# **'School adopts an experiment':** the photoluminescence in extravirgin olive oil and in tonic water

# A Agliolo Gallitto, S Agnello and M Cannas

Dipartimento di Fisica, Università di Palermo, via Archirafi 36, I-90123 Palermo, Italy

E-mail: aurelio.agliologallitto@unipa.it

## Abstract

We report a laboratory activity, carried out along with high- and secondary-school students, that can be done to increase the interest of the young in scientific studies. Groups of selected students 'adopted' experiments at physics research laboratories, under the guidance of university researchers. Subsequently, the students demonstrated the experiments to the public at large during the annual science festival organized in Palermo by the association PalermoScienza, in collaboration with the University of Palermo. Experiments on the magnetic levitation of superconductors and on the photoluminescence of several substances were proposed. We discuss the experiment on photoluminescence as a case study. The students who adopted the experiments reinforced their commitment to learning. They acquired a physics-based knowledge of the topics connected with the experiments in a much better way compared with the usual didactics in school.

#### Introduction

In the last decade fewer and fewer students have been attracted by scientific degree courses in physics, chemistry and mathematics. To face the problem and to increase interest in scientific studies, several actions have been put forward. Among them, an interesting activity carried out along with high-school students, as well as secondaryschool students, is the so-called 'School adopts an experiment' [1–4]. In the framework of the annual science festival organized in Palermo by the association PalermoScienza<sup>1</sup> in collaboration with the University of Palermo, groups of students from the Liceo Scientifico 'Palmeri' (Termini Imerese, Palermo) participated by 'adopting' experiments on the magnetic levitation of superconductors [2] and on photoluminescence. Two selected groups of students adopted the above experiments. The students were trained by researchers to carry out real experiments in the laboratories of the Physics Department at the University of Palermo. Subsequently, they demonstrated the adopted experiments to visitors during the PalermoScienza event on 19–28 February 2011.

In this article, we discuss as a case study the experiment on photoluminescence of several substances, with particular attention paid to teaching aspects related to the curricular topics of light and optics.

<sup>&</sup>lt;sup>1</sup> For more information on the association PalermoScienza, visit the website: www.palermoscienza.it.

# A Agliolo Gallitto et al

## Photoluminescence

The phenomenon of light emission by a substance that has absorbed electromagnetic (em) radiation is called photoluminescence. This phenomenon is also called fluorescence, from the mineral fluorite (calcium fluoride), which exhibits fluorescence under ultraviolet light (UV). From a more physical point of view, the photoluminescence phenomenon includes fluorescence and phosphorescence. They are distinguishable on the basis of the typical time of permanence of the emission of light, being of the order of  $10^{-9}$  s for fluorescence and from  $10^{-3}$  to  $10^4$  s for phosphorescence [5]. The most striking examples of photoluminescence occur when the absorbed radiation is in the UV region of the em spectrum, and thus invisible, and the emitted light is in the visible region.

For the characterization of substances (in any state of aggregation: solid, liquid or gaseous) and for the study of the dynamics of the excited electronic states in a molecule the photoluminescence spectroscopy technique can conveniently be used, which consists in illuminating a substance with em radiation with defined energy  $hv_{ex}$  and detecting the emitted radiation at lower energies  $hv_{\rm em}$ , where h is Planck's constant and  $\nu$  the frequency of light. (The product of the frequency  $\nu$  and the wavelength  $\lambda$  is equal to the speed of light c.) Photons that irradiate the substance bring orbital electrons of the molecules in the quantum ground state  $S_0$  to a quantum excited state  $S_1$  with higher energy in an absorption process,

absorption: 
$$S_0 + h\nu_{\text{ex}} \to S_1$$
. (1)

The difference in energy between  $S_0$  and  $S_1$  is  $E_{S1} - E_{S0} = hv_{ex}$ . Subsequently, the energy can be emitted radiatively and isotropically by photons, with energy  $hv_{em} \leq hv_{ex}$ , and/or dissipated as heat by quantum vibration or phonons with energy  $hv_{vib}$ ,

relaxation: 
$$S_1 \rightarrow S_0 + h\nu_{\rm em} + h\nu_{\rm vib}$$
. (2)

The term  $hv_{\rm em}$  is responsible for the photoluminescence; the term  $hv_{\rm vib}$  is responsible for the sample heating. In the process the law of energy conservation must be fulfilled.

The frequencies of the exciting and emitted light depend on the particular system and on the molecular composition of the investigated



**Figure 1.** Experimental apparatus consisting of a light source in the UV spectrum (xenon lamp) and a CCD Ocean Optics detector connected through silica optical fibres and interfaced to a computer through a USB port.



Figure 2. The optical fibre used to direct light onto the samples and also to detect the emitted radiation.

substance. Photoluminescence has many practical applications, including mineralogy, gemology, chemical sensors, fluorescent labelling, dyes, biological detectors, and, most commonly, fluorescent lamps.

