MILANO I MEXICO CITY I BANGALORE I CAPE TOWN I CURITIBA I BEIJING

3-5 April 2019

DESIGNING SUSTAINABILITY FOR ALL

Edited by Marcelo Ambrosio and Carlo Vezzoli

Proceedings of the

3rd **LeNS world distributed conference** VOL. 2



Designing sustainability for all

Proceedings of the 3rd LeNS World Distributed Conference, Milano, Mexico City, Beijing, Bangalore, Curitiba, Cape Town, 3-5 April 2019

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LeNS - the Learning Network on Sustainabilty - is a project funded by LeNSin Erasmus+ Programme of the European Union





With the support of the Erasmus+ Programme of the European Union

Edited by Marcelo Ambrosio and Carlo Vezzoli

Double-Blind Peer Review.

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The proceedings are also available at: www.lensconference3.org

Endorsment:



ISBN: 978-88-95651-26-2

Published by © 2019 Edizioni POLI.design Address: via Durando 38/A – 20158 Milano Tel. 02-2399.7206 Fax 02-2399.5970 e-mail: segreteria@polidesign.net website: www.polidesign.net

First Edition

CONTENTS

VOLUME 2 (paper in this volume)

4. SYSTEM AND CIRCULAR DESIGN FOR SUSTAINABILITY

SYSTEM DESIGN FOR TERRITORIAL CYCLE TOURISM Alessio D'Onofrio	291
DESIGN TOOLKIT FOR SUSTAINABLE IDEATION Ameya Dabholkar, Shivangi Pande, Puneet Tandon	296
THE SUSTAINABILITY OF PACKAGING FOR E-COMMERCE: FROM SYSTEM TO PRODUCT. Amina Pereno, Silvia Barbero	301
SUSTAINABLE INTERACTION FOR MOBILITY SYSTEM Andrea Arcoraci, Andrea Di Salvo, Paolo Marco Tamborrini.	308
DESIGN AND AGRIFOOD FOR NEW SUSTAINABLE LOCAL DEVELOPMENT C. Anna Catania , Aurora Modica	313
ZERO KILOMETRE PLANTS PRODUCTION. AN INTEGRATED DESIGN APPLICATION Attilio Nebuloni, Giorgio Buratti, Matteo Meraviglia	319
DESIGN FOR CIRCULAR ECONOMY - A RE-THINKING PROGRESS IN THE WAY WE MAKE, BUY AND USE THINGS Barbara Wong	325
DESIGNING SUSTAINABLE AND HEALTHY FOOD SYSTEMS THROUGH CATERING: THE ROLE OF DESIGNERS Berill Takacs	333
SYSTEMIC DESIGN DELIVERING POLICY FOR FLOURISHING CIRCULAR REGIONS Carolina Giraldo Nohra	339
SUSTAINABLE CYCLE DESIGN AND EXPLORATION BASED ON TRADITIONAL GARBAGE COLLECTION MODEL Cheng Lin He	345
WHAT REALLY MATTERS? SYSTEMIC DESIGN, MOTIVATIONS AND VALUES OF THE CIRCULAR ECONOMY COMPANIN IN ITALY Chiara Battistoni, Silvia Barbero	NIES 351
IS DESIGN PLAYING A ROLE IN THE REALISATION OF CIRCULAR ECONOMY PROJECTS IN EUROPE? A CASE STUDY ANALYSIS. 356	
"THE SEVEN TREES SIGNIFICANCE". THE BENEDICTINE MONKS' AGROSILVOPASTORAL PRODUCTIVE SYSTEM Prof. arch. Claudio Gambardella, Dott. Raoul Romano	362
ECOLOGICAL DESIGN THINKING FOR THE 21 ST CENTURY David Sánchez Ruano, PhD	366
DESIGN FOR SUSTAINABILITY TRANSITIONS AND SUFFICIENT CONSUMPTION SCENARIOS:A SYSTEMATIC REVIEW Iana Uliana Perez, Mônica Moura, Suzana Barreto Martins, Jacob Mathew, Fayiqa Halim	371

DESIGN FOR A SUSTAINABLE INNOVATION OF THE ITALIAN COMPANIES: THE ECODESIGNLAB EXPERIE Jacopo Mascitti, Daniele Galloppo	NCE
DESIGN AND TRANSITION MANAGEMENT: VALUE OF SYNERGY FOR SUSTAINABILITY Jotte de Koning	
DESIGN AND NATURE: NEW WAYS OF KNOWING FOR SUSTAINABILITY Kate Fletcher, Louise St Pierre, Mathilda Tham	
CO-DESIGNING A COMMUNITY CENTRE IN USING MULTI-MODAL INTERVENTIONS Kim Berman (Visual Art), Boitumelo Kembo-Tolo (Multi-Media)	
CRAFTING SUSTAINABILITY THROUGH SMALL, LOCAL, OPEN AND CONNECTED ENTERPRISES ON THE C PRAIRIES: THE CASE OF MANITOBAN CRAFT BREWERIES Iain Davidson-Hunt, Kurtis Ulrich, Hannah Muhajarine	ANADIAI
CASULO VERDE PROJECT: A SYSTEMIC APPROACH TO DESIGN MANAGEMENT. Larissa Fontoura Berlato, Isabel Cristina Moreira Victoria, Luiz Fernando Gonçalves de Figueiredo,	
MAPPING & CLASSIFYING BUSINESS MODELS TO REPLACE SINGLE-USE PACKAGING IN THE FOOD & B INDUSTRY: A STRATEGIC DESIGN TOOL Noha Mansour, Fabrizio Ceschin, David Harrison, Yuan Long	EVERAGI
CLIMATE SWITCH: DESIGN LED SYSTEM RESPONSE TO CLIMATE CHANGE INDUCED BY CONSUMPTION Palash Ghawde, Bindiya Mutum, Praveen Nahar	
FARM ONTOLOGY: A SYSTEM THINKING APPROACH FOR PLANNING AND MONITORING FARM ACTIVITIE Pasqualina Sacco, Raimondo Gallo, Fabrizio Mazzetto	S
INCLUSIVE CIRCULAR ECONOMY: AN APPROACH FOR EMERGING ECONOMIES Priscilla R. Lepre, Leonardo Castillo	
PARTICIPATORY AND SUSTAINABLE STRATEGY-MAKING FOR COMMUNITY RENEWAL: THE CASE OF IAO MACAO	HON IN
Yan Xiaoyi, Zhou Long, Guoqiang Shen	
5. DESIGN FOR SOCIAL EQUITY, INCLUSION AND COHESION	
TRANSDISCIPLINARY AND INTERCULTURAL FIELD STUDY AS A NEW APPROACH TO ADDRESS CLIMATE DESIGNERLY	CHANGE
Yue Zou, Zhiyuan Ou,	ATIONS
CERNE PROJECT AND REMEXE COLLECTION: ACTIONS IN SOCIAL DESIGN IN SEARCH OF SOCIAL INNOV SYSTEMIC CHARACTER Juliana Pontes Ribeiro, Adriana Tonani Mazzieiro, Gabriel Julian Wendling	ATIONS
TOWARDS INCLUSIVITY: EXPLORING THE IMPLICATIONS OF MULTI-SENSORY AND PARTICIPATORY DES APPROACHES IN A SOUTH AFRICAN CONTEXT Alexis Wellman, Karolien Perold-Bull,	SIGN
THE OPPORTUNITIES OF SUSTAINABLE HOUSING TO PROMOTE GENDER EQUALITY Anahí Ramírez Ortíz	

INTILANGA: THE HUMAN-CENTRED DESIGN OF AN OFF-GRID FOOD PROCESSING SYSTEM FOR MICRO-ENTERPRIS WITHIN JOHANNESBURG	ES
Antonio Marin, Martin Bolton	478
SOCIAL SUSTAINABILITY AND VIRTUAL REALITY HEAD-MOUNTED DISPLAYS: A REVIEW OF THE USE OF IMMERSIN SYSTEMS IN THE AID OF WELL-BEING	
Antônio Roberto Miranda de Oliveira, Amilton José Vieira de Arruda	484
RESEARCH ON DESIGN EMPOWERMENT OPPORTUNITIES FOR THE ELDERLY IN COMMUNITY Binbin Zheng, Miaosen Gong, Zi Yang	490
FRAMEWORK OF ANALYTICAL DIMENSIONS AND DESIGN APPROACHES FOR SOCIAL INNOVATION Camila Ferrari Krassuski, Liliane Iten Chaves	496
COLLECTIVIZATION OF DESIGN AND DIGITAL MANUFACTURING: SOCIAL LABORATORIES Daniel Llermaly Larraín	502
FOSTERING SOCIAL INNOVATION THROUGH SOCIAL INCUBATORS AND CORPORATE SOCIAL INCUBATORS: EVIDEN FROM ITALY	NCE
Davide Viglialoro, Paolo Landoni	507
UN-NUANCES OF CO-DESIGNING AND CO-CREATING: A DESIGN THINKING APPROACH WITHIN A 'ZONGO' COMMUNITY IN GHANA Patrick Gyamfi, Edward Appiah, Ralitsa Debrah	513
THE DESIGN OF BANYANKOLE TRADITIONAL HOUSE: POWER DIMENSIONS, HOSPITALITY AND BEDROOM DYNAMICS	
Emmanuel Mutungi	518
CHALLENGE BASED INNOVATION FOR HUMANITARIAN PURPOSES:DESIGNING A WEB-APP TO FIGHT OBESITY. RESULTS OF THEPORT_2018 PIER 32 Eveline Wandl-Vogt, Amelie Dorn, Enric Senabre Hidalgo, James Jennings,eGiuseppe Reale,	
KAROLOS POTAMIANOS 524	
USER EXPERIENCE IN DESIGN TARGETING POVERTY ALLEVIATION: A CASE STUDY OF "SHANJU RENOVATION" ACTIVITY IN MAGANG VILLAGE	
FEI HU, JIXING SHI,	529
DESIGNING SUSTAINABLE MOBILITY FOR PEOPLE AT RISK OF SOCIAL ISOLATION - TWO CULTURAL PERSPECTIVE	ES
FROM SINGAPORE AND FRANCE Henriette Cornet, Penny Kong, Flore Vallet, Anna Lane, Yin Leng Theng	535
RESEARCH ON THE DESIGN OF SUSTAINABLE BATH EQUIPMENT IN POOR RURAL AREAS OF HEBEI HuHong, Li Heng	541
MAKING A COMIC ABOUT WESTBURY'S ANTI-APARTHEID ACTIVIST, FLORRIE DANIELS Florrie Daniels, Jean Bollweg	546
FROM ROBOTS TO HUMANS: PROSTHETICS FOR ALL Maria Rosanna Fossati, Manuel Giuseppe Catalano, Giorgio Grioli,Antonio Bicchi	552
DESIGNING SUSTAINABILITY FOR ALL OR CO-DESIGNING SUSTAINABILITY WITH ALL? Marie Davidová	558

