponding damage-induced dissipation can be evaluated  
 279 considering that  $\dot{\omega} > 0$  only if  $\phi_d = 0$ , thus implying

$$\dot{D}_d = Y \dot{\omega} = \dot{\lambda}_d \geq 0, \quad (20)$$

280 which confirms the unconditioned positiveness of the dissipation rate for any damage increment,  
 281 being  $\dot{D}_d = 0$  only if  $\dot{\lambda}_d = 0$ .

282 In the absence of plastic evolution, being  $u_i^p = 0$  and  $\alpha = 0$ , the proposed cohesive model results  
 283 in a bilinear response, analogous to that associated with pure damage models in the literature.  
 284 Employing into Eq.(14) the expression of  $Y$  provided by Eq.(16), in the case of pure mode I de-  
 285 bonding, being  $t_n^c = t_n \geq 0$  and  $t_t^c = t_t = 0$  and thus considering a pure cohesive behaviour, yields

286

$$\phi_d = \frac{1}{(1 - \omega)^2} \left( \frac{t_n}{t_n^d} \right)^2 - 1 = 0 \quad \Rightarrow \quad t_n = (1 - \omega)t_n^d, \quad (21)$$

287 which describes the loading softening branch of the cohesive law and confirms the value of  $t_n = t_n^d$   
 288 as the traction threshold for damage activation for a pristine interface,  $\omega = 0$ . On the other hand,  
 289 feeding into Eq.(14) the expression of  $Y$  given in Eq.(12), yields

$$\phi_d = \frac{1}{\omega^2} \left( \frac{K_n u_n}{t_n^d} \right)^2 - 1 = 0 \quad \Rightarrow \quad \omega = \frac{K_n u_n}{t_n^d}, \quad (22)$$

290 which provides the *critical opening displacement jump*  $u_n^d = t_n^d / K_n$  at complete de-cohesion, when  
 291  $\omega = 1$ . In pure mode II, with  $t_t^c = t_t > 0$ ,  $t_t^f = 0$  and  $t_n = 0$ , evaluating the activation condition  
 292 in Eq.(14) through Eq.(16) for  $Y$  and enforcing  $\omega = 0$ , allows identifying the *tangential strength*  
 293  $t_t^d = t_n^d \sqrt{K_t / K_n}$ , i.e. the threshold traction value for pure tangential loading. Viceversa, assuming  
 294  $\omega = 1$  in the activation condition, Eq.(14), evaluated employing Eq.(12), allows identifying the  
 295 *critical sliding displacement jump* as  $u_t^d = t_n^d / \sqrt{K_n K_t} = u_n^d \sqrt{K_n / K_t} = t_t^d / K_t$  for pure mode II  
 296 failure.

297 The expressions of the critical displacement jumps, for both pure mode I and II, define the  
 298 parameters  $K_n$  and  $K_t$  appearing in the extrinsic formulation: although in extrinsic formulations,  
 299 for which the response of the pristine interface is rigid, such terms may not be associated with  
 300 a physical initial interface stiffness, their presence cannot be neglected in a thermodynamically  
 301 consistent framework, as they provide a consistent definition of the energy release rate, i.e. the  
 302 damage conjugate variable, and the relevant damage activation and evolution rules. On the other  
 303 hand, the proposed extrinsic formulation can be straightforwardly recast and implemented in an  
 304 intrinsic form, as detailed in Appendix A.

305 From the above relationships, it can be deduced that the same fracture toughness is associated  
 306 with pure mode I and mode II failures, being  $G_I = \frac{1}{2} t_n^d u_n^d = \frac{1}{2} t_t^d u_t^d = G_{II}$ . However, different values  
 307 of  $G_I$  and  $G_{II}$  could be considered within the considered framework by re-formulating the proposed  
 308 damage model in a non-associative form, as done e.g. in Ref.[27], where two/three independent  
 309 damage variables are considered for two/three-dimensional problems.

310 It is worth noting that the activation function  $\phi_d$  governs static damage evolution at the interface  
 311 limit strength, whereas cyclic degradation is accounted for by plastic hysteresis, governed by a  
 312 different activation function, as it will be described in Section 2.3.

### 313 2.3. Elastic-plastic-damage evolution modelling

314 The interface degradation under cyclic loading is modelled resorting to a cohesive law with plastic  
 315 hysteresis and associated damage. The hysteretic accumulation of damage is proposed to represent  
 316 cyclic interface degradation related to complex dissipative mechanisms, such as crystallographic  
 317 slip, frictional interactions between asperities, micro-cracking initiation etc.

318 Plastic hysteresis and the induced stiffness and strength degradation are modelled in the frame-  
 319 work of associative damage and plasticity by introducing, in the space  $\{t_1, t_2, t_3\}$ , the coupled  
 320 plastic-damage activation condition

$$\phi_p(t_i^c, t_i^0, Y) := \sum_{i=1}^3 \left( \frac{t_i^c - t_i^0}{r_i} \right)^2 - 1 + a \left( \frac{Y}{Y_0} \right)^m \leq 0, \quad (23)$$

321 where  $0 < a < 1$  is a plasticity-damage coupling parameter and the parameter  $m > 0$  governs the  
 322 interface fatigue life.

323 The elastic-plastic limit condition  $\phi_p = 0$  identifies the *endurance surface*, represented in the  
 324 space  $\{t_1, t_2, t_3\}$  in Fig.(3), for the case of a pure elastic-plastic model with no coupling between

325 plasticity and damage,  $a = 0$ , by an ellipsoid with principal semi-axes  $r_1$ ,  $r_2$  and  $r_3$  and centroid  $\mathbf{t}^0$ .  
 326 In the figure, the endurance surface is represented both for the case of positive normal traction, when  
 327 the interface traction components coincide with the cohesive tractions ( $t_i = t_i^c$ ), and for negative  
 328 normal traction,  $t_3 < 0$ , when the cohesive normal component is forced to be vanish,  $t_3^c = 0$ .

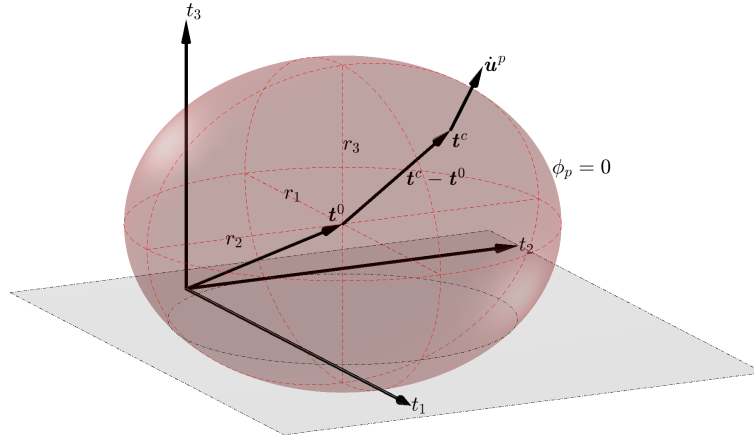


Figure 3: Graphical representation of the endurance surface in the space  $\{t_1, t_2, t_3\}$  in the case of pure elastic-plastic behaviour ( $a = 0$ ). The surface is an ellipsoid with principal semi-axes  $r_1$ ,  $r_2$  and  $r_3$  and centroid  $\mathbf{t}^0$ . The latter one governs the kinematic hardening. Plastic and kinematic hardening evolution takes place ( $\dot{\mathbf{u}}^p \neq 0$ ) only when the current traction vector  $\mathbf{t}$  lies over the surface  $\phi_p = 0$ .

The evolution of the plastic and damage variables is governed by the following associative flow rules

$$\dot{u}_i^p = \frac{\partial \phi_p}{\partial t_i^c} \dot{\lambda}_p = 2 \frac{t_i^c - t_i^0}{r_i^2} \dot{\lambda}_p, \quad (24)$$

$$\dot{\alpha}_i = -\frac{\partial \phi_p}{\partial t_i^0} \dot{\lambda}_p = 2 \frac{t_i^c - t_i^0}{r_i^2} \dot{\lambda}_p, \quad (25)$$

$$\dot{\omega} = \frac{\partial \phi_p}{\partial Y} \dot{\lambda}_p = \frac{am}{Y_0} \left( \frac{Y}{Y_0} \right)^{m-1} \dot{\lambda}_p, \quad (26)$$

329 with the associated loading/un-loading/re-loading conditions

$$\dot{\lambda}_p \geq 0, \quad \phi_p \dot{\lambda}_p = 0, \quad \dot{\phi}_p \dot{\lambda}_p = 0, \quad (27)$$

330 where  $i = 1, 2, 3$  and  $\dot{\lambda}_p$  is the plastic multiplier.

331 Neither plastic hysteresis nor damage evolution is activated by stress states associated with  
 332 points within the surface itself, for which  $\phi_p(t_i^c, t_i^0, \omega) < 0$ . The employment of tensile normal  
 333 tractions in Eq.(23) prevents the development of plastic deformations under compressive loading.  
 334 Cohesive laws are often assumed to be isotropic in the tangential plane  $\{t_1 t_2\}$  so that  $r_1 = r_2 = r_t$ ,  
 335  $K_1 = K_2 = K_t$ ,  $C_1 = C_2 = C_t$  and  $r_3 = r_n$ ,  $K_3 = K_n$ ,  $C_3 = C_n$ . In the case of fully isotropy, it  
 336 follows that  $r_i = r$ ,  $K_i = K$ ,  $C_i = C$ , for  $i = 1, 2, 3$ .

337 The proposed formulation models only non-negative normal plastic deformation. In fact, under  
 338 the assumptions of null initial plastic deformation and hardening variables, i.e.  $u_i^p = 0$  and  $\alpha_i = 0$

339 at  $t = 0$ , Eqs.(24-25) show that the kinematic hardening variables coincide with the plastic defor-  
 340 mation, that is  $u_i^p = \alpha_i$ . Once the normal plastic deformation and normal hardening variables are  
 341 or become zero,  $u_3^p = \alpha_3 = 0$ , Eq.(13) implies  $t_3^0 = 0$ , i.e. a null value of the normal static hardening  
 342 variable. Thus, due to the assumption of non-negative cohesive traction normal component,  $t^c \geq 0$ ,  
 343 Eqs.(24-25) enforce non-negative increments of normal plastic deformation

$$\dot{u}_3^p = \dot{\alpha}_3 \geq 0 \quad \text{for } u_3^p = \alpha_3 = 0. \quad (28)$$

344 Moreover, neither plastic deformation nor damage degradation is influenced by compressive normal  
 345 tractions.

346 By substituting Eqs.(15-16) into Eq.(26), the damage rate  $\dot{\omega}$  can be expressed in terms of the  
 347 traction components. For an interface subjected to cyclic tangential tractions only, with no normal  
 348 stress ( $t_n = 0$ ), the behaviour is purely cohesive ( $t_t = t_t^c$ ) and the damage rate assumes the form

$$\dot{\omega} = \frac{am}{Y_0} \left[ \left( \frac{1 - \omega_0}{1 - \omega} \right)^2 \frac{t_t^2 + t_t^{02} K_t / C_t}{t_t^{d2}} \right]^{m-1} \dot{\lambda}_p \quad (29)$$

349 where the hardening component  $t_t^0$  can be considered as the mean stress of the loading cycle. The  
 350 integration of the damage rate over the loading cycle yields an expression for the value of the  
 351 damage increment per cycle analogous to the expressions used e.g. in Refs.[73, 74] to model fatigue  
 352 life in a continuum damage model.

353 Considering that the flow rules imply  $\dot{u}_i^p = \dot{\alpha}_i \neq 0$  and  $\dot{\omega} > 0$  only if  $\phi_p = 0$ , it is possible to  
 354 estimate the dissipation  $\dot{D}_{pd} = \dot{D}_p + \dot{D}_d$  associated with the plasticity-damage activation employing  
 355 Eqs.(24-26) into Eq.(11), which yields

$$\dot{D}_p = 2 \sum_{i=1}^3 \left( \frac{t_i^c - t_i^0}{r_i} \right)^2 \dot{\lambda}_p \geq 0, \quad \dot{D}_d = am \left( \frac{Y}{Y_0} \right)^m \dot{\lambda}_p \geq 0, \quad (30)$$

356 which show the unconditioned positiveness of the dissipation rates for any plastic-damage increment,  
 357 being both plastic and damage dissipations  $\dot{D}_d = \dot{D}_d = 0$  only if  $\dot{\lambda}_p = 0$ , and positive otherwise.

