





One week of levofloxacin plus dexamethasone eye drops for cataract surgery: an innovative and rational therapeutic strategy

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Abstract

Background Cataract surgery is the most common operation performed worldwide. A fixed topical corticosteroid-antibiotic combination is usually prescribed in clinical practice for 2 or more weeks to treat post surgical inflammation and prevent infection. However, this protracted schedule may increase the incidence of corticosteroid-related adverse events and notably promote antibiotic resistance.

Methods This International, multicentre, randomized, blinded-assessor, parallel-group clinical study evaluated the non-inferiority of 1-week levofloxacin/dexamethasone eye drops, followed by 1-week dexamethasone alone, vs. 2-week gold-standard tobramycin/dexamethasone (one drop QID for all schedules) to prevent and treat ocular inflammation and prevent infection after uncomplicated cataract surgery. Non-inferiority was defined as the lower limit of the 95% confidence interval (CI) around a treatment difference $>-10\%$. The study randomized 808 patients enrolled in 53 centres (Italy, Germany, Spain and Russia). The primary endpoint was the proportion of patients without anterior chamber inflammation on day 15 defined as the end of treatment. Endophthalmitis was the key secondary endpoint. This study is registered with EudraCT code: 2018-000286-36.

Results After the end of treatment, 95.2% of the patients in the test arm vs. 94.9% of the control arm had no signs of inflammation in the anterior chamber (difference between proportions of patients = 0.028; 95% CI: $-0.0275/0.0331$). No case of endophthalmitis was reported. No statistically significant difference was evident in any of the other secondary endpoints. Both treatments were well tolerated.

Conclusions Non-inferiority of the new short pharmacological strategy was proven. One week of levofloxacin/dexamethasone prevents infection, ensures complete control of inflammation in almost all patients and may contain antibiotic resistance.

Member of the LEADER-7 Investigators are listed below
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Introduction

Cataract is the leading cause of blindness [1] and cataract surgery may be considered the most common surgical intervention worldwide [2–4]. As corneal incision is very

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small (3 mm or less), stitches are unnecessary and surgical wound healing generally occurs spontaneously in <7 days. Following cataract surgery, patients are usually treated to control the post surgical inflammation and prevent infectious complications, frequently with a fixed topical corticosteroid-antibiotic combination [5].

Topical corticosteroids control the ocular inflammation and may prevent cystoid macular oedema [6]. However, the treatment duration is not standardized. Ophthalmologists usually prescribe 2 or more weeks of therapy, often tapering the dose. In this regard, shortening corticosteroid treatment is convenient as the adverse reactions, including intraocular hypertension, are dose dependent [7–9].

Regarding the infection prophylaxis, the European Society of Cataract and Refractive Surgeons (ESCRS) recommends the intracameral administration of cefuroxime. However, ocular infection may occur at any time until complete closure of the surgical wound [10–12] and for this reason topical administration of antibiotic, although discretionary, is frequently prescribed [13]. The duration of topical prophylaxis is also not standardized and in clinical practice, is generally continued for at least 2 weeks. To prolong the topical antibiotic beyond wound recovery has no convincing justification [11, 12], may be useless, and could promote bacterial resistance [13–18].

Based on these considerations, the current study tested the hypothesis that, after uncomplicated cataract surgery, treatment with an antibiotic-corticosteroid combination is required for only 1 week, at least in the large majority of patients.

Materials and methods

This was an international, multicentre, phase III, randomized, blinded-assessor, parallel-group clinical study that evaluated the non-inferiority of the levofloxacin + dexamethasone (L-DSP) treatment (levofloxacin 5 mg/mL + dexamethasone 1 mg/mL) eye drops for 7 days, followed by dexamethasone eye drops (Maxidex[®]) for an additional 7 days vs. a standard treatment (tobramycin 3 mg/mL + dexamethasone 1 mg/mL, Tobradex[®]) eye drops for 14 days.

Trial population

The study was conducted in 53 centres located in Italy, Germany, Spain and Russia. Patients were eligible for inclusion if they had had senile or presenile uncomplicated cataract. Exclusion criteria were: (a) ocular conditions that, at the discretion of the investigator, could have interfered with the efficacy and/or safety evaluations (e.g., ocular herpes, blepharitis, conjunctivitis, uveitis, keratitis, diabetic

retinopathy, retinal vein occlusions, retinal vasculitis, retinal angiomatous proliferation, pseudo-exfoliation syndrome, intraoperative floppy iris syndrome, etc.); (b) bilateral cataract surgery; (c) treatment with prostaglandin analogues or intravitreal injections of anti-VEGF (vascular endothelial growth factor) drugs; (d) systemic diseases that could have interfered with the results of the study (e.g., rheumatoid arthritis, Sjögren's syndrome, Behçet's disease, systemic lupus erythematosus, scleroderma with major ocular involvement, etc.); (e) any condition that could have interfered with the correct instillation of eye drops; (f) ocular surgery in the study eye (including laser surgery) in the 3 months before screening; (g) monocular patients; (h) visual acuity (VA) < 20/80 in the contralateral eye; (i) contraindication to ocular treatment with levofloxacin, tobramycin or dexamethasone; (j) pregnancy or breastfeeding.

