# SOME REMARKS ON THE EXTINCTION FOR THE MEANCURVATURE FLOW 

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## 1. Introduction.

Let us consider a family of bounded open sets $\left(\Omega_{t}\right)_{t \geq 0}$ in $\mathbb{R}^{n}(n \geq 2)$ and sets $\Gamma_{t}=\partial \Omega_{t}$. If $\Gamma_{t}$ is a smooth $(n-1)$-dimensional hypersurface it is said to be moving by mean curvature if the following initial value problem is satisfied

$$
\left\{\begin{array}{l}
V=H  \tag{1.1}\\
\left(\Gamma_{t}\right)_{t=0}=\Gamma_{0}
\end{array} \quad \text { on } \quad \Gamma_{t}\right.
$$

where $V(x, t)$ and $H(x, t)$ denotes respectively the inward normal velocity and $(n-1)$ times the mean curvature of $\Gamma_{t}$ at a point $x \in \Gamma_{t}$.

It is well known (see [9] for smooth convex, and [4] for general continuous hypersurfaces) that $\Gamma_{t}$ shrinks to a point in a finite time $t^{*}$ defined as

$$
t^{*}=t^{*}\left(\Gamma_{0}\right)=\inf \left\{t: \Gamma_{t} \neq \emptyset\right\}
$$

and called extinction time. The simplest upper bound estimate for $t^{*}$ relies on a monotonicity property of the mean curvature equation according to which, given two sets $\Omega_{0}$ and $D_{0}$ in $\mathbb{R}^{n}$ such that $\overline{\Omega_{0}} \subset D_{0}$, the inclusion remains true during the whole evolution of their boundaries: $\overline{\Omega_{t}} \subset D_{t}$. Therefore, denoting by $d_{0}$ the diameter of $\Omega_{0}$, since $\Omega_{0}$ lies in a ball of radius $R=\left(\frac{n}{2(n+1)}\right)^{1 / 2} d_{0}$,
by the monotonicity it follows that $t^{*}$ can be estimated with the extinction time of a ball of radius $R$, that is

$$
\begin{equation*}
0 \leq t^{*} \leq \frac{n}{4\left(n^{2}-1\right)} d_{0}^{2} \tag{1.2}
\end{equation*}
$$

This estimate is not sharp and it has been refined in [6], where the authors have proved that

$$
\begin{equation*}
0 \leq t^{*} \leq C\left((\mathscr{H})^{n-1}\left(\Gamma_{0}\right)\right)^{2 / n-1} \tag{1.3}
\end{equation*}
$$

Here $(\mathscr{H})^{n-1}$ denotes the $(n-1)$-dimensional Hausdorff measure and the constant $C=C(n)$ comes from a Sobolev type inequality on manifolds whose best constant is still unknown (see [10]). In this paper we will prove a sharp upper bound for $t^{*}$ involving the $n$-dimensional measure of $\Omega_{0}$ rather than the ( $n-1$ )-dimensional measure of its surface. More precisely we will show that the extinction time of $\Gamma_{0}$ can be estimated from above by the extinction time of the ball having the same volume as $\Omega_{0}$. The sharpness of our estimate relies on an isoperimetric inequality involving the total mean curvature of mean convex sets (see Section 2 for definitions). For this reason our upper bound holds true in the case of general bounded convex sets and smooth mean convex sets.

## 2. Notation and Preliminaries.

We begin by recalling some definitions and properties of rearrangements of functions. Let $\Omega$ be a bounded open set of $\mathbb{R}^{n}$ and let $\left.u: \Omega \rightarrow\right]-\infty, 0$ ] be a measurable function. We denote by

$$
\mu(\theta)=(\mathscr{L})^{n}(\{x \in \Omega: u(x)<\theta\}), \quad \theta \leq 0
$$

the distribution function of $u$, where $(\mathcal{L})^{n}$ will denote here and in what follows the Lebesgue measure in $\mathbb{R}^{n}$, and by

$$
u^{*}(s)=\sup \{\theta \leq 0: \mu(\theta)<s\}, \quad s \in(0,|\Omega|)
$$

the increasing rearrangement of $u$. In the following we will denote by $\Omega^{\#}$ the ball centered at the origin having the same measure as $\Omega$ and by $u^{\#}$ the negative spherically symmetric increasing function whose level sets are balls having the same measure as the corresponding level sets of $u$. This means

$$
u^{\#}(x)=u^{*}\left(\omega_{n}|x|^{n}\right) \quad x \in \Omega^{\#},
$$

where $\omega_{n}$ is the Lebesgue measure of the unit ball in $\mathbb{R}^{n}$. If $\left.\left.u: \Omega \rightarrow\right]-\infty, 0\right]$ is a function whose level sets $\{x \in \Omega: u(x)=\theta\}$ have finite perimeter, then we denote by

$$
\lambda(\theta)=\mathscr{H}^{n-1}(\{x \in \Omega: u(x)=\theta\}), \quad \theta \leq 0,
$$

and we define the rearrangement of $u$ with respect to the perimeter of its level sets as

$$
u_{1}^{*}(s)=\sup \{\theta \leq 0: \lambda(\theta)<s\}, \quad s \in\left(0, \mathscr{H}^{n-1}(\partial \Omega)\right)
$$

