# Assessing High-Order Links in Cardiovascular and Respiratory Networks via Static and Dynamic Information Measures

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Abstract-Goal: The network representation is becoming increasingly popular for the description of cardiovascular interactions based on the analysis of multiple simultaneously collected variables. However, the traditional methods to assess network links based on pairwise interaction measures cannot reveal high-order effects involving more than two nodes, and are not appropriate to infer the underlying network topology. To address these limitations, here we introduce a framework which combines the assessment of high-order interactions with statistical inference for the characterization of the functional links sustaining physiological networks. Methods: The framework develops information-theoretic measures quantifying how two nodes interact in a redundant or synergistic way with the rest of the network, and employs these measures for reconstructing the functional structure of the network. The measures are implemented for both static and dynamic networks mapped respectively by random variables and random processes using plugin and model-based entropy estimators. Results: The validation on theoretical and numerical simulated networks documents the ability of the framework to represent high-order interactions as networks and to detect statistical structures associated to cascade. common drive and common target effects. The application to cardiovascular networks mapped by the beat-to-beat variability of heart rate, respiration, arterial pressure, cardiac output and vascular resistance allowed noninvasive characterization of several mechanisms of cardiovascular control operating in resting state and during orthostatic stress. Conclusion: Our approach brings to new comprehensive assessment of physiological interactions and complements existing strategies for the classification of pathophysiological states.

*Index Terms*—cardiovascular variability, higher-order interactions, information theory, network physiology, redundancy and synergy

#### Impact Statement - We present a new framework for mul-

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tivariate time series analysis which allows to reconstruct the topology of physiological networks and to assess redundant and synergistic high-order interactions among cardiovascular parameters.

#### I. INTRODUCTION

In recent years, there has been a growing focus on exploring interactions within the cardiovascular and respiratory systems aimed at gaining insights into diverse pathophysiological mechanisms [1]. This surge of interest is driven by fast advancements in the techniques for recording and processing biomedical signals, which nowadays offer unprecedented opportunities for the simultaneous monitoring of multiple cardiovascular parameters. In turn, biomedical signal processing methods are shifting towards the multivariate analysis of several parameters, which naturally leads to representing physiological systems as interconnected networks whose nodes and links are associated respectively to the parameters and to the interactions between them. This representation is very popular in the field of Network Physiology [2] where cardiovascular, cardiorespiratory interactions and others are studied in a wide range of healthy and diseased states [3]–[6].

The analysis of physiological networks typically relies on pairwise measures, i.e. measures that quantify the existence and strength of a link focusing exclusively on the activity of the two nodes connected by it. Pairwise measures such as the linear correlation, the spectral coherence or the mutual information (MI) and MI rate (MIR) have been successfully applied to assess link strength in cardiovascular and respiratory networks [1], [3], [7]-[9]. Nevertheless, these measures suffer from two main limitations: they are not appropriate to infer the topological structure of the analyzed functional network, because they do not allow to distinguish direct relations between two nodes from indirect relations caused by common drive or cascade effects [10], [11]; and they cannot assess functional high-order interactions (HOIs), i.e. interactions that result from the combined activity of more than two nodes and encompass the statistical concepts of synergy and redundancy [12], [13]. To address these limitations, several approaches have been proposed which separately consider static or dynamic network systems, i.e. systems where the temporal correlations within and between the node activities are neglected or investigated. In particular, the inference of network structure has been faced

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combining correlation and partial correlation [11] for static systems, and exploiting the concept of multivariate Granger causality [14] for dynamic systems. The analysis of HOIs is performed via emerging information-theoretic methods like the partial information decomposition [15] or the so-called Oinformation [12], originally proposed for random variables and recently extended to dynamic systems [16], [17]. Interestingly, while network reconstruction and HOIs assessment are both grounded on multivariate analysis, their interrelationships remain unexplored, and a unified approach for examining HOIs at the level of the network links which can be exploited also for structural inference is currently absent.

The present study introduces a comprehensive approach that combines the assessment of HOIs with statistical inference for the characterization of the functional links in complex physiological networks. The approach is designed for generic network systems by using information-theoretic concepts, and is then contextualized to static systems mapped by random variables and dynamic systems mapped by random processes, respectively using measures of entropy and entropy rate. Dataefficient estimators are implemented for the proposed interaction measures, which are thoroughly validated on simulated network systems. Then, the framework is applied to cardiovascular networks identified measuring several physiological parameters reflecting the heart period or its variation, the respiratory amplitude or phase, the systolic and diastolic pressure, the cardiac output and the vascular resistance. Applications are focused on showing the usefulness of analyzing HOIs at the level of the network links to characterize both well-established and less explored cardiovascular regulatory mechanisms in different physiological conditions.

#### II. METHODS

In this work, given a network system composed of several possibly interconnected units, we consider the problem of quantifying the link between the units in a probabilistic framework. Sect. II.A introduces the measures used to investigate the interaction between any two system units while taking into account the rest of the network, provides an information-theoretic explanation of these measures and illustrates their use for network inference. Sect. II.B describes how these measures can be formalized in terms of the entropy of random variables in the case of static systems observed regardless of the flow of time, or in terms of the entropy rate of random processes in the case of dynamic systems evolving in time. Sect. II.C describes the practical computation based on plug-in estimators for discrete random variables and parametric estimators for continuous random processes.

### A. Measuring Interactions in Network Systems

Let us consider an observer measuring a system composed by M units,  $S = \{S_1, \ldots, S_M\}$ , and focus on the two units  $\mathcal{X} = S_i$  and  $\mathcal{Y} = S_j$  while collecting the remaining M-2 units in the group  $\mathcal{Z} = S \setminus \{\mathcal{X}, \mathcal{Y}\}$ . In the framework of information theory, the interaction between  $\mathcal{X}$  and  $\mathcal{Y}$  is assessed quantifying the information shared (IS) between them, or the conditional information shared (cIS) between them but not with  $\mathcal{Z}$ ; while these quantities are kept generic for now, in the next section they will be expressed by using mutual information or mutual information rate, respectively when contextualized to static or dynamic systems.

