

Article

# Composite Building Materials: Thermal and Mechanical Performances of Samples Realized with Hay and Natural Resins

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**Abstract:** Recent years have seen an increasing public interest in issues related to energy saving and environmental pollution reduction in the building sector. As a result, many directives have been issued, the most important being the Directive 2010/31/EU (EPBD Recast) on the energy performance of buildings, which requires that “Member States shall ensure that by 31 December 2020 all new buildings are nearly zero-energy buildings”. This goal can be obtained not only by reducing energy demand for heating and cooling, but also, for example, by improving building envelope performances. In this work, a first analysis of the thermal and structural behaviour of a biocomposite material, constituted by a natural resin (rosin) and vegetal fibres (hay), has been performed, with particular attention to the share of fibres and the granulometry in the mixture. The biocomposite has shown both good insulation properties and mechanical resistance. However, the results show that further analyses should be performed on the optimisation of the samples' preparation process.

**Keywords:** energy building; natural materials; biocomposite; thermal and mechanical properties

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## 1. Introduction

Recent years have seen an increasing public interest in issues related to energy saving and environmental pollution reduction in the building sector. As a result, many directives have been issued, the most important being the Directive 2010/31/EU (EPBD Recast) [1] on the energy performance of buildings, which requires that “Member States shall ensure that by 31 December 2020 all new buildings are nearly zero-energy buildings”. This goal can be obtained not only by reducing energy demand for heating and cooling, but also, for example, by improving building envelope performances. Thermal insulation is a major contributor as the first practical and logical step towards achieving energy efficiency, especially in envelope-load-dominated buildings located

in sites with harsh climatic conditions. The new approach to energy-efficient design also includes development and use of natural and local building materials—and bio-based composites among them—with the main aim of reducing the global impact of buildings in a life cycle perspective.

Recently, there has been a rapid growth in research and innovation in the natural fibre composite (NFC) area. Interest is warranted due to the advantages of these materials compared to others—such as synthetic fibre composites—including low environmental impact and low cost, which supports their potential across a wide range of applications.

Therefore, the demand of ecological building materials is rapidly growing in the market, particularly regarding insulating materials from renewable resources. Many researchers have approached the study of such natural materials, especially investigating their thermal insulating and mechanical properties. The most studied materials are jute [2–4], cork [5], corncob [6,7], hay [8], sugarcane [8,9], wood wool and rock wool [10], cellulose loose-fill [11], flax [2,12–15], straw bales [16–18], coconut [19–22], and hemp [2,13–15,23–32]. Much effort has gone into increasing their mechanical performance to extend the capabilities and applications of this group of materials. Mechanical performances of some natural fibre composites are summarised in Table 1.

**Table 1.** Mix of natural fibres and resin and their mechanical characteristics.

Fibre	Orientation	Matrix	Fibre Content (%)	Tensile Strength (MPa)	Young's Modulus (GPa)	Flexural Strength (MPa)	Flexural Modulus (GPa)	Reference
Hay	random	Rosin	50/70	6/13	0.4/1	6		[This study]
Alfa	aligned	UP	48	149	12			[33]
Cellulose	continuous	Bio-Epoxy		92	9	727	27	[34]
Cordenka <sup>a</sup>	-	PA	30	120	6			[35]
Cordenka <sup>a</sup>	-	PP	42	90	4			[36]
Cordenka <sup>a</sup>	-	PLA	25	108	4			[36]
Flax	-	PP	30			74 <sup>b</sup>		[37]
Flax	-	PP	30	52	5	60	5	[38]
Flax	aligned	Epoxy	46/54	280/279	35/39	223		[39]
Flax	aligned	Epoxy	37	132	15			[40]
Flax	aligned	PP	50	40	7			[41]
Flax	aligned	PP	39			212	23	[42]
Flax	random	UP	39	61	6	91	5	[43]
Flax	random	PLA	30	100	8			[44]
Flax	random	PLLA	30	99	9			[44]
Flax	short-nonwoven	Shellac	49	109	10			[45]
Flax	woven	Epoxy	50	104	10			[46]
Flax hackled	aligned	Epoxy	28			182	20	[47]
Flax sliver	aligned	UP	58	304	30			[48]
Flax sliver	aligned	PP	44			146	15	[49]
Flax sliver	biaxial/major axis	Epoxy	46	200	17	194	13	[50]
Flax yarn	aligned	Epoxy	45			311	25	[51]
Flax yarn	aligned	Epoxy	31	160	15	190	15	[47]
Flax yarn	aligned	Epoxy	45	133	28	218	18	[51]
Flax yarn	aligned	VE	24	248	24			[47]
Flax yarn	aligned	UP	34	143	14	198	17	[47]
Flax yarn	aligned	PP	72	321	29			[52]
Flax yarn	aligned	PP	30	89/70	7/6			[53]
Flax yarn	woven	VE	35	111	10	128	10	[47]
Harakeke	aligned	Epoxy	50/55	223	17		14	[54]
Harakeke	aligned	Epoxy	52	211	15			[55]
Harakeke	DSF	Epoxy	45	136	11	155	10	[56]
Harakeke	DSF	PLA	30	102	8			[56]
Harakeke	random	Epoxy	45			188	9	[57]
Hemp	-	PP	40	52	4	86	4	[58]
Hemp	aligned	Epoxy	65	165	17	180	9	[59]
Hemp	aligned	PP	46			127	11	[49]
Hemp	aligned	PLA	30	77	10	101	7	[60]
Hemp	biaxial	PLA	45	62	7	124	9	[61]
Hemp	carded	PLA	30	83	11	143	7	[62]