DESIGN FOR SOCIAL INNOVATION WITHIN A VULNERABLE GROUP. LESSONS LEARNT FROM THE EXPERIMENTATION VIVICALUSCA IN ITALY		
Daniela Selloni, Martina Rossi	564	
SUSTAINABLE DESIGN IDEA FOR ALL PEOPLE Dong Meihui	570	
THE FUTURE IS FRUGAL Naga Nandini Dasgupta, Sudipto Dasgupta	574	
#ECOTERACY, DESIGNING AN INFO INCLUSIVE AND UNIVERSAL LANGUAGE OF SUSTAINABILITY Nina Costa, Alexandra Duborjal Cabral, Cristóvão Gonçalves, Andreia Duborjal Cabral, Isabel Vasconcelos, D Ascensão, Adriana Duarte	Dânia 580	
CULTURAL AND NATURAL HERITAGE FOR ALL: SUSTAINABLE FRUITION OF SITES BEYOND PHYSICAL ACCESSIBILITY Paola Barcarolo, Emilio Rossi	585	
ADOPTION OF BIO-BASED ECONOMIES IN RURAL KENYA FOR IMPROVED LIVELIHOODS Pauline N. Mutura, WairimuMaina, Peter Kamau	591	
DESIGN DISCRIMINATION-REFLECTION FOR CRITICAL THINKING Ravi Mani	597	
ORGANIC FARMING AS A LIVELIHOOD OPPORTUNITY AND WELL BEING FOR SUNDARBAN FARMERS Sanjukta Ghosh	602	
ERSILIALAB IN MILAN. A PARTICIPATORY EXPERIENCE TO DESIGN NEW WAYS FOR ROMA'S SOCIAL INCLUSION Silvia Nessi, Beatrice Galimberti	608	
REVITALIZING MARGINALIZED COMMUNITIES FOR SUSTAINABLE DEVELOPMENT BY DESIGN Tao Huang, Eric Anderson	614	
THE CONTRIBUTION OF COMMUNICATION DESIGN TO ENCOURAGE GENDER EQUALITY Valeria Bucchetti, Francesca Casnati	619	
APPLYING HUMAN-CENTERED TECHNOLOGICAL APPROACH FOR SUSTAINABLE BUSINESSES IN INDIAN INFORM ECONOMIES Vivek Chondagar	IAL 624	
STUDY ON SUSTAINABILITY OF WATER MANAGEMENT SYSTEM IN TRADITIONAL VILLAGES IN WESTERN ZHEJIANG		
PROVINCE - TAKING SHEN'AO VILLAGE IN ZHEJIANG PROVINCE AS AN EXAMPLE Zhang Yao, Zhou Haoming	629	
SUSTAINABLE RURAL TOURISM SERVICE SYSTEM DESIGN THAT BALANCES LOCAL REVITALIZATION AND EXTERNATION INVOLVEMENT—TAKING THE AKEKE AS AN EXAMPLE		
Yiting Zhao, Jun Zhang	634	

VOLUME 1

FOREWORD	I
LENSIN PROJECT	II
THE LENS CONFERENCE	111
LENS MANIFESTO	IV
1.KEY NOTE PAPERS	
TOWARDS SUSTAINABLE DESIGN VALUES: EVOLUTIONARY CONCEPTS AND PRACTICES Xiaobo Lu	001
CIRCULAR ECONOMY, SYSTEMIC DESIGN AND SOCIAL DEVELOPMENT GUIDELINES FOR EMERGING ECONOMIES Leonardo Castillo	005
DESIGNING TO CREATE A SHARED UNDERSTANDING OF OUR COLLECTIVE CONCERNS Poonam Bir Kasturi	012
DESIGNERS FACING GLOBAL CHALLENGES Julio Frías Peña	015
SOUTH AFRICAN KEYNOTE SPEECH FOR LENS WORLD DISTRIBUTED CONFERENCE DESIGNING SUSTAINABIL	_ITY FOR
Angus Donald Campbell	019
THE CIRCULAR INDUSTRIAL ECONOMY IN A NUTSHELL Walter R. Stahel	024
2. PRODUCT-SERVICE SYSTEM DESIGN FOR SUSTAINABILITY	
SUSTAINABLE PRODUCT-SERVICE SYSTEM REQUIREMENTS IN FASHION RETAIL	
Alana Emily Dorigon, Maria Auxiliadora Cannarozzo Tinoco, Jonatas Ost Scherer, Arthur Marcon	1
1TRASTOCAR. INTERACTIVE ART-DESIGN TO MAKE VISIBLE ENVIRONMENTAL IMPACT Ana Carolina Robles Salvador, Rodrigo Rosales González	6
PRODUCT-SERVICE SYSTEMS DEVELOPMENT PROCESS: SYSTEMATIC LITERATURE REVIEW Barbara Tokarz, Bruno Tokarz, Délcio Pereira, Alexandre Borges Fagundes, Fernanda Hänsch Beuren	12
INTRODUCING SYSTEMIC SOLUTIONS FOR SUSTAINABILITY AT THE DESIGN COURSES IN UAM CUAJIMALPA. CASE: BOOK CLUB IN MEXICO CITY Leonel Sagahon, Brenda García	. STUDY 16
IMPLEMENTATION OF THE LENS PROJECT AT THE UNIVERSIDADE DO ESTADO DO PARÁ (UEPA) Camilla Dandara Pereira Leite, Alayna de Cássia Moreira Navegantes, Antonio Erlindo Braga Jr	20
INITIAL PROPOSALS FOR THE IMPLEMENTATION OF THE PRODUCT-SERVICE SYSTEM AT THE UNIVERSIDAD	EDO

ESTADO DO PARÁ (UEPA) Camilla Dandara Pereira Leite, Jamille Santos dos Santos, Alayna de Cássia Moreira Navegantes, Vinícius Lopes

Braga, Agatha Cristina Nogueira de Oliveira da Silva, Antonio Erlindo Braga Jr.	24
ASPECTS OF THE PRODUCT-SERVICE SYSTEM IN BRAZILIAN LITERATURE Camilla Dandara Pereira Leite, Antonio Erlindo Braga Jr.	27
"LIBRARY OF STUFF": A CASE OF PRODUCT SHARING SYSTEM PRACTICE IN TURKEY Can Uckan Yuksel, Cigdem Kaya Pazarbas	31
RESEARCH ON SERVICE SYSTEM DESIGN BASED ON VISUALIZATION OF SUSTAINABLE PRODUCT CARBON FOOTPRINT Chenyang Sun, Jun Zhang	37
INNOVATIVE SCHEME RESEARCH OF SHIMEN CITRUS' LIFE CYCLE BASED ON PRODUCT-SERVICE DESIGN THINKII Chuyao Zhou, Jixing Shi, Jeff Lai, Amber Tan, Yuan Luo, Yongshi Liu, Shaohua Han	NG 42
PRODUCT-SERVICE SYSTEMS (PSS): THE USE OF PRINCIPLES IN THE CREATIVE PROCESS OF PSS Emanuela Lima Silveira, Aguinaldo dos Santos	47
STUDY ON THE SERVICE DESIGN OF URBAN YOUNG DRIFTERS COMMUNITY Fei Hu, Yimeng Jin , Xing Xu	53
URBAN AGRICULTURE STARTUP CASE STUDY FOR SERVICE DESIGN IN BRAZIL Gabriela Garcez Duarte, Elenice Lopes, Lucas Lobato da Costa, Mariana Schmitz Gonçalves, Aguinaldo dos Santos	59
DEVELOPMENT MECHANISM ON CHINA'S INDUSTRIAL DESIGN PARKS THEMED DESIGN ENTREPRENEURSHIP Hongbin Jiang, Qiao Zhang	65
RESEARCH OF SUSTAINABLE PRODUCT SERVICE SYSTEMS ON CHINESE MINORITY BRAND CONTEXT Hong Hu, Feiran Bai, Daitao Hao, Jie Zhou	69
CHILDREN'S TOY SHARING SYSTEM FROM THE PERSPECTIVE OF SUSTAINABLE COMMUNITY CONCEPT Zhong Huixian, He Yi, Chen Chaojie	75
PRODUCT SERVICE SYSTEM APPLIED TO AIR-ENERGY PRODUCT BUSINESS MODEL INNOVATION Jiahuan Qiu, Jun Zhang	81
DESIGN AND RESEARCH OF RESOURCE RECYCLING SERVICE SYSTEM IN TOURIST ATTRACTIONS: TAKING INTERNATIONAL CRUISES AS AN EXAMPLE Jingrui Shen, Jun Zhang	85
RESEARCH AND PRACTICE ON INTELLIGENT AGRICULTURAL MACHINERY PRODUCTS AND SUSTAINABLE BUSINES MODEL DESIGN Jun Zhang, Caizhi Zhou	55 90
THE CORPORATE SOCIAL RESPONSIBILITY (CSR) AND STRATEGIC MANAGEMENT FOR THE MEXICAN SPECIALIZED UBLISHING SMES Lupita Guillén Mandujano, Bertha Palomino Villavicencio, Gerardo Francisco Kloss Fernández del Castillo	D 96
SLOC MODEL BASED SERVICE DESIGN STRATEGIES AND PRACTICE ON ECOLOGICAL AGRICULTURE Lyu Ji, Miaosen Gong	101
APPLICATION OF THE CARD SORTING TECHNIQUE ASSOCIATED WITH THE STORYTELLING APPROACH IN A PSS F SUSTAINABILITY Manuela Gortz, Alison Alfred Klein, Evelyne Pretti Rodrigues, Félix Vieira Varejão Neto, Henrique Kozlowiski Buzatto, Aguinaldo dos Santos	

