



Individual variation of persistent organic pollutants in relation to stable isotope ratios, sex, reproductive phase and oxidative status in Scopoli's shearwaters (*Calonectris diomedea*) from the Southern Mediterranean



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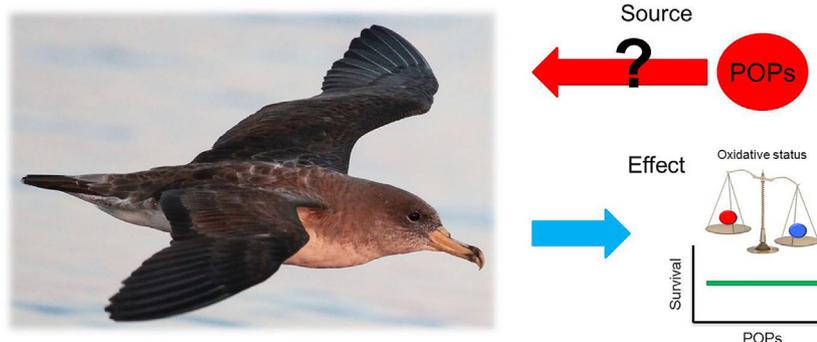
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HIGHLIGHTS

- We quantified the plasma persistent organic pollutants (POPs) in Scopoli's shearwaters.
- Concentrations of most Σ POPs were higher near the end of the breeding season.
- Neither stable isotopes nor body mass explained individual variation in POPs.
- POPs did not predict the probability of each bird being resighted as breeder the following year.
- POPs were weakly associated with markers of antioxidant protection.

GRAPHICAL ABSTRACT



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ABSTRACT

Little is known about the accumulation of persistent organic pollutants (POPs) and its consequences for seabirds in the Mediterranean basin. We characterised the plasma contaminant profile (polychlorinated biphenyls Σ PCBs; organochlorine pesticides Σ OCPs; polybrominated diphenyl ethers Σ PBDEs) of a population of the seabird Scopoli's shearwater (*Calonectris diomedea*) that breeds in the southern Mediterranean (Linosa Island) and investigated (i) whether sex, stable isotope ratios (related to diet), reproductive phase (early incubation vs. late breeding season) and body mass explained variation in contaminant burden and (ii) whether they predict health-related variables. The predominant category of POPs was Σ PCBs contributing between 53.0 and 92.4% of the total POPs in each shearwater. The percentage contribution of Σ OCPs to total POPs ranged between 7.6 and 47.0%, while that of Σ PBDEs ranged between <1% and 22.1%. Near the end of the breeding season, concentrations of Σ PCBs, Σ OCPs and Σ POPs were significantly higher than at the beginning of the incubation period. Σ PBDEs were higher in males than females near the end of the breeding season, while they were higher in females than males at the beginning of the egg incubation period. Carbon- and nitrogen isotope ratios and individual body mass were not significantly associated with any contaminant class. Males differed in the concentration of

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POPs
Seabirds

POPs, but they had similar stable isotope values. There was little evidence for a connection between contaminants and blood-based markers of oxidative balance. None of the contaminants predicted the probability of a bird being resighted as a breeder the following year. Thus, although POPs were present at high concentrations in some individuals, our study suggests little concern regarding POP exposure for this shearwater population.

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1. Introduction

Persistent organic pollutants (POPs) are chemicals of global environmental concern because they can persist in the environment for a long time, can be dispersed over large geographical areas, are often toxic for diverse biological taxa, and have the tendency to accumulate in organisms and biomagnify through food chains. POPs present in the environment can include legacy (e.g., polychlorinated biphenyls PCBs; organochlorine pesticides OCPs; polybrominated diphenyl ethers PBDEs) and emerging contaminants (e.g., perfluoroalkylated substances PFAs).

At high concentrations, POPs have been shown to impair the health and reproductive fitness of free-living animals (Letcher et al., 2010) and thus may pose a significant hazard to predators feeding at the top of the food chain, such as mammalian carnivores, birds of prey, or seabirds. In seabirds, POPs have been found to negatively impact immunity, the functioning of the endocrine system, regulation of oxidative balance, survival and/or reproductive success (Bustnes et al., 2006; Verreault et al., 2010; Erikstad et al., 2013; Costantini et al., 2014).

To date, little is known about the accumulation of POPs and its consequences for seabirds in the Mediterranean basin. The Barcelona Convention for the protection of the Mediterranean Sea was adopted in 1976, which included the Mediterranean Action Plan and the Mediterranean Marine Pollution Monitoring and Research Programme. However, 40 years later, data remain scarce for background levels in sediments of many pollutants, particularly in the southern areas of the Mediterranean (Gómez-Gutiérrez et al., 2007; Castro-Jiménez et al., 2013). POPs appear to be present at higher concentrations in the Mediterranean Sea than in other oceanic regions (Gómez-Gutiérrez et al., 2007). Previous work has found polychlorinated biphenyls (PCBs) and dichlorodiphenyl ethane plus its main metabolites (DDTs) to be at levels of toxicological concern in some Mediterranean organisms, including predatory fish (Fossi et al., 2004), mussels (Zorita et al., 2007), and seabirds (Roscales et al., 2011). Yet, little is known about the biological consequences of bioaccumulation of pollutants in top predators in this region (Roscales et al., 2011), which is surprising given that top predators are especially susceptible to biomagnification. It is therefore important to identify which POPs are accumulated in southern Mediterranean species, which factors explain their accumulation, and to determine their effects on individual health, particularly in those species of conservation concern.