Hemp	DSF	Epoxy	50	105	9	126	8	[56]
Hemp	DSF	Epoxy	65	113	18	145	10	[59]
Hemp	DSF	PLA	25	87	9			[56]
Hemp	random	PLA	47	55	9	113		[63]
Jute	-	PP	60	74	11	112	12	[64]
Jute	woven	UP	35	50	8	103	7	[43]
Kenaf	aligned	PLA	40	82	8	126	7	[65]
Kenaf	aligned	PHB	40	70	6	101	7	[65]
Kenaf	random	PP	30	46	5	58	4	[66]
Kenaf	aligned	PLA	80	223	23	254	22	[67]
Kraft	-	PP	40	52	3	90	4	[58]
Lyocell <sup>a</sup>	carded	PLA	30	89	9	148	6	[65]
Lyocell <sup>a</sup>	carded	PHB	30	66	5	105	5	[65]
Newsprint	-	PP	40	53	3	94	4	[58]
PALF	random	UP	30	53	2	80	3	[68]
Sisal	aligned	Epoxy	73	410	6	320	27	[69]
Sisal	aligned	Epoxy	77	330	10	290	22	[69]
Sisal	aligned	Epoxy	48	211	20			[40]
Sisal	aligned	Epoxy	37	183	15			[40]
Wood BKP	-	PP	40	50	3	78	3	[70]

<sup>a</sup> Lyocell/Cordenka = regenerated cellulose fibre; <sup>b</sup> High molecular weight MAPP; BKP: Bleached kraft pulp; CSM: Chopped strand mat; DSF: Dynamic sheet forming; MAPP: Maleic anhydride-polypropylene; PA: Polyamide; PALF: Pineapple leaf fibres; PHB: Polyhydroxybutyrate; PLA: Polylactic acid; PLLA: L-Polylactic acid; PP: Polypropylene; UP: Unsaturated polyester; VE: Epoxy vinyl este.

At the University of Palermo, the group of the Laboratory for Indoor Environments and Sustainable Technologies has long been carrying out an extensive series of experiments, mostly on the use of vegetable fibres—some of them from agricultural wastes—as components of products for the building envelope. In this work, a first analysis of the thermal and structural behaviour of a biocomposite material, constituted by a natural resin (rosin) with the addition of vegetal fibres (hay), has been performed, with particular attention to the share of fibres and their granulometry in the mixture.

This research is jointly conducted by the Università degli Studi di Palermo and the Universitat Autònoma de Barcelona.

## 2. Raw Materials

Among the different natural fibres, hay has been selected to be used in this work because of its widespread presence throughout Europe and in Italy especially, where it is regularly cultivated. As far as the binder is concerned, the choice has fallen on a natural resin. In particular, the most common natural resin is rosin, which is extracted from conifers that are also largely widespread throughout Europe and Italy. Therefore, the components of the biocomposite realised are two natural materials that can be easily found on the local market, are cheap, and that have an added value by means of a an additional use as insulating material in the building sector.

### 2.1. Hay

Hay is grass or herbaceous plant that have been cut and dried. In this paper, *Hedysarum coronarium* (commonly named sulla), an autochthon spontaneous plant widely spread in Italy, has been used. Sulla is a leguminous perennial plant, with a life span of 2 years. It is very heat- and drought-resistant. It has stems from 0.8 m to 1.5 m tall. Its thermal conductivity is equal to 0.052 W/mK [71].

### 2.2. Rosin

Rosin, also called colophony or Greek pitch, owes its name to ancient town of Colofone, between Izmir and Efes, in Asia Minor. It is a vegetal resin, yellow, vitreous, very fragile, and easy to

pulverise. It is obtained from terpene, which is a liquid resin pouring from incisions performed on conifer trunks.

By distilling terpene, two different fractions can be obtained: a volatile, liquid fraction, turpentine (20%), and a solid fraction, rosin (80%). Rosin chemically consists of 10% inert material and 90% resin acids: in particular, 90% abietic acid ( $C_{19}H_{29}COOH$ ) and 10% a mix of dihydroabietic acid ( $C_{19}H_{31}COOH$ ) and dehydroabietic acid ( $C_{19}H_{27}COOH$ ).