Trial information was given in verbal and written formats in the local languages. Written informed consent was provided by all patients before randomization. The protocol was approved by the Ethics Committees of all centres.

Trial groups

Patients were randomized to one of two treatment groups in a 1:1 ratio through an Interactive Web Response System. Randomization was stratified by centre. Treatment began immediately after surgery or after removal of the eye dressing. Doses administered on the same day as surgery (day 0) were considered additional to the full protocol dosage regimen. As shown in Fig. S1, control visits were performed after 3, 7 and 14 days of therapy (day 4, day 8 and day 15, end of the study, respectively) to evaluate the time course of efficacy, compliance, safety and tolerability.

The test arm eye drops (L-DSP) were prescribed for 7 days, followed by dexamethasone eye drops alone (Maxidex[®]) for an additional 7 days. The control arm was tobramycin + dexamethasone eye drops (Tobradex[®]) for 14 days. For all eye drops the dosage was one drop—four times a day (hours 8.00, 13.00, 18.00 and 23.00 ± 30 min).

Patients recorded times of instillation in a diary, which was collected to evaluate compliance with treatment. Physician in charge of assessing study parameters was blinded to treatment assignment (blinded assessor) and had no access to the randomization page of the eCRF. A separate unblinded staff was responsible for assigning and dispensing/return study products. Study treatment was dispensed upon randomization (day 0) and on day 8.

Outcome measures

The primary outcome was the proportion of patients without signs of anterior ocular chamber inflammation (sum of cells and flare score = 0) assessed by slit lamp examination after

14 days of treatment (day 15). Cells in the anterior chamber were scored as follows: 0 = no cells; 1 = 1–5 cells; 2 = 6–15 cells; 3 = 16–30 cells; 4 = >30 cells [19]. Aqueous flare (Tyndall effect) was scored: 0 = absent; 1 = trace barely detectable; 2 = mild intensity (iris and lens details clear); 3 = moderate intensity (iris and lens details not clear); 4 = strong intensity (iris and lens details not visible and fibrin in the anterior chamber) [20].

The secondary efficacy outcomes were: (a) incidence of endophthalmitis; (b) proportion of patients without signs of anterior ocular chamber inflammation after 3 and 7 days of treatment; (c) conjunctival hyperaemia (scored: 0 = absence of inflammation, 1 = mild inflammation, i.e. some vessels injected, 2 = moderate inflammation, i.e. diffuse injection of vessels, but individual vessels still discernable, 3 = severe inflammation, i.e. intense injection of vessels, individual vessels not easily discernable) [21] after 3, 7 and 14 days of treatment; (d) Total Ocular Symptoms Score (TOSS); (e) patient-reported evaluation of three ocular symptoms: itching/burning, hyperaemia of conjunctiva and tearing (scored: 0 = none, 1 = mild, 2 = moderate, 3 = severe) [22] after 3, 7 and 14 days of treatment; (f) ocular pain/discomfort (scored: 0 = absent, 1 = mild, 2 = moderate, 3 = severe) after 3, 7 and 14 days of treatment; and (g) use of rescue therapy during treatment.

The safety outcomes were intraocular pressure (IOP), VA analyzed using the decimal unit and adverse events.

The tolerability outcomes were: (a) global evaluation on a four-point scale (0 = no intolerability, 1 = mild intolerability, 2 = moderate intolerability, 3 = maximum intolerability) and (b) ocular complaints of burning, stinging and blurred vision on a four-point scale (0 = none, 1 = mild, 2 = moderate, 3 = severe).

Compliance was assessed through the patient diary.

Statistical analysis

The study planned to enrol 800 patients, 400 in each treatment group. This sample size, adjusted for an expected dropout rate of about 10% [23], would have provided 80% power to assess the non-inferiority of the test treatment compared with the standard therapy at the one-sided 0.025 significance level. This sample size calculation assumed identical 64% success rates (i.e., the proportion of patients without signs of anterior chamber inflammation) in the treatment groups after 14 days of treatment. The success rates assumed are conservative as they correspond to those observed with a less active surface corticosteroid compared with dexamethasone [24]. Non-inferiority was defined as the lower limit of the 95% confidence interval (CI) around a treatment difference $>-10\%$. Based on the literature data, a success rate attributable to a putative placebo is $\sim 30\%$ [25, 26]. Therefore, considering an expected success rate of

the test treatment of about 64% and a non-inferiority margin of -10% , the indirect difference between the test treatment and the putative placebo would be of about 25%. This difference was judged as clinically relevant.