For concreteness, let us denote with  $\mathcal{H}_{\mathcal{X}}$  and  $\mathcal{H}_{\mathcal{Y}}$  the information contained in the units  $\mathcal{X}$  and  $\mathcal{Y}$ , and with  $\mathcal{H}_{\mathcal{X},\mathcal{Y}}$  the joint information contained in the two units taken together. Then, the IS between  $\mathcal{X}$  and  $\mathcal{Y}$  is given by

$$\mathcal{I}_{\mathcal{X};\mathcal{Y}} = \mathcal{H}_{\mathcal{X}} + \mathcal{H}_{\mathcal{Y}} - \mathcal{H}_{\mathcal{X},\mathcal{Y}},\tag{1}$$

while the cIS between  $\mathcal{X}$  and  $\mathcal{Y}$  given  $\mathcal{Z}$  is given by

$$\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}} = \mathcal{I}_{\mathcal{X};\mathcal{Y},\mathcal{Z}} - \mathcal{I}_{\mathcal{X};\mathcal{Z}}.$$
(2)

The measures in (1) and (2) quantify the link between the two analyzed units from a bivariate or multivariate perspective, and are illustrated by using Venn diagrams in Fig. 1a. Importantly, the comparison between these two quantities highlights the balance between the statistical concepts of redundancy and synergy in the observed network system. In particular, the net information shared (nIS) between  $\{\mathcal{X}, \mathcal{Y}\}$  and  $\mathcal{Z}$ , defined as

$$\mathcal{I}_{\mathcal{X};\mathcal{Y};\mathcal{Z}} = \mathcal{I}_{\mathcal{X};\mathcal{Y}} - \mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}.$$
(3)

quantifies the interaction between the two analyzed units and the rest of the system, and can be either positive or negative denoting respectively the prevalence of redundancy or synergy. Specifically, when  $\mathcal{I}_{\mathcal{X};\mathcal{Y};\mathcal{Z}} > 0$ , the knowledge of  $\mathcal{Z}$  reduces the information shared by  $\mathcal{X}$  and  $\mathcal{Y}$ , thus indicating that (part of) the statistical dependence between  $\mathcal{X}$  and  $\mathcal{Y}$  is suppressed when  $\mathcal{Z}$  is observed. On the contrary, when  $\mathcal{I}_{\mathcal{X};\mathcal{Y};\mathcal{Z}} < 0$ , the knowledge of  $\mathcal{Z}$  increases the information shared by  $\mathcal{X}$  and  $\mathcal{Y}$ , thus indicating that (part of) the statistical dependence between  $\mathcal{X}$  and  $\mathcal{Y}$  emerges when  $\mathcal{Z}$  is observed.

To emphasize the balance between redundancy and synergy in the interaction among the two observed units  $\mathcal{X}$  and  $\mathcal{Y}$  and the rest of the system  $\mathcal{Z}$ , and to retrieve information about the network topology from such interaction, we define the socalled *B-index* (shorthand for redundancy/synergy balance) by normalizing the nIS as follows:

$$\mathcal{B}_{\mathcal{X};\mathcal{Y}} = \frac{\mathcal{I}_{\mathcal{X};\mathcal{Y};\mathcal{Z}}}{\max\{\mathcal{I}_{\mathcal{X};\mathcal{Y}}, \mathcal{I}_{\mathcal{X};\mathcal{Y}}|\mathcal{Z}\}}.$$
(4)

In (4), the B-index is computed dividing the difference between  $\mathcal{I}_{\mathcal{X};\mathcal{Y}}$  and  $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}$  to their maximum, so as to obtain a measure ranging between -1 and 1 (see Fig. 1b). The limit values highlight a full imbalance between redundancy and synergy that relates to specific network topologies:  $\mathcal{B}_{\mathcal{X}:\mathcal{V}} = 1$ corresponds to maximum redundancy, occurring when the interaction between  $\mathcal{X}$  and  $\mathcal{Y}$  is fully explained by the rest of the network and reflecting a relation of common driver or cascade (Fig. 1b, case 1);  $\mathcal{B}_{\mathcal{X};\mathcal{Y}} = -1$  corresponds to maximum synergy, occurring when the interaction between  $\mathcal{X}$  and  $\mathcal{Y}$  arises fully from their effect on  $\mathcal{Z}$  and reflecting a common target relation (Fig. 1b, case 2). In both cases, the nodes mapped by  $\mathcal{X}$  and  $\mathcal{Y}$  are topologically disconnected. The two nodes are disconnected also when both  $\mathcal{I}_{\mathcal{X};\mathcal{Y}}$  and  $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}$ are null, resulting in non-defined B-index and describing a situation in which at least one between  $\mathcal{X}$  and  $\mathcal{Y}$  is isolated



Figure 1. Illustration of the measures proposed to assess high-order links between two units  $\mathcal{X}$  and  $\mathcal{Y}$  of a network system. (a) Venn diagram explaining the derivation of the measures of information shared between  $\mathcal{X}$  and  $\mathcal{Y}$  (IS,  $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}$ ), conditional IS between  $\mathcal{X}$  and  $\mathcal{Y}$  given the rest of the network  $\mathcal{Z}$  (cIS,  $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}$ ), and the net information shared (nIS,  $\mathcal{I}_{\mathcal{X};\mathcal{Y};\mathcal{Z}}$ ), from the information contained in the units ( $\mathcal{H}_{\mathcal{X}}$ ,  $\mathcal{H}_{\mathcal{Y}}$ ,  $\mathcal{H}_{\mathcal{Z}}$ , information of  $\mathcal{X}$ ,  $\mathcal{Y}$ ,  $\mathcal{Z}$ ;  $\mathcal{H}_{\mathcal{X},\mathcal{Y}}$ , joint information of  $\mathcal{X}$  and  $\mathcal{Y}$ ). b) Classification of the redundant/synergistic nature of the interactions and of the types of possible underlying structural mechanisms, based on the assessment of zero and strictly positive values of IS and cIS leading to characteristic values of the B-index.

from the rest of the network (Fig. 1b, case 3). Intermediate values of the B-index ( $-1 < \mathcal{B}_{\mathcal{X};\mathcal{Y}} < 1$ ) are obtained when both  $\mathcal{I}_{\mathcal{X};\mathcal{Y}}$  and  $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}$  are non-null (Fig. 1b, case 4). In this situation, larger values of  $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}$  denote prevalence of redundancy, while larger values of  $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}$  denote prevalence of synergy, which topologically corresponds to many possible configurations; the case of identical non-null values denotes perfect balance between synergy and redundancy, indicating that the two nodes are linked to each other but disconnected from the rest of the network.

The configurations described above will be illustrated in the theoretical and simulated examples of Sect. III. Note that, in practical analysis, the presence of strictly positive or null values of  $\mathcal{I}_{\mathcal{X};\mathcal{Y}}$  and  $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}}$  leading to the limit values of the B-index, is tested by surrogate data approaches (Sect. II.C).

#### B. Implementation for Static and Dynamic Systems

In this section, the concept of information shared between the units of a generic network system is contextualized to make it usable in real-world applications. Specifically, if the quantities used to observe the system states do not depend on time (e.g., they are indexes measured across subjects), the system is denoted as *static* and is described in terms of random variables. On the contrary, a *dynamic* system evolves in time and, as such, is described by random processes, i.e. collections of random variables sorted in temporal order.