Table 2 summarises the main physical and chemical characteristics of rosin.

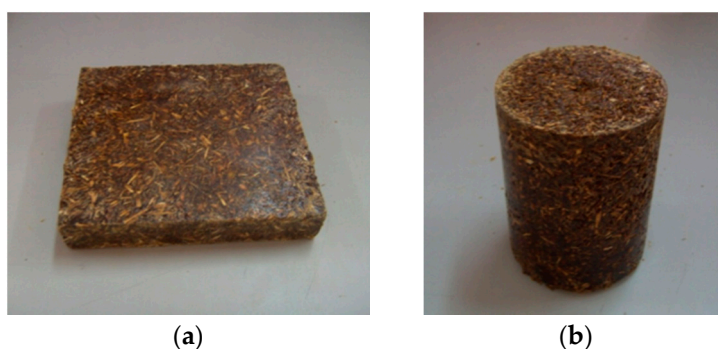
**Table 2.** Physical and chemical characteristics of rosin [72].

Property	Values
Density	1.04–1.10 g/cm <sup>3</sup>
Thermal conductivity $\lambda$	0.128 W/mK
Acid number	>150
Softening point	70 °C–80 °C
Melting point	60–135 °C
Dropping point	80–95 °C
Ashes	<0.031%
Saponification number	170–185
Insaponifiable matter	3%–8%

Rosin is insoluble in water; proper solvents are instead alcohol, benzene, ether, chloroform, glacial acetic acid, oils, and carbon disulphide, while by using weak solvents, like turpentine, a small amount (<0.5%) of insoluble matter can be obtained. Finally, rosin can be melted by heating it.

### 3. Experimental Procedure

In this work, three different mixes were chosen to be investigated, that is, hay with a granulometry of 8 mm and 50%, 60%, and 70% in weight of rosin. For each of the mixes, both a parallelepiped sample (160 × 140 × 40 mm) and a cylinder sample (102 mm diameter, 166 mm height) were prepared respectively for thermal and mechanical tests (Figure 1).



**Figure 1.** Hay samples (60%) removed from the moulds: (a) parallelepiped sample; (b) cylindrical sample.

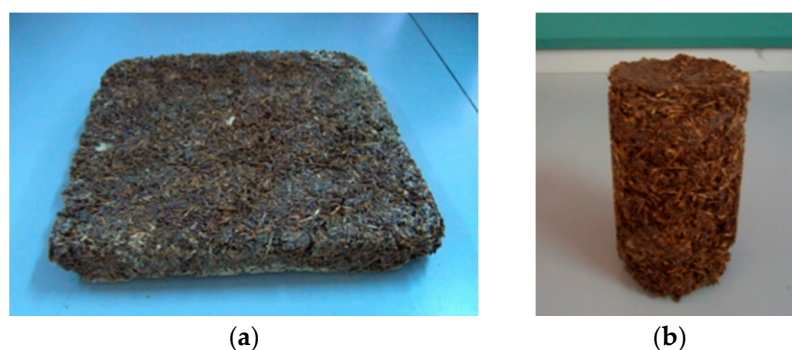
During the screening phase, a higher fibre content in the mix was tested. The increase of fibres led to the impossibility of mixing the material and to a non-homogeneous mix with many voids, so 70% hay should be considered the upper limit of the mix.

As far as the rosin is concerned, tested solvents, like turpentine, did not allow the mix to solidify, so it was melted by means of a burner.

During the preparation of the samples, larger than the ones prepared during the screening phase, some other problems arose.

One of the problems was homogeneously filling the mould with the mix, as the sudden solidification of the rosin let many voids in the mould (Figure 2). To overcome this problem, the steel moulds were preheated on a burner and, during the preparation of the samples, a heat gun was used

to minimize the difference of temperature between the mould and the mix and prevent the sudden solidification of the mix. To minimise the voids in the mix, instead, a weight was put on the upper surface of sample, applying an overpressure equal to 7.9 kPa.



**Figure 2.** Samples removed from the moulds with many visible voids: (a) parallelepiped sample; (b) cylindrical sample.

Another problem has been to safely remove the samples from the moulds after the drying process. To overcome this problem, the inner surface of the mould was covered with Teflon, which is one of several commercial denominations of polytetrafluoroethylene (PTFE). PTFE is a thermoplastic polymer, with one of the lowest known coefficients of friction and a high melting point, often used to cover surfaces exposed to high temperatures without adhering or reacting. Others tested methods proved unsatisfactory, including covering the inner surface of the mould with kraft paper (the mix adhered to the paper) or directly filling the mould with the mix without covering the inner surface (the mix perfectly adhered to the surface and crushed when trying to remove it from the mould).