In this study, we quantified plasma concentrations of 53 legacy POPs (including Σ PCBs, Σ OCPs and Σ PBDEs) in a population of Scopoli's shearwaters (*Calonectris diomedea*), a seabird species that breeds in the Southern Mediterranean. Although this species is currently listed as 'of Least Concern' by the International Union for the Conservation of Nature, recently the population has been classified as decreasing (International Union for Conservation of Nature and Natural Resources, n.d) (www.iucnredlist.org). Our aims were to (i) characterise the contaminant profile in this seabird species, (ii) assess whether variation in sex, reproductive phase, stable isotope ratios (a proxy of diet) and body mass explains the individual contaminant burden, (iii) test whether mates have similar contaminant burdens, (iv) assess whether the contaminant burden is related to blood-based markers of oxidative damage and antioxidant status and to the resight probability (a proxy of survival/reproductive parameters, Costantini and Dell'Omo, 2015), which is the probability that a given individual is resighted as breeder at the colony the year after blood collection.

2. Materials and methods

2.1. Study species, area and sampling

The Scopoli's shearwater is a pelagic seabird that breeds in the Mediterranean. Our study population breeds on Linosa (35°52' N, 12°52' E), a volcanic island off of Sicily, which holds the second largest colony of shearwaters in the Mediterranean (Massa and Lo Valvo, 1986; Baccetti et al., 2009). The birds breed inside crevices in the lava formations, and are mostly concentrated on the coast of Mannarazza, on the northern side of the island, where the field work has been carried out since 2007. They lay their single egg from the second half of May onwards, and eggs hatch between mid-July and the first week of August. Fledglings typically leave the colony around the end of October. The study nests are numbered and mapped and the breeding birds have been ringed in order to enable individual identification during the yearly monitoring.

Blood samples from breeding birds were collected in October 2013 (near the end of the breeding season; 8 males and 9 females) and in May 2015 (at the beginning of the incubation period; 18 males and 12 females). The dataset included data for 12 pairs (one in 2013 and 11 in 2015). None of the birds were sampled in both years. A sample of venous blood was taken from the leg vein soon after capture and kept in heparinised tubes, which were immediately refrigerated and centrifuged (5 min at 4000 RPM) within a few minutes. Both fractions (plasma and erythrocytes) were stored at $-20\text{ }^{\circ}\text{C}$ while in the field and at $-80\text{ }^{\circ}\text{C}$ in the laboratory.

2.2. Persistent organic pollutant analyses

The analysis of POPs was performed at the Toxicological Centre of the University of Antwerp (Belgium). The analytical protocol was based on the methods described earlier by Eulaers et al. (2011). Plasma samples (median of 370 μL and range of 150–550 μL depending on plasma volume available) were diluted with 1 mL of deionised water and 300 μL of formic acid, and were then added to the internal standards. Extraction mixtures were sonicated for 20 min and transferred onto solid phase extraction (SPE) cartridges (OASISTM HLB) pre-washed with successively 3 mL of dichloromethane, 3 mL of methanol and 3 mL of deionised water. After extraction, the cartridges were eluted with 3 mL of distilled water onto cartridges containing acidified silica (44% sulphuric acid). The latter cartridges were pre-washed with 2 mL of hexane and after clean up eluted with 4 mL of dichloromethane. Resulting eluates were concentrated under a gentle nitrogen flow until dry and redissolved in 100 μL of iso-octane. Gas chromatography (Agilent GC 6890, Palo Alto, CA, USA) coupled to mass spectrometry (Agilent MS 5973) were used to measure 34 PCB congeners (CB-18, -28, -31, -44, -47, -49, -52, -66, -70, -74, -87, -95, -99, -101, -105, -110, -118, -128, -138, -146, -149, -151, -153, -156, -170, -171, -177, -180, -183, -187, -194, -196, -199, -203), 7 PBDE congeners (BDE-28, -47, -99, -100, -153, -154, -183), and 12 OCPs, among which dichlorodiphenyltrichloroethane (*p,p'*-DDT), dichlorodiphenyldichloroethylene (*p,p'*-DDE), hexachlorobenzene (HCB), *trans*- and *cis*-nonachlor (TN and CN), *trans*- and *cis*-chlordane (TC and CC), oxychlordane (OxC), and hexachlorohexanes (α -, β -, and γ -HCH). Most PCB congeners, as well as *p,p'*-DDT and *p,p'*-DDE were separated using a HT-8 capillary column (30 m \times 0.22 mm \times 0.25 μm ; SGE Analytical Science, Zulte, Belgium),

with the mass spectrometer operated in electron impact ionization mode. The remaining PCB congeners, as well as HCB, CHLs, HCHs, and PBDEs were separated using a DB-5 capillary column (30 m × 0.25 mm × 0.25 μm; J&W Scientific, Folsom, CA, USA) and the mass spectrometer operated in electron capture negative ionization mode. Mean ± SD recoveries of the internal standards CB 143 and BDE 77 were 86 ± 6% and 93 ± 10%, respectively. Plasma concentrations were corrected for average procedural blank values (one blank was included for every 10th plasma sample). The limit of quantification (LOQ) was set for each compound at 3 × SD of the procedural blank mean concentration or, for compounds not detected in blanks, set at a 10:1 signal to noise ratio. POPs with concentrations below the LOQ were replaced with a value equal to (LOQ × detection frequency) when the detection frequency (percentage of detection) was >50%. When the detection frequency for a specific POP was lower than 50%, it was omitted from further data treatment.

2.3. Oxidative damage and antioxidant analyses

The d-ROMs assay (Reactive Oxygen Metabolites; Diacron International, Grosseto, Italy) was used to measure plasma oxidative damage metabolites (mostly hydroperoxides) that are generated early in the oxidative cascade. Analyses were done according to manufacturer's instructions as in previous studies (Costantini and Dell'Omo, 2015). Quality controls (Diacron International) were also assessed in each assay. Values of reactive oxygen metabolites have been expressed as mM of H₂O₂ equivalents. Analyses were run in duplicate and the mean coefficients of intra- and inter-assay variation were 3.6 and 6.3%, respectively.