EMOTIONAL DESIGN IN FUNCTIONAL ECONOMY AND PSS TOWARDS BEHAVIOR CHANGE Manuela Gortz, Décio Estevão do Nascimento	111
SOUTH-TO-SOUTH SOLUTIONS: AN EXCHANGE OF AUSTRALIAN AND LATIN AMERICAN DESIGN APPROACHES T THE UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS Mariano Ramirez	°O 117
DESIGN AND SUSTAINABILITY: SYSTEMATIC REVIEW OF LITERATURE IN BRAZILIAN PHD THESES Marina Arakaki, Conrado Renan da Silva, Tomas Queiroz Ferreira Barata, Olímpio José Pinheiro, Mariano Lop Andrade Neto	pes de 123
COMPARATIVE STUDY OF PRODUCT SERVICE SYSTEM BASED ON LIFE CYCLE ANALYSIS— INNOVATIVE LUNCH TAKEAWAY SERVICE SYSTEM DESIGN Nan Xia	129
SERVICE DESIGN FOR INNOVATION: THE STRATEGIC ROLE OF SERVICE DESIGN IN INNOVATION FOR MANUFACTURING COMPANIES Naotake Fukushima, Aguinaldo dos Santos	135
WICKED PROBLEMS AND DESIGN IN EMERGING ECONOMIES: REFLECTIONS ABOUT THE DESIGN OF SYSTEMIC APPROACHES FOCUSED ON FOOD AND TERRITORY Priscilla R. Lepre, Leonardo Castillo, Lia Krucken	141
HORTALIÇÁRIO: GARDEN FOR ANY SPACE Rita de Castro Engler, Thalita Vanessa Barbalho, Letícia Hilário Guimarães, Ana Carolina Lacerda	147
A DESIGN TOOLKIT TO INTEGRATE DISTRIBUTED MANUFACTURING INTO PRODUCT-SERVICE SYSTEMS DEVELOPMENT Aine Petrulaityte, Fabrizio Ceschin, Eujin Pei, David Harrison	154
DESIGN FOR SUSTAINABILITY APPLIED TO WORKSPACES Susana Soto Bustamante, Elena Elgani, Francesco Scullica, Ricardo Marques Sastre, Marcia Elisa Echeveste, Maria Auxiliadora Cannarozzo Tinoco, Fabiane Tubino Garcia, Arthur Marcon	160
MECHANISM ANALYSIS AND APPLICATION STUDY OF SUSTAINABILITY EVALUATION TOOL FOR FURNITURE E-COMMERCE(ICSFE) Chuyao Zhou, Fang Liu, Suqin Tan, Tianwei Sun, Guixian Li, Shaohua Han	174
SUSTAINABLE PRODUCT SERVICE SYSTEMS: A NEW APPROACH TO SUSTAINABLE FASHION Yaone Rapitsenyane, Sophia Njeru, Richie Moalosi	180
PRODUCT-SERVICE SYSTEM DESIGN OF HOUSEHOLD MEDICAL WASTE MANAGEMENT FOR DIABETICS Yiting Zhang, Miaosen Gong, Dongjuan Xiao, Yuan Hu	185
BUSINESS MODEL DESIGN BASED ON THE CONCEPT OF SUSTAINABLE DEVELOPMENT—A SERVICE DESIGN OF PHYSICAL IDLE MALL AS AN EXAMPLE Luo Yuqing	THE
3. DISTRIBUTED ECONOMIES DESIGN FOR SUSTAINABILITY	
DISTRIBUTED MANUFACTURING APPLIED TO PRODUCT-SERVICE SYSTEMS: A SET OF NEAR-FUTURE SCENARIOS	196
Aine Petrulaityte, Fabrizio Ceschin, Eujin Pei, David Harrison METHODS AND TOOLS FOR COMMUNITY BASED RESEARCH PROJECTS: DISTRIBUTED DESIGN AND DISTRIBUTE INFORMATION FOR VOLUNTEER ORGANISATIONS IN SOUTH AFRICA Arnaud Nzawou, Ephias Ruhode	- / 0

RECOVERY AND RECYCLING OF A BIOPOLYMER AS AN ALTERNATIVE OF SUSTAINABILITY FOR 3D PRINTING Camilla Dandara Pereira Leite, Leticia Faria Teixeira, Lauro Arthur Farias Paiva Cohen, Nubia Suely Silva Santos	207
EXPLORING SCENARIOS TO FACILITATE THE ACCESS TO 3D PRINTING TECHNOLOGY IN EGYPT THROUGH SUSTAINABLE PSS APPLIED TO DISTRIBUTED MANUFACTURING Doaa Mohamed	211
INVESTIGATION OF THE IMPACT OF SUSTAINABILITY ON 3D PRINTING TECHNOLOGIES Emilio Rossi, Massimo Di Nicolantonio, Paola Barcarolo, Jessica Lagatta, Alessio D'Onofrio Design of abandoned vegetable and fruit transportation system based on sustainable distributed economy Haiwei Yan, Ruolin Gao, Yuanbo Sun, Ke Jiang	218
DESIGN OF ABANDONED VEGETABLE AND FRUIT TRANSPORTATION SYSTEM BASED ON SUSTAINABLE DISTRIBUTED FRUIT FRUI	UTED 224
DISTRIBUTED PRODUCTION AND SUSTAINABILITY STRATEGIES FOR FASHION Alba Cappellieri, Livia Tenuta, Susanna Testa,	228
SUSTAINABLE PRODUCT SERVICE SYSTEMS: CASES FROM OCEANIA Mariano Ramirez	233
VISUALISING STAKEHOLDER CONFIGURATIONS IN DESIGNING SUSTAINABLE PRODUCT-SERVICE SYSTEMS APPL TO DISTRIBUTED ECONOMIES Meng Gao, Carlo Vezzoli	.IED 239
LAMPS - 'DESIGNERLY WAYS' FOR SUSTAINABLE DISTRIBUTED ECONOMY Prarthana Majumdar, Sharmistha Banerjee, Jan-Carel Diehl, J.M.L.van Engelen	245
THE THIRD SECTOR AS A VECTOR TO FOSTER DISTRIBUTED DESIGN AND DISTRIBUTED ECONOMY INITIATIVES: CASE STUDY Priscilla Ramalho Lepre, Leonardo Castillo	: A 251
'SHKEN' NATURALLY YOURS – SOCIAL DIMENSIONS OF SUSTAINING RURAL DISTRIBUTED BAMBOO CRAFT ENTERPRISES OF NORTH EAST INDIA Punekar Ravi Mokashi, Avinash Shende, Mandar Rane	257
DISTRIBUTED SUSTAINABLE MARKET DESIGN BASED ON COMMUNITY Ruolin Gao, Haiwei Yan, Ke Jiang, Yuanbo Sun	261
PURA FRAMEWORK - A MODEL FOR DISTRIBUTED ECONOMY FOR INDIA Sharmistha Banerjee	265
CONTEXTUALIZING SUSTAINABLE PRODUCT-SERVICE SYSTEM DESIGN METHODS FOR DISTRIBUTED ECONOMIES INDIA Sharmistha Banerjee, Pankaj Upadhyay, Ravi Mokashi Punekar	S OF 270
DISTRIBUTED ELECTRIC VEHICLE CHARGING SERVICE SYSTEM DESIGN BASED ON BLOCKCHAIN TECHNOLOGY Wandong Cheng, Jun Zhang	276
MODEL FOR THE DEVELOPMENT OF OPEN SOURCE PRODUCTS MOD+RE+CO+DE Willmar Ricardo Rugeles Joya, Sandra Gomez Puertas, Nataly Guataquira Sarmiento	280
RESEARCH AND TEACHING PRACTICE OF PRODUCT SERVICE SYSTEM APPLIED TO DISTRIBUTED ECONOMY Yao Wang, Jun Zhang	285

VOLUME 3

6. DESIGN FOR SUSTAINABLE CULTURAL AND BEHAVIORAL CHANGE

ARTISTIC CRAFTSMANSHIP VS DEGRADATION RISK OF HISTORICAL AREAS Adriano Magliocco, Maria Canepa	639
STRATEGIES FOR ECO-SOCIAL TRANSFORMATION: COMPARING EFFICIENCY, SUFFICIENCY AND CONSISTENCY Andreas Metzner-Szigeth	644
SYNTHESIZING SOLUTIONS: EXPLORING SOCIALIST DESIGN AND ITS MODERN RELEVANCE THROUGH THE MEDIU OF PLASTICS Aniruddha Gupte	JM 650
MOTHERS FROM INOSEL: AN EXERCISE IN COLLABORATION TOWARDS A MORE SUSTAINABLE SOCIETY Bárbara de Oliveira e Cruz, Rita Maria de Souza Couto, Roberta Portas Gonçalves Rodrigues	655
THE ECOLOGICAL AESTHETIC CONNOTATIONS IN CHINESE TRADITIONAL ENVIRONMENT CONSTRUCTION SKILLS Changliang Tan	661
UPCYCLING IN COMMUNITIES: LOW CARBON DESIGN PROMOTES PUBLIC ENVIRONMENTAL AWARENESS AND OPTIMIZES SOCIAL Qiu Dengke, Peng Jinqi, David Bramston, Qiu Zhiyun, Chen Danrong	667
FASHION DESIGN FOR SUSTAINABILITY: A FRAMEWORK FOR PARTICIPATORY PRACTICE Dilys Williams	672
A DIFFERENT DEFINITION OF GENERATIVE DESIGN Erika Marlene Cortés López	678
SUSTAINABILITY AND DEMOCRACY WIDESPREAD COLLABORATIVE DESIGN INTELLIGENCE Ezio Manzini	682
UTSTAL: HEADING HEARTS AND JOINING COMMUNITIES Fernando Rafael Calzadilla Sánchez, Francisco Emanuel Pérez Mejia	687
SUSTAINABLE DESIGN AND AESTHETICS IN THE SOFT SCIENCE AGE Francesca La Rocca, Chiara Scarpitti	690
THE SOCIAL CONSTRUCTION OF ENVIRONMENTAL CRISIS AND REFLECTIONS ON THE SUSTAINABILITY DEBATE Gabriela Sandoval Andrade	696
DESIGN FOR HUMAN FLOURISHING: PERCEPTUAL MAPPING OF DIFFERENT DESIGN APPROACHES TOWARDS HAPPINESS AND WELL-BEING Guilherme Toledo	700
USING EMOTIONAL DURABILITY FOR SUSTAINABLE PACKAGING DESIGN PRACTICE BASED ON USAGE SCENARIO Jifa Zhang	706
THE VALORIZATION OF INDIGENOUS CULTURE THROUGH UPCYCLING Jordana de Oliveira Bennemann, Eduarda Regina da Veiga, Ana Luisa Boavista Lustosa Cavalcante	711