In practice, a static system S composed by M units is described by the M-dimensional random variable  $S = [S_1 \cdots S_M]$ , and the states assumed by the units  $\mathcal{X}, \mathcal{Y}$  and  $\mathcal{Z}$  are mapped by the random variables X, Y and Z. In this case, the information contained in the unit  $\mathcal{X}$  is quantified by the entropy of the variable X,  $H(X) = -\mathbb{E}[\log p(x)],$ where p(x) is the probability density of X and  $\mathbb{E}[\cdot]$  is the expectation operator (the same holds for Y and Z). Then, the information shared between the variables X and Y is quantified by the mutual information (MI), which is computed by using the entropies in (1) for IS to get I(X;Y) =H(X) + H(Y) - H(X, Y), while the cIS between X and Y given Z is quantified by the conditional MI (cMI) obtained as I(X;Y|Z) = I(X;Y,Z) - I(X;Z) [18]. The MI and cMI are then readily inserted in (3) and (4) to obtain the nIS and the B-index relevant to the analyzed network of random variables. Note that, in this setting where it is computed for random variables, the nIS corresponds to the well known interaction information [19]; this measure, used as in our case to describe how two units of a network system interact with the remaining units, is referred to as the local O-Information [12].

When the analyzed system S is dynamic, it is more properly described by a vector random process  $S_n = [S_{1,n}, \ldots, S_{M,n}]$ , where the temporal dependence is denoted by the time counter n and  $S_{i,n}$  denotes the variable sampling the  $i^{th}$  process at the  $n^{th}$  time step  $(i = 1, \ldots, M; n \in \mathbb{Z}$  for discrete-time processes); the equivalent notation evidencing the dynamics of the units  $\{\mathcal{X}, \mathcal{Y}, \mathcal{Z}\}$  is  $S_n = [X_n, Y_n, Z_n]$ . In this case, the information-theoretic measure typically used to analyze the temporal evolution of the unit  $\mathcal{X}$  is the entropy rate, defined for a stationary process using the conditional entropy  $H_X = H(X_n | X_{n-1}, X_{n-2}, \ldots)$ . The entropy rate quantifies the rate of generation of new information in the process X; when combined with the entropy rate of Y,  $H_Y$ , and with the joint entropy rate of X and Y,  $H_{X,Y}$ , it reveals the IS of the two processes measured by the so-called mutual information

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rate (MIR),  $I_{X;Y} = H_X + H_Y - H_{X,Y}$  [20]. Based on these definitions, in a network of random processes the cIS becomes the conditional MIR (cMIR)  $I_{X;Y|Z}$  obtained using  $I_{X;Y,Z}$  and  $I_{X;Z}$  in (2), the nIS becomes the interaction information rate  $I_{X;Y;Z}$  obtained using  $I_{X;Y}$  and  $I_{X;Y|Z}$  in (3), and the B-index becomes a "B-index rate"  $B_{X;Y}$  obtained using  $I_{X;Y;Z}$ ,  $I_{X;Y}$  and  $I_{X;Y|Z}$  in (4).

### C. Practical Computation

This section describes how the interaction measures defined in Sect. II.A and particularized to static or dynamic systems in Sect. II.B can be computed in practice from observations of the states assumed by the units composing the observed network system. In particular, we show how the static measures based on MI can be obtained from observations of discrete random variables collected as sequences of symbols using plug-in entropy estimators, and how the dynamic measures based on MIR can be obtained from realizations of continuous random processes collected as time series using parametric estimators.

1) Discrete Random Variables: When X, Y, and each component of the vector Z are discrete random variables taking values in the sets  $A_X, A_Y$ , and  $A_Z$ , formed respectively by  $Q_X, Q_Y$  and  $Q_Z$  symbols, the computation of MI and cMI follows the well-known formulations [18]:

$$I(X;Y) = \sum_{x \in \mathcal{A}_X, y \in \mathcal{A}_Y} p(x,y) \log \frac{p(x,y)}{p(x)p(y)},$$
(5a)
$$I(X;Y|Z) = \sum_{x \in \mathcal{A}_X, y \in \mathcal{A}_Y, z \in \mathcal{A}_Z} p(x,y,z) \log \frac{p(x,y|z)}{p(x|z)p(y|z)},$$

where 
$$p(\cdot)$$
,  $p(\cdot, \cdot)$ , and  $p(\cdot|\cdot)$  denote the marginal, joint, and conditional probability density of the analyzed variables. Given the MI and cMI measures in (5), the interaction information and the B-index are obtained using (3) and (4).

In practical analysis, the network measures are computed from observations of the random variables X, Y and Zavailable in the form of synchronous sequences of symbols first estimating the probabilities as the frequency of occurrence of the relevant combination of symbols within the sequences, and then plugging the probability estimates into (5) to obtain estimates of MI and cMI.

2) Continuous Random Processes: When the system units are represented by a vector random process  $S = \{X, Y, Z\}$ , a common approach to describe the process dynamics is to use the linear vector autoregressive (VAR) model [21]

$$S_n = \sum_{k=1}^p \mathbf{A}_k S_{n-k} + U_n, \tag{6}$$

where  $S_n$  and  $S_{n-k}$  are the *M*-dimensional variables sampling the process at the present time step *n* and at *k* steps in the past,  $\mathbf{A}_k$  is an  $M \times M$  coefficient matrix and *U* is an i.i.d. innovation process with  $M \times M$  covariance matrix  $\Sigma_U$ .

Given the full-model (6), it is possible to define restricted models which describe the dynamics of subsets of processes. In particular, the individual dynamics of the processes X and

Y, and their joint dynamics described by the bivariate process  $W = \{X, Y\}$ , are captured by the restricted models

$$X_n = \sum_{k=1}^q A_k^{(x)} X_{n-k} + U_{x,n},$$
 (7a)

$$Y_n = \sum_{k=1}^{q} A_k^{(y)} Y_{n-k} + U_{y,n},$$
(7b)

$$W_{n} = \sum_{k=1}^{q} \mathbf{A}_{k}^{(w)} W_{n-k} + U_{w,n},$$
(7c)

where q is the order of the restricted model (theoretically  $q \to \infty$ ). The parameters of the restricted models, i.e. the coefficients  $A_k^{(x)}$ ,  $A_k^{(y)}$ ,  $\mathbf{A}_k^{(w)}$ , and the covariance of the residuals  $\Sigma_{U_x}$ ,  $\Sigma_{U_y}$ ,  $\Sigma_{U_w}$ , can be derived from the parameters of the full model (6)  $\mathbf{A}_k$  and  $\Sigma_U$ , through a procedure that solves the Yule-Walker equations to derive the covariance structure of S and then reorganizes such structure to relate it to the covariances of X, Y or W (the procedure is described in detail in Ref. [22]; an alternative approach based on state-space model is presented in Ref. [17]). Then, under the assumption of joint Gaussianity for the overall process S, the information measures capturing the network interactions can be derived straightly from the covariances of X, Y and W are obtained as

$$H_X = \frac{1}{2} \log 2\pi e \Sigma_{U_x},\tag{8a}$$

$$H_Y = \frac{1}{2} \log 2\pi e \Sigma_{U_y},\tag{8b}$$

$$H_{X,Y} = \frac{1}{2} \log(2\pi e)^2 |\mathbf{\Sigma}_{U_w}|,$$
 (8c)

from which the MIR is computed as

(5b)

$$I_{X;Y} = H_X + H_Y - H_W = \frac{1}{2} \log \frac{\Sigma_{U_x} \Sigma_{U_y}}{|\Sigma_{U_w}|}.$$
 (9)