The OXY-Adsorbent test (Diacron International, Grosseto, Italy) was used to quantify the ability of plasma non-enzymatic antioxidants to cope with the in vitro oxidant action of hypochlorous acid (HOCl; an endogenously-produced oxidant). The procedure is described in detail by Costantini et al. (2011). Analyses were run in duplicate and the mean coefficients of intra- and inter-assay variation were 2.8 and 5.2%, respectively.

The Ransel assay (RANDOX Laboratories, Crumlin, UK) was used to quantify the activity of glutathione peroxidase in haemolysate. This assay is based on the original method of Paglia and Valentine (1967) and analyses were carried out according to Costantini et al. (2011). The kinetic reaction was followed for 3 min by spectrophotometric reading at 340 nm. A blank reaction was subtracted from the sample absorbance and values were expressed as units mg⁻¹ proteins. Analyses were run in duplicate and the mean coefficients of intra- and inter-assay variation were 1.4 and 3.3%, respectively.

The Ransod assay (RANDOX Laboratories, Crumlin, UK) was used to quantify the activity of superoxide dismutase in haemolysate. The assay was performed following the manufacturer's instructions (see also Woolliams et al., 1983). The spectrophotometric absorbance was read at 505 nm. Concentrations were calculated using a calibration curve run for each assay and are expressed as units mg⁻¹ proteins. Analyses were run in duplicate and the mean coefficients of intra- and inter-assay variation were 4.3 and 6.3%, respectively. The concentration of proteins in haemolysates was measured using the Bradford protein assay (Bio-Rad Laboratories, Hercules, USA) with albumin as a reference standard.

2.4. Stable isotope analyses

The stable nitrogen (N: ¹⁴N and ¹⁵N) and carbon (C: ¹²C and ¹³C) isotope composition of erythrocytes was measured at the Centre for Permafrost (University of Copenhagen, Denmark). Isotopic values of carbon and nitrogen in erythrocytes are valuable indicators of trophic ecology and, conversely to those from plasma and whole blood, are not affected by uric acid concentration (Quillfeldt et al., 2008). A subsample of 1.03 to 1.95 mg was wrapped into a tin combustion cup,

and stable C and N isotopes were measured by continuous flow using an elemental analyzer (CE 1110, Thermo Electron, Milan, Italy) coupled to a mass spectrometer (Finnigan MAT Delta PLUS, Thermo Scientific, Bremen, Germany). The instrument was calibrated using secondary isotopic reference materials (SIRM), i.e. sucrose and (NH₄)₂SO₄, provided by the International Atomic Energy Agency (IAEA, Vienna, Austria). In house SIRM, i.e. Atropin, was used for the evaluation of analytical performance, showing that the analytical precision was maintained at 0.1‰ SD. The ratios of ¹⁵N:¹⁴N and ¹³C:¹²C of the erythrocytes are reported against those of the international measurement standards Vienna PeeDee Belemnite (vPDB) and atmospheric N₂ (AIR), respectively, and are thus expressed as δ¹³C and δ¹⁵N (‰).

2.5. Statistical analyses

Linear mixed models were performed using the lme4 package in R (version 3.3.1, R Core Team, 2016), to assess which factors explain variation in total concentration of each type of pollutant in shearwaters (i.e. ΣPCBs, ΣOCPs, ΣPBDEs and ΣPOPs). Because of collinearity between predictors, we compared the Akaike Information Criterion (AIC) values of six models including: sex; sampling year; sex, sampling year and their interaction; δ¹³C; δ¹⁵N; and body mass. In each model, pair was included as a random factor because some birds were mates. For the best-fitting model, we calculated P-values and coefficient estimates of predictors. One male of 2013 and one female of 2015 were excluded from the statistics as Cook's distance testing indicated these to be outliers for ΣOCPs and ΣPBDEs, respectively. Concentrations of ΣPCBs, ΣOCPs and ΣPOPs were log-transformed, while those of ΣPBDEs were square-root transformed in order to achieve a normal distribution.

Pearson correlations were used to assess the similarity in contaminant burdens between mates and paired *t*-tests were used to test for sex differences. One pair was excluded from the analysis of ΣBDEs because one female was classified as an outlier (see above).

Linear mixed models in the lme4 package in R were also used to test the association between oxidative balance markers and contaminants, while controlling for sex, bleeding hour, bleeding date, δ¹³C and δ¹⁵N because these factors were shown to influence markers of oxidative balance (Costantini, 2014). In each model, pair was included as a random factor. We also tested the interaction between sex and the contaminant class to assess whether the association between antioxidant and pollutant was similar between males and females. We compared males and females for the total concentration of each type of pollutant (ΣPCBs, ΣOCPs, ΣPBDEs, ΣPOPs) and for that of specific pollutants (OxC, HCB, β-HCH, *p,p'*-DDE). SOD was log(*x* + 1) transformed to achieve normality of distribution.

Generalized linear mixed models (glmer in package lme4) with a binomial error distribution and a logit link function were used to test the effects of the total concentrations of each class of contaminants (ΣPCBs, ΣOCPs, ΣPBDEs, ΣPOPs) and of specific contaminants (OxC, HCB, β-HCH, *p,p'*-DDE) on the individual probability to be resighted at the colony the next year. In each model, sex and its interaction with the class of contaminants were also included; pair and year were included as random factors.