CLOTHING LANDSCAPES: INTERDISCIPLINARY MAPMAKING METHODS FOR A RELATIONAL UNDERSTANDING OF FASHION BEHAVIOURS AND PLACE Katelyn Toth-Fejel	715
INTEGRATION OF ART OF HOSTING METHODOLOGIES AND PRINCIPLES INTO THE SOCIAL INNOVATION LAB PRACTICE: Lewis Muirhead, Rosamund Mosse	720
DESIGN AS DEMOCRACY: THE DEMOCRATIC POTENTIAL OF DESIGN Luiz Lagares Izidio, Dijon De Moraes	727
REGENERATIVE FOOD SERVING SYSTEM FOR A SUSTAINABLE UNIVERSITY CAMPUS LIFESTYLE: A SOCIAL AND BEHAVIOURAL STUDY Nariman G. Lotfi, Sara Khedre	732
DESIGNING FURNITURE BASED ON STUDENT'S LIFESTYLE AND MERGING WITH A SUSTAINABLE CAMPUS Neha Priolkar, Franklin Kristi	737
PERIOD. A CARD GAME ON SOCIAL TABOOS AROUND MENSTRUATION Devika Saraogi, Gayatri Chudekar, Nikita Pathak, Sreya Majumdar	742
ESTABLISHING A QUANTITATIVE EVALUATION MODEL FOR CULTURE-BASED PRODUCT DESIGN Pan Li, Baosheng Wang	748
SUSTAINING CULTURAL HERITAGE : DERIVING THE CONTEMPORARY FROM THE IDIOM OF TRADITIONAL CRAFT Puja Anand, Alok Bhasin	S 753
EMPATHY SQUARE: AN AID FOR SERVICE DESIGN FOR BEHAVIOUR CHANGE TO SUPPORT SUSTAINABILITY Ravi Mahamuni, Anna Meroni, Pramod Khambete, Ravi Mokashi Punekar	759
ECOMUSEUM AS A DESIGN TOOL FOR SUSTAINABLE SOCIAL INNOVATION Rita de Castro Engler, Gabrielle Lana Linhares	764
MISLEADING IDENTITIES: DO PERCEPTUAL ATTRIBUTES OF MATERIALS DRIVE THE DISPOSAL OF SINGLE-USE PACKAGING IN THE CORRECT WASTE STREAM? Romina Santi, Agnese Piselli, Graziano Elegir, Barbara Del Curto	770
I TAKE CARE OF MY PLACES—PROJECT BY ALESSANDRO MANZONI HIGH SCHOOL, LECCO Rossana Papagni, Anna Niccolai, Eugenia Chiara, Laura Todde	776
THE ESPERANÇA COMMUNITY GARDEN AND THE CHALLENGES OF INTEGRAL SUSTAINABILITY Samantha de Oliveira Nery, Ediméia Maria Ribeiro de Mello, Rosângela Miriam Lemos Oliveira Mendonça	780
SPIRAL DYNAMICS: A VISIONARY SET OF VALUES FOR HUMANITY'S SUSTAINABLE DEVELOPMENT Sergio Dávila Urrutia	785
CRAFT CHANGE: BEHAVIOUR PROGRESSION FRAMEWORK – EVALUATION IN QUASI PARTICIPATORY DESIGN SETTING Shivani Sharma, Ravi Mahamuni, Sylvan Lobo, Bhaskarjyoti Das, Ulemba Hirom, Radhika Verma, Malay Dhamelia	791
FOR AN AESTHETICS FOCUSED ON SUSTAINABILITY: STUDIES FOR THE CONFIGURATION OF ECOLOGICALLY ORIENTED PACKAGING Thamyres Oliveira Clementino, Amilton José Vieira de Arruda, Itamar Ferreira da Silva	796

CRITICAL ZONE: THE EARTH BELOW OUR FEET Vasanthi Mariadass	800
SERIOUS GAME AS A NEW WAY OF HANDICRAFT INHERITANCE—A CASE STUDY ON "HUAYAO CROSS-STITCH MASTER GROWTH RECORD" Xile Wang, Duoduo Zhang, Yuanyuan Yang	807
7. PRODUCT DESIGN FOR SUSTAINABILITY	
PROPOSAL OF RECOMMENDATIONS FOR DESIGN UNDER A SUSTAINABLE APPROACH: LCA CASE. Bonifaz Ramírez Adonis Wenceslao, González Leopoldo Adrián	812
CIRCULAR DESIGN AND HOUSEHOLD MEDICATION: A STUDY ON THE VOLUNTARY DRUG DISPOSAL PROGRAM THE CITY OF BETIM MUNICIPALITY Aline Rodrigues Fonseca, Rita de Castro Engler, Armindo de Souza Teodósio, Luiz Fernando de Freitas Júnion Mariana Costa Laktim, Travis Higgins	
DESIGN FOR SUSTAINABLE FASHION: A SUSTAINABILITY DESIGN-ORIENTING TOOL FOR FASHION Barbara Azzi, Carlo Vezzoli, Giovanni Maria Conti	823
DESIGN PRACTICE FOR SUSTAINABILITY: DEVELOPMENT OF A LOW-COST ORTHOSIS Caelen Teger, Isabella de Souza Sierra, Dominique Leite Adam, Maria Lúcia Leite Ribeiro Okimoto, José Aguid Foggiatto	omar 831
MECHANISM ANALYSIS AND APPLICATION STUDY OF SUSTAINABILITY EVALUATION TOOL FOR FURNITURE E-COMMERCE(ICSFE) Chuyao Zhou, Fang Liu, Suqin Tan, Tianwei Sun, Guixian Li, Shaohua Han*	837
ANUVAD: CREATING SUSTAINABLE SMART TEXTILES THROUGH THE MEDIUM OF TRADITIONAL CRAFTS Chhail Khalsa	843
DESIGN FOR SUSTAINABILITY FRAMEWORK APPLIED TO THE PROBLEM OF GARMENT WASTE: A BRAZILIAN ST Cláudio Pereira de Sampaio, Suzana Barreto Martins	UDY 848
LIFE CYCLE DESIGN (LCD) GUIDELINES FOR ENVIRONMENTALLY SUSTAINABLE CLOTHING CARE SYSTEMS: AN O AND OPERATIVE TOOL FOR DESIGNERS Carlo Vezzoli, Giovanni Maria Conti	O PEN 854
THE RESEARCH OF YI ETHNICITY FURNITURE DESIGN BASED ON ARCHITECTURAL SPACE Ding Yang	860
DESIGN FOR SUSTAINABILITY AND ICT: A HOUSEHOLD PROTOTYPE FOR WASTE WATER RECYCLING Fiammetta Costa, Marco Aureggi, Luciana Migliore, Paolo Perego, Margherita Pillan, Carlo Emilio Standoli, G Vignati	iorgio 864
OPEN-ENDED DESIGN. LOCAL RE-APPROPRIATIONS THROUGH IMPERFECTION Francesca Ostuzzi, Valentina Rognoli, Francesco Fittipaldi, Patrizia Ranzo, Rosanna Veneziano, Gustavo R. P. S scimento, Victor J.D. S. Baldan, T. M. Ponciano, Janaina M. H. Costa, Eduvaldo P. Sichieri, Javier M. Pablos	Na- 868
ANALYSIS OF THE POTENTIAL APPLICATION OF RECYCLED THERMOFIX INDUSTRIAL POLYURETHANE RESIDUE I SCHOOL DESKS	IN
Gustavo Ribeiro Palma Nascimento, Victor José Dos Santos Baldan, Thales Martins Ponciano, Janaina M. H. G	Costa

Eduvaldo Paulo Sichieri, Javier Mazariegos Pablos	880
RE-DESIGNING RECOVERED MATERIALS. CASE STUDY: FIBERGLASS IN THE NAUTICAL SECTOR Helga Aversa, Valentina Rognoli, Carla Langella	884
UNFINISHEDISM Huanhuan Peng	890
CRITICAL FUTURES TODAY: BACK-CASTING SPECULATIVE PRODUCT DESIGN TOWARDS LONG-TERM SUSTAINABILITYJomy Joseph Jomy Joseph, Mariana Costa Laktim, Larissa Duarte Oliveira, Rita de Castro Engler, Aline Fonseca, Camilla Bo Julia Baruque-Ramos	orelli, 899
HOME TEXTILE: AN ANALYSIS OF ENVIRONMENTAL AND ECONOMICAL IMPACTS IN BRAZIL Mariana Costa Laktim, Larissa Duarte Oliveira, Rita de Castro Engler, Aline Fonseca, Camilla Borelli, Julia Baruque-Ramos	905
PRODUCT DESIGN FOR SUSTAINABILITY – GUIDELINES FOR THE LIFE CYCLE DESIGN OF OFFICE FURNITURE Lena Plaschke, Carlo Vezzoli, Francesco Scullica	910
ON THE COLLABORATIVE MODELS FOR DESIGN SCHOOLS ENGAGING IN THE SUSTAINABLE DEVELOPMENT OF	
TRADITIONAL BAMBOO CRAFTS Li Zhang, Hai Fang	915
EXPERIMENTAL MATERIAL DEVELOPMENT LEADING TO SUSTAINABLE PRODUCT DESIGN Martin Bolton	921
AUTOMATIC COMPOSTER FOR HOME USE Maycon Manoel Sagaz, Paulo Cesar Machado Ferroli	926
SUSTAINABILITY IN THE PRODUCT LIFE CYCLE OF PAPER Qian Yang	932
BIOINSPIRED STRUCTURES IN LIGHTWEIGHT PRODUCT DESIGN WITH ADDITIVE MANUFACTURING Owen Gagnon, Brenton Whanger, Hao Zhang, Ji Xu	936
SMART HOME GRID: TOWARDS INTERCONNECTED AND INTEROPERABLE ELECTRICAL MODEL TO IMPROVE THE	
USAGE AWARENESS Paolo Perego, Gregorio Stano	941
ZERO WASTE: EXPLORING ALTERNATIVES THROUGH FOLDING Pragya Sharma	946
ENVIRONMENTAL PRODUCT OPTIMISATION: AN INTEGRAL APPROACH Reino Veenstra, Henri C. Moll	953
SUSTAINABLE DESIGN 4.0: METHODS AND TECHNIQUES OF THE CONTEMPORARY DESIGNER IN THE KNOWLEDGE	
SOCIETY Roberta Angari, Gabriele Pontillo	959
NEM, NEAPOLITAN EVOLUTION MEN'S WEAR: A BIO PROJECT OF MEN'S TAILORING Roberto Liberti	965
NEW SUSTAINABLE COSMETIC PRODUCTS FROM FOOD WASTE: A JOINED-UP APPROACH BETWEEN DESIGN AND FOOD CHEMISTRY	D
Severina Pacifico, Simona Piccolella, Rosanna Veneziano	970