#### 358 2.4. Coupled elastic-plastic and damage limit conditions

359 The use of the elastic-plastic endurance surface allows associating a defined damage evolution  
 360 with the cyclic process, both in the loading and in the un-loading branches of the loading cycles.  
 361 Material softening is triggered by the fulfillment of *both* the damage *and* elastic-plastic activation  
 362 conditions,  $\phi_d = 0$  and  $\phi_p = 0$ . This state is represented in Fig.(4) in the case of tensile normal  
 363 traction with pure cohesive behaviour, i.e. for  $t_i^c = t_i$ .

364 The plastic deformation and kinematic hardening still evolve according to Eqs.(24-25), while  
 365 the damage progress is now governed by the sum of the two terms in Eqs.(18) and (26), that is

$$\dot{\omega} = \frac{\partial \phi_p}{\partial Y} \dot{\lambda}_p + \frac{\partial \phi_d}{\partial Y} \dot{\lambda}_d = \frac{am}{Y_0} \left( \frac{Y}{Y_0} \right)^{m-1} \dot{\lambda}_p + \frac{1}{Y_0} \dot{\lambda}_d \geq 0, \quad (31)$$

366 whereas the loading/un-loading/re-loading conditions are

$$\begin{aligned} \dot{\lambda}_p &\geq 0, & \phi_p \dot{\lambda}_p &= 0, & \dot{\phi}_p \dot{\lambda}_p &= 0, \\ \dot{\lambda}_d &\geq 0, & \phi_d \dot{\lambda}_d &= 0, & \dot{\phi}_d \dot{\lambda}_d &= 0. \end{aligned} \quad (32)$$

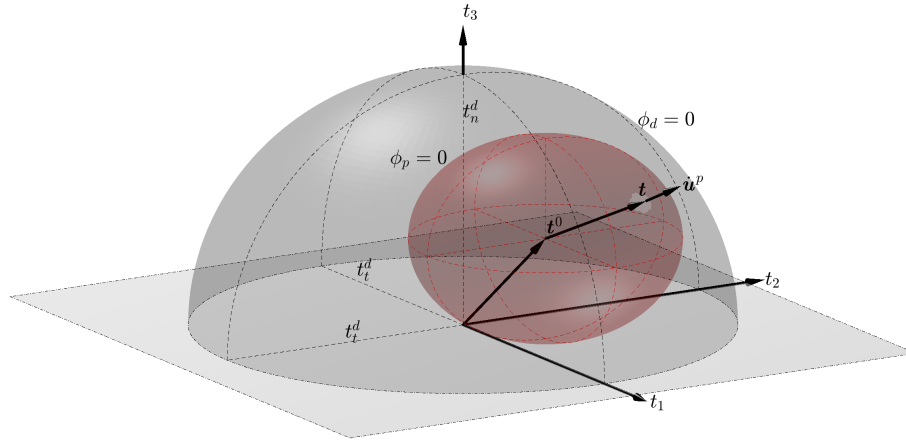


Figure 4: Graphical representation of both the endurance surface  $\phi_p = 0$  and the damage limit surface  $\phi_d = 0$  in the traction space  $\{t_1, t_2, t_3\}$  for positive normal component. The fulfillment of the two activation conditions is represented by the tangent condition of the two surfaces at the current traction  $\mathbf{t}$  and it governs the material softening.

367 The plastic dissipation  $\dot{D}_p$  associated with the activation of the limit conditions is still defined  
 368 by Eq.(30), while the damage dissipation is given by the sum of two different contribution as

$$\dot{D}_d = am \left( \frac{Y}{Y_0} \right)^m \dot{\lambda}_p + \dot{\lambda}_p \geq 0, \quad (33)$$

369 which again confirms the unconditioned positiveness of the dissipation rates and show that  $\dot{D}_d =$   
 370  $\dot{D}_p = 0$  only if  $\dot{\lambda}_d = \dot{\lambda}_p = 0$ . Moreover, while in the pure damage model the fracture toughness  
 371  $G_I$  coincides with the amount of damage dissipation in a complete de-cohesion process, in the  
 372 coupled plasticity-damage model such condition is not verified and the damage dissipation is path  
 373 dependent. Therefore, in a monotonic loading process, damage dissipation is nearly coincident with  
 374 the assumed fracture toughness  $G_I = G_{II}$ , whereas in a cyclic loading process the total damage  
 375 dissipation at failure (complete debonding) is generally lower than fracture toughness.

376 A direct relationship between energy dissipation and fatigue life has been assumed in Refs.[62, 63]  
 377 with the dissipation measured in terms of temperature variation on the surface specimen during the  
 378 cyclic load. Recently the fatigue life was experimentally predicted in Ref.[75] by the measurement  
 379 of the energy consumption of an external heat source, which simulate the temperature profile of  
 380 a specimen experiencing cyclic fatigue test. In the proposed formulation, the fatigue life is not  
 381 strictly related to the mechanical dissipation, but the dissipation is positive for any plastic or  
 382 damage increment and it can be correctly evaluated for any loading path.

383 Some considerations about the behaviour of the coupled plasticity-damage model under mono-  
 384 tonic increasing loads are reported in Appendix B and numerically assessed in Section 3.1.1, where  
 385 it is discussed how, due to limited accumulated plasticity under monotonic loads, the proposed for-  
 386 mulation may approximate pure damage approaches, also providing a measure of interface strength.

## 387 2.5. Activation of the frictional-contact condition

388 The contact condition is statically defined in Eq.(9) which implies a non-positive value of the  
 389 frictional normal traction, that is  $t_3^f \leq 0$ . The contact mechanics can be modelled resorting to the  
 390 following opening activation condition

$$\phi_c(t_3^f) := t_3^f \leq 0, \quad (34)$$

which states that the interface opening displacement  $u_3^f$  increases when the opening activation condition is verified as equality, while it is defined in rate form by the following associative flow rule and opening/closing conditions

$$\dot{u}_3^f = \frac{\partial \phi_c}{\partial t_3^f} \dot{\lambda}_c = \dot{\lambda}_c \quad (35)$$

$$\dot{\lambda}_c \geq 0, \quad \phi_c \dot{\lambda}_c = 0, \quad \dot{\phi}_c \dot{\lambda}_c = 0,$$

391 where  $\dot{\lambda}_c$  is the opening displacement multiplier. The opening displacement is not a plastic deformation and does not induces any dissipation, being  $t_3^f \dot{u}_3^f = \phi_c \dot{\lambda}_c = 0$ .

The frictional behaviour of the fully or partially damaged interface under closing loading is modelled by a Coulomb frictional model in the framework of non-associative plasticity. The evolution of the frictional sliding displacements  $u_i^f$  of the interface edges is modelled by the frictional activation condition and frictional potential

$$\phi_f(t_i^f) := (t_1^{f2} + t_2^{f2})^{1/2} + f \cdot t_3^f \leq 0 \quad (36)$$

$$\Omega_f(t_i^f) := (t_1^{f2} + t_2^{f2})^{1/2}, \quad (37)$$

where  $f$  is the frictional coefficient. The evolution of the frictional sliding displacement is governed by the following flow rules and loading/un-loading/re-loading conditions

$$\dot{u}_i^f = \frac{\partial \Omega_f}{\partial t_i^f} \dot{\lambda}_f = \frac{t_i^f}{(t_1^{f2} + t_2^{f2})^{1/2}} \dot{\lambda}_f \quad \text{for } i = 1, 2,$$

$$\dot{u}_3^f = \frac{\partial \Omega_f}{\partial t_3^f} \dot{\lambda}_f = 0 \quad (38)$$

$$\dot{\lambda}_f \geq 0, \quad \phi_f \dot{\lambda}_f = 0, \quad \dot{\phi}_f \dot{\lambda}_f = 0$$

393 where  $\dot{\lambda}_f$  the frictional multiplier. The rules in Eqs.(2.5) model also the sliding displacement under  
 394 the opening condition,  $t_3^f = 0$ , which gives also, due to the frictional activation condition in Eq.(36),  
 395 null tangential components, i.e.  $t_1^f = t_2^f = 0$ , and null frictional dissipation.

396 The limit condition  $\phi_f = 0$  defines the classic conical frictional limit surface in the space of  
 397 tractions  $\{t_1, t_2, t_3\}$  with vertex at the reference frame origin. Fig.(5) shows a graphical representation  
 398 of the conical frictional limit surface  $\phi_f = 0$ , the endurance surface  $\phi_p = 0$  and illustrates the  
 399 combined cohesive-frictional behaviour under compressive normal stress, with evolution of the tangential  
 400 plastic deformation, with  $\dot{u}_3^p = 0$ , associated with the cohesive behaviour and of the frictional  
 401 sliding deformation, with  $\dot{u}_3^f = 0$ , associated with the frictional behaviour.

402 The dissipation associated with the frictional-contact behaviour can be computed from Eq.(11),  
 403 which, considering the flow rules, yields

$$\dot{D}_f = \sum_{i=1}^3 t_i^f \dot{u}_i^f = \left[ (t_1^f)^2 + (t_2^f)^2 \right]^{1/2} \dot{\lambda}_f \geq 0, \quad (39)$$

404 which shows the unconditioned positiveness of the dissipation rate for any increment of frictional  
 405 plastic deformation, and no dissipation,  $\dot{D}_f = 0$ , only if  $\dot{\lambda}_f = 0$  or under opening loading.

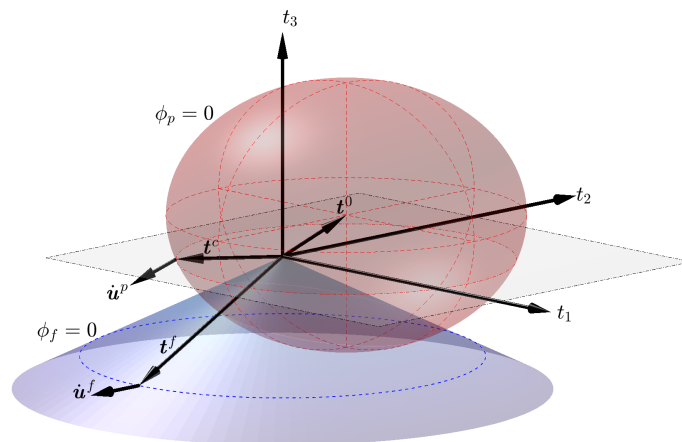


Figure 5: Graphical representation of both the endurance surface  $\phi_p = 0$  and the frictional-contact surface  $\phi_f = 0$  in the traction space  $\{t_1, t_2, t_3\}$ . Plastic evolution takes place ( $\dot{\mathbf{u}}^p \neq 0$ ) only when the cohesive traction vector  $\mathbf{t}^c$  lies over the endurance surface  $\phi_p = 0$  and the frictional sliding takes place ( $\dot{\mathbf{u}}^f \neq 0$ ) only when the frictional traction vector  $\mathbf{t}^f$  lies over the frictional surface  $\phi_f = 0$

### 406 3. Computational tests

407 In this section, the developed formulation is assessed and validated with reference to: *a*) an indi-  
 408 vidual interface; *b*) an FRP-concrete pull test; *c*) a pure mode I delamination test on carbon/epoxy  
 409 composite.

410 It is worth observing that the developed interface model is defined in the general framework of  
 411 coupled plastic-damage mechanics and it is not devoted to the analysis of specific materials; depend-  
 412 ing on the set of constitutive parameters, the modelled behaviour can be mainly affected by damage  
 413 or plasticity. Although the method could then be applied also to the analysis of metal interfaces,  
 414 the presented numerical applications are limited to the analysis of debonding in composites. The  
 415 proposed formulation has been implemented within the open source finite element software FEAP  
 416 [76]. An intrinsic approach has been adopted, so that the interface elements exhibit initial elastic  
 417 behaviour, with associated fictitious initial damage  $0 < \omega_0 \ll 1$ , according to the considerations  
 418 expressed in Appendix A.

419 *3.1. Individual interface tests*

420 The behaviour of the individual interface is assessed first. The constitutive parameters of the  
 421 assessed are collected Table 1, where the pure damage strength, the pure damage critical displace-  
 422 ment jumps and the elastic stiffness parameters  $K_n = K_t$  are defined by Eqs. (A.2) and (B.1) and  
 423 by the conditions  $u_n^d = t_n^d/K_n$  and  $u_t^d = t_t^d/K_t$ , and are function of the fracture toughness  $G_I = G_{II}$ ,  
 424 the elastic-plastic limit strengths  $t_n^{pl} = t_t^{pl}$ , the initial damage  $\omega_0$  and the plasticity-damage coupling  
 425 parameter  $a$ . The hardening coefficients are assumed as  $C_t = C_n = K_n/10$ . Few numerical simu-  
 426 lations, when explicitly stated, have been performed with other values of the coupling parameter,  
 427 i.e.  $a = 0.0001, 0.5$ : in such cases, the sets of constitutive parameters are re-defined maintaining  
 428 the same values of fracture toughness  $G_I$ , elastic-plastic limit strengths  $t_n^{pl} = t_t^{pl}$  and initial damage  
 429  $\omega_0$ .