We will denote by $\Omega^{\star}$ the ball centered at the origin having the same perimeter as $\Omega$ and set

$$
u^{\star}(x)=u_{1}^{*}\left(n \omega_{n}|x|^{n-1}\right), \quad x \in \Omega^{\star}
$$

We explicitly remark that $u^{\star}$ is a negative spherically symmetric increasing function whose level sets are balls having the same perimeter as the corresponding level sets of $u$.

If $\Omega$ has a $C^{2}$ boundary, then the principal curvature (oriented so that convex sets have non-negative curvatures) will be denoted by $k_{1}, \ldots, k_{n-1}$ and ( $n-1$ ) times the mean curvature will be denoted by $H[\partial \Omega]$, that is

$$
H[\partial \Omega]=k_{1}+k_{2}+\ldots+k_{n-1}
$$

It easily follows from the above definitions and the classical isoperimetric inequality that

$$
\begin{equation*}
H\left[\left\{u^{\star}=\theta\right\}\right] \geq H\left[\left\{u^{\#}=\theta\right\}\right] \tag{2.1}
\end{equation*}
$$

According to [13] we will say that a domain $\Omega$ is mean convex or $1-$ convex if and only if $H[\partial \Omega] \geq 0$.

Finally we recall the following Alexandrov-Fenchel inequality involving the total mean curvature of level sets of a function $u$ (see [2], [12]).

Theorem 2.1. Let u be a nonpositive measurable function having mean convex level sets; then

$$
\begin{equation*}
\int_{u=\theta} H[\{u=\theta\}] d \mathscr{H}^{n-1} \geq \int_{u^{\star}=\theta} H\left[\left\{u^{\star}=\theta\right\}\right] d \mathscr{H}^{n-1}, \quad \theta<0 . \tag{2.2}
\end{equation*}
$$

## 3. A sharp estimate of the extinction time.

We first recall a different approach to motion by mean curvature first proposed by Osher and Sethian in a numerical framework (see [11]) and then studied by Evans and Spruck in [4].
Let $\Omega$ be a bounded open set in $\mathbb{R}^{n}$ and let us choose a continuous function $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ such that

$$
\Gamma_{0}=\partial \Omega=\left\{x \in \mathbb{R}^{n}: f(x)=0\right\}
$$

In the following parabolic problem

$$
\left\{\begin{array}{l}
w_{t}=|D u| \operatorname{div}\left(\frac{D w}{|D w|}\right) \quad \text { in } \mathbb{R}^{n} \times(0, T)  \tag{3.1}\\
w(x, 0)=f(x)
\end{array}\right.
$$

the equation states that each level set of $w$ evolves according to its mean curvature. Consequently, the evolution of $\Gamma_{0}$ is given by $\Gamma_{t}=\left\{x \in \mathbb{R}^{n}\right.$ : $w(x, t)=0\}$, for each time $t>0$. In particular, if $\Omega$ is a mean convex open set, we can set

$$
w(x, t)=u(x)+t
$$

and problem (3.1) becomes

$$
\begin{cases}|D u| \operatorname{div}\left(\frac{D u}{|D u|}\right)=1 & \text { in } \Omega  \tag{3.2}\\ u=0 & \text { on } \partial \Omega\end{cases}
$$

Note that, in general, neither a smooth solution to (3.1) nor a smooth solution to (3.2) exists, but it has been proved in [4] (see also [3], [5], [6] and [7]), that problems (3.1) and (3.2) admit a unique viscosity solution which provides a possible generalization of the classical mean curvature motion (1.1).
Proposition 3.1. Let $u$ be a smooth solution to problem (3.2) and let $v$ be the solution of the following symmetrized problem

$$
\begin{cases}|D v| \operatorname{div}\left(\frac{D v}{|D v|}\right)=1 & \text { in } \Omega^{\star}  \tag{3.3}\\ v=0 & \text { on } \partial \Omega^{\star}\end{cases}
$$

Then

$$
\begin{equation*}
0 \geq u^{\#}(x) \geq v(x), \quad x \in \Omega^{\star} \tag{3.4}
\end{equation*}
$$

Proof. Let $\theta \leq 0$; by integrating on the set $\{u<\theta\}$ the equation in (3.2), using the coarea-formula, and the fact that $\left.\operatorname{div}\left(\frac{D u}{|D u|}\right)\right|_{\{u=\sigma\}}=H[\{u=\sigma\}]$ we get

$$
\mu(\theta)=\int_{-\infty}^{\theta}\left(\int_{u=\sigma} H[\{u=\sigma\}] d \mathscr{H}^{n-1}\right) d \sigma
$$