#### **Experimental details**

The proposed experiment consists in the detection of the photoluminescence emission by solutions containing different molecules: fluorescein (green light), Alexa647 (red light), quinine chlorhydrate in tonic water (blue light) and chlorophyll in extra-virgin olive oil (red light). To perform the experiment we use the apparatus shown in figure 1. It consists of a light source (xenon lamp) in the UV region of the em spectrum, a CCD Ocean Optics detector and silica optical fibres (figure 2). The acquisition of spectra is carried out by the detector that automatically analyses the intensity of the light as a function of frequency. The spectral distribution is acquired by a computer through a USB port, allowing one to record and visualize the collected spectra. A torch equipped with 'School adopts an experiment': the photoluminescence in extra-virgin olive oil and in tonic water



**Figure 3.** Fluorescent substances under UV irradiation. From left to right: extra-virgin olive oil, fluorescein, tonic water, distilled water and Alexa647.



a light emitting diode (LED) in the UV region can also be used to see by the naked eye the photoluminescence of the substances.

#### **Results and discussion**

Figure 3 shows the photoluminescence effect in different substances when irradiated by the UV light of the xenon lamp: extra-virgin olive oil, fluorescein, tonic water, distilled water and Alexa647. For the sake of clarity, we show in figure 4 the visible region of the em spectrum, in which is indicated the correspondence between colour and wavelength.

Fluorescein is a synthetic organic compound soluble in water and alcohol (basic molecular formula  $C_{20}H_{12}O_5$ ), which is widely used as a fluorescent tracer for many applications. It has an absorption maximum at  $\lambda = 494$  nm and emission maximum at  $\lambda = 521$  nm, in the green region of the em spectrum [6]. In figure 3, one can see the green light emitted by the fluorescein solution.



**Figure 5.** Blue light emitted by the quinine in commercial tonic water when illuminated with UV light produced by a portable LED torch.

The fluorescent dyes of the Alexa family are<sup>2</sup> typically used as cell and tissue labels in photoluminescence microscopy and cell biology. The excitation and emission spectra of the Alexa fluorescent probe series cover the visible spectrum and extend into the infrared region. The individual members of the family are numbered roughly according to their excitation maxima (in nanometres). For the experiment we have used a solution of Alexa647, which emits red light. In figure 3, one can see the red light emitted by the Alexa647 molecules in solution.

Tonic water is a soft drink in which quinine chlorhydrate (basic molecular formula  $C_{20}H_{24}N_2O_2$ ) is dissolved. Quinine was originally used as a prophylactic against malaria; now, commercial tonic water has significantly lower quinine content and is consumed for its distinctively bitter Tonic water shows photoluminescence taste. owing to the presence of quinine, which emits em radiation of blue colour ( $\lambda = 450-480$  nm) when irradiated by UV light [6, 7]. In figure 3 one can see the blue light emitted by the quinine in commercial tonic water, whereas figure 5 shows the emitted light of tonic water when irradiated by a portable UV LED torch. As a comparison, we also irradiate a sample of distilled water with UV. In this case, no photoluminescence is observed, as can be seen in figure 3.

Common vegetable oils, including olive oil, show photoluminescence spectra when irradiated by UV light [8, 9]. In particular, they exhibit photoluminescence in the blue region ( $\lambda = 430-450$  nm). Extra-virgin olive oil shows a photoluminescence spectrum composed of three

<sup>&</sup>lt;sup>2</sup> For more information on the Alexa fluorescent probe series, visit the website: www.invitrogen.com.

#### A Agliolo Gallitto et al



**Figure 6.** Red light emitted by the extra-virgin olive oil when illuminated with UV light produced by a portable LED torch.

bands: one low-intensity doublet at  $\lambda = 440$  nm and 455 nm (blue region), one of strong intensity at  $\lambda = 525$  nm (green light), and one of medium intensity at  $\lambda = 680$  nm (red light). The band at  $\lambda = 680$  nm (red light) is due to the photoluminescence of chlorophyll (basic molecular formula C<sub>55</sub>H<sub>72</sub>O<sub>5</sub>N<sub>4</sub>Mg), which is contained in the extra-virgin olive oil. The band at 525 nm (green light) is due to the vitamin E.

In refined olive oils, the chlorophyll content is considerably reduced and consequently the redlight emission disappears. This result could possibly be used for authentication of extra-virgin olive oil, unless chlorophyll is added to the refined oil. In any case, the absence of red-light photoluminescence is an indication of the lack of chlorophyll. In figure 3, one can see the red light emitted by the chlorophyll in extra-virgin olive oil produced in the Palermo area. Figure 6 shows the emitted light of extra-virgin olive oil when irradiated by a portable UV LED torch.