Table 1: Interface properties for the single element numerical experiments.

| Property                                 | Components           | Value                        |
|--|----------------------|------------------------------|
| <i>Interface properties</i>              |                      |                              |
| Elastic-plastic limit strengths          | $t_n^{pl}, t_t^{pl}$ | 10 MPa                       |
| Fracture toughness                       | $G_I, G_{II}$        | 1 N mm <sup>-1</sup>         |
| <i>Interface constitutive parameters</i> |                      |                              |
| Pure damage strengths                    | $t_n^d, t_t^d$       | 27.3519 MPa                  |
| Pure damage critical displacement jumps  | $u_n^d, u_t^d$       | $7.3121 \times 10^{-2}$ mm   |
| Endurance surface radii                  | $r_n, r_t$           | 2.0 MPa                      |
| Cohesive elastic stiffnesses             | $K_n, K_t$           | 393.7517 N mm <sup>-3</sup>  |
| Cohesive hardening coefficients          | $C_n, C_t$           | 39.375 17 N mm <sup>-3</sup> |
| Initial damage                           | $\omega_0$           | 0.05                         |
| Damage-plasticity coupling parameter     | $a$                  | 0.05                         |
| Damage evolution parameter               | $m$                  | 1                            |
| Frictional coefficient                   | $f$                  | 0.3                          |

430 *3.1.1. Monotonic loading tests*

431 First, the behaviour of an individual interface under pure mode I or pure mode II monotonic  
 432 loading in displacement control is assessed, initially assuming absence of friction,  $\mathbf{t}^f = \mathbf{0}$ , and pure  
 433 cohesive traction, i.e.  $\mathbf{t} = \mathbf{t}^c$ . Due to the assumption of isotropic interface, the opening and sliding  
 434 responses are numerically coincident and only the results for the pure mode I test are hereafter  
 435 reported and discussed. The application of the developed formulation to monotonic loading is  
 436 described in Appendix B.

437 The traction separation curve  $t_n(u_n)$  provided by the proposed model is compared with the  
 438 bilinear response provided by a model including only pure damage in Fig.6a, which confirms the  
 439 relationship between the pure cohesive strength  $t_n^d$  and the elastic-plastic normal strength  $t_n^{pl}$  given  
 440 by Eq.(B.1).

441 The whole traction-separation curve for the coupled plasticity-damage model is plotted in Fig.6b,  
 442 together with the relevant evolution of the normal hardening parameter  $t_n^0$  - the tangential hardening



parameter remains zero - and a conventional representation of the endurance surface, or *curve* more rigorously in this case, at the pristine and the maximum strength states. It is worth recalling that the endurance surface is defined in the tractions space, so its representation in Fig.6b is meaningful only for the normal traction component and it highlights that the interface is elastic when the traction is internal to it and elastic-plastic with kinematic hardening when the traction is on the boundary of the endurance surface. The obtained numerical response is also compared to the analytical traction-separation law defined in Eqs.(B.2-B.5), confirming an almost perfect matching for the whole response, excluding the residual strength with pure damage softening, see Appendix B.

The thermodynamic consistency of the proposed formulation is confirmed by the analysis of the energies involved in de-cohesion process considered in the numerical test. The Clausius-Duhem inequality in Eq.(5) can be rewritten as

$$t_i \dot{u}_i = \dot{\psi} + \dot{D} \quad (40)$$

and, by time integration, the energy balance requires that the *external work*, defined as the amount of work done in the time interval  $(0, t)$  by the applied traction

$$W^{ext}(t) = \int_0^t t_i \dot{u}_i d\tau, \quad (41)$$

be equal to the amount of *internal energy*

$$W^{int} = \psi + D_p + D_d + D_f, \quad (42)$$

where  $\psi$  is the Helmholtz free energy in Eq.(3) and

$$D_p = \int_0^t t_i^c \dot{u}_i^p d\tau, \quad D_d = \int_0^t Y \dot{\omega} d\tau, \quad D_f = \int_0^t t_i^f \dot{u}_i^f d\tau \quad (43)$$

are, respectively, the amount of plastic, damage and frictional dissipation.

The evolution of the energy contributions per unit interface area, i.e. the *surface energy density*, in the mode I de-cohesion process is shown in Fig.7a for a pure damage model, with no plastic dissipation and monotonically increasing linear damage dissipation. Due to the pure cohesive behaviour the frictional dissipation is not taken into account. The curves confirm the expected balance between external work and internal energy and show that the whole separation work coincides with the fracture toughness. On the other hand, the evolution of energy contributions involved in the de-cohesion process for the coupled plasticity-damage model is reported in Fig.7b, which confirms the thermodynamic consistency with the accurate balance between external work and internal energy. Damage dissipation at full de-bonding is coincident with the fracture toughness also for the coupled plasticity-damage model. Eventually, the work of separation, spent to take the interface to failure, is greater than the fracture toughness, due to the plastic dissipation, which is path dependent and cannot be univocally defined.

The total damage dissipation in a monotonic loading test is nearly coincident with the fracture toughness and it is almost independent on the coupling parameter  $a$ , as shown in Fig.8, where the numerical solutions obtained with the three different values  $a = 0.0001, 0.05, 0.5$  are compared in terms of traction-separation curve and damage and plastic dissipation. The plot clearly represents the negligible influence of the coupling parameter on the monotonic response for values  $0 < a < 0.5$ . Conversely, the coupling parameter  $a$  has a significant effect in a cyclic loading condition, as shown in the next section.

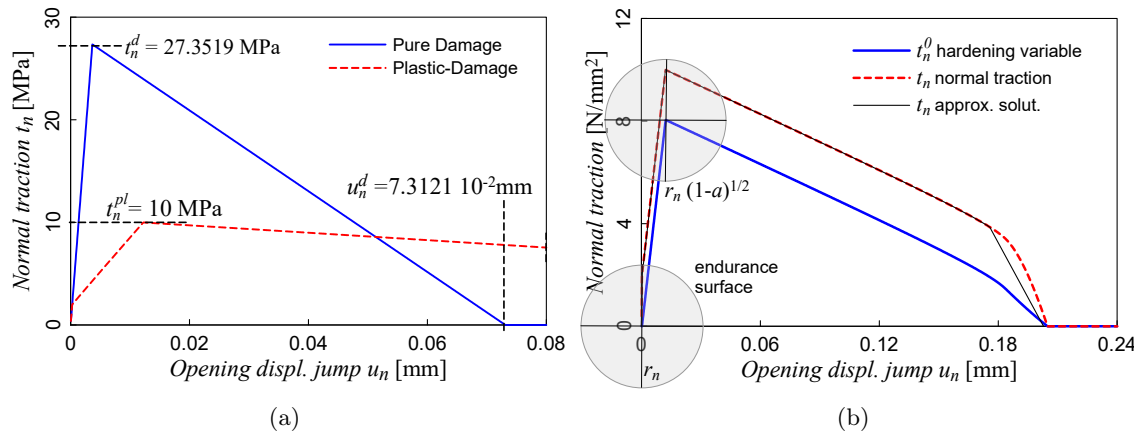


Figure 6: Response  $t_n = t_n(u_n)$  of the interface under mode I monotonic increasing loading in displacement control for: (a) The pure damage model and the coupled plasticity-damage model; the normal strength  $t_n^d$ , the critical displacement jump  $u_n^d$  of the bi-linear pure damage model and the elastic-plastic strength are highlighted. (b) The plasticity-damage model with the evolution of the normal hardening variable  $t_n^0$  and a conventional representation of the endurance surface  $\phi_p = 0$  at the pristine and maximum strength states. The analytical approximated traction-displacement solution is compared with the numerical one in Appendix B.

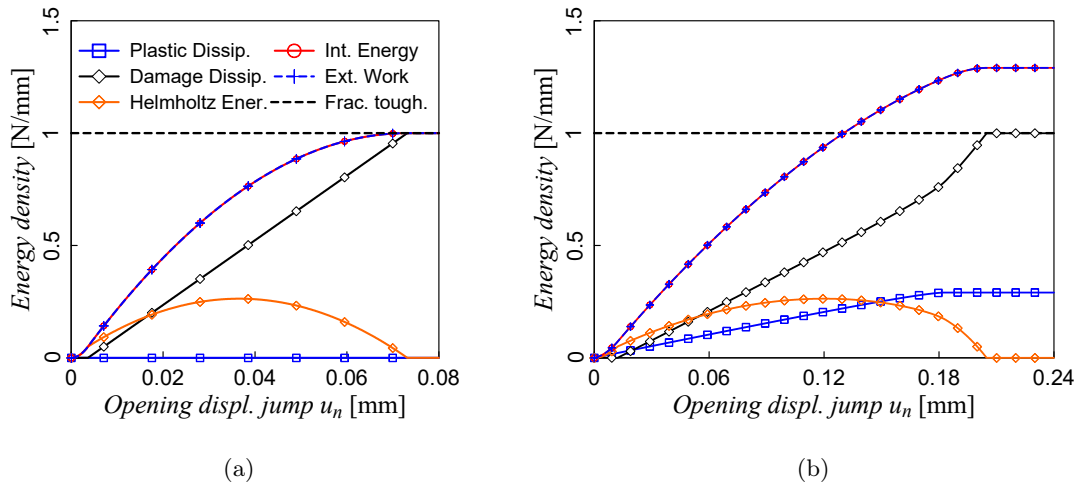


Figure 7: Response of the interface under mode I monotonic increasing opening displacement for (a) the pure damage model and (b) the coupled plasticity-damage model in terms of plastic dissipation, damage dissipation, elastic strain energy, internal energy and external work. The value of the interface fracture toughness is also reported.

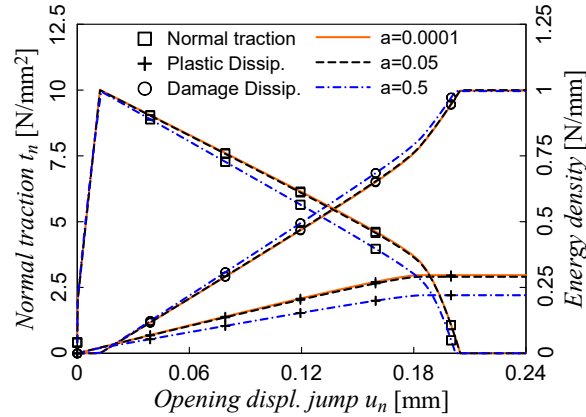


Figure 8: Response of the interface under monotonic increasing loading in displacement control, in pure mode I, for three values of the coupling parameter  $a = 0.0001, 0.05, 0.5$ . The interface responses are compared in terms of normal traction, damage dissipation and plastic dissipation. The symbol identifies the plotted data and the line type identifies the coupling parameter value.

### 3.1.2. De-cohesion test with un-loading/re-loading cycles

In this section, pure mode I and II loading tests including few unloading/reloading cycles are performed. The loading cycles, still performed in displacement control, imply the inversion of the traction signs and thus, in the case of mode I loading, compression.

The traction-separation curve  $t_n(u_n)$  for the mode I test is shown in Fig.9a, where also the relevant evolution of the normal hardening parameter  $t_n^0$  is represented: the hardening parameter identifies the centre of the endurance surface, or *curve*, which is represented for the state corresponding to the elastic portion of the first unloading branch. The elastic-plastic behaviour is associated with the kinematic hardening, which is related to the position of the endurance surface in the tractions space and affects its motion. The applied cyclic loading implies the inversion of the traction sign, with the subsequent activation of the pure elastic contact closing normal traction  $t_n^f < 0$ , without associated evolution of damage or plastic deformation.

The analogous traction-separation curve  $t_t(u_t)$  for the mode II test is shown in Fig.9b, where, again, the evolution of the tangential hardening parameter  $t_t^0$  is also reported. In this case, the interface exhibits pure cohesive behaviour,  $\mathbf{t} = \mathbf{t}^c$ , with no associated frictional traction,  $\mathbf{t}^f = \mathbf{0}$ , and the cyclic loading produces the inversion of the tangential traction sign, with larger hysteretic cycles and increment of damage and plastic deformation with respect to the mode I test.

The results of the cyclic tangential tests for three different values of the coupling parameter, namely  $a = 0.001, 0.05, 0.5$ , are compared in Fig.10 in terms of traction-separation curves, and in Fig.11a,b in terms of evolution of damage  $\omega$  vs interface sliding displacement  $u_t$ , clearly showing that the higher the coupling parameter  $a$  the larger the damage increments during both the unloading elastic-plastic stage and the re-loading one. The detailed effect of the coupling parameter on the damage evolution for the first loading cycle is reported in Fig.11b.