Differentiating with respect to $\theta$, using the Alexandrov-Fenchel inequality (2.2) and (2.1) we have

$$
\begin{aligned}
\mu^{\prime}(\theta) & =\int_{u=\theta} H[\{u=\theta\}] d \mathscr{H}^{n-1} \geq \int_{u^{\star}=\theta} H\left[\left\{u^{\star}=\theta\right\}\right] d \mathscr{H}^{n-1} \\
& \geq \int_{u^{\#}=\theta} H\left[\left\{u^{\#}=\theta\right\}\right] d \mathscr{H}^{n-1}=C_{n} \mu(\theta)^{(n-2) / n},
\end{aligned}
$$

where $C_{n}=n(n-1) \omega_{n}^{2 / n}$. Thus $\mu$ solves the following problem

$$
\left\{\begin{array}{l}
\mu^{\prime}(\theta) \geq C_{n} \mu(\theta)^{(n-2) / n}, \quad \theta \leq 0 \\
\mu(0)=|\Omega|
\end{array}\right.
$$

Arguing for $v$ in an analogous way, all the inequalities become equalities and then the distribution function $v$ of $v$ solves the problem

$$
\left\{\begin{array}{l}
\nu^{\prime}(\theta)=C_{n} \nu(\theta)^{(n-2) / n}, \quad \theta \leq 0 \\
\nu(0)=|\Omega|
\end{array}\right.
$$

Then $\mu(\theta) \leq \nu(\theta)$ and the claim immediately follows.
From (3.4) straightly follows our main theorem.
Theorem 3.1. Let $\Omega$ be a smooth mean convex bounded open set in $\mathbb{R}^{n}$ and let $\Gamma_{0}=\partial \Omega$. If $\Gamma_{t}$ denotes the evolution of $\Gamma_{0}$ by mean curvature and $\Gamma_{t}=\partial \Omega_{t}$, where $\Omega_{t}$ is a smooth mean convex bounded open set in $\mathbb{R}^{n}$, then the following estimate holds

$$
\begin{equation*}
0 \leq t^{*} \leq \frac{1}{2(n-1)}\left(\frac{|\Omega|}{\omega_{n}}\right)^{\frac{2}{n}} \tag{3.5}
\end{equation*}
$$

Actually, we can prove a more precise pointwise comparison result as stated in the following

Proposition 3.2. Under the assumptions of Proposition 3.1 we get

$$
\begin{equation*}
0 \geq u^{\star}(x) \geq v(x), \quad x \in \Omega^{\star} \tag{3.6}
\end{equation*}
$$

Proof. Let $\theta \leq 0$. It is well known (see [9]) that

$$
\lambda^{\prime}(\theta)=\int_{u=\theta} H^{2}[\{u=\theta\}] d \mathscr{H}^{n-1}
$$

By Hölder inequality we get

$$
\begin{aligned}
\mu^{\prime}(\theta)=\int_{u=\theta} H[\{u=\theta\}] d \mathscr{H}^{n-1} & \leq(\lambda(\theta))^{1 / 2}\left(\int_{u=\theta} H^{2}[\{u=\theta\}] d \mathscr{H}^{n-1}\right)^{1 / 2} \\
& =\lambda(\theta)^{1 / 2}\left(\lambda^{\prime}(\theta)\right)^{1 / 2}
\end{aligned}
$$

On the other hand

$$
\mu^{\prime}(\theta) \geq \int_{u_{1}^{\star}=\theta} H\left[\left\{u^{\star}=\theta\right\}\right] d \mathscr{H}^{n-1}=\tilde{c}(n) \lambda(\theta)^{(n-2) /(n-1)},
$$

where $\tilde{c}(n)=(n-1)\left(n \omega_{n}\right)^{1 / n-1}$. Hence we can say that $\lambda$ satisfies

$$
\left\{\begin{array}{l}
\lambda^{\prime}(\theta) \geq \tilde{c}(n)(\lambda(\theta))^{(n-2) /(n-1)} \\
\lambda(0)=\mathscr{H}^{n-1}(\partial \Omega)
\end{array}\right.
$$

In a similar way we find that the function $\sigma$, which denotes the perimeter of the level sets of $v$, is the solution of the following problem

$$
\left\{\begin{array}{l}
\sigma^{\prime}(\theta)=\tilde{c}(n)(\sigma(\theta))^{(n-2) /(n-1)} \\
\sigma(0)=\mathscr{H}^{n-1}(\partial \Omega)
\end{array}\right.
$$

Then $\lambda(\theta) \leq \sigma(\theta)$,for all $\theta<0$ and the claim follows.
For the non-smooth case and for some numerical example we refer to [1].

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