Efficacy analyses were performed on the full analysis set (FAS), defined as all randomized patients who applied at least one dose of study treatment. The per protocol set, defined as all patients in the FAS without major protocol violations, was used for supportive analyses.

Primary and secondary efficacy analyses, except for the incidence of endophthalmitis and rescue medications, were performed by applying the last observation carried forward method to impute missing values if at least one post-baseline value was available. Patients with no post-baseline evaluations were considered “failures” (worst-case approach).

The primary efficacy endpoint was analyzed using a two-group large-sample normal approximation test of proportions. The non-inferiority of test treatment vs. the standard therapy was met if the lower bound of the two-sided 95% CI around the treatment difference was $>-10\%$.

A sensitivity analysis was performed on the primary efficacy endpoint by applying the worst-case approach to all dropout patients regardless of the time of study discontinuation. A stratified analysis by centre was also performed using the Cochran–Mantel–Haenszel test.

Descriptive statistics were performed and two-sided 95% CIs of the difference between treatments were computed for the secondary efficacy endpoints by applying a two-group large-sample normal approximation test of proportions.

Safety and tolerability analyses were performed on the Safety Set, defined as all randomized patients who applied at least one dose of study treatment.

Analyses were performed using SAS[®], version 9.4 (SAS Institute).

Results

Patients and adherence

Group assignments, loss to follow-up and reasons for withdrawal are summarized in Fig. S2. On 863 patients screened for eligibility, 808 were randomized from August 2018 through November 2018.

The baseline characteristics in the FAS were similar in the two groups as reported in Table 1. Intracameral administration of cefuroxime was carried out in 80% of patients in both treatment arms.

Regarding the compliance, overall adherence was high as 90.89% and 91.86% patients did not miss a dose during the 1st week of treatment in the test arm and control arm, respectively, and 91.26% and 89.74%, respectively, during the 2nd week.

Table 1 Demographic and baseline clinical characteristics of the patients in the full analysis set.

Characteristic	Levofloxacin + dexamethasone (<i>N</i> = 395)	Tobramycin + dexamethasone (<i>N</i> = 393)	Total (<i>N</i> = 788)
Age (years)—mean ± SD	72.12 ± 8.55	71.84 ± 8.64	71.98 ± 8.59
Age distribution—no. pts (%)			
<65	70 (17.72)	71 (18.07)	141 (17.89)
65–74	157 (39.75)	154 (39.18)	311 (39.47)
≥75	168 (42.53)	168 (42.75)	336 (42.64)
Gender—no. pts (%)			
Male	166 (42.03)	154 (39.19)	320 (40.61)
Female	229 (57.97)	239 (60.81)	468 (59.39)
Race—no. pts (%) ^a			
White	393 (99.49)	391 (99.49)	784 (99.49)
Asian	1 (0.25)	1 (0.25)	2 (0.25)
American, Indian or Alaska Native	1 (0.25)	0 (0.0)	1 (0.13)
Native Hawaiian or other Pacific Islander	0 (0)	1 (0.25)	1 (0.13)
Pts with co-morbidity—no. pts (%)	338 (85.57)	321 (81.68)	659 (83.63)
Cardiac disorders			
Not ongoing	20 (5.06)	18 (4.58)	38 (4.82)
Ongoing	47 (11.90)	66 (16.79)	113 (14.34)
Vascular disorders			
Not ongoing	8 (2.03)	6 (1.53)	14 (1.78)
Ongoing	232 (58.73)	229 (58.27)	461 (58.50)
Metabolism and nutrition disorders			
Not ongoing	–	–	–
Ongoing	137 (34.68)	138 (35.11)	275 (34.90)
Musculoskeletal and connective tissue disorders			
Not ongoing	14 (3.54)	7 (1.78)	21 (2.66)
Ongoing	42 (10.63)	42 (10.69)	84 (10.66)
Endocrine disorders			
Not ongoing	11 (2.78)	7 (1.78)	18 (2.28)
Ongoing	46 (11.65)	35 (8.91)	81 (10.28)
Slit lamp examination—no. pts (%)			
No cells in anterior chamber	395 (100.00)	393 (100.00)	788 (100.00)
Absence of aqueous flare (Tyndall effect)	395 (100.00)	393 (100.00)	788 (100.00)
Conjunctival hyperaemia—no. pts (%)			
Absence of inflammation	382 (96.71)	378 (96.18)	760 (96.45)
Mild inflammation	13 (3.29)	14 (3.56)	27 (3.43)
Moderate inflammation	0 (0.00)	1 (0.25)	1 (0.13)
Intraocular pressure (mmHg)—mean ± SD			
Eye to be operated	15.16 ± 2.48	15.12 ± 2.41	15.14 ± 2.44
Eye not to be operated	14.95 ± 2.45	14.90 ± 2.35	14.93 ± 2.40
Visual acuity (decimal)—mean ± SD			
Eye to be operated	0.41 ± 0.23	0.41 ± 0.26	0.41 ± 0.25
Eye not to be operated	0.74 ± 0.26	0.72 ± 0.24	0.73 ± 0.25