The results of the cyclic tangential test, for the three values of the coupling parameter  $a = 0.001, 0.05, 0.5$ , are compared in Fig.12 in terms of interface density of damage dissipation  $D_d$ , plastic dissipation  $D_p$  and total dissipation  $D_p + D_d$ . Fig.12 shows that the amount of damage dissipation

505 at full de-cohesion is lower than the fracture toughness and it decreases as the coupling parameter  
 506  $a$  increases, whereas it is nearly coincident with the fracture toughness in the monotonic loading  
 507 test. Conversely, plastic  $D_p$  and total dissipation  $D_p + D_d$  accumulate at each loading cycle and,  
 508 at full de-cohesion, the total dissipation is greater than both the interface fracture toughness and  
 509 the interface energy spent in the monotonic loading test, represented in Fig. 7b.

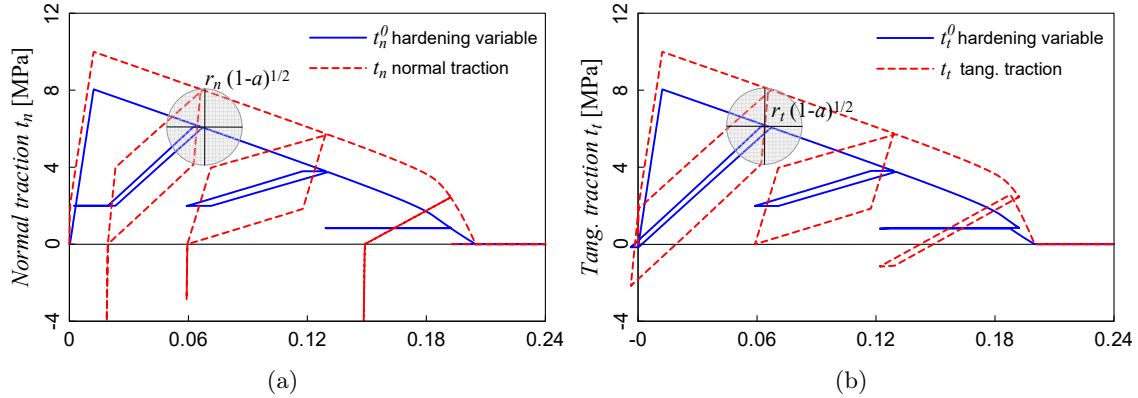


Figure 9: Response of the interface under (a) pure mode I and (b) pure mode II loading with three un-loading/re-loading cycles. The elastic un-loading and re-loading branches are within the endurance surface, whose motion in the traction space is governed by the normal hardening variable  $t^0$ . Due to friction, the interface behaves elastically under pure compressive loads; on the contrary, its behaviour is elastic-plastic under negative or positive tangential loads.

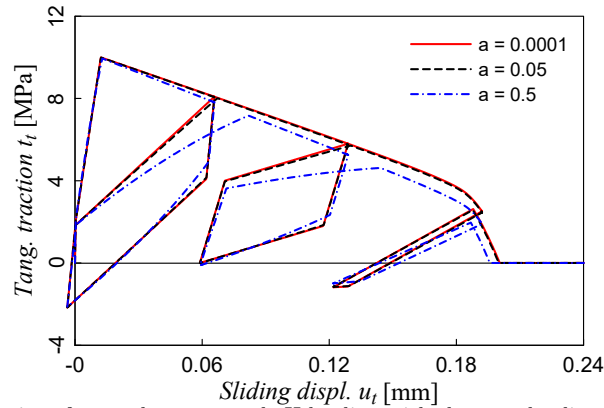


Figure 10: Response of the interface under pure mode II loading with three un-loading-re-loading cycles, in terms of traction-sliding curve  $t_t(u_t)$ , for three values of the coupling parameter  $a = 0.0001, 0.05, 0.5$ .

### 510 3.1.3. Frictional loading tests

511 The frictional contribution can be assessed by performing the monotonic and cyclic mode II  
 512 tests presented in Sections 3.1.1 and 3.1.2 under constant compressive traction.

513 The traction-separation curve  $t_t(u_t)$  for the frictional mode II monotonic test is reported in  
 514 Fig.13a, with the decomposition of the interface total tangential traction into the cohesive and

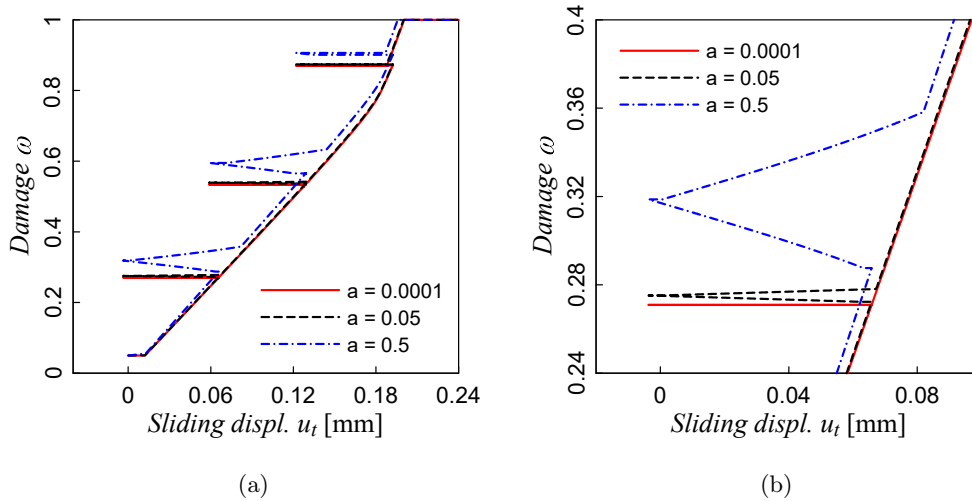


Figure 11: Damage evolution under mode II loading with three un-loading-re-loading cycles, for the three values of the coupling parameter  $a = 0.0001, 0.05, 0.5$ : (a) damage evolution from pristine status up to failure. (b) detail of the of the first un-loading-re-loading cycle, represented within the inset in a.

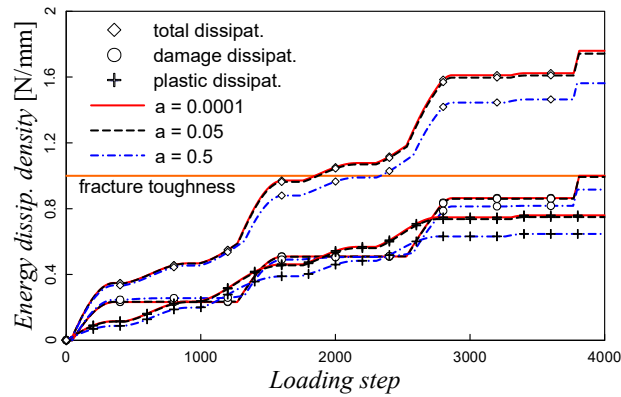


Figure 12: Energy dissipation surface density for the interface under mode II loading up to failure with three un-loading-re-loading cycles, and for the three values of the coupling parameter  $a = 0.0001, 0.05, 0.5$ . The graph shows the effect of the coupling parameter on damage, plastic and total dissipations: as the value of  $a$  increases, the dissipations decrease.

515 frictional contributions, i.e.  $t_t = t_t^c + t_t^f$ : the plot illustrates the evolution of the tangential traction  
 516 and the smooth transition from the initial cohesive behaviour of the pristine interface to the pure  
 517 residual frictional behaviour upon full de-cohesion.

518 The effectiveness of the proposed *cohesive-frictional* model is also confirmed by the numerical  
 519 simulation of the interface element subjected to increasing tangential separation displacement with three un-loading/re-loading  
 520 cycles, whose response is plotted and compared with the monotonic response in Fig.13b, which also reports the frictional tangential traction with the un-  
 521 loading/re-loading cycles and the relevant frictional dissipation.

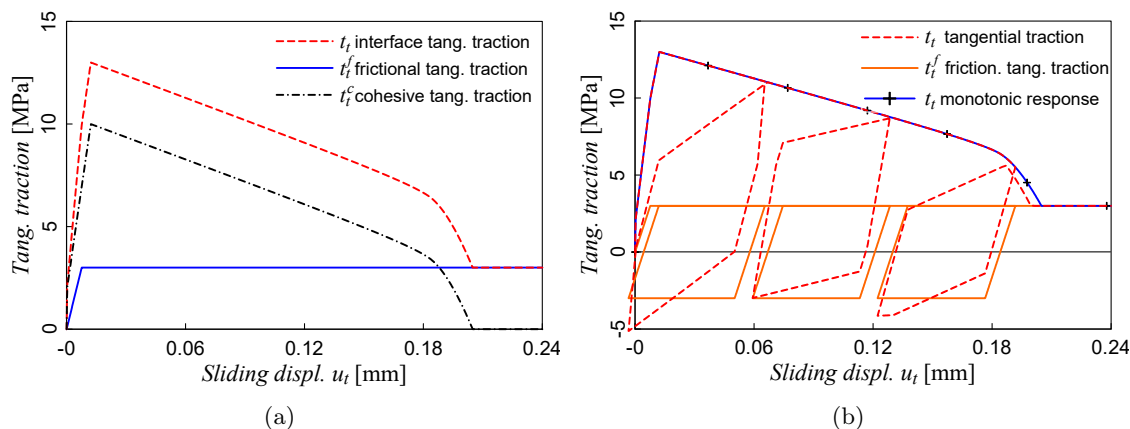


Figure 13: Response of the interface under pure mode II loading condition in displacement control, with constant compressive loading  $t_n = 10$  MPa, with: (a) Monotonic increasing load, in terms of total tangential traction  $t_t$ , cohesive tangential traction  $t_t^c$  and frictional tangential traction  $t_t^f$ . The graph highlights the frictional-cohesive behaviour of the interface under constant compressive normal stress and with the residual frictional strength. (b) Un-loading/re-loading cycles with increasing amplitude up to complete de-cohesion, in terms of tangential traction  $t_t$  and frictional tangential component  $t_t^f$ . The cyclic response is compared with the monotonic one.

### 523 3.1.4. Low-cycle fatigue analysis

524 The coupled plasticity-damage interface model is particularly suitable for the low-cycle fatigue  
 525 analysis of bonded structures, for which the bonding surface often represents the preferential site  
 526 of crack initiation and propagation.

527 In this section the low-cycle fatigue analyses are performed in load control for an individual  
 528 interface element subjected to cyclic traction loading. The low-cycle numerical simulations are  
 529 performed with the plasticity-damage coupling parameter set to  $a = 0.1$ ; the other parameters  
 530 are evaluated maintaining the elastic-plastic strengths set as  $t_n^{pl} = t_t^{pl} = 10$  MPa and the fracture  
 531 toughness fixed as  $G_I = G_{II} = 1$  N mm<sup>-1</sup>. The damage evolution parameter is set to  $m = 3$ .

532 The results of the pure mode I analyses are reported in Fig.14a in terms of traction-separation  
 533 curves, for four values of the traction cycle amplitude  $\Delta t_n$  and with the normal traction cycling  
 534 between  $t_n = 0$  and  $t_n = \Delta t_n$ . The four responses are shown only for the initial cycles and for the  
 535 final ones, before interface failure, and are compared with the mode I monotonic response.

536 In load control, the interface suddenly fails when the traction reaches the residual strength of  
 537 the damaged interface, which is defined as a function of the accumulated damage in Eq.(B.2) and

538 it is graphically represented by the traction-separation curve of the monotonic response in Fig.14a.  
 539 For the considered cyclic loading, the interface fails when  $t_n = \Delta t_n$  and the value of the critical  
 540 damage, i.e. the damage accumulated upon failure, can be estimated by rewriting Eq.(B.2) as a  
 541 function of the normal traction, that is

$$\omega^{cr}(t_n) \approx 1 - \left[ \frac{t_n^2 C_n + K_n (t_n - r_n \sqrt{1-a})^2}{C_n t_n^2} \right]^{\frac{1}{2}} (1 - \omega_0). \quad (44)$$

542 The values of the critical damage for the four cyclic tests are:  $\omega^{cr} = 0.506$  for  $\Delta t_n = 6$  MPa;  
 543  $\omega^{cr} = 0.392$  for  $\Delta t_n = 7$  MPa;  $\omega^{cr} = 0.278$  for  $\Delta t_n = 8$  MPa;  $\omega^{cr} = 0.164$  for  $\Delta t_n = 9$  MPa.