CHILDREN FURNITURE DESIGN FOR SUSTAINABILITY Xiang Wang, Lulu Chai, Ren Fu	975
STUDY ON THE DESIGN OF TENON AND MORTISE JOINTS FOR NEW TYPE SUSTAINABLE EXPRESS PACKAGING BASED ON THE CONCEPT OF INTEGRATED CYCLING Xue-ying Wang, Jiao Yi	981
8. DESIGN FOR SUSTAINABLE TECHNOLOGIES AND RESOURCES	
INTERACTIVE DESIGN STRATEGY FOR SUSTAINABLE BEHAVIOR CHANGE BASED ON OPEN SOURCE HARDWARE Yongshi Liu, Jing Ou, Yunshuang Zheng, Jun Zhang	988
DESIGN-DRIVEN STRATEGY FOR THE SUSTAINABLE TEXTILE HERITAGE COMMUNITY IN CHINA Yuxin Yang, Eleonora Lupo	994
EXPLORING THE DESIGN ETHICS OF THE FUTURE INFORMATION SOCIETY: A BRIEF DESIGN ETHICS STUDY OF GLOBAL" AS A SOCIALITY INTERNET PRODUCT Zhilong Luan, Xiaobo Lu	"DIDI 1000
GLEBANITE® FOR MODELS AND MOULDS IN SHIPYARDS APPLICATIONS RATHER RESORTING TO MONOMATER SOLUTIONS	RIC
Andrea Ratti, Mauro Ceconello, Cristian Ferretti, Carlo Proserpio, Giacomo Bonaiti, Enrico Benco	1006
PROJECT REMA: THE REGIONAL ECO-MATERIALS ARCHIVE Y.H. Brian Lee, Ding Benny Leong	1010
MATERIALS CLASSIFICATION IN FURNITURE DESIGN – FOCUS ON SUSTAINABILITY Paulo Cesar Machado Ferroli, Emanuele de Castro Nascimento, Lisiane Ilha Librelotto, Franchesca Medina, L Toralles Carbonari	uana 1015
THE SUSTAINABILITY OF BIOMIMETIC SYSTEM DESIGN: FROM ORGANISM TO ECOLOGY Fan Wu, Jun Zhang	1021
SUSTAINABILITY DESIGNED WITH(OUT) PEOPLE? UNDERSTANDING FOR WHAT ENERGY IS (OVER-)USED BY TEN IN AN ENERGY EFFICIENT PUBLIC HOUSING IN MILAN Giuseppe Salvia, Federica Rotondo, Eugenio Morello, Andrea Sangalli, Lorenzo Pagliano, Francesco Causone	
RESEARCH ON BIOMASS ENERGY UTILIZATION IN RURAL AREAS BASED ON SUSTAINABLE DESIGN CONCEPT Haiwei Yan, Ruolin Gao, Ke Jiang, Yuanbo Sun	1032
LIFE THE TOUGH GET GOING PROJECT: IMPROVING THE EFFICIENCY OF THE PDO CHEESE PRODUCTION CHAIN A DEDICATED SOFTWARE	IS BY
Jacopo Famiglietti, Carlo Proserpio, Pieter Ravaglia, Mauro Cecconello	1035
RETHINKING AND RECONSTITUTED MATERIALS FOR A SUSTAINABLE FUTURE — "RECONSTITUTING-PLAN" PRO AS AN EXAMPLE Jiajia Song)JECT 1040
BAMBOO SUPPLY CHAIN: OPPORTUNITY FOR CIRCULAR AND CREATIVE ECONOMY Lisiane Ilha Librelotto, Franchesca Medina, Paulo Cesar Ferroli, Emanuele de Castro Nascimento, Luana Tora Carbonari	lles 1046
ALTERNATIVE MATERIALS TO IMPROVE THE ASSEMBLY PROCESS OF FURNITURE FOCUSED ON SUSTAINABILIT DESIGN	Ϋ́
Paulo Cesar Machado Ferroli, Lisiane Ilha Librelotto, Natália Geraldo	1051

SUSTAINABLE DESIGN PRINCIPLES FOR USING BAMBOO STEMS Ping Wu, Tao Huang	1056
SUSTAINABLE MATERIALS AND PROCESSES DESIGN: THE CASE STUDY OF POLY-PAPER Romina Santi, Silvia Farè, Barbara Del Curto, Alberto Cigada	1061
ENABLING USER KNOWLEDGE TO SUPPORT THE DECISION-MAKING PROCESS IN ENERGY RETROFITTING OF PU HOUSING: A CASE STUDY IN MILAN Giuseppe Salvia, Federica Rotondo, Eugenio Morello	UBLIC 1067
EFFECTS OF COLOURED AMBIENT LIGHT ON PERCEIVED TEMPERATURE FOR ENERGY EFFICIENCY: A PRELIMIN	ARY
STUDY IN VIRTUAL REALITY Siyuan Huang, Giulia W. Scurati, Roberta Etzi, Francesco Ferrise, Serena Graziosi, Lavinia C. Tagliabue, Alber Gallace, Monica Bordegoni	to 1073
BUILDING INTEGRATED PHOTOVOLTAICS (BIPV): SYSTEM APPLICATION GUIDELINES AND ALBEDO ASPECTS Sofia Hinckel Dias, Flávia Silveira, Aloísio Schmid	1079
VOLUME 4	
9. ARCHITECTURAL AND INTERIOR DESIGN FOR SUSTAINABILITY	
SUSTAINABLE-ORIENTED CHANGE MANAGEMENT FOR ALL BUILDING DESIGN PRACTICE Anna Dalla Valle, Monica Lavagna, Andrea Campioli,	1083
RELIGIOUS BUILDINGS AND SUSTAINABLE BEHAVIOUR: UNDERSTANDING IMPACT OF DESIGN ELEMENTS ON HUMAN BEHAVIOUR Ashish Saxena	1088
RESTRICTING FACTORS IN THE SELECTION AND SPECIFICATION OF SUSTAINABLE MATERIALS: ANINTERIOR DE	SIGN
PERSPECTIVE. Emmerencia Petronella Marisca Deminey, Amanda Breytenbach	1094
OPTIMIZATION AND LCSA-BASED DESIGN METHOD FOR ENERGY RETROFITTING OF EXISTING BUILDINGS Hashem Amini Toosi, Monica Lavagna	1101
INDOOR ENVIRONMENTAL QUALITY DESIGN OF HOTELS IN THE UNITED STATES AND EUROPE Ivan Alvarez Leon, Elena Elgani, Francesco Scullica	1106
SUSTAINABLE TECHNIQUES TO IMPROVE THE INDOOR AIR QUALITY (IAQ) AND THERMAL COMFORT IN HOT AI	ND
ARID CLIMATE. Laura Dominici, Sanam Ilkhanlar, Sara Etminan, Elena Comino	1112
DEVELOPMENT AND PROPOSITION OF A TOOL TO EVALUATE THE ECOLOGICAL IDENTITY OF PRODUCTS: FURN CASE	IITURE
Onur Y. Demiröz, Meltem Özkaraman Sen	1117
INTERVENING ON 'BUILDING AS A PRODUCT' AND 'HABITATION AS A SERVICE' IN CONTEMPORARY URBAN SETTINGS FOR ADAPTIVE MICRO HABITATION DESIGN Shiva Ji, Ravi Mokashi Punekar	1123
RESEARCH ON THE SUSTAINABLE DESIGN OF TRADITIONAL ARCHITECTURAL NARRATIVE CULTURE OF BEIJING HUTONG BLOCKS: A CASE STUDY OF NANLUOGUXIANG STREET Xin Wen, Fan Zhang	1129

1134

10. LANDSCAPE AND URBAN DESIGN FOR SUSTAINABILITY

TOWARD SUSTAINABLE CITIES THROUGH FUTURISTIC DESIGN MODEL: A CONCUMERISTIC SOCIETY PERSPECT Azadeh Razzagh Shoar, Hassan Sadeghi Naeini	IVE 1141
STUDY ON SUSTAINABLE DESIGN OF RAINWATER LANDSCAPE IN EXISTING URBAN RESIDENTIAL COMMUNITY Di Gao, Xuerong Teng	1145
DESIGN FOR PUBLIC TOILETS: CHALLENGES AND CONTRIBUTION TO THE REESTABLISHMENT OF PUBLIC VALU Fang Zhong, Xin Liu, Nan Xia	IE 1151
DESIGNING COMMUNITY THROUGH URBAN GARDENING Gloria Elena Matiella Castro,	1157
EXPLORING FOG HARVESTING IN EUROPE: CHARACTERISTICS AND GUIDELINES FOR A SUSTAINABLE CITY MOI Gloria Morichi, Dr. Gabriela Fernandez, Lucas B. Calixto	DEL 1161
CHARACTERIZATION OF TWO URBAN FARMS IN THE CUAUHTEMOC BOROUGH OF MEXICO CITY Iskar Jasmani Waluyo Moreno	1166
THE CHALLENGES OF USING PUBLIC LAND SUSTAINABLY IN MEXICO FOR OUTDOORS RECREATION: CAN SERV DESIGN HELP BRIDGE THE GAP? Ivan Osorio Avila	'ICE 1171
INTERCITY RELATIONSHIPS WITHIN URBAN AGGLOMERATION AND THEIR IMPACTS ON URBAN ECONOMIC DEVELOPMENT Jianhua Zhang	1177
URBAN-RURAL NETWORK TOOL FOR DESIGNING SYSTEMS THAT SUCCESSFULLY INTEGRATE COMPANIES AND COMMUNITOWARDS SUSTAINABILITY AND RESILIENCE	
Juan Montalván, Akie Manrique, Santiago Velasquez, Lucia Rivera, Helen Jara, Luis Quispe	1183
SOCIAL INEQUITY IN PUBLIC TRANSPORT INFRASTRUCTURE & ITS IMPACT ON A CITY'S SUSTAINABILITY Lakshmi Srinivasan	1188
A TOOLKIT: FOSTERING A PARTICIPATORY STUDY OF SUSTAINABLE PAVEMENT DEVELOPMENT Lulu Yin, Eujin Pei	1194
THE LOGIC OF PLACE-MAKING TOWARDS SUSTAINABLE NEW URBAN AREAS IN HANOI: FROM ZERO TO HERO? Minh Tung Tran, Ngoc Huyen Chu, Pham Thuy Linh	1200
MATI- FINDING SELF AND COMMUNITY THROUGH LAND RECLAMATION Srishti Srivastava, Shivangi Pant, Sahil Raina	1206
THE PATTERN AND METHODS CONCERNING THE MICRO-RENEWAL OF THE URBAN ENVIRONMENT Tingting Liu	1211
RITICAL ZONE: THE EARTH BELOW OUR FEET Vasanthi Mariadass	1216