3. Results

Concentrations of detectable polychlorinated biphenyls, organochlorine pesticides and polybrominated diphenyl ethers are reported in Table 1. The PCB congeners CB-18, -28, -31, -44, -47, -49, -52, -66, -70, -74, -87, -95, -101, -110, -149 and -151 were present below the LOQ in all individuals, hence they were not further considered in the statistical analyses and also not discussed further in this manuscript. Among POPs, α-HCH, γ-HCH, and BDE-28 and -183 were undetectable in 5, 10, 1 and 1 out of 47 shearwaters, respectively. ΣPCB concentrations were the highest of all POPs measured in the investigated samples, with a percentage contribution for each shearwater ranging from 53.0

Table 1
Concentrations of plasma POPs in adult Scopoli's shearwaters. Concentrations are expressed as pg g^{-1} wet weight. The following contaminants are not included because they were undetectable (CB-18, -28, -31, -44, -47, -49, -52, -66, -70, -74, -87, -95, -101, -110, -149 and -151) or were detectable in a few individuals (5, 10, 1 and 1 for α -HCH, γ -HCH, BDE-28 and BDE-183, respectively). Sample sizes are 8 males and 9 females in 2013 and 18 males and 12 females in 2015, respectively.

Contaminant	LOQ (pg/mL)	Year	Female				Male			
			Mean	Median	Min	Max	Mean	Median	Min	Max
CB-99	4	2013	692	475	273	1898	731	467	244	2433
		2015	383	302	51	1251	232	162	60	807
CB-105	4	2013	541	386	268	1236	574	406	192	1596
		2015	247	244	30	661	160	105	58	533
CB-118	2	2013	1743	1316	878	3628	2039	1371	711	5786
		2015	846	854	201	1895	629	439	233	2144
CB-128	2	2013	1240	1013	536	2833	1569	886	396	5506
		2015	763	543	94	3187	448	277	139	1744
CB-138	2	2013	13,805	10,024	5510	33,767	16,322	9340	4456	57,067
		2015	7679	5700	1203	29,602	4819	2963	1677	18,014
CB-146	2	2013	2214	1779	930	4910	2416	1646	860	7691
		2015	1170	954	235	4113	743	522	296	2475
CB-153	2	2013	24,796	25,900	8230	44,125	28,862	16,767	8133	78,174
		2015	11,810	9618	2140	39,359	8431	5665	2498	28,407
CB-156	2	2013	914	845	384	1425	1084	715	296	2660
		2015	391	425	68	762	311	217	94	990
CB-170	2	2013	7775	8971	1864	16,899	8170	4490	2226	20,274
		2015	3747	2920	559	11,725	2853	1681	747	7371
CB-171	2	2013	780	752	197	1570	862	463	248	2524
		2015	425	290	45	1765	279	154	79	952
CB-177	2	2013	171	124	74	449	132	95	61	410
		2015	92	78	19	232	57	33	23	405
CB-180	2	2013	22,231	22,575	5068	50,311	22,580	12,646	5901	58,861
		2015	9812	7812	1663	29,315	7763	4643	1984	18,746
CB-183	2	2013	3657	4224	828	8117	3728	2029	1092	9258
		2015	1692	1291	258	5699	1250	753	327	3485
CB-187	2	2013	3330	2832	1277	8157	3381	2023	1141	13,577
		2015	2193	1402	294	9181	1154	735	424	3300
CB-194	2	2013	1991	2158	314	3711	1720	1031	517	4951
		2015	761	604	167	2095	709	419	172	1676
CB-196/203	2	2013	1824	1794	291	3414	1525	909	521	4205
		2015	703	557	141	1854	634	385	154	1605
CB-199	2	2013	592	661	186	1087	604	376	203	2344
		2015	423	272	70	1491	284	175	83	1077
Σ PCBs		2013	88,296	88,899	28,149	161,256	96,299	54,650	27,488	266,405
		2015	43,136	34,318	7238	144,188	30,758	18,951	9167	91,956
HCB	5	2013	731	633	182	1264	971	975	503	1572
		2015	899	964	287	1549	466	411	90	984
OxC	2	2013	116	106	56	255	137	107	59	336
		2015	112	87	41	380	58	51	19	150
CC	2	2013	4	4	1	11	7	8	1	14
		2015	8	9	1	12	4	2	1	24
CN	2	2013	19	16	10	26	24	23	13	34
		2015	35	31	11	77	18	13	7	83
TC	2	2013	51	46	23	96	54	59	30	80
		2015	35	36	13	66	23	22	13	37
TN	2	2013	792	748	336	1567	871	683	387	2373
		2015	658	537	143	1728	369	313	176	877
β -HCH	5	2013	43	42	23	76	47	53	11	70
		2015	35	33	20	51	18	15	5	40
p,p' -DDT	10	2013	410	213	110	931	587	268	76	2931
		2015	238	204	10	668	168	112	10	663
p,p' -DDE	10	2013	19,182	8516	5483	76,403	37,861	10,596	5261	228,852
		2015	12,287	5582	1074	56,996	6770	3997	1448	34,254
Σ OCPs		2013	21,349	10,469	6635	79,487	40,562	12,629	6553	236,065
		2015	14,317	7626	1608	59,535	7896	5045	1868	36,099
BDE-47	2	2013	10	10	3	20	18	18	11	28
		2015	290	18	2	3289	14	9	2	63
BDE-99	2	2013	15	15	10	25	19	16	8	42
		2015	401	21	2	4598	9	6	2	34
BDE-100	2	2013	14	10	8	33	24	17	9	49
		2015	105	21	2	933	10	6	2	52
BDE-153	2	2013	17	12	6	47	24	22	10	40
		2015	108	17	2	1119	15	10	2	62
BDE-154	2	2013	10	6	1	33	18	13	8	33
		2015	68	10	1	679	6	1	1	58
Σ PBDEs		2013	66	62	29	123	102	94	67	159
		2015	982	83	8	10,751	53	34	8	266
Σ POPs		2013	109,711	98,747	37,622	219,026	136,964	67,377	34,140	502,628
		2015	58,435	43,078	8853	203,977	38,708	24,875	11,058	128,154

to 92.4%. The percentage contribution of Σ OCPs ranged between 7.6 and 47%, while that of Σ PBDEs ranged between <1% and 22.1%. The congener CB-153 (28.4% of Σ PCBs) was the predominant PCB congener, followed by CB-180 (24.2%) and -138 (16.5%). *p,p'*-DDE was the predominant OCP compound, with a percentage contribution of 90%. Of the analysed PBDEs, the predominant compounds were BDE-99 (37%) and -47 (28%).