544 The interface damage evolution in the low-cycle tests, for the four values of traction cycle  
 545 amplitude  $\Delta t_n = 6, 7, 8, 9$  MPa, is shown in Fig.14b as a function of the number of loading cycles; in  
 546 the same graph, also the interface fatigue life versus the stress amplitude  $\Delta t_n$  is reported, confirming  
 547 the estimated values of the critical damage and the expected linear dependence, in the logarithmic  
 548 scale, of the number of cycles to failure on the stress cycle amplitude. Such a dependence on the  
 549 stress cycle amplitude is not affected by the possible occurrence of negative normal traction, for  
 550 which the formulation assumes pure frictional behaviour. In particular, in a mode I low-cycle test,  
 551 damage evolution is envisaged only when the interface is under tensile loading and not when it is  
 552 in compression, as shown in Fig.15, where the numerical response of a cyclic *repeated* test, with  
 553  $0 \leq t_n \leq \Delta t_n = 6$  MPa is compared with the response of a *fully-reversed* test, with the normal  
 554 traction cycling between  $t_n = -6$  MPa and  $t_n = 6$  MPa. The numerical responses compared in  
 555 Fig.15 exhibit the same non-linear behaviour and fatigue-life, although the stress amplitude in the  
 fully-reversed test is twice that in the repeated test.

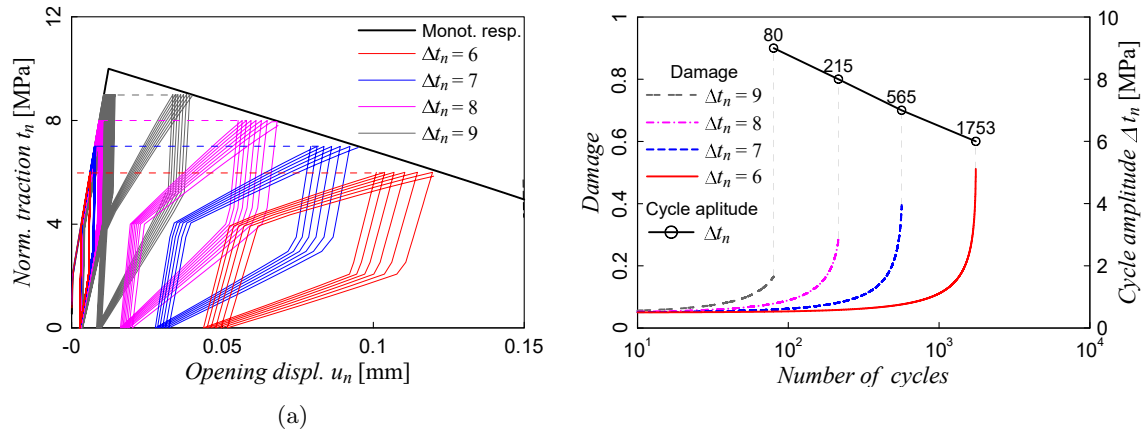


Figure 14: Response of the interface under repeated loading cycles in traction control, with normal traction cycling between  $t_n = 0$  and  $t_n = \Delta t_n$ , with four different values of the load amplitudes  $\Delta t_n$ . (a) Traction-separation curves. (b) Damage evolution *vs* number of cycles and fatigue life in terms of number of cycles to failure *vs* cycle amplitude.

556 The modelled interface fatigue life is affected by the coupling plasticity-damage parameter  $a$   
 557 and by the damage evolution parameter  $m$ . To assess the influence of such parameters, a sensitivity  
 558 analysis is performed by computing the interface fatigue life for pure mode I tensile tests, under  
 559 traction cycles of amplitudes  $\Delta t_n = 6, 7, 8, 9$  MPa, first setting  $a = 0.1$  constant and considering  
 560

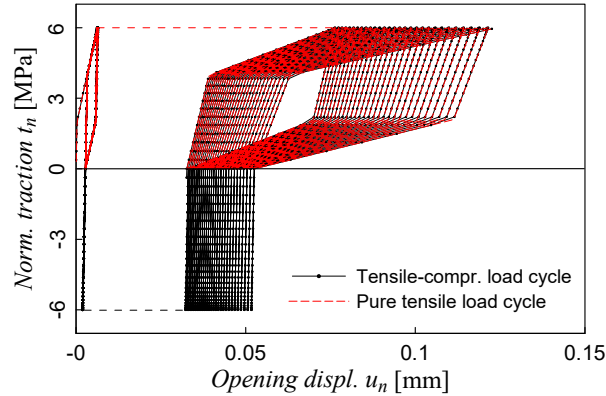


Figure 15: Pure mode I traction-separation curves of an interface element under loading cycles in traction control. A *repeated* tensile test, with  $0 \leq t_n \leq \Delta t_n = 6$  MPa, is compared with a *fully-reversed* test, with the normal traction cycling between  $-\Delta t_n$  and  $+\Delta t_n$ .

561 three different values  $m = 1, 3, 5$  and then setting  $m = 1$  constant and considering three values  $a =$   
 562  $0.01, 0.05, 0.1$ . In the parametric analysis, all the other constitutive parameters are defined keeping  
 563 the values of the elastic-plastic strengths and of the fracture toughness constants, respectively set  
 564 to  $t_n^{pl} = t_t^{pl} = 10$  MPa and  $G_I = G_{II} = 1$  N mm<sup>-1</sup>.

565 Figs.16a, b confirm the linear dependence, in the logarithmic scale, of the interface fatigue life on  
 566 the stress cycle amplitude, and show how the parameter  $m$  affects the slope of the fatigue life curve  
 567 whereas the parameter  $a$  translates the curve on the logarithmic plane with no or negligible effect  
 568 on its slope. Eventually, the interface fatigue life is estimated under pure mode II loading, setting  
 569  $a = 0.1$  and  $m = 3$ . Different values of the tangential traction cycle amplitude  $\Delta t_t$  are considered,  
 570 namely  $\Delta t_t = 3, 9, 10, 11, 12$  MPa, while the maximum tangential stress  $t_{max} = \max(t_t)$  is kept  
 571 constant as  $t_{max} = 6$  MPa. The tests results for the performed low-cycle mode II tests are shown in  
 572 Fig.17a, where the obtained traction-sliding curves are compared with the pure mode II monotonic  
 573 response, and in Fig.17b, where the damage evolution *vs* the number of cycles and the interface  
 574 fatigue life *vs* the stress amplitude  $\Delta t_t$  are reported.

575 Additionally, the interface fatigue life is evaluated for different values of the maximum tangen-  
 576 tial stress  $t_{max} = 6, 7, 7.5, 8, 9$  MPa, keeping the loading cycles amplitude  $\Delta t_t = 12$  MPa constant.  
 577 Fig.18a reports the tangential traction-sliding curves comparing them with the pure mode II mono-  
 578 tonic response. Fig.18b shows the evolution of damage as a function of the number of loading cycles  
 579 to failure and the interface fatigue life versus the maximum tangential stress  $t_{max}$ .

580 The results obtained about the interface fatigue life, reported in Figs.18b and 18b, show that  
 581 the number of cycles to failure in the logarithmic scale is linearly dependent on the maximum  
 582 traction  $t_{max}$  and it is much less dependent on the cycle amplitude  $\Delta t_t$ , excluding the cases for  
 583 which  $\Delta t_t \approx 2t_{max}$  and the pure elastic cycles with  $\Delta t_t \leq r_t \sqrt{1 - a}$ . This result is probably related  
 584 to the fact that both the critical damage, defined in Eq.(44), and the number of load cycles required  
 585 to reach such critical damage are approximately inversely proportional to the maximum stress. The  
 586 damage increment in the load cycle also depends on the cycle amplitude, but such dependence seems  
 587 to be less relevant than that on the maximum stress. This feature has not emerged for the pure  
 588 mode I fatigue tests, for which the *effective* cycle amplitude coincides with the maximum traction,



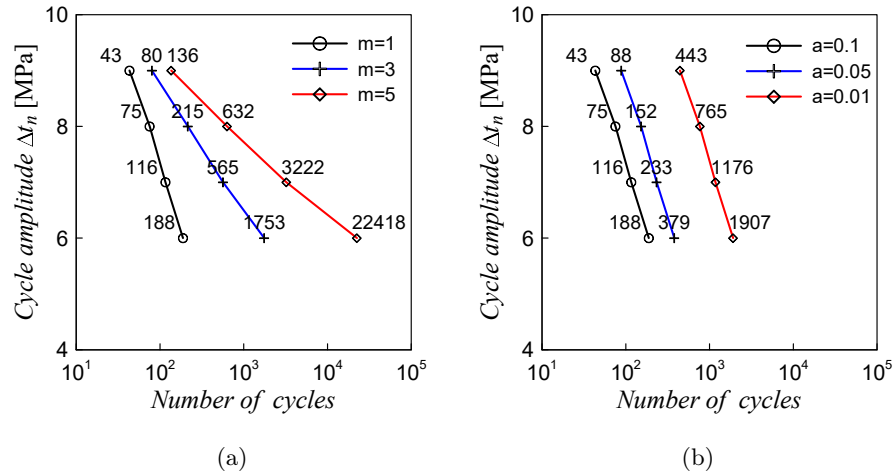


Figure 16: Influence of the constitutive parameters  $a$  and  $m$  on the interface fatigue life, defined as the number of cycles to failure, for four values of the traction cycle amplitude: a) influence of the constitutive parameter  $m$  for  $a = 0.1$ ; b) influence of the constitutive parameter  $a$  for  $m = 1$ .

589 while negative normal tractions do not affect the interface damage evolution.

590 The proposed formulation can model interface low-cycle fatigue degradation under any debonding condition, i.e. pure mode I, pure mode II or mixed mode. However, as discussed in Section  
 591 2.2, the model predicts the same fracture toughness  $G_I = G_{II} = G$  independently of the mixed  
 592 mode ratio. A thermodynamically consistent formulation with different and independent fracture  
 593 energies associated to either mode I or mode II quasi-static monotonic loading has been developed  
 594 by the authors in Refs.[26, 27]. However, such a formulation does not envisage any cyclic degradation;  
 595 indeed, the formulation of a mixed-mode thermodynamically consistent model, including  
 596 cyclic degradation, is an interesting but not trivial development of the present work and it is left  
 597 for further investigations.  
 598

### 599 3.2. FRP-concrete pull test

600 In this section, the proposed formulation is validated for the analysis of de-bonding of a fibre-reinforced polymer (FRP) composite sheet glued to a concrete block. The reference experimental  
 601 investigation was performed by Carloni *et al.* in Ref.[77], where a set of direct shear tests with  
 602 classical pull configuration under either monotonic quasi-static or fatigue loading have been considered and analysed. Similar tests were considered in Refs.[53, 78]. The set-up and the dimensions  
 603 of FRP-concrete pull test are represented in Fig.19, where the zoomed detail in the circle shows  
 604 the sliding displacement between the FRP composite sheet and the concrete substrate, measured  
 605 in the experimental tests. The thickness of the FRP composite sheet was  $t = 0.167$  mm.  
 606

607 In the experimental investigation three monotonic tests were performed and it was found that  
 608 the interface had an average interfacial fracture energy  $G_{II} = 0.8 \text{ N mm}^{-1}$  and an average shear  
 609 strength  $\tau^{max} = 6.43$  MPa. Three cyclic tests were also performed, with different values of the  
 610 maximum and minimum applied load  $P$ . The first cyclic test, DS-F1 in Ref.[77], was performed  
 611 with the load cycling between  $P^{min} = 1.25$  kN and  $P^{max} = 6.0$  kN and failure was reached after  
 612  $n = 1290$  load cycles. The second cyclic test, DS-F2, was performed with the load cycling between  
 613

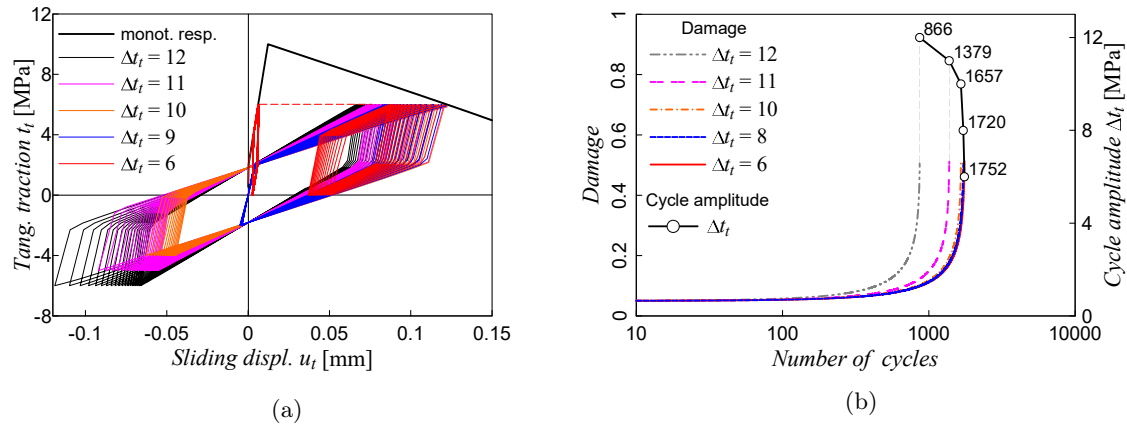


Figure 17: Response of the interface element under pure mode II low-cycle fatigue analysis. The tests are performed with five values of the traction cycle amplitude  $\Delta t_n = t_{max} - t_{min}$  and keeping the maximum tangential traction  $t_{max} = 6$  MPa constant. (a) Traction-separation curves. Only the last loading cycles before interface failure are drawn, to avoid an excessively cramped representation. (b) Damage evolution *vs* number of cycles and fatigue life in terms of number of cycles to failure *vs* cycle amplitude.