STUDY ON THE LANDSCAPE POLICY AND USAGE SITUATION : A CASE OF XIADU PARK IN YANQING COUNTY, B Yuanyuan Zhang	EIJING 1223
AN ANALYSIS AND APPLICATION OF AFFORDANCE THEORY IN DESIGN OF URBAN RAIL TRANSIT Yu-Feng Zhang	1228
ISCUSSION ON THE SUSTAINABLE MODE OF NEW RURAL CONSTRUCTION IN CHINA FROM THE PERSPECTIVE OF NVIRONMENTAL CONSTRUCTION	
Zhong Zhen	1234
11. EDUCATION AND DIFFUSION OF DESIGN FOR SUSTAINABILITY	
DSXC: TOOLKIT TO SUPPORT DESIGN EDUCATION PROCESSES FOR SUSTAINABILITY Adolfo Vargas Espitia, Álvarez Quintero, Willmar Ricardo Rugeles Joya	1239
UPSCALING LOCAL AND NATIONAL EXPERIENCES ON EDUCATION FOR SOCIAL DESIGN AND SUSTAINABILITY FOR ALL TO A WIDER INTERNATIONAL ARENA: CONSIDERATIONS AND CHALLENGES Ana Margarida Ferreira, Nicos Souleles, Stefania Savva	OR 1244
INTERDISCIPLINARY HIGH EDUCATION IN PLACE BASED SOCIAL-TECH: THE EXPERIENCE OF THE TAMBALI FII PROIECT IN DAKAR	
Andrea Ratti, Francesco Gerli, Arianna Bionda, Irene Bengo	1248
EDUCATION STRATEGIES AND BEHAVIORAL ACTIONS TO MITIGATE ENERGY POVERTY Anna Realini, Simone Maggiore, Marina Varvesi, Valentina Castello, Corrado Milito	1254
DESIGNING FOR CLIMATE CHANGE FOR ALL—A MEDIA AND COMMUNICATION DESIGN COURSE TO INCREASE PUBLIC AWARENESS Bo Gao, Glenda Drew, Jesse Drew,	1260
DESIGN PEDAGOGY FOR SUSTAINABILITY: DEVELOPING QUALITIES OF TRANSFORMATIVE AGENTIVE LEARNING Bruce Snaddon, Andrea Grant Broom	i. 1265
ENVIRONMENTAL ASPECTS IN THE UEL DESIGN COURSE: LEGAL CONCEPTIONS AND REALITY Camila Santos Doubek Lopes, Gabriela Namie Komatsu Yoshida	1270
EDUCATION FOR SUSTAINABLE DEVELOPMENT. CASE OF AN INDUSTRIAL ENGINEERING PROGRAM IN COLOME Carolina Montoya-Rodríguez	BIA. 1275
USING DESIGN THINKING AND FACEBOOK TO HELP MOROCCAN WOMEN ADAPT TO CLIMATE CHANGE IMPACT Diane Pruneau, Abdellatif Khattabi, Boutaina El Jai, Maroua Mahjoub	S 1281
DESIGN FOR SOCIAL SUSTAINABILITY: DECOLONISING DESIGN EDUCATION Elmarie Costandius, Neeske Alexander	1286
A SUSTAINABLE DESIGN-ORIENTED PROCESS FOR CONVERTING AND SHARING KNOW-HOW Emilio Rossi	1292
FASHION DESIGN EDUCATION AND SUSTAINABILITY. A CHALLENGE ACCEPTED. Erminia D'Itria	1297
TRANSITION DESIGN – PRESENTATION AND EDUCATIONAL APPROACH Erwan Geffroy, Manuel Irles, Xavier Moulin	1303
SOCIAL INNOVATION THROUGH DESIGN IN THE TRAINING OF YOUNG APPRENTICES: EXPERIENCING SOCIO- EDUCATIONAL PROJECTS Karina Pereira Weber, Isabel Cristina Moreira Victoria, Marco Antonio Weiss, Luiz Fernando Gonçalves De I iredo	Figue- 1309

INSPIRING STUDENTS TO BE AGENTS OF CHANGE: A SOUTH AFRICAN PERSPECTIVE Laskarina Yiannakaris	1314
THE TECHNOLOGICAL MEDIATION OF SUSTAINABILITY: DESIGN AS A MODE OF INQUIRY Lisa Thomas, Stuart Walker, Lynne Blair	1320
DESIGN FOR SUSTAINABILITY. STATE OF THE ART IN BRAZILIAN UNDERGRADUATE COURSES Marcelo Ambrósio, Maria Cecília Loschiavo dos Santos	1326
SUSTAINABLE DESIGN TRENDS WITHIN CREATIVE LEARNING ENVIRONMENTS Mireille Anja Oberholster, Francesco Scullica	1331
MODEL-MAKING COURSES AND APPROACHES IN TERMS OF SUSTAINABILITY: EXAMINATION OF INDUSTRIAL SCHOOLS IN TURKEY Necla Ilknur Sevinc Gokmen	DESIGN 1336
SUSTAINABILITY IN UNDERGRADUATE ARCHITECTURAL EDUCATION: A CASE STUDY FROM KAZGASA, KAZAKH Nurgul Nsanbayeva	ISTAN 1342
ENCOURAGING DFE IN DESIGN EDUCATION TO PROMOTE SUSTAINABLE MEDICAL PRODUCT DESIGN Pranay Arun Kumar, Stephen Jia Wang	1348
INCORPORATING SUSTAINABILITY INTO RESEARCH PROJECTS Rosana Aparecida Vasques, Maria Cecilia Loschiavo dos Santos	1354
TEACHING DESIGN FOR SUSTAINABILITY BEYOND THE ENVIRONMENTAL DIMENSION: A TOOLKIT AND TEACHING STRA Rosana Aparecida Vasques	TEGIES 1359
ROLE OF DESIGN EDUCATION IN IMPARTING VALUES OF SUSTAINABILITY AS SOCIAL RESPONSIBILITY OF DESIGNERS Sanjeev Bothra	1365
DESIGNERS	1365 1370
DESIGNERS Sanjeev Bothra SPREADING GOOD SUSTAINABILITY PRACTICES THROUGH TEMPORARY RETAIL SHOPS	1370
DESIGNERS Sanjeev Bothra SPREADING GOOD SUSTAINABILITY PRACTICES THROUGH TEMPORARY RETAIL SHOPS Silvia Piardi	1370
DESIGNERS Sanjeev Bothra SPREADING GOOD SUSTAINABILITY PRACTICES THROUGH TEMPORARY RETAIL SHOPS Silvia Piardi FASHION DESIGN-RELATED DOCTORAL STUDIES IN SELECTED KENYAN UNIVERSITIES: ADVANCING APPLIED RESE IN SUSTAINABILITY Sophia N. Njeru. Mugendi K. M'rithaa TRANSDISCIPLINARY FUTURES: WHERE DO EMBODIMENT, ETHICS AND EDUCATION MEET FOR SUSTAINABILI	1370 ARCH 1375
DESIGNERS Sanjeev Bothra SPREADING GOOD SUSTAINABILITY PRACTICES THROUGH TEMPORARY RETAIL SHOPS Silvia Piardi FASHION DESIGN-RELATED DOCTORAL STUDIES IN SELECTED KENYAN UNIVERSITIES: ADVANCING APPLIED RESE IN SUSTAINABILITY Sophia N. Njeru. Mugendi K. M'rithaa	1370 ARCH 1375
DESIGNERS Sanjeev Bothra SPREADING GOOD SUSTAINABILITY PRACTICES THROUGH TEMPORARY RETAIL SHOPS Silvia Piardi FASHION DESIGN-RELATED DOCTORAL STUDIES IN SELECTED KENYAN UNIVERSITIES: ADVANCING APPLIED RESE IN SUSTAINABILITY Sophia N. Njeru. Mugendi K. M'rithaa TRANSDISCIPLINARY FUTURES: WHERE DO EMBODIMENT, ETHICS AND EDUCATION MEET FOR SUSTAINABILI LEADERSHIP?	1370 ARCH 1375 TY
DESIGNERS Sanjeev Bothra SPREADING GOOD SUSTAINABILITY PRACTICES THROUGH TEMPORARY RETAIL SHOPS Silvia Piardi FASHION DESIGN-RELATED DOCTORAL STUDIES IN SELECTED KENYAN UNIVERSITIES: ADVANCING APPLIED RESE IN SUSTAINABILITY Sophia N. Njeru. Mugendi K. M'rithaa TRANSDISCIPLINARY FUTURES: WHERE DO EMBODIMENT, ETHICS AND EDUCATION MEET FOR SUSTAINABILI LEADERSHIP? Srisrividhiya Kalyanasundaram, Sandhiya Kalyanasundaram, DESIGN: A REFLEXIVE, REFLECTIVE AND PEDAGOGICAL INQUIRY INTO SUSTAINABILITY	1370 ARCH 1375 TY 1382
DESIGNERS Sanjeev Bothra SPREADING GOOD SUSTAINABILITY PRACTICES THROUGH TEMPORARY RETAIL SHOPS Silvia Piardi FASHION DESIGN-RELATED DOCTORAL STUDIES IN SELECTED KENYAN UNIVERSITIES: ADVANCING APPLIED RESE IN SUSTAINABILITY Sophia N. Njeru. Mugendi K. M'rithaa TRANSDISCIPLINARY FUTURES: WHERE DO EMBODIMENT, ETHICS AND EDUCATION MEET FOR SUSTAINABILI LEADERSHIP? Srisrividhiya Kalyanasundaram, Sandhiya Kalyanasundaram, DESIGN: A REFLEXIVE, REFLECTIVE AND PEDAGOGICAL INQUIRY INTO SUSTAINABILITY Sudebi Thakurata URBAN MINE REDESIGN COURSE: RESEARCH AND TEACHING PRACTICE	1370 ARCH 1375 TY 1382 1388 1394
DESIGNERS Sanjeev Bothra SPREADING GOOD SUSTAINABILITY PRACTICES THROUGH TEMPORARY RETAIL SHOPS Silvia Piardi FASHION DESIGN-RELATED DOCTORAL STUDIES IN SELECTED KENYAN UNIVERSITIES: ADVANCING APPLIED RESE IN SUSTAINABILITY Sophia N. Njeru. Mugendi K. M'rithaa TRANSDISCIPLINARY FUTURES: WHERE DO EMBODIMENT, ETHICS AND EDUCATION MEET FOR SUSTAINABILI LEADERSHIP? Srisrividhiya Kalyanasundaram, Sandhiya Kalyanasundaram, DESIGN: A REFLEXIVE, REFLECTIVE AND PEDAGOGICAL INQUIRY INTO SUSTAINABILITY Sudebi Thakurata URBAN MINE REDESIGN COURSE: RESEARCH AND TEACHING PRACTICE Xin Liu, Fang Zhong TRANSFORMING FOOD SYSTEMS IN CHINA: THE ROLES OF FOOD LITERACY EDUCATION IN ALTERNATIVE FOO MOVEMENTS	1370 ARCH 1375 TY 1382 1388 1394 DD 1400