The best-fitting model based on AIC values showed that sampling year was the main predictor of variation in Σ PCBs, Σ OCPs and Σ POPs (Table 2). Near the end of the breeding season (2013 sampling season), concentrations of Σ PCBs (coefficient estimate \pm standard error: -0.42 ± 0.10 , $P = 0.00011$), Σ OCPs (-0.30 ± 0.11 , $P = 0.0081$) and Σ POPs (-0.42 ± 0.10 , $P = 0.00019$) were significantly higher than at the beginning of incubation (2015 sampling season; Table 1). But for Σ PBDEs, the best-fitting model included the interaction between sex and sampling year (Table 2). We therefore tested the effect of sex on Σ PBDE separately for the two years of sampling. In 2013, Σ PBDEs were higher in males than females (coefficient estimate \pm standard error: -2.07 ± 0.82 , $P = 0.024$), while in 2015 Σ PBDEs were higher in females than males (3.25 ± 1.05 , $P = 0.013$) (Table 1). Both $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ were not significantly associated with any contaminant category (Fig. 1).

The concentrations of contaminants in females were not correlated with those of their mates for Σ PCBs ($r = 0.48$; $P = 0.12$), Σ OCPs ($r = 0.16$; $P = 0.62$), Σ PBDEs ($r = 0.07$; $P = 0.83$) and Σ POPs ($r = 0.46$, $P = 0.13$) (Fig. 2). Females had higher concentrations of Σ PBDEs ($t = 2.5$; $P = 0.031$) than their mates, while concentrations of Σ PCBs ($P = 0.053$), Σ OCPs ($P = 0.085$) and Σ POPs ($P = 0.057$) were marginally, but not significantly higher in females than in their mates. Males and females had similar $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ (Table 3). $\delta^{13}\text{C}$ of males was not correlated with that of females ($r = 0.32$, $P = 0.31$), while there was a tendency for $\delta^{15}\text{N}$ to be positively correlated with that of females ($r = 0.51$, $P = 0.085$).

No contaminant class was significantly associated with variation in plasma reactive oxygen metabolites or in the activity of GPX in red blood cells. Isotope ratios were also not significantly associated with plasma reactive oxygen metabolites nor with GPX. Plasma non-enzymatic antioxidant capacity was significantly higher in those birds having a higher concentration of OxC (coefficient estimate \pm standard error: 0.22 ± 0.08 , $P = 0.009$), but it was no longer significant after the exclusion of one outlier. Plasma non-enzymatic antioxidant capacity was significantly higher in those birds having higher $\delta^{13}\text{C}$ (9.3 ± 3.4 , $P = 0.01$) and in birds that were blood-sampled later in the day (0.19 ± 0.09 , $P = 0.04$). As for the activity of SOD in red blood cells, there was a significant interaction between sex and β -HCH ($P = 0.004$) or HCB ($P = 0.016$). In males, SOD was not significantly associated with either β -HCH or HCB. But in females, the SOD activity was higher in those individuals having higher β -HCH (coefficient estimate \pm standard error: 0.008 ± 0.002 , $P = 0.006$) or HCB (0.0002 ± 0.00007 , $P = 0.016$) (Fig. 3). All other predictors were not significant.

Finally, none of the contaminant classes predicted the probability of each bird being resighted at the colony the next year (all $P \geq 0.22$).

Table 2

Akaike Information Criterion values of linear mixed models performed to assess which factors explained variation in plasma concentrations of pollutants in adult Scopoli's shearwaters. Values in bold type refer to the best-fitting models.

Model	Σ PCBs	Σ OCPs	Σ PBDEs	Σ POPs
Sex	48.2	49.0	238.3	50.4
Sampling year	35.8	46.4	237.3	39.5
Sex + sampling year + sex \times sampling year	42.8	51.0	228.6	45.7
$\delta^{13}\text{C}$	51.0	55.0	241.5	53.6
$\delta^{15}\text{N}$	48.2	54.8	240.4	51.1
Body mass	59.7	62.7	248.8	62.1

4. Discussion

4.1. Comparison of contaminant profile with other studies on marine birds

In comparison with studies of plasma POPs in other marine bird species, the Scopoli's shearwater population in this study has moderately high levels of most contaminants, with some PCB and OCP concentrations present at levels suggested to cause biological effects in other bird species (e.g., snow petrel *Pagodroma nivea* in Tartu et al., 2015a; black-legged kittiwake *Rissa tridactyla* in Tartu et al., 2015b). Our observed PCB or OCP concentrations were slightly lower than those reported for other populations of Scopoli's shearwater breeding in the northern (Balearic and Hyeres) or southeast (Crete) Mediterranean (Roscales et al., 2011). On the other hand, concentrations of either PCBs or DDE measured in species breeding in the Mediterranean (e.g. Mediterranean shearwater *Puffinus yelkouan* and Cory's shearwater *Calonectris borealis*), or in the Atlantic (e.g. as Cape Verde shearwater *Calonectris edwardsii*, Cory's shearwater *Calonectris borealis*, Cape Verde little shearwater *Puffinus boydi* and Little shearwater *Puffinus baroli*), were similar or lower than those measured in our population (Roscales et al., 2011). A comparison with other marine species breeding at different latitudes (e.g., poles or tropics) shows that concentrations of several contaminants analysed in Scopoli's shearwaters were around 2 to 1000 times higher (depending on the contaminant) than in the snow petrel during the incubation period in the Antarctic (Tartu et al., 2015a), in the Black-legged kittiwake during the incubation period in Svalbard (Tartu et al., 2015b), in the Eurasian oystercatcher *Haematopus ostralegus* during the incubation period near the river Elbe (Schwemmer et al., 2015), in the common eider *Somateria mollissima* during the incubation period in Svalbard (Fenstad et al., 2016) or in the Magnificent frigatebird *Fregata magnificens* during the chick rearing period in French Guiana (Sebastiano et al., 2016). Compared to studies done on the highly contaminated Glaucous gull *Larus hyperboreus* (Verboven et al., 2010) and Great skua *Stercorarius skua* (Leat et al., 2013), plasma levels of POPs in shearwaters were much lower. However, some shearwater individuals had concentrations of some POPs (e.g., CB-153, DDE) that were in the range found for both the Glaucous gull (Verboven et al., 2010) and the Great skua (Leat et al., 2013), suggesting individual variation in risk exposure.