Table 1 (continued)

Characteristic	Levofloxacin + dexamethasone (<i>N</i> = 395)	Tobramycin + dexamethasone (<i>N</i> = 393)	Total (<i>N</i> = 788)
Cataract surgery/operated eye—no. pts (%)			
Right	205 (51.90)	199 (50.64)	404 (51.27)
Left	190 (48.10)	194 (49.36)	384 (48.73)
Intracameral antibiotic administered	316 (80.00)	315 (80.15)	631 (80.08)
Surgery completed without complications	395 (100.00)	393 (100.00)	788 (100.00)

^aRace was self-reported.

As regards concomitant topical treatments, topical NSAIDs were allowed during the study but were used in only 8% of both the test and the control arms.

Primary outcome

As shown in Table 2 and Fig. 1a, 95.19% of the L-DSP arm and 94.91% of the control arm had no signs of anterior chamber inflammation at day 15. The difference of 0.028 (95% CI: [−0.027; 0.033]) between the two proportions demonstrates the non-inferiority of the L-DSP treatment since the lower bound of the two-sided 95% CI (−0.027) is >−0.10. The outcomes of the sensitivity analysis are consistent with those of the main analysis and are reported in Fig. 2.

Secondary outcomes

No case of endophthalmitis was reported during the study. The outcomes of other secondary endpoints are summarized in Fig. 1. The proportion of patients without signs of inflammation in the anterior chamber at days 4, 8 and 15 is reported in Fig. 1a. The intergroup difference was equal to −0.037 (95% CI: [−0.097; 0.024]) at day 4 and −0.012 (95% CI: [−0.060; 0.036]) at day 8.

The proportion of patients without conjunctival hyperaemia on days 4, 8 and 15 is reported in Fig. 1b. Hyperaemia was mostly mild in both groups and never severe. The intergroup difference was 0.031 (95% CI: [−0.020; 0.083]), −0.030 (95% CI: [−0.072; 0.017]) and −0.015 (95% CI: [−0.046; 0.016]) at days 4, 8 and 15, respectively.

The proportions of patients without ocular symptoms self-assessed through the TOSS at days 4, 8 and 15 were comparable (Fig. 1c). Intergroup differences were equal to 0.034 (95% CI: [−0.025; 0.093]), −0.067 (95% CI: [−0.061; 0.048]) and −0.025 (95% CI: [−0.070; 0.020]) at days 4, 8 and 15, respectively.

Only marginal differences were seen in the proportions of patients complaining of ocular pain and discomfort at days 4, 8 and 15 (Fig. 1d), with intergroup differences equal

to −0.007 (95% CI: [−0.046; 0.032]), −0.005 (95% CI: [−0.041; 0.031]) and 0.005 (95% CI: [−0.025; 0.035]) at days 4, 8 and 15, respectively.

Only four patients (0.51%) required rescue therapy for the operated eye, three in the L-DSP arm and one in the Tobradex[®] arm.

Adverse events

Exposure to study treatment was very similar in the two arms, both in terms of cumulative dose and mean daily dose (Table 3).

The distribution of treatment-emergent adverse events (TEAE) was similar in the two groups except for a slightly higher incidence of headache in the L-DSP arm (Table 3).

Corneal oedema was the most common TEAE and was reported in 3.29% of the L-DSP arm and 4.83% of the Tobradex[®] arm, but most likely due to the surgical procedure.

In the L-DSP arm, three patients (0.76%) reported at least one severe adverse event. Four patients of the L-DSP arm (1.01%) and two patients of the Tobradex[®] arm (0.51%) reported serious TEAEs: three patients suffered from a fracture after a fall, two patients (one in each arm) had a myocardial infarction and one patient in the L-DSP arm had a retinal detachment. None of these events were related to treatment. Four patients in the L-DSP arm and three patients in the Tobradex[®] arm discontinued treatment due to an adverse event. Other observations related to safety (IOP, VA and local tolerability) were very similar in the two treatment arms (Table 3).