The procedure described above can be repeated to define restricted models capturing the dynamics of the vector process Z as well as of the joint processes  $V = \{X, Z\}$  and  $R = \{Y, Z\}$  using VAR formulations as in (7), and then to compute the entropy rates of Z, V and R as in (8). This allows to obtain formulations of the MIR terms  $I_{X;Z}$  and  $I_{X;Y,Z} = I_{X;R}$ 

$$I_{X;Z} = H_X + H_Z - H_V = \frac{1}{2} \log \frac{\Sigma_{U_x} |\mathbf{\Sigma}_{U_z}|}{|\mathbf{\Sigma}_{U_v}|}, \quad (10a)$$

$$I_{X;Y,Z} = H_X + H_R - H_S = \frac{1}{2} \log \frac{\Sigma_{U_x} |\mathbf{\Sigma}_{U_r}|}{|\mathbf{\Sigma}_U|}, \quad (10b)$$

from which the cIS  $I_{X;Y|Z}$  is computed as in (2) subtracting (10a) from (10b), and the nIS  $I_{X;Y;Z}$  and B-index  $B_{X;Y}$  are computed as in (3) and (4).

In practical analysis, the network measures are computed from realizations of the random processes X, Y and Zavailable in the form of synchronous time series estimating the parameters of the full model (6) by means of least squares identification [21], deriving the covariances of the residuals of the restricted models by the procedure described in [22], and then plugging these covariances into (9) and (10) to obtain estimates of the MIR and the conditional MIR. The order

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p of the full model is typically estimated using informationtheoretic criteria [23], while the order q of the restricted models is set at high values to capture the decay of the correlations at increasing lags [22].

3) Statistical Significance: An important issue in practical analysis, which has relevance for the identification of limit values of the B-index and for the corresponding inference of the network structure, is the assessment of the statistical significance of the IS and cIS measures. Such assessment was performed in this work using the method of surrogate data [24]. This method is based on generating, from the measured data relevant to the analyzed network  $\mathcal{S} = \{\mathcal{X}, \mathcal{Y}, \mathcal{Z}\}$ , sets of surrogate data which mimic the individual properties of the units  $\mathcal{X}$  and  $\mathcal{Y}$ , but destroy the interaction between them. Under the null hypothesis of absence of IS  $(\mathcal{I}_{\mathcal{X};\mathcal{V}} = 0)$  or absence of cIS ( $\mathcal{I}_{\mathcal{X};\mathcal{Y}|\mathcal{Z}} = 0$ ), the values of IS and cIS computed from the original data are compared with the distribution of IS/cIS computed from the surrogate sets using a test based on percentiles, run with significance  $\alpha$  (in this work,  $\alpha = 0.05$ ); then, the null hypothesis is rejected (accepted) and the original IS/cIS measure is deemed as statistically significant (nonsignificant) if the original values of IS or cIS are larger (smaller) than the  $(1 - \alpha)^{th}$  percentile of the corresponding surrogate distribution. Accordingly, when the estimates of IS and/or cIS are detected as non significant the B-index is set to 1, -1, or to NaN according to Fig. 1b.

In the analysis of static systems mapped by random variables, the procedure described above was implemented using the MI or the cMI as discriminating statistic for the quantification of IS or cIS. In this case, realizations of the multiple observed random variables are available in the form of numeric sequences, and surrogate data are generated by independently shuffling in random order the sequences relevant to each variable, so as to make the surrogate variables independent while preserving their marginal distributions. On the other hand, in the analysis of dynamic systems mapped by random processes whose realizations are multivariate time series, the MIR or the cMIR were used as discriminating statistic and surrogate time series were generated using the iterative amplitude-adjusted Fourier Transform (iAAFT) procedure [24] which preserves the individual properties of each time series while destroying the interactions among them.

### III. VALIDATION

In this Section we illustrate the proposed framework for assessing network interactions in simulations of static systems mapped by binary variables and dynamic systems mapped by continuous processes. The measures presented in Sect. II.A are first described in a theoretical example for which their values can be computed analytically, and then validated on finite-length realizations of simulated network activities.

### A. Theoretical Example

We consider the simple case of a system with three units whose interactions are imposed, so as to allow computation of the exact theoretical values of the IS and cIS measures. First, a static system is simulated defining three binary random variables  $S_1, S_2, S_3$ , which interact as depicted in Fig. 2a:  $S_1$  is a binary variable with equiprobable symbols, influencing the state of  $S_2$  with probability  $\alpha$  ( $p(\{s_2 = s_1\}) = \alpha$ ), while both  $S_1$  and  $S_2$  influence the state of  $S_3$  with probabilities  $\beta$  and  $\gamma$ , resulting in the conditional probabilities indicated in Fig. 2a. Then, a dynamic system with the same causal connections is simulated (Fig. 2b) defining a trivariate VAR process fed by independent Gaussian innovations as in (6), where M = 3, p = 1 and the time-lagged effects are determined by the coefficient matrix  $\mathbf{A}_1$ .

The analysis was conducted first computing IS, cIS, and nIS between each pair of network nodes at increasing the coupling  $S_1 \rightarrow S_2$  and simultaneously decreasing the coupling  $S_2 \rightarrow S_3$ , with stable coupling  $S_1 \rightarrow S_3$ ; this was achieved by setting  $\alpha \in [0.5, 1]$ ,  $\gamma = 1.5 - \alpha$  and  $\beta = 0.9$  for the static system, and  $a \in [0,1]$ , c = 1 - a and b = 1 for the dynamic system. The results in Fig. 2c,d evidence an increase of IS between  $S_1$  and  $S_2$  from 0 to high values, a decrease towards zero of cIS between  $S_2$  and  $S_3$  given  $S_1$ , and a shift of nIS from negative to positive values; note that, in these networks with only three nodes, the synergy/redundancy balance nIS is the same for all links. To further illustrate the shift from synergy to redundancy, the B-index and the corresponding network structure inferred after pruning the links for which both IS and cIS are null were calculated for three representative sets of parameters, reported in Fig. 2e,f. These conditions correspond to the existence of unique common target effects ( $\alpha = 0.5$  or a = 0), complete synergy/redundancy balance ( $\alpha = 0.575$  or a = 0.5), or unique common drive effects ( $\gamma = 0.5$  or c = 0). As shown in Fig. 2e,f, these three conditions are characterized respectively by highly synergistic interactions (blue colors in the B-index matrix) with absence of the link between  $S_1$  and  $S_2$ , null B-index (white colors) with fully connected network, and highly redundant interactions (red colors) with absence of the link between  $S_2$  and  $S_3$ . Thus, these results illustrate how the proposed framework can detect the structure and the nature of high-order links in simple static or dynamic networks.

### B. Simulated data

In the following, we present the validation of the proposed framework in simulations of static and dynamic systems studied by generating the output data of each network node and estimating the network measures as described in Sect. II.C. Analyses were performed iterating each simulation 100 times and generating datasets of  $N \in \{250, 500, 1000\}$  observations, from which the estimator performance was assessed in terms of sensitivity and specificity of the reconstruction of the known network topology.