4.2. Sources of exposure and individual variation

A recent assessment of levels of PCBs, DDT and its metabolites, and HCB in Mediterranean sediments, found that hot spots for these contaminants are usually located along the northern coasts, while sites close to Linosa Island (one in Sicily and two in Tunisia) have lower levels of these contaminants (Gómez-Gutiérrez et al., 2007). Many POPs included in the Stockholm Convention are no longer produced in developed countries, but they still represent a potential hazard for wildlife because of their long-term persistence in the environment (e.g., PCBs, DDT; Helander et al., 2008; Johansson et al., 2011). In addition, species that migrate between geographically distant breeding and wintering areas may be exposed to recent sources of certain POPs if they spend part of the year in countries where these compounds have not been completely banned or are being used illegally. Shearwaters breeding on Linosa Island overwinter along the coasts of western Africa (Müller et al., 2014). Given the continued widespread use of pesticides for malaria or pest species control (Asogwa and Dongo, 2009; Northern Presbyterian Agricultural Services, 2012; Jepson et al., 2014), bioaccumulation of OCPs in wintering areas might contribute to the observed OCP concentrations recorded in shearwaters in the Linosa breeding area if these are released from adipose tissue when fat is metabolized during the breeding season (Nordstad et al., 2012). OCPs were actually lower in 2015 sampling, which was carried out after the start of egg incubation, which occurs 2–3 months after birds are back from western Africa (Müller et al., 2014). Release of POPs from adipose tissue at the

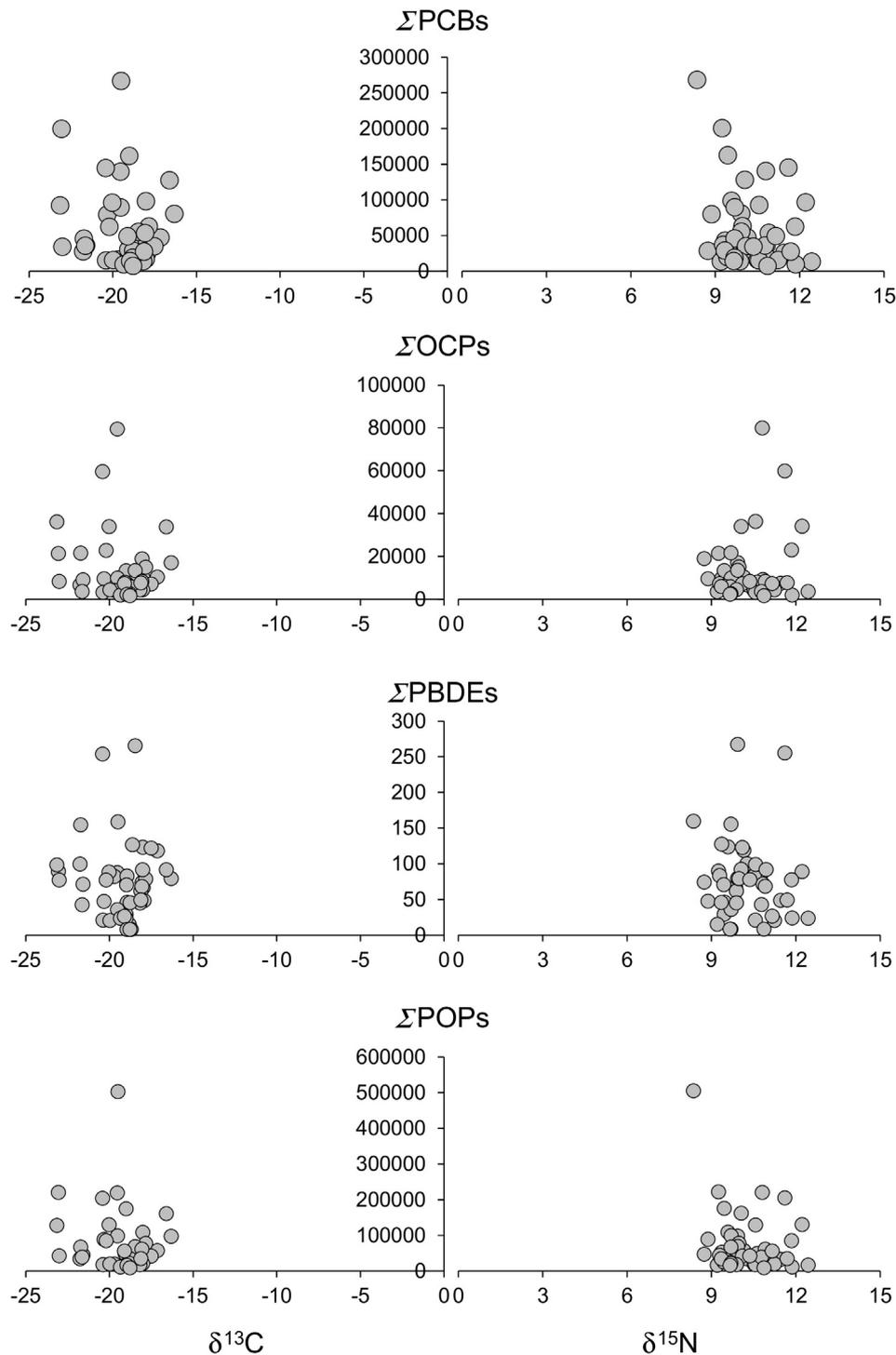


Fig. 1. Concentrations of all classes of contaminants measured in Scopoli's shearwaters were not significantly associated with both $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$, indicating that foraging area and diet did not explain variation in individual contaminant burden. Concentrations of contaminants are expressed as pg g^{-1} wet weight.