Discussion

Cataract surgery causes corneal trauma, ocular inflammation and ocular dryness, which, in turn, result in ocular irritation [27, 28]. Conjunctival hyperaemia, anterior chamber cells and flare and cystoid macular oedema are the most relevant signs of inflammation after cataract surgery

Table 2 Primary and secondary outcomes in the full analysis set.

Outcome	Levofloxacin + dexamethasone (N = 395)	Tobramycin + dexamethasone (N = 393)
Primary outcome		
Absence of signs of anterior chamber inflammation (cells and flare) at day 15—no. pts (%) ^a	376 (95.19)	373 (94.91)
Difference between treatments and estimate (95% CI lower/upper limits)	0.003 (−0.027/0.033)	
Secondary outcomes		
Endophthalmitis at day 15—no. pts (%)	− (0.00)	− (0.00)
Absence of signs of anterior chamber inflammation (cells and flare)—no. pts (%) ^a		
At day 4	289 (73.16)	302 (76.84)
At day 8	338 (85.57)	341 (86.77)
Resolution of conjunctival hyperaemia (score = 0)—no. pts (%) ^b		
At day 4	337 (85.32)	323 (82.19)
At day 8	348 (88.10)	358 (91.09)
At day 15	371 (93.92)	375 (95.42)
Absence of ocular symptoms (TOSS = 0)—no. pts (%) ^c		
At day 4	310 (78.48)	295 (75.06)
At day 8	320 (81.01)	321 (81.68)
At day 15	343 (86.84)	351 (89.31)
Absence of ocular pain and discomfort (score = 0)—no. pts (%) ^d		
At day 4	360 (91.14)	361 (91.86)
At day 8	366 (92.66)	366 (93.13)
At day 15	377 (95.44)	373 (94.91)

^aThe anterior chamber cell count and flare score were assessed using slit lamp.

^bConjunctival hyperaemia will be evaluated, and results provided as a score are as follows: 0 = absence of inflammation, 1 = mild inflammation (some vessels injected), 2 = moderate inflammation (diffuse injection of vessels, but individual vessels are still discernable), 3 = severe inflammation (intense injection of vessels, individual vessels not easily discernable).

^cThe Total Ocular Symptoms Score (TOSS) is a patient-reported evaluation of three ocular symptoms: itching/burning, hyperaemia of conjunctiva and tearing. Each symptom is given a score: 0 = none, 1 = mild, 2 = moderate, 3 = severe.

^dOverall ocular pain and discomfort will be evaluated by the subject at days 4, 8 and 15 on a four-point scale (0 = absent, 1 = mild, 2 = moderate, 3 = severe).

[29]. Inflammation is usually self-limiting, but drug therapy is routinely used in clinical practice to shorten resolution time and alleviate ocular discomfort [30], also in relation to the practice patterns in postoperative drug therapy published by the American Society of Cataract Refractive Surgery, the Canadian Ophthalmological Society and the ESCRS

[31–33]. Corticosteroid eye drops have been used to prevent and treat ocular inflammation for decades, and dexamethasone is the most commonly used [32]. However, the optimal duration of corticosteroid therapy is not defined.

The results of this study have shown that corticosteroid treatment exerts an intense anti-inflammatory activity very quickly both in the anterior chamber and on the ocular surface. Indeed, over 70% of patients in both treatment arms had no inflammatory signs in the anterior chamber, such as 0 cells and 0 flare, after only 3 days. At the end of the 1st week, the percentage of patients without inflammatory signs in the anterior chamber was higher than 85% in both groups, and the other patients (<15%) presented only very modest inflammatory signs. At the end of the 2nd week, inflammatory signs in the anterior chamber (the main outcome) were absent in more than 95% of patients, without significant intergroup differences. Therefore, it is conceivable to consider that in the clear majority of patients undergoing cataract surgery, 7 days of corticosteroid treatment may be sufficient to completely control anterior chamber inflammation.

Consistently, conjunctival hyperaemia was completely controlled after 3 days of therapy in 85.3% of the L-DSP arm and 82.2% of the control arm. After 7 days, conjunctival hyperaemia completely regressed in over 90% of patients in both treatment arms. Therefore, 7 treatment days were also sufficient to completely control the post surgical ocular surface inflammation.

It is important to underline that these anti-inflammatory effects on anterior chamber and ocular surface were not significantly influenced by the concomitant use of topical NSAIDs, which was used by <10% of patients of both groups.