614  $P^{min} = 1.1$  kN and  $P^{max} = 5.1$  kN and failure was recorded after  $n = 13192$  load cycles. In  
 615 the third cyclic test, DS-F3, with  $P^{min} = 1.1$  kN and  $P^{max} = 4.5$  kN, failure was recorded after  
 616  $n = 116995$  cycles.

617 With the aim of validating it against the recalled experimental tests, the proposed interface  
 618 constitutive model has been implemented into the open source finite element code FEAP [76],  
 619 and the computational tests have been performed in a simplified two-dimensional test-case under  
 620 plane stress condition. The concrete block and the composite sheet are discretized by nine-node  
 621 linear elastic elements with Young modulus  $E_c = 20$  MPa and Poisson ratio  $\nu_c = 0.15$  for concrete  
 622 and Young modulus  $E_f = 230$  MPa and Poisson ratio  $\nu_f = 0.15$  for the FRP composite sheet,  
 623 respectively. The mesh elements of the concrete block and the composite sheet are connected by  
 624 six-node interface elements and they are shown in Fig.20, where also the applied force and boundary  
 625 conditions are schematically depicted. The experimental values of the fracture energy and shear  
 626 strength have been used to calibrate the set of interface constitutive parameters collected in Table  
 627 2.

628 The numerical, analytical and experimental responses of the monotonic pull test are compared  
 629 in Fig. 21 in terms of applied load  $P$  versus global slip, as represented in Fig. 19. The analytical  
 630 solution of the monotonic FRP pull test has been proposed in Ref.[79] and developed in a simplified  
 631 mono-dimensional formulation, under the hypothesis of rigid substrate and of interface with bi-linear  
 632 constitutive response. The numerical test produces a maximum load lower than the experimental  
 633 one; the same delamination load could be obtained assuming a value of the fracture energy greater  
 634 than the one reported in Ref.[77], as done for example in Ref.[55]. However, observing that the  
 635 fracture energy is generally considered as the most meaningful parameter in characterising interfaces  
 636 delamination, all the simulations have been performed assuming the same value of fracture energy  
 637 as that estimated in the reference experimental tests.

638 The numerical and experimental responses of the three cyclic pull tests DS-F1, DS-F2 and DS-F3

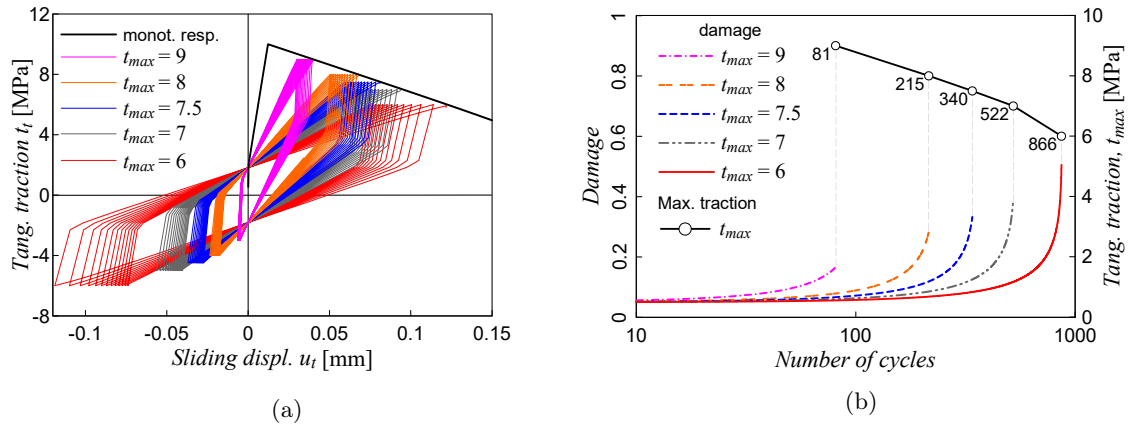


Figure 18: Response of the interface element under pure mode II low-cycle fatigue analysis. The tests are performed with five values of the maximum tangential traction  $t_{max}$  and keeping the traction cycle amplitude  $\Delta t_n = t_{max} - t_{min} = 12$  MPa constant. (a) Traction-separation curves. Only the last loading cycles before interface failure are drawn, to avoid an excessively cramped representation. (b) Damage evolution *vs* number of cycles and fatigue life in terms of number of cycles to failure *vs* cycle amplitude.

639 are compared respectively in Figs.22a-c , for some significant loading cycles. The first loading/un-  
 640 loading/re-loading cycle of the three numerical simulations are also drawn. The obtained results  
 641 show good qualitative agreement between modelled behaviour and experimental data, with the same  
 642 evolution of the stiffness degradation and the same amplitude of the hysteretic cycles, which is a  
 643 measure of cyclic plastic dissipation. In fact, being the proposed model based on a thermodynamic  
 644 formulation, the plastic dissipation coincides perfectly with the work done by the applied load  $P$ ,  
 645 as shown in Sections 3.1.1 and 3.1.2. Some differences between computations and experiments can  
 646 be observed in terms of residual displacement at the minimum load and in terms of faster numerical  
 647 stiffness degradation, with respect to the experimental one, at the beginning the cyclic pull test.

648 The proposed formulation can model and reproduce with remarkable accuracy not only the  
 649 main phenomena involved in the interface delamination, such as the damage evolution with the  
 650 associated stiffness degradation and the plastic dissipation related to the hysteretic behaviour, but  
 651 it also provides an accurate estimate of the fatigue life of the composite-concrete interface, as shown  
 652 in Fig.23, where in the number of cycles to failure versus load cycle amplitude  $\Delta P$  is reported.

653 Eventually, the maps of tangential stress at the peak of load cycles 75, 575 and 1175 of the test  
 654 DS-F1 are drawn in Fig.24.

### 655 3.3. Carbon/epoxy composite DCB test

656 In this section, the proposed formulation is validated for the analysis of pure mode I delamination  
 657 of an end notched carbon/epoxy composite specimen in a classic Double Cantilever Beam (DCB)  
 658 test. The reference experimental investigation was performed by Asp *et al* [80] on a specimen  
 659 of width  $b = 20$  mm, single beam thickness  $h = 1.55$  mm and artificial initial crack length  $a_0 =$   
 660 35 mm, as represented in Fig.25 . The composite elastic properties were: flexural elastic modulus  
 661  $E_F = E_1 = 120\,000$  MPa, transverse elastic modulus  $E_T = E_2 = E_3 = 10\,500$  MPa, shear moduli  
 662  $G_{12} = G_{23} = 5250$  MPa,  $G_{23} = 3480$  MPa and Poisson ratios  $\nu_{12} = \nu_{13} = 0.30$ ,  $\nu_{23} = 0.51$ . Finally,

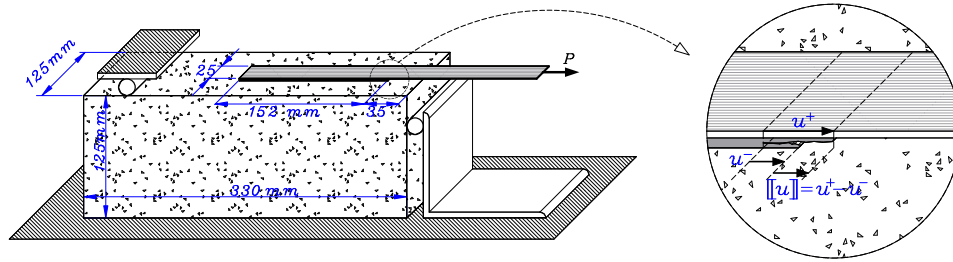


Figure 19: Set-up and dimensions of the of the FRP-concrete pull test. The zoomed detail in the circle shows the sliding displacement between the FRP composite sheet and the concrete substrate.

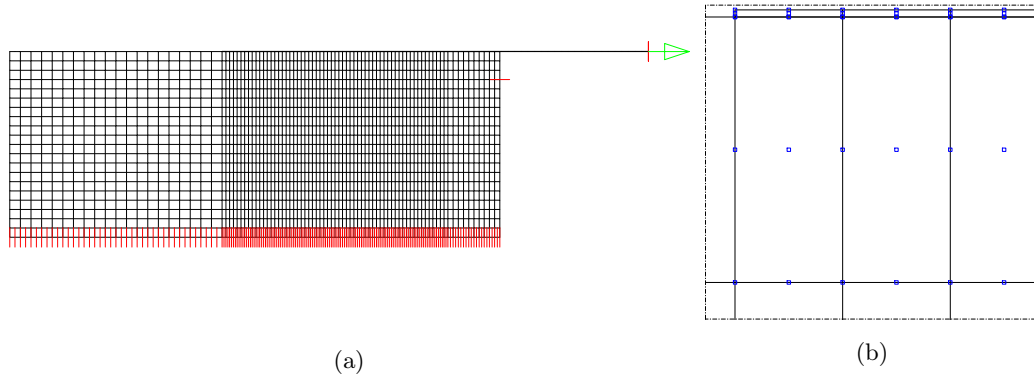


Figure 20: (a) Two-dimensional finite element discretization of the FRP-concrete pull test. (b) Zoomed detail of the first FRP composite sheet elements.

663 the critical value of the Strain Energy Release Rate (SERR) for static delamination under pure  
 664 mode I loading was evaluated as  $G_{cr} = 0.26 \text{ N mm}^{-1}$ .

665 The fatigue tests were performed setting  $R = P_{max}/P_{min} = 0.1$ . The results of the fatigue  
 666 tests were reported in Ref.[80] in terms of SERR that, according to the Bending beam loading and  
 667 linear Fracture Mechanics Theory (BFMT), can be defined as function of the applied load  $P$  by the  
 668 following relationship

$$G_I = \frac{12P^2a^2}{E_F b^2 h^3}. \quad (45)$$

669 In Ref.[80], the correction term proposed by Juntti *et al.* in Ref.[81] was added to the crack length.

670 The reference DCB test was computationally analysed employing a simplified two-dimensional  
 671 finite element model where the composite was modelled by nine-node elements with orthotropic  
 672 linear elastic material properties and the delamination surface was modelled by six-node interface  
 673 elements associated with the proposed constitutive model. The interface constitutive parameters are  
 674 collected in Table 2, where the fracture toughness  $G_I$  is related to the energy dissipated by damage  
 675 only, as remarked in Section 3.1.1. The work of separation per unit surface under monotonic loading  
 676 was computationally assessed testing an individual interface element and coincides with the critical  
 677 SERR  $G_{cr}$ .

678 The results obtained for the monotonic quasi-static delamination simulation are reported in

Table 2: Interface properties for the FRP-concrete pull and DCB tests.

| Property                                 | Components           | FRP-concrete               | Carbon/epoxy               |
|--|----------------------|----------------------------|----------------------------|
| <i>Interface properties</i>              |                      |                            |                            |
| Elastic-plastic limit strengths          | $t_n^{pl}, t_t^{pl}$ | 8 MPa                      | 10 MPa                     |
| Fracture toughness                       | $G_I, G_{II}$        | 0.8 N mm <sup>-1</sup>     | 0.24 N mm <sup>-1</sup>    |
| <i>Interface constitutive parameters</i> |                      |                            |                            |
| Pure damage strengths                    | $t_n^d, t_t^d$       | 18.541 MPa                 | 16.209 MPa                 |
| Pure damage critical displacement jumps  | $u_n^d, u_t^d$       | $8.629 \times 10^{-2}$ mm  | $2.961 \times 10^{-2}$ mm  |
| Endurance surface radii                  | $r_n, r_t$           | 0.6 MPa                    | 1 MPa                      |
| Cohesive elastic stiffnesses             | $K_n, K_t$           | 226.172 N mm <sup>-3</sup> | 576.158 N mm <sup>-3</sup> |
| Cohesive hardening coefficients          | $C_n, C_t$           | 45.234 N mm <sup>-3</sup>  | 288.079 N mm <sup>-3</sup> |
| Initial damage                           | $\omega_0$           | 0.05                       | 0.05                       |
| Damage-plasticity coupling parameter     | $a$                  | 0.25                       | 0.035                      |
| Damage evolution parameter               | $m$                  | 6.5                        | 3.5                        |
| Frictional coefficient                   | $f$                  | 0                          | 0                          |

679 Fig.26 and compared with the BFMT analytical solution, exhibiting the well-known numerical  
680 instability issues in the descending delamination branch, see e.g. Ref. [25]. The critical delamination  
681 load for the monotonic numerical simulation was  $P_{cr} = 49.74$  N.