In Tables 3 and 4, the physical properties of the prepared samples are shown. An alphanumeric code has been assigned to each sample (e.g., “F50P”) where:

- the first letter, F, stands for hay (*fieno* in Italian);
- the number stands for the percentage in weight of hay;
- the final letter stands for parallelepiped (P) or cylinder (C).

**Table 3.** Physical characteristics of the parallelepiped samples.

Sample ID	% Hay	Hay Granulometry (mm)	Dimensions (L × P × H) (mm × mm × mm)	Weight (g)	Volume (cm <sup>3</sup> )	Bulk Density (kg/m <sup>3</sup> )
F50P	50	8	159 × 139 × 28	612.3	619	989
F60P	60	8	160 × 139 × 29	613.0	656	934
F70P	70	8	158 × 140 × 29	511.5	647	791

**Table 4.** Physical characteristics of the cylindrical samples.

Sample ID	% Hay	Hay Granulometry (mm)	Dimensions (D/H) (mm/mm)	Weight (g)	Volume (cm <sup>3</sup> )	Bulk Density (kg/m <sup>3</sup> )
F50C	50	8	100/157	1239.5	120	1005
F60C	60	8	100/130	996	102	976
F70C	70	8	100/112	707	90	804

#### 4. Thermal Properties

Thermal tests have been performed on the prepared parallelepiped samples to investigate their thermal conductivity. A heat flow meter (LaserComp Fox 314) has been used for the tests in compliance with the UNI EN 12667 [73].

A ring of polystyrene has been put along the lateral side of the samples to adapt them to the heat flow meter size, minimising non-orthogonal flux between the plates. The upper and lower surfaces of the samples have been carefully smoothed by means of an orbital sander and sandpaper in order to ensure good contact with the plates, preventing any air gap.

In Table 5, the main test results are reported.

**Table 5.** Thermal test results.

Sample ID	Mass (g)	Volume (cm <sup>3</sup> )	Bulk Density (kg/m <sup>3</sup> )	Thermal Conductivity $\lambda$ (W/mK)
F50P	612.3	619	989	0.1079
F60P	613.0	656	934	0.1029
F70P	511.5	647	791	0.0938

As Table 5 shows, the higher the amount of fibres in the mix, the lower the bulk density and the thermal conductivity, as expected.

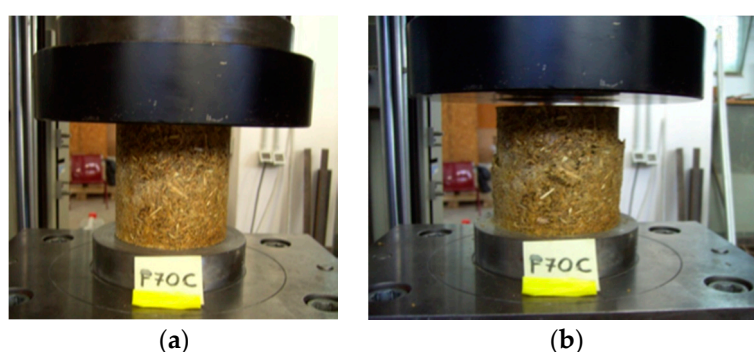
## 5. Mechanical Properties

The compressive and flexural tests on the mix have been performed at the Dipartimento di Ingegneria Civile, Ambientale, Aerospaziale, dei Materiali (DICAM) of the Università degli Studi di Palermo.

### 5.1. Compressive Tests

The compressive test consists of compressing a cylindrical sample, whose diameter/height ratio is 1/1, between two plane surfaces with an increasing load. After cutting the samples to the required dimension, they were tested by means of a Zwick/Roell universal testing machine (Figure 3). The tests were performed with an upper crossbar speed of 2 mm/min.

The test ends when the sample crushes, resulting coupled values, compressive strength (N)/displacement (mm). Dividing the compressive strength by the area of the samples, the stress  $\sigma$  (N/mm<sup>2</sup> or MPa) was obtained, while dividing the displacement by the initial height of the sample, the strain  $\epsilon$  (%) was obtained. Finally, the stress–strain curve  $\sigma$ – $\epsilon$  has been reported for each sample.



**Figure 3.** Compressive test performed on F70C sample: (a) before test; (b) after test.

Sample F70C, even though visible damage occurred to the base, did not crush. The ultimate strength was equal to 5.82 MPa, while the Young modulus  $E$ , which is the slope of the  $\sigma$ – $\epsilon$  curve in the elastic field, was equal to 413 MPa.

Sample F60C showed a considerable resistance, as it did not crush, remaining intact and compact. The ultimate strength was equal to 10.53 MPa, while the Young modulus  $E$  was equal to 959.1 MPa.