Therefore, to limit the risk of side effects, the prescription of additional therapy with dexamethasone alone after the 1-week levofloxacin/dexamethasone combination may be limited to the very small proportion of patients who still present signs of inflammation of such intensity as to require further treatment. In our study, there was no tapering of the corticosteroid treatment since the recurrence of the inflammatory process at the suspension of the treatment, possible in chronic inflammatory and autoimmune diseases, is unlikely after a surgical trauma once the inflammation has been completely controlled by the therapy. However, more data are needed to understand whether reducing the duration of corticosteroid therapy may have an impact on the incidence of pseudophakic macular oedema (Irvine–Gass syndrome).

Regarding the prophylaxis of infections, ocular infections are largely caused by pathogens colonizing the ocular surface [33], and may occur until the complete closure of the surgical wound. Topical antibiotics are therefore frequently used after the recommended intracameral administration of cefuroxime [11, 34]. The preferred topical antibiotics belong to the aminoglycoside and quinolone families, but the latter is more active against Gram-positive

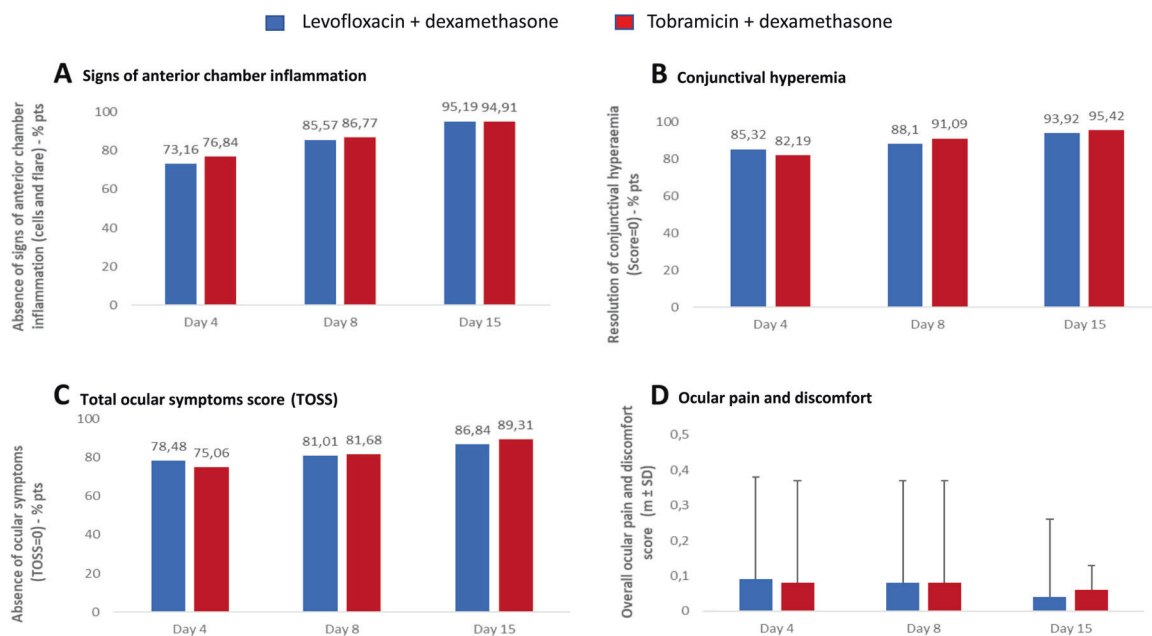


Fig. 1 Primary and secondary outcomes. **a** Signs of anterior chamber inflammation; **b** conjunctival hyperaemia; **c** TOSS Total Ocular Symptoms Score; **d** ocular pain and discomfort. **a** The anterior chamber cell count and flare score were assessed using slit lamp. **b** Conjunctival hyperaemia was evaluated on a scale ranging from 0 =

absence of inflammation to 3 = severe inflammation. **c** Total Ocular Symptoms Score (TOSS) is the sum of itching/burning, hyperaemia and tearing scores, each symptoms scoring from 0 = none to 3 = severe. **d** Ocular pain and discomfort were evaluated on a four-point scale, ranging from 0 = absent to 3 = severe.