682 The experimental fatigue analyses were performed for several values of the maximum ap-  
683 plied load or, equivalently, for several values of the maximum SERR. The numerical simula-  
684 tions for the low-cycle fatigue analyses were performed only for three value of the maximum  
685 SERR, namely  $G_1^{max} = 0.620 G_{cr} = 0.1612$  N mm<sup>-1</sup>,  $G_2^{max} = 0.577 G_{cr} = 0.15$  N mm<sup>-1</sup> and  
686  $G_3^{max} = 0.385 G_{cr} = 0.10$  N mm<sup>-1</sup>. The numerical simulations were performed with a cyclic load  
687 ranging from a maximum value  $P_{max}$  and a minimum value  $P_{min} = 0.1 P_{max}$ . Due to the quadratic  
688 relationship between SERR and applied load  $P$  in Eq.45, the values of the maximum loads are  
689  $P_1 = \sqrt{0.62} P_{cr} \approx 40.79$  N,  $P_2 = \sqrt{0.577} P_{cr} \approx 37.78$  N and  $P_3 = \sqrt{0.385} P_{cr} \approx 30.86$  N.

690 The load-displacement curves for the three numerical simulations are reported in Fig.26, where  
691 only the first loading cycles and the last ones before failure are represented, to facilitate the read-  
692 ability of the figure and avoid cramping it. The cyclic responses are compared with the monotonic  
693 response.

694 The crack initiation life, represented by the increasing length of the process zone, with the  
695 number of loading cycles for the three cyclic load cases is shown in Fig.27a. The evolution of the  
696 crack length with the number of loading cycles for the three cyclic load cases is shown in Fig.27b,  
697 where also the curve of the fatigue life is reported, highlighting a linear relation between load  
698 amplitude and number of cycles to failure, when the latter is reported in a logarithmic scale.

699 Eventually, the obtained numerical results are compared with the experimental outcomes in  
700 Fig.28, in terms of crack propagation rate *vs* SERR, where the latter has been evaluated as the  
701 average value during the first 5 mm crack propagation.

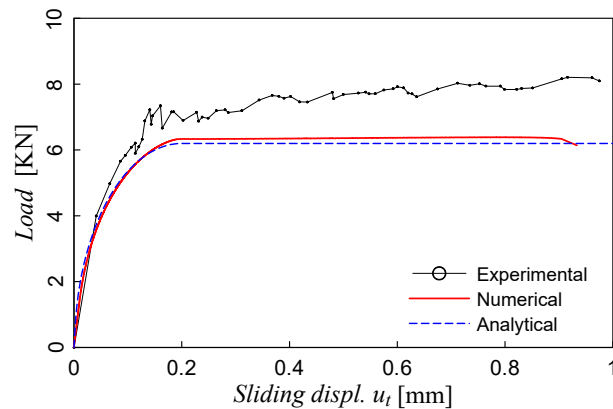


Figure 21: Numerical, analytical and experimental responses for the quasi-static monotonic FRP-concrete test in terms of applied load  $P$  vs sliding displacement  $u_t$ , performed under displacement control. The analytical solution is based on the theoretical formulation developed in Ref.[79].

#### 702 4. Discussion and further developments

703 The performed computational tests have assessed the capabilities of the proposed formulation  
 704 and confirmed its potential in the analysis of complex problems involving interfaces that may be  
 705 the seat of initiation and evolution of irreversible damage, up to complete de-cohesion and failure.

706 Few observations about the proposed model are worthwhile. As discussed, for the analysis of  
 707 low-cycle fatigue problems, the formulation suggests a coupling between the evolution of plasticity  
 708 and damage. The coupling is introduced as a phenomenological mechanism linking the hysteretic  
 709 accumulation of plasticity with the initiation and evolution of damage for traction states that do  
 710 not overcome the pure damage activation threshold. However, the introduction of such phenomeno-  
 711 logical link requires the calibration of a certain number of parameters, see e.g. Table 2, which may  
 712 not be readily available.

713 In the present work, the calibration has been performed according to the following procedure.  
 714 The fracture energy and the interface traction strengths are inferred from experimental data, anal-  
 715 ogously to what is done in the literature with reference to pure-damage models. The pure damage  
 716 strengths  $t_n^d$ ,  $t_t^d$  and cohesive elastic stiffnesses  $K_n$ ,  $K_t$  are defined as a function of both the fracture  
 717 toughness  $G_I = G_{II}$  and the interface strengths  $t_n^{pl}$ ,  $t_t^{pl}$ , according to positions stated in Appendix  
 718 A, for the intrinsic formulation, and by the approximate solutions given in Appendix B. The cohesive  
 719 hardening coefficients  $C_n$ ,  $C_t$  influence the *amplitude* of the hysteretic loading/un-loading cycles and  
 720 the relevant energy dissipation; on the other hand, the hardening parameters, the damage-plasticity  
 721 coupling parameter  $a$  and damage evolution parameter  $m$  govern the cyclic damage increments, the  
 722 associated strength degradation, and the structural fatigue life. The calibration process of such  
 723 parameters was performed in this work referring to available Wöhler  $S/N$  curves for the considered  
 724 low-cycle fatigue tests. Once set, with reference to the calibration test, the selected materials prop-  
 725 erties were able to reproduce consistently also all the other performed tests, with different values  
 726 of cyclic load amplitude. However, the formulation would benefit of explicit relationships between  
 727 hysteretic plastic dissipation, cyclic damage increment and the number of loading cycles to failure;  
 728 the exploration of such aspect is left to future investigations.

729 Another aspect that could be further developed is related to the assumption of identical mode I  
730 and II fracture toughnesses. Indeed, experimental evidence clearly shows higher values under shear  
731 tests, see e.g. Ref.[82]. A thermodynamically consistent formulation with independent fracture  
732 energies under the two loading conditions could be developed in a non-associative damage frame-  
733 work, with two independent damage variables, which would affect independently the normal and  
734 the tangential tractions, respectively. Examples of such an approach are proposed and discussed in  
735 Ref.[27], and could be extended to the formulation presented here, although the extension would  
736 be non-trivial and would require further assessment.

## 737 5. Conclusions

738 A novel thermodynamically consistent interface model for the analysis of low-cycle fatigue prob-  
739 lems has been presented. The proposed interface relationships are developed starting from the  
740 definition of a suitable Helmholtz energy density function involving damage, plasticity, kinemat-  
741 ical hardening and frictional variables. The central idea for capturing interface degradation under  
742 cyclic loading below the interface strength is to link the evolution of damage to some plastic hys-  
743 teresis, so that also cycles with sub-critical amplitude may induce cyclic damage accumulation.  
744 The developed model has been computationally assessed with reference to an individual interface  
745 and two experimental low-cycle fatigue tests, involving composite joints in a pure mode II and a  
746 pure mode I case studies respectively. The obtained results show show that the model is able to  
747 produce physically consistent results and highlight the accuracy of the technique with respect to  
748 the experimental data. Further investigations could be focused on the calibration of the model and  
749 its extension to mixed-mode analyses with different fracture energies associated with mode I and  
750 II de-cohesion processes.

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## 757 Conflict of interest

758 The authors declare no potential conflict of interests.

## 759 Appendix A. Intrinsic implementation of the interface model

The extrinsic cohesive damage interface model described in Section 2.2 can be implemented in  
an intrinsic form, thus endowing the pristine interface with an initial elastic behaviour, by assuming  
a fictitious small value of damage  $0 < \omega_0 \ll 1$ . With the aim of preserving the assumed values of  
strength  $t_n^d$  and fracture energy, in this case the energy threshold should be re-defined as

$$Y_0 = \frac{K_n^{-1} t_n^d{}^2}{2(1 - \omega_0)^2}, \quad (\text{A.1})$$

760 while the critical opening and sliding displacement jumps would be  $u_n^d = t_n^d/K_n/(1 - \omega_0)$  and  
 761  $u_t^d = t_t^d/K_t/(1 - \omega_0)$ , allowing to express the elastic stiffness parameters as functions of the fracture  
 762 toughness and pure damage strengths as

$$K_n = \frac{t_n^{d2}}{2G_I(1 - \omega_0)}, \quad K_t = \frac{t_t^{d2}}{2G_{II}(1 - \omega_0)}, \quad (\text{A.2})$$

763 where  $G_I = G_{II}$ .

764 In the intrinsic formulation, the normal frictional stiffness can be assumed equal to the initial  
 765 elastic stiffness ( $K_n^f = K_n$ ), assuming the same tensile and compressive stiffness for the pristine  
 766 interface. The frictional tangential stiffness may be assumed as  $K_t^f \ll K_t$ , so that the frictional  
 767 behaviour can be neglected at the pristine condition.

## 768 Appendix B. Coupled plasticity-damage model response under monotonic loading

769 Under monotonic loading, the behaviour of the coupled plasticity-damage model approximates  
 770 the response of pure damage cohesive models, due to the limited amount of plasticity, and associated  
 771 damage, accumulated in monotonic processes.

772 The *interface strength* of the pristine interface under progressive monotonic loading cannot be  
 773 analytically evaluated, due to the path dependency of the elastic-plastic response. However, since in  
 774 monotonic loading the damage accumulated, due to plasticity-damage coupling, in the initial branch  
 775 of the traction-opening curve is negligible, the interface strength can be estimated by enforcing the  
 776 two activation conditions  $\phi_d = 0$  and  $\phi_p = 0$ . Alternatively, the pure cohesive tensile strength  
 777  $t_n^d$ , which is a constitutive parameter in the pure damage model, can be defined as function of the  
 778 normal and tangential elastic-plastic strengths

$$\begin{aligned} t_n^d &\approx \left[ t_n^{pl2} + \frac{K_n}{C_n} (t_n^{pl} - r_n \sqrt{1 - a})^2 \right]^{\frac{1}{2}} (1 - \omega_0) = \\ &= \left[ \frac{K_n}{K_t} t_t^{pl2} + \frac{K_n}{C_t} (t_t^{pl} - r_t \sqrt{1 - a})^2 \right]^{\frac{1}{2}} (1 - \omega_0), \end{aligned} \quad (\text{B.1})$$

779 where the normal and tangential strengths,  $t_n^{pl}$  and  $t_t^{pl}$  respectively, are not independent of each  
 780 other, being a unique fracture toughness value associated with both the opening and sliding failure  
 781 modes.