Finally, sample F50C also showed a considerable resistance, remaining compact, with only some little fractures on the lateral surface. The ultimate strength was equal to 12.91 MPa, while the Young modulus  $E$  was equal to 1003 MPa.

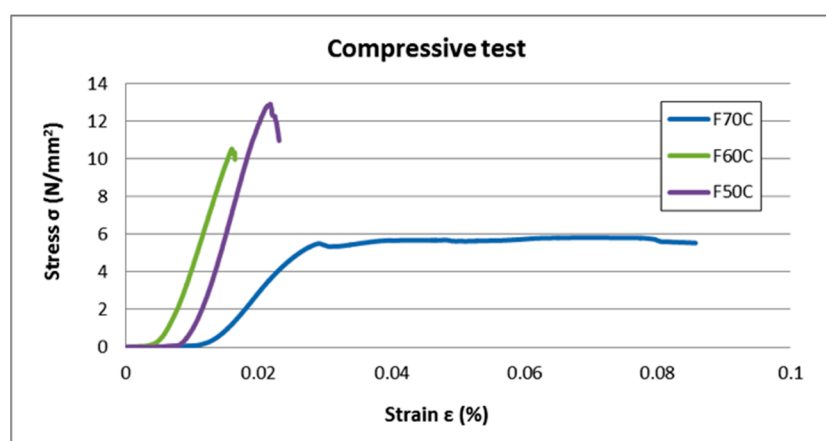
In Table 6, the results of the compressive test are reported.

**Table 6.** Physical characteristics of the cylindrical samples.

Sample ID	Dimension (D/H) (mm/mm)	Mass (g)	Volume (cm <sup>3</sup> )	Bulk Density (kg/m <sup>3</sup> )	Young Modulus $E$ (MPa)	Ultimate Strength (MPa)
F70C	100/100	635	785	809	413	5.82
F60C	100/100	755	785	962	959.1	10.53
F50C	100/100	765	785	974	1003	12.91

From Table 6, it can be observed that the higher the amount of fibres in the mix, the lower the bulk density, ultimate strength, and Young modulus.

In Figure 4 the stress-strain curve  $\sigma$ - $\epsilon$  of the three samples tested are reported for comparison.



**Figure 4.** Stress-strain curve  $\sigma$ - $\epsilon$  of the tested samples.

As shown in Figure 4, the  $\sigma$ - $\epsilon$  curve trend for sample F70C is initially pseudo-horizontal, due to the opposition of the sample versus the external load, followed by an elastic branch and then by a sudden yielding of the material, representing the beginning of the plastic field, continuing until the material crushes. After the yielding point, the curve shows a monotonic weak decrease due to the ductile behaviour of the material, which can further displace in the post-elastic field.

Sample F60C and F50C show similar behaviour. The  $\sigma$ - $\epsilon$  curve trend is initially pseudo-horizontal, followed by a linear branch in the plastic field until crushing. The curve is typical of brittle materials, lacking a plastic phase after the yielding point.

Sample F70C reaches high stress values, showing a high strain capacity after the elastic phase, with an increase in strain under constant stress. This characteristic of hay fibres that is conferred to the mix is particularly important, because it can contribute to the dissipation of energy in a building designed in a seismic zone.

Samples with a lower amount of fibre have shown to be more resistant than sample F70C, but, conversely, have brittle behaviour without a plastic field.

The pseudo-horizontal tract of the  $\sigma$ - $\epsilon$  curve is longer in samples with a higher fibre content, denoting a greater initial cohesion that hay fibres give once stressed.

Finally, the slope of the  $\sigma$ - $\epsilon$  curve in the elastic field, which is tied to the stiffness of the material, is higher for samples with a lower fibre content.

### 5.2. Three-Point Flexural Test

The three-point flexural test was performed with the universal testing machine on the parallelepiped samples, previously used for thermal tests, after they have been cut into three stripes (Figure 5). These samples have been named with the same alphanumeric code of the starting sample, adding a letter (A, B, or C) to distinguish them. Samples were put in the machine on the two supporting pins, taking care that the two extremities were symmetrically placed, as loading geometry and strain rate strongly influence the test. Furthermore, before the test started, a low preload was given to the sample by means of a rotating three-lever system placed at the base of the machine. Figure 6 shows some samples crushed after the flexural test.



Figure 5. Three-point flexural test performed on a sample.