1) Binary variables: The first simulation reproduces a network with M = 10 nodes connected as depicted in Fig. 3a. The node activities are mapped by binary random variables interconnected as follows:  $S_1$ ,  $S_3$ ,  $S_4$ ,  $S_5$  and  $S_9$  are i.i.d. binary variables with equiprobable symbols;  $S_{10}$  is a noisy copy of  $S_9$ with coupling strength  $\gamma_3 = 0.8$ , (i.e.,  $p(\{s_{10} = s_9\}) = \gamma_3)$ ;  $S_6$ and  $S_7$  are noisy copies of  $S_5$  with coupling strength  $\gamma_2 = 0.9$ ;  $S_8$  is defined via a noisy OR gate from  $S_6$  and  $S_7$ , while  $S_2$  is defined via a noisy OR gate from  $S_3$ ,  $S_4$  and  $S_5$  (noisy gates



Figure 2. Theoretical analysis of a simulated network system with three units mapped by binary random variables (a, static system) or by continuous random processes (b, dynamic system); the strength of the network links is modulated by the probabilities  $\alpha$ ,  $\beta$ ,  $\gamma$  in (a), and by the VAR model coefficients a, b, c in (b). The metrics of information shared (IS), conditional information shared (cIS), and net information shared (nIS) are plotted for each network link at varying  $\alpha = 1.5 - \gamma$  for the static system (c) or varying a = 1 - c for the dynamic system (d); this simulates the transition from common target to common driver conditions, mirrored by a shift from synergistic to redundant interaction for both systems. The matrix of normalized B-index values and the corresponding network structure obtained after pruning non-significant links are shown for three representative coupling conditions obtained setting fixed values of  $\alpha$ ,  $\beta$ ,  $\alpha$  (e) or a, b, and c (f): common target effects reflect pure synergy (left), a fully connected network highlights more balanced synergy/redundancy effects (middle), and common driver effects reflect pure redundancy (right).

have coupling strength  $\gamma_1 = 0.9$  and are defined according to the conditional probabilities given in Fig. 3a).

Fig. 3b reports, for a simulation with N = 1000 observations, the matrix of the B-index values computed using the plug-in estimator; non-significant estimates of MI or cMI leading to B = 1, B = -1 or B = NaN were assessed using random shuffling surrogates, and the network was reconstructed pruning the links with non-significant MI and/or cMI. The B-index correctly identified the presence and nature of the interactions imposed between pairs of variables, recovering for instance the existing isolated link  $(B(S_9; S_{10}) = 0, \text{ white})$  and the expected synergistic (e.g.,  $B(S_2; S_3) < 0$ ,  $B(S_2; S_4) < 0$ , blue) and redundant links (e.g.,  $B(S_5; S_6) > 0, B(S_5; S_7) > 0$ , red). Moreover, it allowed to correctly prune out of the reconstructed network several links that would be detected by using only MI due to common drive or cascade effects (e.g.,  $\mathcal{B}(S_2; S_6) = 1, B(S_5; S_8) = 1$ ; dark red), or by using only cMI due to common target effects (e.g.,  $B(S_3; S_5) = -1$ ; dark blue). However, a false positive link was detected between the nodes  $S_6$  and  $S_7$ : in spite of the lack of a direct connection, the two nodes result as connected because they have both a common drive ( $S_6 \leftarrow S_5 \rightarrow S_7$ ) and a common target  $(S_6 \rightarrow S_8 \leftarrow S_7)$ , inducing significant values for both MI and cMI and thus determining  $-1 < B(S_6; S_7) < 1$ . This

highlights a limitation of the B-index, which cannot guarantee the elimination of all spurious links.

To quantify the ability to correctly identify the presence and absence of links in the reconstructed network, we assessed the sensitivity and specificity of the B-index at varying the size N of the data collected. Sensitivity and specificity, which measure respectively the impact of false negatives and false positives, were assessed over 100 simulation runs. The results in Fig. 3c highlight that the sensitivity increased markedly with the data length, approaching the expected value of 100% when N = 1000. On the contrary, the specificity showed less dependence on N, as it remained consistently high exhibiting minimal variations around the expected value of 97%.

2) Gaussian variables: The second simulation reproduces a network comprising M = 6 nodes, whose activity is mapped by a multivariate random process defined by the VAR model (6) implemented with  $\Sigma_U = \mathbf{I}$ , p = 2, and time lagged coefficients reported in Fig. 4a,b. These settings produce two different connectivity structures, both characterized by two highly connected nodes (hubs, processes  $S_1$  and  $S_6$ ) interacting with four nodes with lower connectivity degree (leaves, processes  $S_2 - S_5$ ). The hub  $S_1$  acts as a source sending information to the leaves; the hub  $S_6$  acts either as a source or as a sink, respectively sending information to the leaves which behave



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Figure 3. Experimental analysis of a simulated static system with ten units mapped by binary variables interconnected via the graph and probability rules shown in (a). The matrix of B-index values computed from N = 1000 observations of the variables and the corresponding connectivity graph (b) evidence the synergistic/redundant nature of the links as well as the proper reconstruction of the network structure, with correct pruning of absent links (isolated nodes/links: B = NaN, grey; common drive, cascade: B = 1, dark red; common target: B = -1, dark blue), except for the false positive detection of a connection between  $S_6$  and  $S_7$ . The performance of network (c), reveals that sensitivity depends on N, while specificity is high but affected by the single false-positive detection for any data length.

as receivers (Fig. 4a), or receiving information from the leaves which behave as mediators (Fig. 4b).

Fig. 4c,d reports, for different process realizations obtained as multivariate time series with N = 1000 samples, the matrix of the B-index rates computed through linear parametric estimator. Computations were performed by setting the order of the full VAR model to p = 2, corresponding to the true order imposed in the simulation, and setting the order of the reduced models to q = 20 to capture the decay of correlations at increasing lags. Non-significant values of the estimated MIR and cMIR leading to B = 1, B = -1 or B = NaN were assessed by using iAAFT surrogates, and the reconstructed network structure obtained by pruning the links with non-significant MIR and/or cMIR. The analyzed realizations reproduce the typical structures of hub-leaves interactions which are described and analyzed in the following. A single star structure (rightpositioned) with the hub  $S_6$  connected to the leaves  $S_2 - S_5$  is obtained when  $a_{1i} = 0, i = 2, ..., 5$ ; the hub acts as a source in Fig. 4c and as a sink in Fig. 4d. These two configurations are correctly detected in terms of structure ( $S_1$  is isolated and  $S_6$  is connected to all leaves), and are differentiated by the clear redundancy (red) and synergy (blue) evidenced by the Bindex rate in the two cases. The configuration with hub sending information to the leaves, which results as fully redundant due to the dominance of common drive effects, is reproduced also when  $a_{i6} = 0$  (i = 2, ..., 5, left-positioned star), as shown in Fig. 4e, f where  $S_1$  is the hub and  $S_6$  is isolated. The most rich configurations are those obtained setting nonzero values

for all thee coefficients defining the structures in Fig. 4a,b. Specifically, when we set  $a_{1i} = a_{i6} = 0.5$  in Fig. 4a, a configuration with two competing star structures where two hubs send information to the same leaves is obtained; in this case, all links are redundant due to the dominance of commondrive effects (except the link between the two hubs which is fully synergistic due to common target effects towards all leaves), and the network is reconstructed without errors (Fig. 4g). On the other hand, setting  $a_{1i} = a_{i6} = 0.5$  in Fig. 4b, we obtain a configuration with propagation between two stars where one hub sends information to the other through mediation of the leaves; in this case, the links are again dominantly redundant due to the abundance of common drive and cascade effects, but the network reconstruction suffers from false-positive detections of links between the leaves caused by the simultaneous presence of common drive and common target effects determining significant MIR and cMIR.