end of the breeding season as previously suggested for other seabirds (Nordstad et al., 2012) could account for the annual differences in POP concentrations as body mass of males is lower near the end of the breeding season than at the beginning of the incubation. However, individual contaminant burden was not associated with individual body mass. One explanation might be that body mass also includes the contribution of muscles and skeletal size, making it a poor indicator of body fat dynamics. A longitudinal study with collection of multiple blood samples over the breeding season would help clarify the extent to which

release of contaminants from fat explains individual variation in plasma levels.

Our data show that at the beginning of incubation, $\delta^{15}\text{N}$ in erythrocytes (reflecting dietary habits over 3–4 weeks prior to blood sampling) was higher than near the end of the breeding season (Table 3), implying that shearwaters feed on fish from a higher trophic level (e.g., predators) at the beginning of breeding. Although fish from higher trophic levels tend to accumulate more POPs than do fish from lower trophic levels, POPs were higher in shearwaters sampled near the end

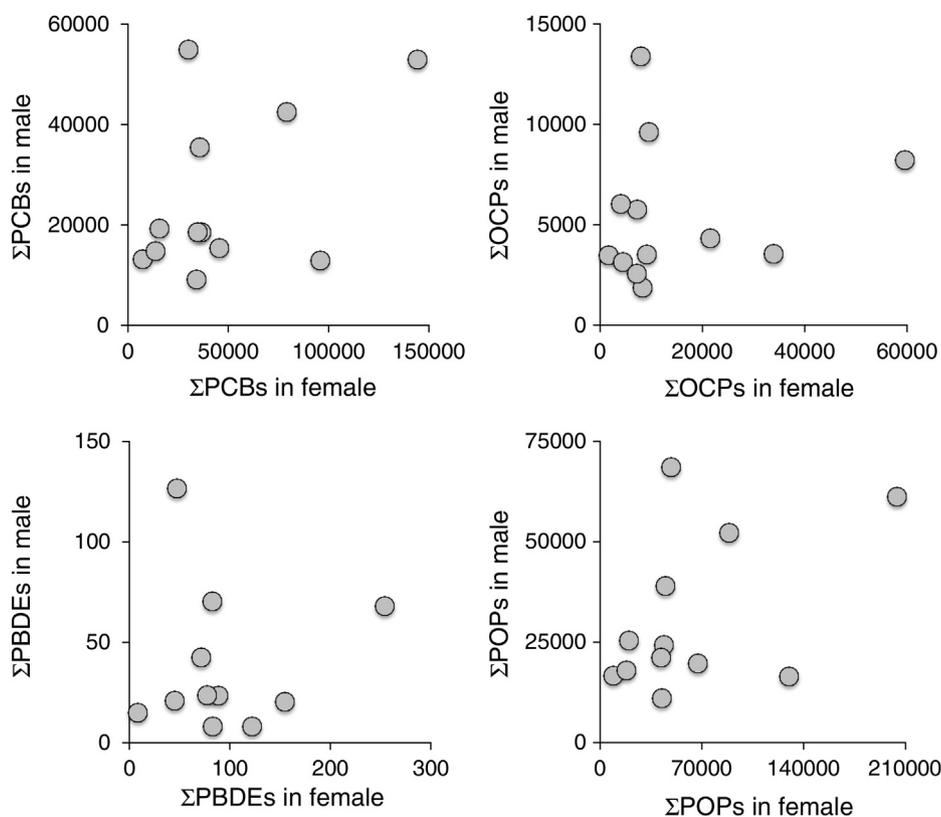


Fig. 2. Concentrations of all classes of contaminants measured in Scopoli's shearwater females were not significantly correlated with those measured in their mates. Values are expressed as $\mu\text{g g}^{-1}$ wet weight.

of the breeding season. However, analyses at the individual level did not show any significant covariation between POPs and $\delta^{15}\text{N}$. Foraging area rather than prey type might explain variation in POP levels. For example, Linosa Island, as well as the nearby Lampedusa Island, does not have any sewage treatment plants and any locally produced sewage is discharged directly into the sea. The presence of a local source of exposure to both PCBs and OCPs in Linosa was previously identified by a study on contaminant accumulation in mussels (Scarpato et al., 2010). However, $\delta^{13}\text{C}$ (reflecting foraging area over 3–4 weeks prior to blood sampling) was not significantly associated with any class of POPs, probably because POP exposure was similar among the foraging areas of shearwaters.

Our data also show that males and females had similar concentrations of ΣPCBs , ΣOCPs and ΣPOPs , irrespective of whether they were sampled soon after, or many months after, egg-laying was completed. ΣPBDEs were higher in females soon after the completion of egg-laying. It might be that males and females accumulate different amounts of PBDEs in their wintering areas, which were shown to differ between

sexes (Müller et al., 2014). Previous work on oviparous species like seabirds or sea turtles showed that females may deposit POPs into their eggs, which is thought to be an important route through which females may detoxify (Verboven et al., 2009; Stewart et al., 2011). Our data do not appear to support this way of detoxification as being important in Scopoli's shearwaters.