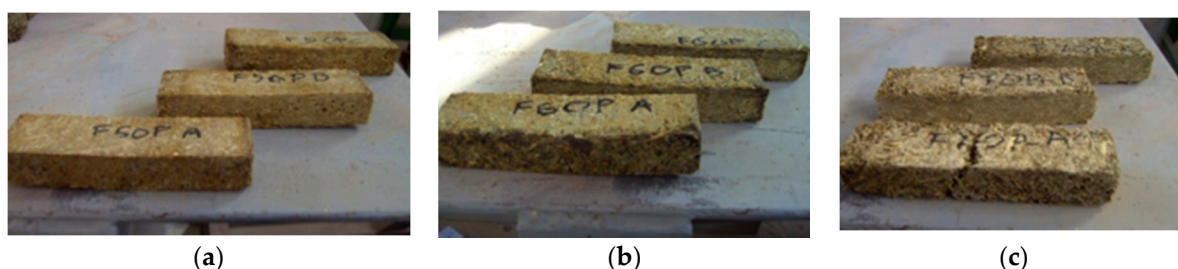


Figure 6. Samples crushed after the flexural test: (a) F50P samples; (b) F60P samples; (c) F70P samples.

In Table 7, ultimate load and ultimate strength values, calculated by means of the well-known Navier equation, are reported. For each mix, an average ultimate strength value is also reported.

Table 7. Flexural test results.

Sample ID	Dimensions (L × P × H) (mm × mm × mm)	Mass (g)	Volume (cm <sup>3</sup> )	Bulk Density (kg/m <sup>3</sup> )	Ultimate Load (kg)	Ultimate Strength (MPa)	Average Ultimate Strength (MPa)
F50P.A	159 × 41 × 28	180	182	986	84.0	6.11	
F50P.B	159 × 41 × 28	180	182	986	72.5	5.28	6.00
F50P.C	159 × 41 × 28	180	182	986	91.0	6.62	
F60P.A	160 × 40 × 29	180	186	969	87.0	6.09	
F60P.B	160 × 40 × 29	180	186	969	89.0	6.23	6.04
F60P.C	160 × 40 × 29	180	186	969	83.0	5.81	
F70P.A	158 × 41 × 29	150	189	790	80.0	5.28	
F70P.B	158 × 40 × 29	145	185	783	104.0	7.04	6.11
F70P.C	158 × 41 × 29	150	189	790	91.0	6.01	

From Table 7, it is clear that the ultimate strength is directly proportional to the ultimate load.



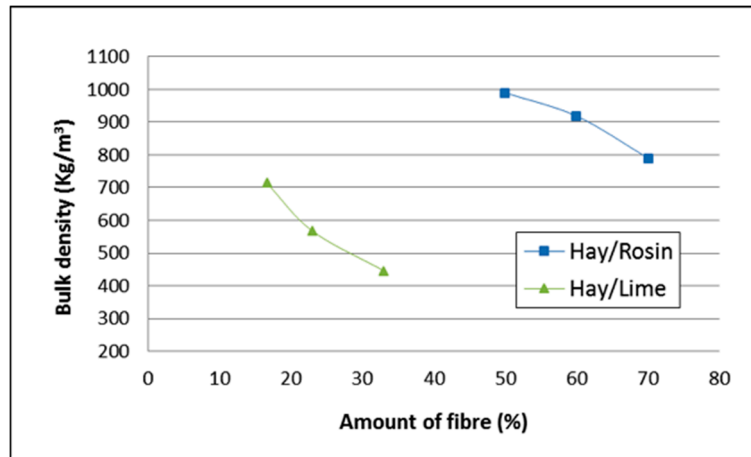
All hay–rosin samples showed a high cohesion during the flexural tests, a failure being indicated by a slight concave profile and the presence of more or less bended fractures near the tensile zone of the middle section of the sample.

## 6. Discussions

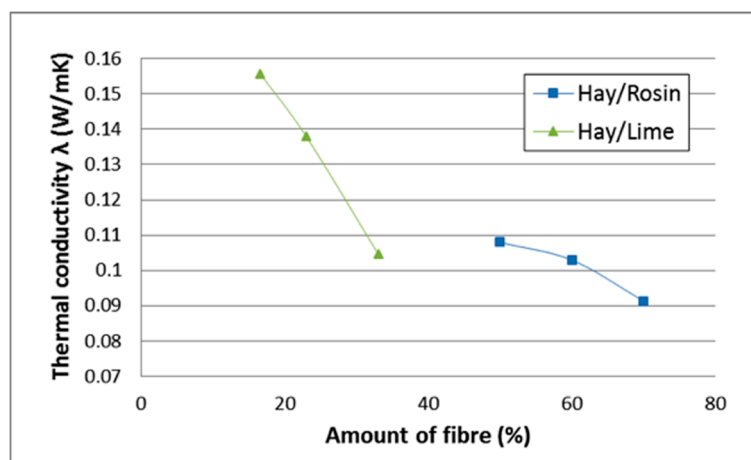
In this section, the performances of the biocomposite analysed in this work is compared with other work present in literature, from both a thermal and mechanical point of view.