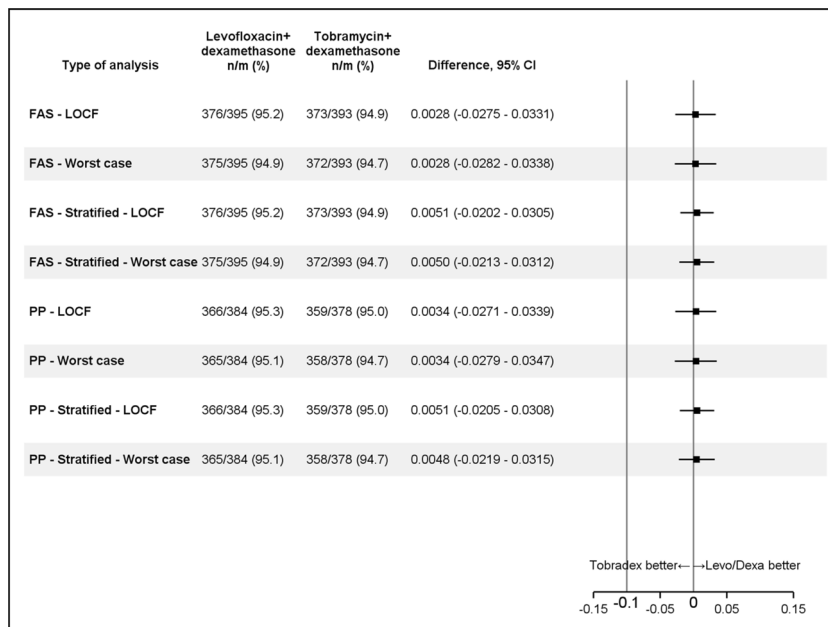


Fig. 2 Sensitivity analysis. Last observation carried forward (LOCF) method was used to impute missing values if at least one post-baseline value is available. Dropout patients with only the baseline value are considered as ‘failures’. Worst case: dropout patients independently of the time of dropout are considered as ‘failures’. Stratified: within each country, centres with <10 patients randomized were pooled for the

stratified analysis. *n* = number of patients without signs of anterior chamber inflammation; *m* = total number of patients valid in the analysis set. Difference between treatment groups is calculated as (levofloxacin + dexamethasone) vs. (tobramycin + dexamethasone). FAS full analysis set, PP per protocol.

bacteria, frequently responsible for infections after cataract surgery. The duration of topical antibiotic prophylaxis is not standardized. Despite in the ESCRS prophylaxis study of

endophthalmitis, topical levofloxacin treatment lasted 6 days [35], topical antibiotics are generally continued in clinical practice for at least 2 weeks. Moreover, to favour

Table 3 Safety, local tolerability and compliance in the Safety Set.

Outcome	Levofloxacin + dexamethasone (N = 395)		Tobramycin + dexamethasone (N = 393)	
	No. of patients		No. of patients	
Safety				
Significant increase vs. baseline of intraocular pressure (>6 mmHg) in the operated eye—no. pts (%)				
At day 4	393	5 (1.27)	393	5 (1.27)
At day 8	391	2 (0.51)	393	7 (1.78)
At day 15	389	4 (1.03)	391	2 (0.51)
Significant decrease vs. baseline of visual acuity in the operated eye at day 15—no. pts (%) ^a	389	5 (1.29)	391	11 (2.81)
Treatment-emergent adverse events (TEAEs)—no. pts (%)			393	
TEAEs		56 (14.18)		51 (12.98)
Serious TEAEs		4 (1.01)		2 (0.51)
Severe TEAEs		3 (0.76)		0 (0.00)
TEAEs suspected to be related to study treatment		26 (6.58)		26 (6.62)
TEAEs leading to study treatment discontinuation		4 (1.01)		3 (0.76)
Fatal TEAEs		1 (0.25) ^b		0 (0.00)
Local tolerability				
Global evaluation: intolerability—no. pts (%) ^c				
At day 4	393	7 (1.78)	393	3 (0.76)
At day 8	391	5 (1.28)	393	8 (2.04)
At day 15	389	6 (1.54)	391	7 (1.79)
Burning—no. pts (%) ^d				
At day 4	393	30 (7.63)	393	36 (9.16)
At day 8	391	21 (5.38)	393	41 (10.43)
At day 15	389	26 (6.68)	391	27 (6.91)
Stinging—no. pts (%) ^d				
At day 4	393	19 (4.83)	393	17 (4.33)
At day 8	391	22 (5.62)	393	25 (6.36)
At day 15	389	21 (5.39)	391	16 (4.09)
Blurred vision—no. pts (%) ^d				
At day 4	393	21 (5.34)	393	16 (4.07)
At day 8	391	22 (5.63)	393	14 (3.56)
At day 15	389	10 (2.57)	391	5 (1.28)
Compliance				
Overall daily dose (drops)—mean ± SD ^e	395	3.81 ± 0.35	393	3.87 ± 0.60

^aBest-corrected visual acuity (BCVA) using ETDRS chart.

^bThe death was due to myocardial infarction; the Investigator did not suspect a causal relationship between the event and study treatment.

^cGlobal evaluation on a four-point scale: 0 = no intolerability, 1 = mild intolerability, 2 = moderate intolerability, 3 = maximum intolerability.

^dBurning, stinging, blurred vision on a four-point scale: 0 = none, 1 = mild, 2 = moderate, 3 = severe.