4.3. Association of contaminant burden to health and fitness-related variables

Concentrations of POPs did not appear to cause any short-term detrimental effects on the birds. Neither oxidative damage nor resight probability were associated with any of the analysed classes of POPs. As with antioxidants, significant associations were only found for SOD and two classes of POPs ($\beta\text{-HCH}$ and HCB) in females only. Antioxidant molecules are important for the protection of cells against oxidative damage, whose accumulation may negatively impact reproductive fitness (Costantini, 2014). A recent meta-analysis showed that oxidative stress is a unifying mechanism underlying the toxicity of anthropogenic pollution including heavy metals, polycyclic aromatic hydrocarbons, or nitrogen-oxides (Isaksson, 2010). Although this meta-analysis showed that the effect size for SOD was moderate, previous mechanistic work showed that contaminants like HCB may increase free radical production and oxidative stress (Addae et al., 2013). Overall, our data suggest that POP concentrations in shearwaters did not have a strong impact on the regulation of blood oxidative balance or, generally, on the health status of birds.

No class of POPs was associated with the probability of shearwaters being resighted the next year as breeders. Moreover, all the birds sampled for this study successfully raised their offspring. Our results are in line with a general lack of association between POPs and demographic traits previously found in black-legged kittiwakes in the year after blood sampling (Goutte et al., 2015). However, we cannot exclude

Table 3

Mean and standard error of blood-based markers of oxidative balance, isotopes and body mass.

	Male	Female
ROMs 2015 (mM H_2O_2 equivalents)	0.48 ± 0.02	0.23 ± 0.04
SOD 2015 (units mg^{-1} proteins)	0.40 ± 0.03	0.40 ± 0.05
GPX 2015 (units mg^{-1} proteins)	0.20 ± 0.01	0.30 ± 0.03
OXY 2015 (mM HOCl neutralised)	202 ± 7	200 ± 8
$\delta^{13}\text{C}$ 2013 (ratios of $^{13}\text{C}:^{12}\text{C}$, ‰)	-19.0 ± 0.8	-18.7 ± 0.4
$\delta^{13}\text{C}$ 2015	-19.4 ± 0.3	-19.7 ± 0.5
$\delta^{15}\text{N}$ 2013 (ratios of $^{15}\text{N}:^{14}\text{N}$, ‰)	9.6 ± 0.2	9.6 ± 0.2
$\delta^{15}\text{N}$ 2015	10.6 ± 0.2	10.6 ± 0.3
Body mass 2013 (grams)	620 ± 24	559 ± 14
Body mass 2015	692 ± 9	524 ± 11

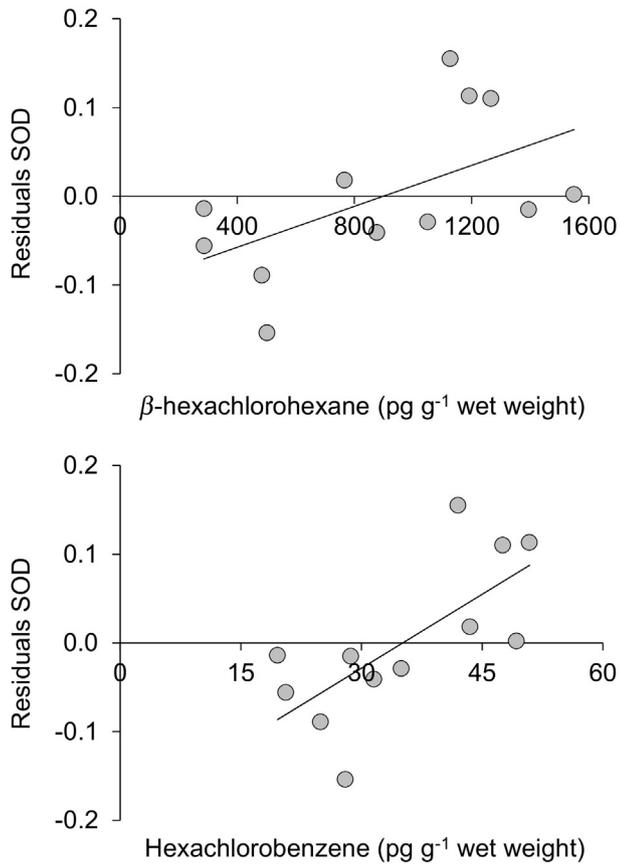


Fig. 3. Scopoli's shearwater females with higher concentrations of β -HCH or HCB in plasma had a higher activity of SOD in red blood cells (values of SOD are shown as residuals from a model including pair, sampling hour, sampling date, $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$).

that our cross-sectional approach is not sensitive enough to detect any effects. Although all the birds were adults, we do not know the exact age of each individual, implying that lifetime accumulation history would differ. Repeated sampling from the same individuals can reveal the extent to which pollutants accumulate in individuals across years and how cumulative exposure impinges on reproduction and survival.

5. Conclusions

Our work showed that ΣPCB concentrations were the highest of all POPs measured and that concentrations of contaminants differed between early incubation and late breeding season. Stable isotope values were not significantly associated with concentrations of contaminants, indicating that diet or foraging area was only weakly associated with individual contaminant burden. This is further supported by a comparison of mates, which had similar stable isotope values, but differed for the concentrations of contaminants. Although concentrations of most contaminant classes tended to be higher near the end of the breeding season (when fat reserves were consumed with consequent release of contaminants into the bloodstream) than at the beginning of the incubation period, individual body mass was not significantly associated with the individual contaminant burden. Although levels of some POPs occurred at high concentrations in some individuals, our study suggests little concern of POP exposure for the health of this shearwater population because they were generally not associated with blood-based markers of oxidative status and the probability of each bird being resighted as breeder at the colony the next year. Further studies using a longitudinal approach with multiple sampling over the breeding season from the same individuals will help to clarify the dynamics of POPs in this shearwater population.

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