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Finally, the accuracy of network reconstruction was investigated for different time series length N at increasing the weight of the connections from the hub  $S_1$  to the leaves  $S_2 - S_5$ while simultaneously decreasing the weight of the connections between the leaves and the hub  $S_6$   $(a_{1i} \in [0.1, 0.9], a_{i6} =$  $1 - a_{1i}$ ), so as to gradually move from single-star to twostar structures and back. The results reported in Fig. 4i,j show that the sensitivity depends on the data length and on the link strength, reaching the expected value of 100% when the links are balanced in strength. The specificity was very high and substantially unaffected by the data length in the case of competing stars (Fig. 4i), while it was higher than expected for unbalanced link strength and approaching the expected value of 14.3% only for balanced link strength and high N (Fig. 4j). These results confirm the good performance of the B-index in reconstructing the statistical structure underlying directed networks, with the limitations related to its inability to resolve conditions of contemporaneous common drive and common target effects impinging on a link.

#### IV. APPLICATIONS TO CARDIOVASCULAR NETWORKS

This section reports the application of the proposed methodology to physiological networks probed measuring simultaneously the spontaneous variability of several cardiovascular (cardiac and hemodynamic) and respiratory variables during different physiological states. Specifically, in the first application we perform a static analysis of the discrete random variables representative of the activity of the cardio, vascular and respiratory systems, whose observations describe respectively the acceleration/deceleration of the heart rate, the variation of blood pressure as the basic parameter of hemodynamics and the phase of the respiratory cycle (inspiration/expiration). In the second application we perform a dynamic analysis of five continuous random processes descriptive of the beat-tobeat variability of heart period, systolic and diastolic pressure, cardiac output and peripheral resistance. Both analyses are performed considering short-term cardiovascular variability in groups of healthy subjects monitored in resting state and during postural stress [22], [25].



Figure 4. Experimental analysis of a simulated dynamic system with six units mapped by Gaussian processes connected via the the diagrams and VAR coefficients shown in (a) and (b). The B-index rate matrix computed from multivariate time series (N = 1000) and the corresponding reconstructed structures are investigated for peculiar parameter setting realizing: single star structures where the hub sends information to four leaves, observing accurate reconstruction of redundant links (c, e, f); a single star structure where the hub receives information from the leaves, observing accurate reconstruction of synergistic links (d); two competing star structures where both hubs send information to the same leaves, observing accurate reconstruction of redundant links (g); two interacting star structures with information propagated from one hub to the other via mediation of the leaves, observing reconstruction of redundant structures with false positive links among the leaves (h). The performance of network reconstruction, assessed over 100 simulation runs at varying the series length N shows that sensitivity depends on N and on link strength, while specificity is affected by simultaneous common drive and common target effects (i, j).

#### A. Subjects and Experimental Protocols

Analyses were performed on two groups of young healthy volunteers, both recruited at the Jessenius Faculty of Medicine, Comenius University, Martin, Slovakia, where ethics approval and informed consent were obtained. For both studies, subjects were monitored following the same experimental protocol consisting of recording cardiovascular signals for 15 minutes in the resting supine position (REST), followed by further 8 minutes of recordings in the upright position (TILT) reached after tilting the subjects to 45 degrees the motor-driven bed table to evoke mild orthostatic stress. Details about the protocol can be found in Refs. [22], [26] and [25].

The first study involved 61 volunteers (37 females,  $17.5\pm2.4$  years), in whom the electrocardiogram (ECG), the continuous finger arterial blood pressure (ABP) collected noninvasively by the photoplethysmographic volume-clamp method, and the respiratory signal (RESP) obtained via inductive plethysmography using thoracic and abdominal belts were recorded simultaneously. The second study involved 39 volunteers (22 women, age  $19.4 \pm 2.3$  years), in whom the ECG and ABP signals were measured as before simultaneously with the impedance cardiography signal. In both cases, signals were digitized with

#### 1 KHz sampling rate.

#### B. Data Analysis

In the first application, the beat-to-beat time series of the heart period (HP), systolic pressure (SP) and respiratory amplitude (RA) were measured from the ECG, ABP and RESP signals acquired for each subject and condition respectively as the sequences of the temporal distances between consecutive R peaks, the maximum ABP values within each detected R-R interval, and the RESP values taken at the onset of each detected R-R interval, according to a well-established measurement convention [22], [26]. For each of these sequences measured synchronously over N consecutive heartbeats, realizations of the three discrete random variables considered for the static analysis were obtained as follows (n = 2, ..., N - 1). The heart rate variation HV was obtained observing the sign of the difference between the duration of two consecutive heart periods:  $HV_n = 0$  if  $HP_{n+1} \leq HP_n$  (acceleration),  $HV_n = 1$ if  $HP_{n+1} > HP_n$  (deceleration). The systolic pressure variation SV was obtained similarly:  $SV_n = 0$  if  $SP_n \leq SP_{n-1}$ ,  $SV_n = 1$  if  $SP_n > SP_{n-1}$ . The respiration phase  $RP_n$ was obtained by discretizing the respiration amplitude  $RA_{n+1}$ ;

#### $HP_{n-1}$ $HP_{n+1}$ $HP_n$ a) ECG $SP_{n-1}$ $SP_n$ $SP_{n+1}$ ABP $RA_{n+2}$ RESP $RA_{n-1}$ $RA_{n+1}$ $RA_n$ b) 1100 • $HV_n = 1$ [su] 1000 900 800 700 140 SP [mmHg] 130 120 110 $RP_n = 0$ $RP_n = 1$ 0.4*RA* [L] 0.2 -0.2 0 50 100 150 200 250 300 п

Figure 5. a) Bio-signal processing and measurement convention for the extraction of the time series used in the static analysis of cardiovascular and respiratory interactions. (a) The ECG, ABP and RESP signals are used to measure the beat-to-beat parameters corresponding to heart period HP, systolic pressure SP and respiration amplitude RA. (b) These parameters are then used to build observations of the three discrete random variables analyzed in the static analysis, i.e. the heart rate variation HV, the systolic pressure variation SV, and the respiratory phase RP.

specifically  $RP_n = \overline{RA}_{n+1}$ , where  $\overline{RA}_i = 0$  if  $RA_i \le RA_{i+1}$ and  $\overline{RA}_i = 1$  if  $RA_i > RA_{i+1}$ .