Under the same assumption, i.e. by neglecting the damage increment induced by the plasticity-damage coupling in the initial elastic-plastic branch of the traction-opening curve, the pure mode I and mode II responses of the pristine interface can be estimated with acceptable approximation. For pure mode I monotonic loading, the initial behaviour is purely elastic with no hardening,  $t_i^0 = 0$ , and the plasticity-damage activation condition is reached when  $t_n = t_3 \approx r_n$ ; in fact, for small values of traction, the energy release rate is  $Y \ll Y_0$  and the last term in Eq.(23) can be neglected. Conversely, at the maximum strength, both yielding conditions are attained,  $Y = Y^0$ , and the actual radius of the endurance surface is  $r_n \sqrt{1 - a}$ . Thus, the interface response is elastic-plastic up to the attainment of the damage activation condition and the maximum strength  $t_n^{pl}$  is reached with damage  $\omega \approx \omega_0$ . Eventually, the normal traction and the hardening parameter in the softening



descending branch of the traction-displacement curve can be evaluated as function of damage, for  $\omega \geq \omega_0$ , by

$$t_n(\omega) \approx \left[ \left( \frac{1-\omega}{1-\omega_0} \right)^2 \frac{C_n t_n^d{}^2}{K_n + C_n} - \frac{K_n C_n r_n^2}{(K_n + C_n)^2} (1-a) \right]^{\frac{1}{2}} + \frac{K_n r_n \sqrt{1-a}}{K_n + C_n}, \quad (\text{B.2})$$

$$t_n^0(\omega) \approx \left[ \left( \frac{1-\omega}{1-\omega_0} \right)^2 \frac{C_n t_n^d{}^2}{K_n + C_n} - \frac{K_n C_n r_n^2}{(K_n + C_n)^2} (1-a) \right]^{\frac{1}{2}} - \frac{C_n r_n \sqrt{1-a}}{K_n + C_n}, \quad (\text{B.3})$$

while, employing Eqs.(8) and (13), the opening displacement and the plastic deformation can be expressed as

$$u_n(\omega) \approx \frac{\omega}{1-\omega} \left( t_n(\omega) \frac{K_n + C_n}{K_n C_n} - r_n \sqrt{1-a} / C_n \right), \quad (\text{B.4})$$

$$u_n^p(\omega) \approx \frac{\omega}{1-\omega} t_n^0(\omega) / C_n. \quad (\text{B.5})$$

782 The softening descending branch of the traction-separation curve under monotonic loading is ini-  
 783 tially associated with the coupled plasticity-damage behaviour whereas, for traction states ap-  
 784 proaching the endurance surface diameter,  $2r_n \sqrt{1-a}$ , the plastic evolution ceases and the resid-  
 785 ual behaviour is governed by pure damage evolution. The latter part of the curve before failure  
 786 is approximately linear. The above considerations are numerically assessed in Section 3.1.1 and  
 787 schematically summarised in Fig.6

788 The interface response under pure mode II monotonic loading can be also analysed by neglecting  
 789 damage accumulation in the initial elastic-plastic branch and it exhibits a behaviour analogous to  
 790 that described for mode I loading. The relevant static and kinematic components can be computed  
 791 by considering the tangential components instead of the normal ones in Eqs.(B.2-B.5).

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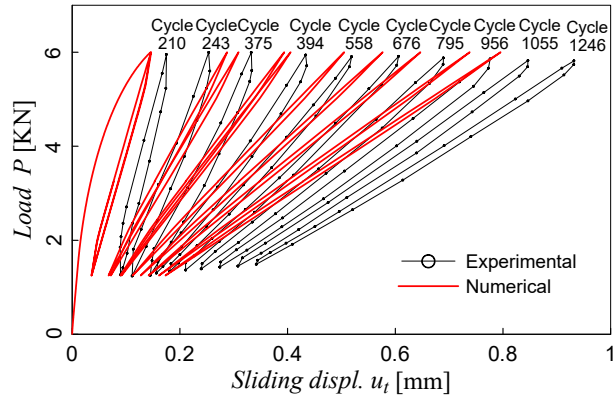
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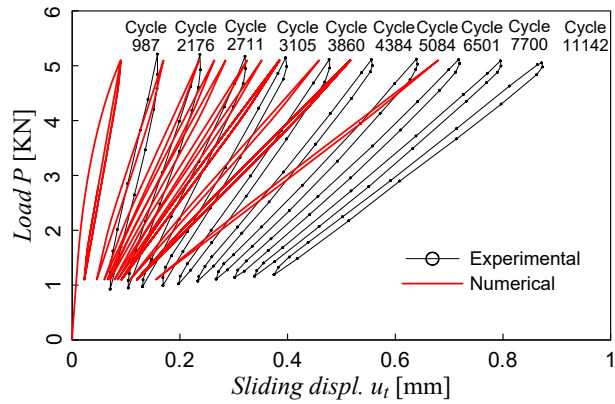
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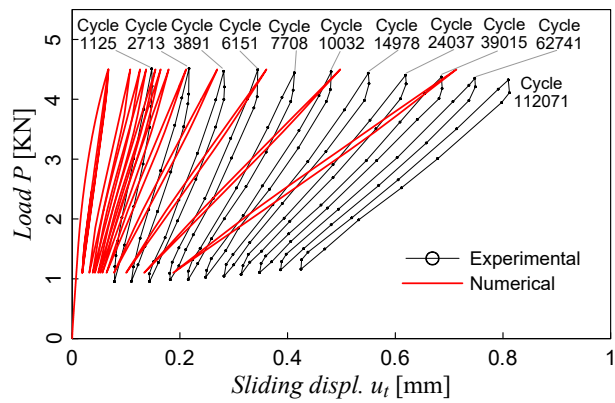
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(a)



(b)



(c)

Figure 22: Numerical and experimental [77] responses for: (a) the first cyclic test DS-F1; (b) the second cyclic test DS-F2; (c) the third cyclic test DS-F3; in terms of applied load  $P$  vs sliding displacement  $u_t$ , performed under load control. The responses are plotted for some significant loading cycles.



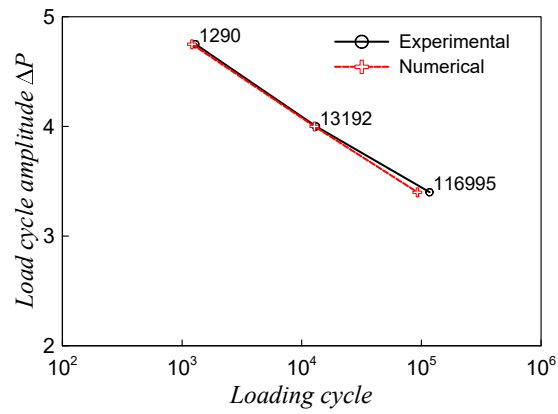


Figure 23: Fatigue life in terms of load cycle amplitude  $\Delta P$  vs number of cycle to failure, in logarithmic scale. The computationally estimated fatigue life is compared with the experimental data given in Ref.[77].

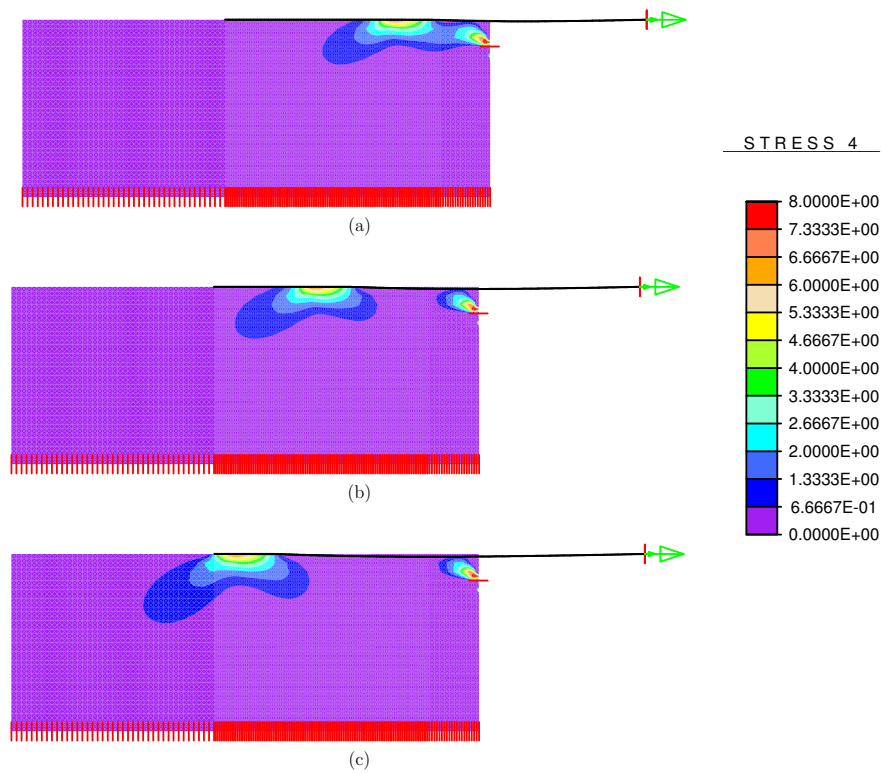


Figure 24: Tangential stress maps for the pull cyclic test, at the peak of the load cycles: (a) 75; (b) 575; (c) 1175.

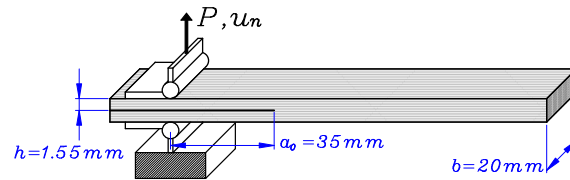


Figure 25: Set-up and dimensions of the end notched carbon/epoxy composite specimen in a classic Double Cantilever Beam (DCB) test..

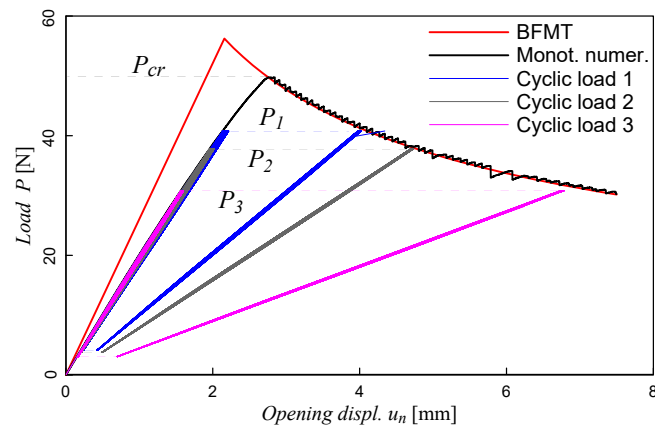


Figure 26: Load-displacement curves of the carbon-epoxy DCB test, for the monotonic quasi-static analysis and for the three performed cyclic-load tests. The monotonic response is compared to the analytical solution developed under the hypothesis of linear elastic Beam theory and elastic Fracture Mechanics Theory (BFMT). The responses of the three cyclic tests are plotted only for the first loading cycles and for the last cycles before failure.

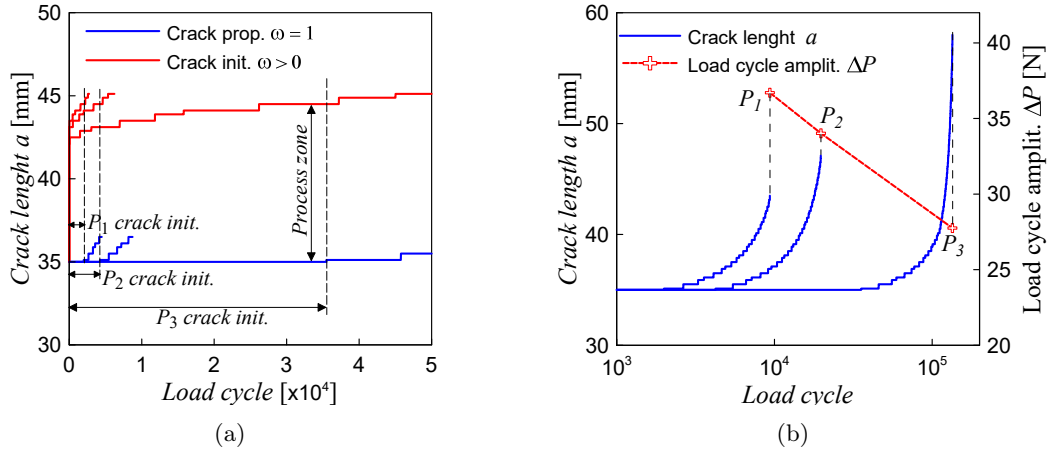


Figure 27: (a) The crack initiation life under the three cyclic load cases is represented by the *process zone* ( $0 < \omega < 1$ ) which enlarges up to the full damage condition is achieved and the crack starts to propagate. (b) Crack propagation during the three low-cycle fatigue tests and fatigue life *vs* load cycle amplitude.

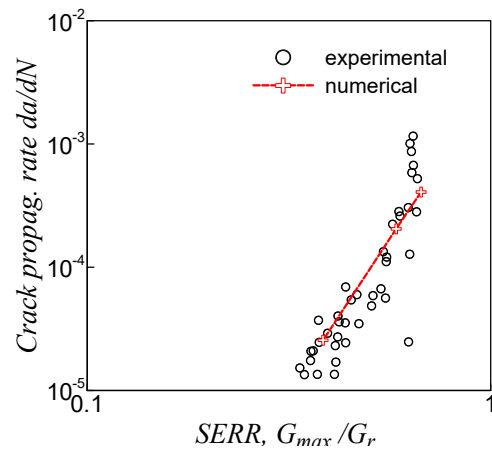


Figure 28: Crack propagation rate *vs* relative SERR  $G_{max}/G_{cr}$  at the maximum applied load during the cyclic load, compared with the experimental results reported in Ref. [80] The crack propagation rate is evaluated as average value of the rate in the first 5mm of crack propagation.