The thermal conductivity values have been compared with the ones of another biocomposite, in which the vegetal fibres are hay, while the binder is lime (a mix of hydrated and hydraulic lime with a ratio of 4:1). The amount of fibre in the mix ranges from 16.6% to 33%, with a granulometry from 4 mm to 8 mm, and the bulk density of the samples ranges from 417 kg/m<sup>3</sup> to 718 kg/m<sup>3</sup>, while the thermal conductivity ranges from 0.09179 W/mK to 0.1534 W/mK [71] (Figures 7 and 8).

From the comparison of the two materials, it is evident that the biocomposite hay/rosin, the object of the present work, presents higher bulk density and lower thermal conductivity values. This is probably due to the use of rosin as binder instead of lime, thus making it possible to increase the amount of fibres in the mix up to 70%. On the other hand, when using lime, 40% fibre seems to be an upper limit, as the samples are very brittle and a further increase of fibres does not allow for the preparation of homogeneous mixes.

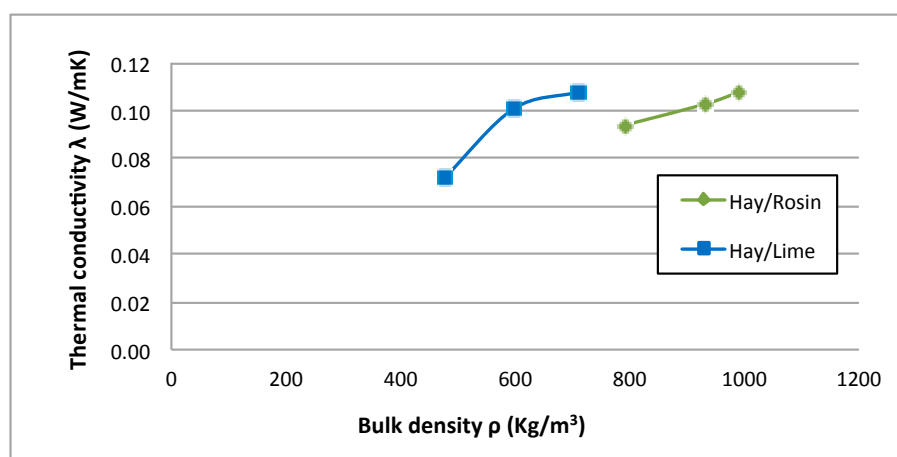


**Figure 7.** Comparison of the bulk density/amount of fibres (%) trend for hay/rosin and hay/lime biocomposites.



**Figure 8.** Comparison of the thermal conductivity/amount of fibres (%) trend for hay/rosin and hay/lime biocomposites.

In Figure 9, the thermal conductivity/bulk density trend of the hay/rosin biocomposite is reported.



**Figure 9.** Thermal conductivity/bulk density trend of the hay/rosin biocomposite.

From Figure 9, the decrease of the thermal conductivity of the biocomposite is proportional to the decrease of its bulk density, the latter depending on the increase of fibres in the mix. However, there is physical upper limit to the amount of fibres that can be added to the mix, as, beyond a certain value, it is impossible to make it homogeneous.

With regard to the common insulation materials used in the building sector—like glass mineral wool, rock mineral wool, or polystyrene, which have thermal conductivities that range from 0.03 W/mK to 0.04 W/mK—the analysed mixtures have obviously higher values, but can still be considered as good insulation materials.

As far as the compressive tests are concerned, the maximum ultimate strength value of the hay/rosin biocomposite has been compared with the one of a hay/lime biocomposite [71] (16.7% in weight of hay, chopped at 8 mm granulometry mixed with hydrated and hydraulic lime in a 1:4 ratio). The hay/rosin maximum ultimate strength, equal to 12.91 MPa, is considerably higher than the hay/lime ultimate strength (equal to 0.25 MPa) showing that the use of rosin as binder, instead of lime, strongly increases the compressive strength of the biocomposite (Table 8).

**Table 8.** Comparison of the maximum ultimate strength of the two biocomposites with 8 mm granulometry.

Biocomposite	Fibres (%)	Ultimate Strength (MPa)
Hay/Lime	16.6	0.25
F50C	50.0	12.91

As far as the flexural strength tests are concerned, the ultimate strength values of the hay/rosin biocomposite have been compared both with the ones of the already mentioned hay/lime biocomposite and other literature works concerning biocomposite made of natural fibres and resin. In particular, the biocomposites compared are the following:

- A. Hay (70% in weight) at 8 mm granulometry, 30% rosin, prepared applying an overpressure equal to 7.9 kPa (present work). Ultimate strength equal to 6.00 MPa;
- B. Hay (16.6% in weight) at 8 mm granulometry, 16.7% hydrated lime, 66.7% hydraulic lime [71]. Ultimate strength equal to 0.25 MPa [71];
- C. Flax fibres (34% in weight) at 2 mm granulometry, with acrylated epoxidized soybean oil (AESO) mixed with styrene and divinylbenzene in the ratio 100:45:5 by weight; furthermore, 1.5% in weight of an organic peroxide, USP-245, has been added to the resin. Samples realised by means of the resin transfer moulding (RTM) process (i.e., the closed mould containing the