FOREWORD

Designing sustainability for All was a call for contributions and actions to the whole world design community, which is not limited to design researchers, design educators, and design practitioners but also unites other disciplines such as architecture, engineering, economy, policy-making, and sociology.

The Conference has been a unique event hosted simultaneously in Mexico City (Mexico), Curitiba (Brazil), Cape Town (South Africa), Bangalore (India), Beijing (China) and Milan (Italy), on 3rd-5th April 2019. In fact, in each of the 6 venues, it has been possible to listen to any of the presentations happening in the other ones.

LENSIN PROJECT

LeNSin, the International Learning Network of networks on Sustainability (2015-2018), is an EU-supported (ERASMUS+) project involving 36 universities from Europe, Asia, Africa, South America and Central America, aiming at the promotion of a new generation of designers (and design educators) capable to effectively contribute to the transition towards a sustainable society for all.

LeNSin ambitions to improve the internationalisation, intercultural cross-fertilisation and accessibility of higher education on Design for Sustainability (DfS). The project focuses on Sustainable Product-Service Systems (S.PSS) and Distributed Economies (DE) – considering both as promising models to couple environmental protection with social equity, cohesion and economic prosperity – applied in different contexts around the world. LeNSin connects a multi-polar network of Higher Education Institutions adopting and promoting a learning-by-sharing knowledge generation and dissemination, with an open and copyleft ethos.

During the three years of operation, LeNSin project activities involve five seminars, ten pilot courses, the setting up of ten regional LeNS Labs, and of a (decentralised) open web platform, any students/designers and any teachers can access to download, modify/remix and reuse an articulated set of open and copyleft learning resources, i.e. courses/lectures, tools, cases, criteria, projects.

LeNSin will also promote a series of diffusion activities targeting the design community worldwide. The final event will be a decentralised conference in 2018, based simultaneously in six partner universities, organised together by the 36 project partners form four continents.

THE LENS CONFERENCE

The Conference is the 3rd edition of one of the largest design international conferences for lecturers, researchers, professionals, and relevant institutions and organizations. It has become a reference event where experts from all over the world get together to present and share their knowledge, projects, tools, and visions to diffuse sustainability for all.

The Conference is organized as a part of the LeNSin, the International Learning Network of networks on Sustainability project (2015-2019, EU funded Ersamus+ program) that aims to be both visionary and pragmatic, and to stimulate new ways of thinking.

The scope is to share the latest knowledge and experiences around the concept of sustainability for all.

This will be achieved through cross-fertilizing a wide range of disciplines: predominantly design, but also engineering, economy, policy-making, and sociology.

LENS MANIFESTO

A new ethos for a design community: towards an open source and copy left learning-by-sharing attitude/action.

We, the undersigned, aware of both the urgent changes required by sustainable development, the potential role of design (and design thinking) in promoting system innovation in the way we produce, consume and interact, as well as the opportunities offered by the ever more interconnected society, propose the adoption and diffusion of a new ethos within a worldwide design community:

To view design as a unique multi-polar learning community promoting, enabling and activating any possible learning-by-sharing process aiming at effective knowledge osmosis and cross-fertilisation in design for sustainability in an open and copy left ethos.

We, the undersigned, commit our selves in such an ethos, trying our best to apply this in our daily life as individuals or representatives of institutions in the design community.

In relation to our competencies and possibilities we will make our acquired knowledge to be, as far as possible, freely and easily accessible in a copy left and open source modality (while safeguarding our authorship and scientific recognised publication activity), that enable others in the design community to acquire them free of charge, with the possibility to replicate, modify, remix and reuse, through e.g. adopting creative commons licences.

As researchers, this knowledge includes our acquired research knowledge base (e.g. papers, books, etc.) and knowhow (e.g. methods and tools).

As educators, this knowledge includes our educational resources (slideshows, texts, video of lecture, educational support tools, etc.)

As designers and design thinkers, this knowledge includes the design for sustainability concept proposal of products, services, systems and scenarios, as well as a knowhow they used to design them.

We commit our selves to seek the commitment of other individuals or institutions in such an ethos within the design community. In relation to our competencies and possibilities we will:

do our best to commit individuals such as researchers, educators, professional designers and design thinkers as well as institutions such as research institutions, design schools, and designer's associations to adopt the same ethos

do our best to generate and/or enable open learning networking of sustainability of design researchers, design educators, professional designers and design thinkers.

4. SYSTEM AND CIRCULAR DESIGN FOR SUSTAINABILITY





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DESIGN AND AGRIFOOD FOR NEW SUSTAINABLE LOCAL DEVELOPMENT

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ABSTRACT

This paper is about the relationship between design and the prickly pear of Roccapalumba (Sicily), a product of the agrifood chain, considering it as a resource able to start innovative strategies for waste recycling and for a sustainable local economy.

The study examines the entire life cycle of prickly pear and, among the various outputs, considers the cladodes to obtain cellulosic fibres, mucilage for cosmetics and for restoration of cultural heritage, the flowers for infusions and the fruit seeds for an oil with nutraceutical properties to generate a second life of the prickly pear. This will lead to economic and environmental benefits in the territory, creating a network of companies with zero waste. Key Words: Design, agrifood, circular economy

1. INTRODUCTION

This study is about the relationship between design and the agrifood chain of a territory to promote a sustainable local economic development.

The article examines the prickly pear cactus of Roccapalumba (Valle del Torto) and considers it, as well as for its organoleptic and nutritive qualities, also as a resource able to start collaborations and innovations within the Sicilian territory, to enhance the relationship between local actors and synergies between disciplinary areas belonging to different areas, and improve the waste management. The study examines the entire life cycle of prickly pear and among the various outputs considers the cladodes (commonly called shovel of prickly pear), the flowers and the seeds of the prickly pear fruit to generate a second life of the prickly pear.

The methodological approach follows a systemic vision focusing on the relationship between the actors of a territory and the territory in which they live, and is based on Systemic Design that contributes to the development of a circular economy (Cradle to Cradle). With this methodological approach we move from a production chain of the linear prickly to a system (output of a system becomes input for another), using the cladodes to obtain a wood fiber, the flowers for infusions and the seeds of the fruit for the oil with nutraceutical properties.

This interdisciplinary approach is fundamental to implement a systemic vision that can link the various activities through the recovery and the use of by-products of a supply chain in other productive fields and make the system zero waste. The research involves actors, researchers and SME who are interested in experimenting with innovative products related to the fruit of prickly pear and its by-products.

Interdisciplinarity and the involvement of various actors highlights the role of the design as mediator to achieve results that will demonstrate how the waste of a local resource can be transformed to develop new supply chains. These new supply chains will bring economic repercussions on the territory and with a focus on respect for the environment.

This paper is divided in two parts one about the design applied to the territory and the other on the investigation of the role of the application to agrifood sector of the Systemic Design methodology in order to generate a development of the local economy.

2. METODOLOGY

The aim of the research is to explore sustainable design practices related to zero waste of the prickly pear and the benefits that can be gained from implementing a circular economy, not only to the environment but also in economic local development.

Prickly pear cultivation is important for symbolic, historical, and territorial reasons and its study is analysed through, innovative productive techniques in order to increase consumption and to reduce disposal problems.

To do this, it is necessary to review the process that involves the entire prickly pear life cycle. So, through redesigning the processes of production, transformation and marketing of the prickly pear, is possible to start virtuous processes of innovation and valorization within the local territory, favouring its economic development with greater attention to environmental resources.

In fact, it is important to review the process from the production of the prickly pear to its distribution on the market, passing it from a linear to a circular production.

Circular economy employs principles from industrial ecology, reuse, repair, and recycling of the materials and products. In industrial ecology the goal is to reduce resources consumption, pollution in the environment and industrial metabolism refers of industrial systems that act as natural ecosystems (Ayres, 1989). Circular economy is an industrial economy that reproduces nature, optimizing the systems and following principles from nature (Ellen MacArthur Foundation, 2015)

This research shows prickly pear as a resource that, if redesigned according to the Systemic Design approach (Bistagnino, 2009) can identify new production chains that can interact with existing activities.

This methodology allows to design the flow of material and energy, transforming the outputs of one process into inputs for another, eliminating the linearity of the current production chain that generates waste, with the possibility of creating new value chains at the local level (Barbero, 2012)

This analysis clarifies the origin of what happens in all the processes, considering the inputs and outputs, the resources used for the transformation of waste and their final destination.