^eEvaluated through the patient diary, in which the subject is to record all treatments.

patient compliance, the topical antibiotics are often administered in a preformed combination with a corticosteroid. Given the custom of corticosteroid tapering, the antibiotic in fixed associations is also progressively reduced after the initial 2 weeks. These widespread modalities of empirical treatment must be considered irrational since the surgical wound usually heals within 7 days [13, 14]. Therefore, prolonging the administration of a topical antibiotic beyond this period is not reasonable as protracted antibiotic treatment, besides not being useful, could favour the appearance of bacterial resistance, especially if tapering is performed [15–17].

To our knowledge, this study is the first to compare two topical antibiotic prophylaxis regimens of different duration: 7 days, justified by the mean surgical wound repair time, vs. 14 days, which represents the average duration implemented in clinical practice. In this study, topical prophylaxis was performed independently of the intracameral administration of cefuroxime, which although recommended by the ESCRS, was not mandatory and was performed in 80% of patients in both groups. During the study, no case of endophthalmitis was observed in both arms. Therefore, the short-term prophylaxis performed in the L-DSP arm was not different from the protracted one implemented in the Tobradex[®] arm. The results of the study seem to confirm the efficacy of short antibiotic prophylaxis, which, if implemented systematically, would lead to at least halving the amount of antibiotic used in prophylaxis in the most widespread surgical intervention in the world, with undoubted advantages from the point of view of cost containment and reduction of adverse events. Furthermore, this new short-lasting treatment strategy could represent a major step forward in the direction of limiting the prophylactic use of antibiotics and, consequently, the emergence of antibiotic resistance, one of the main public health problems that will have to be effectively addressed in the coming years.

The current study had some limitations, including the single-blind design (however, no alternative was possible because of the switch from a fixed combination to corticosteroid alone in the study arm and the different formulation of the medications: L-DSP is a solution and Tobradex[®] a suspension, so the blindness could not be ensured), uncomplicated cataract as inclusion criterion, and the number of patients enrolled in relation to the very low incidence of endophthalmitis. In any case, the size of the recruited sample, which is among the highest in the clinical trials available on this specific indication, suggests that with short-term prophylaxis the incidence of endophthalmitis is likely to be <0.2%, and not greater than that expected in a population partially treated with intracameral antibiotic injection [36].

On the other hand, the present study has some strengths: a robust methodology, a conservative sample size for the principal endpoint (one of the highest in literature) and high-quality findings (a very high quote of randomized patients was analyzable and the study was completed in <4 months).

In conclusion, this is the first randomized clinical study showing the validity of short-term antibiotic/corticosteroid treatment in cataract surgery. The present study suggests that a fixed-dose ophthalmic preparation of levofloxacin and dexamethasone may represent a judicious addition to the current armamentarium of drugs available for the treatment/prevention of inflammation and the prevention of infection following cataract surgery. From a pragmatic point of view, this study may also suggest that a follow-up visit should be planned 1 week after surgery as it allows to identify patients that theoretically do not need further medication if have complete resolution of inflammation. This new short-lasting treatment strategy could, therefore, represent both an opportunity to optimize the use of corticosteroids after cataract surgery and a major step forward in the direction of limiting the prophylactic use of antibiotics and, consequently, the emergence of antibiotic resistance.

Summary

What was known before

- Evidence on medical treatment after cataract surgery is relatively limited to the duration of topical infection prophylaxis (after the recommended intracameral administration of cefuroxime) and of anti-inflammatory treatment. Frequently these treatments are performed with a fixed antibiotic/corticosteroid eye drop combination, but the duration of the administration is not standardized. In the clinical practice, the antibiotic prophylaxis is generally continued for at least 2 weeks, longer than probably necessary, as surgical wound usually repairs within 1 week. Also, the duration of topical corticosteroids (generally 2 or more weeks, often with a dose tapering of the fixed combination) is not supported by clinical evidence, and shortening is potentially convenient as the adverse reactions, including intraocular hypertension, are dose dependent.

What this study adds

- This study provided for the first time the evidence that 1-week levofloxacin–dexamethasone eye drops were effective as 2-week tobramycin–dexamethasone eye drops for local prophylaxis of ocular infection: no

endophthalmitis was observed in either treatment group. Moreover, 1-week levofloxacin–dexamethasone eye drops were able to abolish ocular inflammation in 85% of patients, showing that for a high percentage of patients it is not necessary to prolong the corticosteroid treatment beyond the 1st week after surgery. Based on the results of this study, which showed that the administration of levofloxacin–dexamethasone in fixed combination for a single week is effective for the prophylaxis of infections and for controlling post surgical inflammation, new strategies could be designed for patients undergoing cataract surgery in order to save misuse of antibiotics and consequently prevent antibiotic resistance as well as to minimize steroidal side effects.

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Compliance with ethical standards

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