- fibre mat has been filled with resin at 207 kPa, letting the resin in excess to flow out of the mould) [74]. Ultimate strength equal to 64 MPa;
- D. Flax, cellulose, or recycled paper with AESO mixed with styrene in 2:1 weight ratio, then added with cumyl peroxide (3% in weight) and cobalt naphthenate (0.8% in weight). Resin is infused in the fibre mat by means of the vacuum resin transfer moulding (VARTM) process [75]. Ultimate strength ranging from 27 MPa to 60 MPa;
- E. Pineapple leaf fibres at 1 mm granulometry (30% in weight), with poly (hydroxybutyrate-*co*-hydroxyvalerate), a biodegradable organic polymer commonly named PHBV. A 1 mm thickness laminate has been prepared by sandwiching three layers of fibres between four layers of PHBV films. The three fibre layers were arranged in 0°/90°/0° directions with 25% of the fibre weight in the top and bottom layers each, and the remaining 50% in the middle layer. The mould was then heated at 180 °C and the sample pressed at 140 MPa [76]. Ultimate strength equal to 86 MPa;
- F. Manila hemp fibres (70% in weight) with a starch-based emulsion-type biodegradable resin containing fine particles of approximately 4.6 µm in diameter, suspended in aqueous solution, with a mass content of 40%. Samples have been hot-pressed (130 °C) at 10 MPa for 10 min [77]. Ultimate strength equal to 223 MPa.

From the values above-reported, it is once more evident that the use of a resin as binder in the biocomposite, instead of lime, strongly increases its mechanical properties. In particular, the hay/rosin biocomposite shows the lowest flexural strength values amongst the other biocomposite using resin as binder. However, it has to be pointed out that all these biocomposites have been obtained by means of high-pressure values in the preparation processes, ranging from 0.2 MPa to 140 MPa, while the biocomposite analysed in the present work only received an overpressure equal to 7.9 kPa. The increase of the overpressure received by the sample obviously increases its bulk density and, thus, its mechanical resistance, at the expense of the thermal conductivity, as shown in Figure 9. However, all the cited works only focus on the mechanical properties of the biocomposites, while the thermal conductivity has not been measured.

## 7. Conclusions

In this paper, an analysis of the thermal and mechanical properties of a biocomposite has been carried out. The choice of the mix has fallen on two natural materials that are cheap and/or widespread throughout Europe, hay and rosin, with the percentage of fibres ranging from 50% to 70% in weight.

The thermal and mechanical tests performed on the samples have shown very promising results. In particular, the thermal tests have shown a thermal conductivity ranging from 0.08535 to 0.1079 W/mK, values that indicate good thermal insulation properties of the biocomposite. The thermal conductivity is clearly dependent on the amount of fibres in the mix, with a greater percentage of fibres resulting in lower density and thermal conductivity.

As far as the mechanical properties are concerned, the tests have shown a maximum ultimate strength ranging from 5.82 to 12.91 MPa and a flexural strength nearly constant, equal to 6.00 MPa. Samples with a smaller amount of fibres have proven to be more resistant, but, conversely, have a more brittle behaviour, as indicated by the lack of a plastic behaviour in the  $\sigma$ - $\epsilon$  curve.

The mechanical tests performed on the biocomposite, compared with a mix of lime and hay, have shown that the substitution of lime with resin as binder strongly increases the mechanical properties of the biocomposite.

Further analyses have to be performed in order to improve both the thermal and mechanical properties of the biocomposite. In this regard, an in-depth study on the preparation of the mix is currently ongoing. In more detail, the influence of the amount and granulometry of shives in the mixture, the pressure applied when filling the mould, and the effects of the duration and modality of the drying process on the mechanical properties of the biocomposite are being investigated. Moreover, we are planning an experimental campaign in order to evaluate the durability and the response to the environmental factors of the biocomposite.

**Author Contributions:** Maria La Gennusa, Joan Rieradevall and Gianluca Scaccianoce conceived of and designed the research; Joan Rieradevall generally supervised the research group; Maria La Gennusa and Giancarlo Sorrentino performed the experiments and carried out measures at the Laboratory for Indoor Environments and Sustainable Technologies; Pere Llorach-Massana, Juan Ignacio Montero, Francisco Javier Peña and Giancarlo Sorrentino collected and processed the data; Maria La Gennusa, Joan Rieradevall and Gianluca Scaccianoce interpreted and analyzed the data; Patrizia Ferrante and Maria La Gennusa wrote the paper. All authors have revised the article critically and approved the final manuscript.

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