Furthermore, to understand the relationship between the parties involved and the context it is fundamental to identify the actors involved in the system, and their know-how.

To this end, research through the methodology of the systemic approach, investigates the production, processing and marketing of prickly pear with respect for the environment to generate local economic development. To achieve this goal, the phase of analysis of the production of prickly pear has used the methods and tools of Cycle Design (LCD). The study is based on a historical-cultural study of prickly pear, following which the production processes and the techniques used for cultivation and distribution were considered, highlighting where it is possible to make a redesigning intervention to move to a circular production

Furthermore, the study is based on a real case developed with the support of local producers that have made the designed solutions feasibility.

3. DESIGN AND LOCAL DEVELOPMENT

The design, in the past few years, has play a role in production systems and innovative models for the management of territorial resources. In fact, design has broadened its scope of action and can play a crucial role in the development of a territory, offering solutions for the growing demand of competitiveness, and creating new products and services. This is demonstrated by how the relationship between design and territory has been explored in the discipline of design, defining and bringing the succession of three different approaches (Parente, Sedini, 2017): "design in the territory", "design of the territory" and "design for the territory". Design, as propose Tim Brown (Cicoria, 2013), it has become an asset in any product or service in the market and a strategic tool in the landscape of innovation. Today Design is confronted with territorial, social and economic characteristics in the place in which it operates, and highlights those aspects that help to build a production identity in a specific territory.

Within of a territory, among his elements of identity other than natural and cultural heritage, there is also, agrifood which represents a primary good, a means of expression of community's traditions, a source of well-being and health and a symbolic element of socio-cultural and of identity.

In order to launch innovation processes with the goal of environmental sustainability, it is crucial to put the focus on the potentiality of territories based on the transformation of existing, economic, human, cognitive and cultural resources and role that different players of a territory. More specifically, to do that, is important to adopt an interdisciplinary approach where know - how, cultures, and techniques related to innovation can answer to new changes of cultural, social and economic paradigms.

The aptitude to power the typical resources, which is no possessed by others, is presented as competitive opportunity and change is determining factor in the fame of the place.

This suggests that design is becoming increasingly important in the field of innovation. It is becoming indispensable in the design process of any product or service, shifting its focus from the mere design of the product to the whole process and exploring new business models (Brand, Rocchi, 2011).

4 .ANALYSIS ABOUT PRICKLY PEAR

The prickly pear (Opuntia ficus indica), is a member of the Cactacee family, originating from Mexico and distribuited in America, Europe and Africa for the production of fruit, forage or vegetable. In Sicilian production and distribution areas, located in the San Cono Hills, South-West of Etna, Belice Valley, the Valley of Torto and to Roccapalumba in the province of Palermo, and that in 2009 established the consortium of producers of prickly pear, 'Roccapalumba and its flavors'. The bark of the prickly pear is composed of cladodes (commonly called pads) that branch in a tree-shaped. The cladodes form the stem of the plant, this stem is naturally modified to retain water. Cladodes contain water, carbohydrates and fibres, mucillage, proteins, minerals and a moderate amount of vitamin A and C. Scientific literature recognizes cladode components for use in the pharmaceutical, herbalist and cosmetic fields. The prickly pear after hand - picking is packed in cardboard boxes, the fruit and the inside of the skin, are used for the production of beverages, jams, mustards and a variety of food products From study of the cycle of production of the prickly pear among the various outputs considers the cladodes, the flowers, mucillage and the seeds of the prickly pear.

5. NEW PRODUCTS FROM OUTPUTS OF PRICKLYPEAR

This study examines the outputs of the prickly pear: flowers, seed, mucillage and cladodes. Opuntia ficus indica flowers for the decoctions and infusions can be destined to the herbalist's shops while, as regards to the seeds that are an ouput from fruit is extracted an oil that rapresent an interesting cactus by-products. In fact, this oil has nutraceutical properties that is rich in polyunsaturated fatty acids and vitamin E content. These compounds are responsible of the antioxidant and hypoglycaemic effect mediated by the inhibition of carbohydrate-hydrolysing enzymes. Health benefits of fruit and vegetables came from additive and synergistic combinations of phytochemicals. (Am J Clin Nutr 78: 517S-520S). In this context Opuntia ficus-indica seed oil represent a promising source of healthy compounds useful not only as antioxidant to preserve lipid components in food preparation but also as functional ingredient due its hypoglycaemic effect. The scientific results on the seed oil for human nutrition, have been developed, with the collaboration of a research team made up of chemists, biologists and pharmacists of the University of Palermo, Reggio Calabria and Marche, and can be added to the best known use for cosmetics.

Mucilages of Opuntia are compounds of great potential to be applied in different fields, such as conservation of cultural heritage, pharmaceuticals, cosmetics, foods and biodegradable polymers. Mucilage is a polysaccharide generally composed by varying proportions of l-arabinose, d-galactose, l-rhamnose, and d-xylose, as well as galacturonic acid (Sáenz C. et al., 2004), and it tends to be negatively charged (Gibson and Nobel, 1990). Thanks to its natural viscosity, its ability to form molecular networks that are able to retain large amounts of water (Saag et al., 1975), and its capability of forming gels in water, mucilage can be used for the development of bio-based innovative products, like additive and organic binder to improve the mechanical properties of materials used for the conservation of cultural heritage or as an alternative for producing added-value industrial polysaccharide gums. For example,

in Mexican historical buildings nopal juice extracted from Opuntia spp. is often incorporated in lime mortars [Ca (OH)2], it works as an organic adhesive that prevents the mortar from drying too quickly and helps to retain the necessary amount of moisture, transporting CO2 from the atmosphere that combines with the lime to form an artificial limestone, using the iuice as an organic adhesive to restore and protect historical buildings (Cárdenas A. et al. 1998).

The cladodes, that come from the pruning serves to ensure the propagation of cuttings and the preparation of soil for new production, the remaining part decomposes due of the water present in the cladding, thus wasting the wood fibre within them that could be a resource. In fact to obtain the vegetable fibre it is necessary to extract it and to dry it at open air; the extraction procedure is manually carried out by the green cladodes. This extraction process is under patent phase; the extracted fibre (Figure 1)has a complex, texture and thanks to its plasticity, such as wood, it allows steam treatment or immersion in hot water at a temperature between 30 and 40°C, in order to take the shape of the mold. The natural fibre obtained from the cladode waste, has led to a return to manual work in the process of product realization. Through this approach design can to coexist with local craftsmen who propose, artifacts that reveal a material and immaterial heritage. The embroidery was chosen to be used, where necessary, as an element of union of decoration and identity, thus bring back a local tradition (Figure 2). The embroidery, together with the art of processing, are the elements for a new dialogue between craftsmanship and design, which focuses on the identity of a territory through a new resource obtained from a waste. The project and context become inseparable, and the project and production activity are in close contact with the collaboration of the artisans from the Valley of Torto.



[Figure 1]Prickly pear fibre

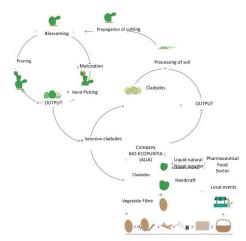
[Figure 2]Prickly pear fibre and embroidery

The prickly pear fibre was applied to make a basket to carry, expose, and contain the prickly pear (Figure 3). For the production of the basket prickly pear fibre was used, the olive branch for the handle and the embroidery to join and decorate the parts that make up the basket.

[The design a basket, as a first artifact, came from the necessity to expose and contain prickly pears during the XVIII edition of Opuntia-Ficus Indica Fest, Sagra del Ficodindia (Prickly pear Festival) in Roccapalumba.

Then the approach of Systemic Design has allowed to identify new productive chains that have led to the creation of the Bio-ecopuntia srl company. From the cladodes the Bio-Ecopuntia company is able to extract three natural elements: nopal powder, to be used as a food ingredient gluten-free, the natural liquid to be used in the pharmaceutical and cosmetic sectors, and the wooden lattice to be used as vegetable fibre; the cuticle (the external layer of the cladode) can be used as fertilizer or as food for animals. It is also possible to dry the flowers and to use them as phytotherapeutic products (Figure 4).





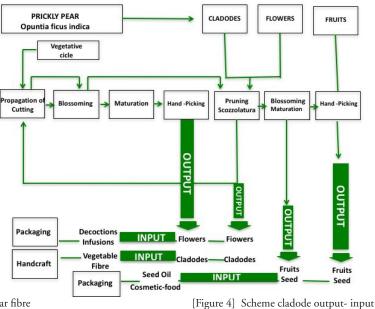


Figure 3] Basket with pricly pear fibre [Figure 5] Scheme Prickly pear and output - input

6.OUTLOOK AND CONCLUSION

The results show that from output prickly pear there are some potentialities within the project and which could be further developed (Figure 5):

Opuntia ficus indica seed oil

Actually used in top cosmetic products and beauty treatments, the Opuntia ficus indica seed oil could be shortly be produced for applications well beyond cosmetic, to become a new ingredient in nutraceutical, food supplement, sport drink and food.

Opuntia ficus indica flowers

Opuntia flowers used as medicinal plant are astringent and are used for problems of the gastro-intestinal tract, colitis and irritable bowel syndrome. This flowers could be more valued as decoctions and infusions.

Packaging

Packaging to enhance and distribute Opuntia ficus indica seed oil and Opuntia ficus indica flowers for the decoctions and infusions. This packagings, certainly, to reduce environmental impact will be design following certain guidelines to reduce environmental impact: single material to facilitate the separate collection, recovery, recycling or composting in end of life, used recycled and further recyclable material, to extend the useful life of the product by integrating new function coherent with the intended purpose of use.

Vegetable fibre extractded from cladodes

The design of the basket to contain prickly pear marks the beginning for the development of different products.

The results show that, turning these outputs into resources for the territory will give new opportunities for local development economic. If we exploit the territorial resources we may boost a type of development that favours the local dimension and will allow to produce, supply and generate autonomously.

To conclude the study shows, through the Systemic Design and the multidisciplinarity, the role of mediator of design to achieve results that demonstrate how the waste of a local resource can be transformed to develop new supply chain as: the possibility of designing new packaging to enhance and distribute prickly pear flowers decoctions and infusions and Opuntia Ficus Indica seed oil in the nutraceutical sector. It is possible to see a new path made by the interaction between design and craftsmanship development, that starting from a new local renewable material, and other products is able to bring innovation in the tradition.

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