#### Educational benefits

Because of competition among students and classmates, the students who adopted the experiments reinforced their commitment to learning; they acquired knowledge of the physics arguments connected with the experiments in a much better way compared with the usual didactics in school. They studied in order to understand better the physics concepts behind the experiments and to be competitive with other students during the demonstrations. This has increased their awareness of what they have learned in lessons at school. In order to extend the benefit to other schools, the students have prepared posters and leaflets, in which they describe and discuss the experiments on the photoluminescence phenomenon in relation to curricular topics of optics and light.

Usually, research institutions organize oneday events addressed to the public at large. It would be very fruitful for these institutions to address such events also to school students, allowing them to participate actively in the event by adopting an experiment. It would give students the opportunity to visit the research laboratories and, at the same time, it would give more visibility to the research institutions. If the event were planned at the beginning of the academic year, it would be feasible for schools to include the subject of the experiments in the curricular teaching activity. This would be useful, for example, in Italian schools since they plan extra-curricular activities at the beginning of the academic year. It allows schoolteachers to prepare students to adopt an experiment in the planned event in collaboration with researchers, stimulating the students' curiosity and giving them the opportunity to consider scientific research.

## Conclusion

We have described how cutting-edge research in physics can helpfully reach high-school students, focusing on the teaching aspects of physics and on the related educational benefits. A different approach has been developed to explain the physics concepts connected with the adopted experiments, exploiting the potentialities of laboratory activities as a key to success in stimulating students to learn and to be interested in scientific topics. Groups of selected students adopted experiments on the magnetic levitation of superconductors and the photoluminescence of several substances. We have discussed the experiment on photoluminescence The students illustrated the as a case study. experiments to the public at large during the science festival organized in Palermo by the association PalermoScienza, in collaboration with the University of Palermo. The experience was that the students adopted the experiments with enthusiasm. They learned the topics connected with the experiments more deeply in comparison with the didactics in school. Furthermore, competition among students and classmates during

#### 'School adopts an experiment': the photoluminescence in extra-virgin olive oil and in tonic water

the exposition stimulated them to learn to the best of their capabilities.

#### Acknowledgments

This work was carried out in the framework of the Italian National Plan 'Lauree Scientifiche' under the financial support of the Italian Ministry of Education, University and Research. The authors thank V Vetri for kindly providing the fluorescent dyes and the association PalermoScienza for inviting them to participate in the science festival.

Received 20 May 2011, in final form 29 June 2011 doi:10.1088/0031-9120/46/5/015

# References

- Agliolo Gallitto A, Agnello S, Maggio A and Napoli A 2009 La scuola adotta un esperimento Università e Scuola XIV 1 38–41
- [2] Agliolo Gallitto A 2009 'School adopts an experiment': the magnetic levitation of superconductors *Phys. Educ.* 45 511–5
- [3] Agliolo Gallitto A 2009 Quattro anni di attività del Progetto Lauree Scientifiche-Fisica nell'Ateneo di Palermo Università e Scuola XIV 2 28–33
- [4] Fiordilino E and Agliolo Gallitto A 2010
  Il Laboratorio di fisica nel Progetto Lauree Scientifiche (Rome: Aracne)
- [5] Lakowicz J R 2004 Principles of Fluorescence Spectroscopy 2nd edn (New York: Springer)
- [6] Blitz J P, Sheeran D J, Becker T L and Danielson N D 2006 Classroom demonstrations of concepts in molecular fluorescence *J. Chem. Educ.* 83 758–60

- [7] O'Reilly J E 1975 Fluorescence experiments with quinine J. Chem. Educ. 52 610–2
- [8] LeRoy Glantz A 1930 Fluorescence of olive oil under ultra-violet light *Indust. Eng. Chem. Anal. Edn.* 2 256–8
- [9] Kyriakidis N B and Skarkalis P 2000 Fluorescence spectra measurement of olive oil and other vegetable oils J. AOAC INTER. 6 1435–9



Aurelio Agliolo Gallitto is an associate professor of experimental physics at the University of Palermo, Italy. He works in the field of superconductivity at microwave frequencies. From 2008 to 2010, he was local coordinator of the National Project 'Lauree Scientifiche'.



Simonpietro Agnello is a researcher of experimental physics at the University of Palermo, Italy. He works in the field of spectroscopic characterization of amorphous and nanostructured systems. From 2008 to 2010, he coordinated the organization of science popularization events for the University of Palermo.



Marco Cannas is associate professor of experimental physics at the University of Palermo, Italy. He works in the field of silica-based materials, a subject that is appealing for both fundamental aspects and for its impact on practical applications (optical fibers, laser optics, luminescent displays and nanoprobes). He has supervised more than 20 Bachelor and Master theses in physics and three PhD theses, including one jointly supervised between Palermo and St. Etienne University.