The adopted measurement convention and the rules set to measure the three discrete variables are illustrated in Fig. 5a. For each subject, realizations of the variables HV, SV and RP were obtained as described above from sequences of N = 300 consecutive HP, SP and RA values selected during stationary epochs of the REST and TILT phases (an example is reported Fig. 5b). Then, the static analysis of the network with M = 3 nodes was performed estimating MI and cMI through the plug-in method, assessing their significance through the use of 100 random shuffling surrogates (significance  $\alpha = 0.05$ ), and finally computing the B-index from the thresholded MI and cMI.

In the second application, the analyzed beat-to-beat time series were the HP, SP, diastolic pressure (DP), cardiac output (CO), and peripheral vascular resistance (PR) obtained from the ECG, ABP and ICG signals as follows:  $HP_n$  is the duration of the current R-R interval;  $SP_n$  is the maximum ABP value measured within  $HP_n$ ;  $DP_n$  is the minimum ABP value measured between the occurrence times of  $SP_n$  and  $SP_{n+1}$ ;  $CO_n = 60 \cdot \frac{SV_n}{HP_{n-1}}$ , where the stroke volume is computed as  $SV_n = \beta \cdot Z'_n^{max} \cdot LVET_n$ , being  $LVET_n$  the left ventricular ejection time,  $Z_n^{tmax}$  the maximum of the timederivative of the impedance signal taken within  $HP_n$ , and  $\beta$ a correcting factor accounting for thorax volume and base impedance; and  $PR_n = \frac{MAP_n}{CO_n}$ , where  $MAP_n$  is the mean ABP measured as the average value of the ABP signal taken over one diastolic cycle, i.e. between the times of occurrence times of  $DP_{n-1}$  and  $DP_n$ . This measurement convention is typically adopted in computational physiology [26], [27] and is illustrated in Fig. 6a. For each subject and condition, stationary realizations of N = 300 points of the multivariate process  $\{HP, SP, DP, CO, PR\}$  were obtained as described above (an example is reported in Fig. 6b). Then, the dynamic analysis of the network with M = 5 nodes was performed estimating MIR and cMIR through the regression-based method, implemented setting the VAR model order through the Akaike Information Criterion [23] and using q = 20 lags to identify the restricted VAR models, assessing the significance of MIR and cMIR through the use of 100 iAAFT surrogates (significance  $\alpha = 0.05$ ), and finally computing the B-index rate from the thresholded MIR and cMIR.

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#### C. Results and Discussion

In the first application the processing of the HP, RA and SP time series described in Sect. IV.B led us to investigate, through a simple static analysis of the discrete random variables HV, SV and RP, three types of interaction related to known physiological mechanisms, i.e. the arterial baroreflex (link HV - SV), the respiratory sinus arrhythmia (link HV - RP) and the mechanical effects of respiration on arterial pressure (link RP - SV) [3], [28].

The analysis of the information shared shows that the static approach performed on short data sequences can reveal the presence of statistically significant interactions between all pairs of variables in both experimental conditions. Nevertheless, given the lower sensitivity observed in the simulated static network with a small data size, it can be possible that certain links might remain undetected. The dominant interactions are identified by the links HV - RP and SV - RP at rest, and by the link HV - SV during tilt, as documented by the high and statistically significant values of both MI and cMI (Fig. 7a,b). The prevalence of the interactions involving the respiratory activity (variable RP) in the resting condition reflects the well known effect of respiration on the variability of the heart rate. These effects appear weaker during the postural challenge, likely reflecting the dampening of respiratory sinus arrhythmia resulting from the parasympathetic inhibition with postural stress [29], though remaining significant in more than half of the subjects. On the other hand, the stronger interaction HV - SV during postural stress can be ascribed to the enhancement of the baroreflex control involvement associated with orthostasis which determines acceleration (deceleration) of the heart rate in correspondence with decrease (increase) of the systolic pressure levels [4], [30].

The analyzed interactions were detected as significantly synergistic during rest, and exhibiting a net balance between synergy and redundancy during tilt (Fig. 7a,c; note that the



Figure 6. Bio-signal processing and measurement convention for the extraction of the time series used in the dynamic analysis of cardiovascular networks. The signals and parameters used to build the five analyzed time series are shown in (a): the ECG and ABP signals are used to measure the heart period HP, the systolic pressure SP and the diastolic pressure DP; the ICG signal is differentiated to measure the local maxima of the impedance variations  $Z'^{max}$  and the left ventricular ejection time LVET from which the cardiac output CO is derived; and the ICG and ABP signals are combined to measure CO and the mean arterial pressure (yellow shades) from which the peripheral resistance PR is derived. Representative time series measured for a subject monitored in the resting supine position are shown in (b).

nIS values are the same for all links in this application with three variables analyzed). The small but statistically significant prevalence of synergy in the resting state documents the existence of a dominant common target effect (see also the simulated systems of Fig. 2); in this application, the common target situation arises likely by the simultaneous presence of baroreflex effects from  $SV \rightarrow HV$  and of direct respiratory sinus arrhythmia  $RP \rightarrow HV$  [30]. The balance between redundancy and synergy induced by the postural stress might indicate a balancing of the two pathways whereby respiration affects the heart rate, resulting from a weakening of the non-baroreflex respiratory sinus arrhythmia mechanisms (pathway  $RP \rightarrow HV$ ) and a strengthening of the baroreflex-mediated



Figure 7. Results of the static analysis of cardiovascular and respiratory interactions. (a) Distribution across 61 subjects of the mutual information (MI), conditional MI (cMI) and net information shared (nIS = MI-cMI) between the discrete variables representing heart rate variation (HV), systolic pressure variation (SV) and respiratory phase (RP) measured in the supine position (REST) and during postural stress (TILT); asterisk and hash symbols denote statistically significant differences between REST and TILT, and between MI and cMI respectively (\*,#: p < 0.05, \*\*: p < 0.005 paired Wilcoxon test). (b) Number of subjects for which both MI and cMI were not statistically significant (B = -1), or both MI and cMI were significant (|B| < 1) in the two conditions; the significance was assessed using random shuffling surrogates. (c) Reconstructed network structure where the link thickness is associated to the number of subjects with significant MI and cMI and the link color maps the average B-index.

respiratory sinus arrhythmia (pathway  $RP \rightarrow SL \rightarrow HV$ ).

In the second application, the dynamic formulation of the proposed framework was exploited to explore in detail the interactions among several cardiovascular variables related to cardiac rhythm and hemodynamics, including the regulation of arterial pressure. The results in Fig. 8 indicate that four of the nodes of this network, i.e. those mapping the variability of PR, CO, DP and SP, form a fully connected subnetwork which is stable in the two analyzed conditions. This finding is documented by the statistically significant values of both MIR and cMIR, as well as of their balance, consistently observed at rest and during tilt for the links PR - CO, PR - SP, PR-DP, CO-SP and CO-DP (Fig. 8a,b). In particular, the link between PR and CO is very strong and exhibits the highest values of both MIR and cMIR, as a consequence of the inverse relation existing between the two processes. Notably, for this link cMIR is consistently higher than MIR, resulting in significantly negative values of the interaction information

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rate; this statistically significant synergy reveals the existence of a common target relation from PR and CO towards other connected variables in the network, likely SP and especially DP.

Physiologically, this relation might be associated to the effect of the variations in vasomotion characterized by the vascular resistance dynamics on the blood pressure and arterial compliance [31], [32]. Interestingly, when PR or CO are analyzed together with one of the vascular processes (either SP or DP), the link becomes significantly redundant; this suggests that HP plays a role through its tight relation with SP and DP reflecting known physiological effects like the baroreflex and the cardiac run-off [26]. The absence of significant changes of nIS and B-index with tilt for these links suggests that the underlying mechanisms are not modulated by sympathetic activation or parasympathetic inhibiton associated with orthostasis.

Different behaviors were observed when the links including heart rate variability were considered. The links between HP and PR or CO were detected in only half of the subjects in both conditions (Fig. 8b), and were characterized by redundancy (MIR > cMIR) which decreased moving from rest to tilt due to decreased MIR and unaltered cMIR. The links between HP and SP or DP were detected in the majority of the subjects in both conditions, and were again characterized by redundancy with a decrease from rest to tilt in the case of HP-DP, and stable net redundancy in the case of HP-SP. These results indicate that the sympathetic activation evoked by tilt tends to make the interactions between HP and the other cardiovascular processes less redundant. The known activation of the baroreflex mechanism with tilt was not evidenced by the link HP - SP, possibly because the symmetric measures used here (MIR, cMIR) account for both feedback and feedforward cardiovascular interactions [4]. The interaction SP - DP, which physiologically may be related to the Frank-Starling effect [26], was significantly found as redundant in about half of the population, with a tendency to decrease during tilt.

It is important to note that this application did not consider respiration, due to the lack of availability of the respiratory signal. Since it is well known that the respiratory activity significantly influences the cardiovascular system, as reflected by the respiration-related oscillations present in the cardiovascular variables [3], future investigations should complement the present results by including respiration as a node of the analyzed network. Methodological extensions to our approach could be also envisaged to make it frequency-specific [33], so as to focus the assessment of high-order links on low-frequency oscillations which are less affected by the respiratory activity.

#### V. CONCLUSIONS AND PERSPECTIVES

The framework proposed in this work for the analysis of physiological networks is designed to evaluate how two nodes are functionally connected and interact with the rest of the network. This approach makes the proposed measures of synergy/redundancy balance fundamentally different from the existing ones. In fact, while HOI measures based on partial information decomposition [15] concentrate on one network



Figure 8. Results of the dynamic analysis of cardiovascular networks. (a) Distribution across 39 subjects of the values of mutual information rate (MIR), conditional MIR (cMIR) and net information shared (nIS = MIR-cMIR) between the continuous processes representing the variability of heart period (*HP*), systolic pressure (*SP*), diastolic pressure (*DP*), cardiac output (*CO*) and peripheral resistance (PR) measured in the supine position (REST) and during postural stress (TILT); black and blue hash symbols denote statistically significant differences between REST and TILT, and between MI and cMIR (p<0.05, paired Wilcoxon test). (b) Number of subjects for which both MIR and cMIR were not statistically significant (*B* = -1), orly cMIR was significant (*B* = -1), or both MIR and cMIR were significant (*A* = 1) in the two conditions; the significance was assessed using random iAAFT surrogates. (c) Reconstructed network structure where the link thickness is associated to the number of subjects with significant MIR and cMIR and cMIR and the link color maps the average B-index rate.

node and relate its activity to that of two or more other nodes, and the recently proposed O-information measures [12], [17] concentrate on the whole network analyzed collectively, the nIS measure puts the focus on each specific link, thus allowing to represent high-order effects as networks. Moreover, the normalization leading to the B-index and the associated analysis for statistical significance allow to prune the indirect links determined by cascade/common drive or common target relations, thus making it possible to exploit HOIs for inferring the structure of the analyzed functional network. These methodological advantages are particularly relevant in the analysis of cardiovascular networks, which have been up to now analyzed without accounting for high-order interactions

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[1], [25], [26] or considering them exclusively at the level of the whole network [16], [17], [22], [33].

The validation of the framework on theoretical and numerical simulated networks suggested its ability to catch the balance between synergy and redundancy effects characterizing the interactions between two nodes and the rest of the network, as well as to reconstruct the network structure. While the characterization of static and dynamic networks was performed implementing respectively model-free and modelbased estimators, the two approaches can be applied to both types of networks. Nevertheless, the estimation performance degrades at decreasing the data size and increasing the network size, especially for the model-free estimator, due to known statistical effects and to the curse of dimensionality. Moreover, even in optimal conditions, structural dependencies involving both common drive and common target mechanisms cannot be handled by the B-index and result in false positive detections. This constitutes a limitation that could be solved theoretically by accounting for all possible subset of nodes while testing for conditional dependencies, but this becomes intractable in practice when increasing the network size. These aspects could be considered in extensions of the framework incorporating refined entropy estimators [34] and implementing criteria for dimensionality reduction [29]. Another limitation that should be addressed by future studies is the impossibility of the present formulation of our approach to dissect contributions related to specific oscillations. This aspect, which is particularly relevant in cardiovascular variability analysis, can be addressed making reference to state-of-art methods for the spectral analysis of pairwise and high-order interactions in physiological networks [17], [33].

The application to physiological networks showed how the proposed framework can elicit mechanisms of cardiovascular regulation investigated at rest and in response to postural stress. We purposely implemented both static and dynamic analyses to illustrate the flexibility of our framework: while in principle a dynamic analysis of random processes is more complete and allows a more fine-grained characterization of diverse interactions, the static analysis allows to track important physiological mechanisms also starting from coarse-grained parameters which can be obtained faster and more robustly. Thus, depending on the applicative context, the use of the proposed static and dynamic measures of synergy/redundancy balance and link strength can favor a deeper investigation of physiology as well as the discovery of new clinical markers. These measures can also be exploited to complement existing analyses for empowering the automatic classification of pathophysiological states.

### SOFTWARE ACCESSIBILITY

The Matlab Toolbox implementing the computation of the measures proposed in this work is freely available for download from the repository https://github.com/mijatovicg/BIND.

### CONFLICT OF INTEREST STATEMENT

The authors declare no conflict of interest.

### AUTHOR CONTRIBUTIONS

GM and LF contributed to conceptualization. LF contributed to supervision. GM, LS, YA, DM, SS and LF contributed to methodology. GM, LS and YA contributed to software and validation. MJ contributed to data curation. GM, LS and LF contributed to writing—original draft preparation. DM, SS, YA, and MJ contributed to writing—review and editing. GM and LS contributed to visualization. All authors have read and agreed to the published version of the manuscript.

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