

## Article

# Evaluating the Effects of Compost, Vermicompost, and Biochar on Physical Quality of Sandy-Loam Soils

Mirko Castellini <sup>1,\*</sup>, Cristina Bondi <sup>2</sup>, Rita Leogrande <sup>1</sup>, Luisa Giglio <sup>1</sup>, Carolina Vitti <sup>1</sup>,  
Marcello Mastrangelo <sup>1</sup> and Vincenzo Bagarello <sup>2</sup>

- <sup>1</sup> Council for Agricultural Research and Economics—Research Center for Agriculture and Environment (CREA-AA), Via C. Ulpiani 5, 70125 Bari, Italy; rita.leogrande@crea.gov.it (R.L.); luisa.giglio@crea.gov.it (L.G.); carolina.vitti@crea.gov.it (C.V.); marcello.mastrangelo@crea.gov.it (M.M.)
- <sup>2</sup> Department of Agricultural, Food and Forest Sciences, University of Palermo, Viale delle Scienze, 90128 Palermo, Italy; cristina.bondi@unipa.it (C.B.); vincenzo.bagarello@unipa.it (V.B.)
- \* Correspondence: mirko.castellini@crea.gov.it

**Abstract:** Improving the physical quality of coarse-textured soils by organic amendments requires choosing the amendment and the dose. The effects of different doses of compost, vermicompost, and biochar on soil bulk density (*BD*) and water retention parameters (macroporosity,  $P_{MAC}$ ; aeration capacity, *AC*; plant available water capacity, *PAWC*; relative field capacity, *RFC*) were tested for two sandy-loam soils. Without any treatment, these soils had too high *BD* and *AC* values and too low  $P_{MAC}$ , *PAWC*, and *RFC* values. No amendment satisfactorily improved the  $P_{MAC}$ . Only the biochar yielded statistically significant relationships between the *BD*, *AC*, *PAWC*, and *RFC*, and the amendment rate, *ar*. With this amendment, aeration and water storage improved because soil water content at field capacity increased with an *ar* more than those at saturation and the permanent wilting point. A dose of biochar (50 t/ha in a 5-cm-thick layer) made the soil physical quality good with reference to all considered parameters was identified. A single application of a rather high amount of biochar can be expected to improve the physical quality of coarse-textured soils for a long time. The general validity of the optimal ranges of values for the considered parameters and the time dependence of amendment effects in the field require further check.

**Keywords:** soil amendment; bulk density; macroporosity; air capacity; plant available water; relative field capacity; soil water retention



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## 1. Introduction

Coarse-textured soils, characterized by a high proportion of sand and low organic matter content, often show loose structure, inadequate water retention capacity, rapid drainage, high susceptibility to accelerated nutrient leaching, and erosion vulnerability, which can limit their productivity and ecological resilience [1].

Defined by the Soil Science Glossary [2] as “. . .any material such as lime, gypsum, sawdust, compost, animal manures, crop residue or synthetic soil conditioners that is worked into the soil or applied on the surface to enhance plant growth. . .”, soil amendments could enhance the physical, chemical, and biological properties of these soils, making them more suitable for productive use [3,4]. The reason is that adding amendments to coarse soils can be expected to induce improvements in the bulk density [5], water retention [6], water use efficiency [7], aggregate stability [8], porosity [9], and hydraulic conductivity [10] of the soil.

A recent trend envisions the transformation of organic waste into high-value soil organic amendments as a cornerstone of sustainable agricultural practices within the circular economy framework [11]. This shift aims to reduce environmental burdens associated with waste disposal while enhancing soil fertility, promoting carbon sequestration, and fostering microbial diversity, thereby contributing to long-term ecosystem resilience and agricultural productivity [1,12].

Organic soil amendments refer to a wide variety of materials, including animal manure, crop residue, plant leaves, grass clippings, food processing by-products, and sewage sludge, all of which may arise as the residue or by-products of agricultural and industrial processes [13]. Compost, vermicompost, and biochar are organic amendments that can be expected to improve the physico-chemical properties of coarse soils [8,14,15]. For example, Bondi et al. [16] showed that a compost amendment increased the plant available water capacity (PAWC) of a sandy-loam soil since organic matter incorporation primarily increased the micropore volume and decreased the macroporosity. Co-composted mixtures of maize, sewage sludge, and biochar significantly enhanced the water retention capacity of loamy sand soils, with the observed benefits being influenced by both the compost application rate and the specific type of feedstock used in the composting process [17]. The impact of compost and vermicompost amendments on the soil structure, water retention, and water use efficiency was investigated by Rivier et al. [10] on a sandy and a loamy soil. These authors found that these organic amendments enhanced the soil water-holding capacity, promoted macro-aggregate formation, and reduced bulk density, even when they were applied at low rates. Similar results were obtained by Aksakal et al. [18], since the application of vermicompost to a sandy soil reduced bulk density, increased porosity, enhanced soil water and air permeability, and improved soil aggregation. Ouyang et al. [19] evaluated the effects of biochar amendment on sandy-loam soils and they observed a significant promotion of macro-aggregate formation, an improvement in saturated soil hydraulic conductivity, an increase of saturated water content, and a decrease of residual water content. Biochar can also represent a sustainable approach to mitigate drought conditions and reduce the irrigation needs of desert sandy soils by improving soil porosity, water retention, aggregate stability, and plant-available water [20].

Despite the extensive literature on organic amendments, significant gaps remain in understanding how to optimize their use, warranting further investigation and more detailed studies. Exhaustive research on the effects of the applied rate of a given amendment and comparisons among different source materials are rare [21]. For example, to the best of our knowledge, no study has simultaneously considered and compared the effects of compost, vermicompost, and biochar on the physical quality of coarse-textured soils. Addressing this gap is advisable to establish how to maximize the effectiveness of any amendment in enhancing soil properties while minimizing the potential environmental impacts and resource inefficiency.

An assessment of the amendments' effects on water retention capacity and the soil's air-to-water ratio can be conducted by estimating several parameters derived from the soil water retention curve and evaluating the soil physical quality (SPQ) [3,4]. Capacitive-based parameters, such as macroporosity ( $P_{MAC}$ ), air capacity (AC), relative field capacity (RFC), and plant available water capacity (PAWC), can provide valuable information about the effects of a treatment on specific soil pore classes, i.e., macropores (drainable porosity) or meso-micropores (matrix porosity), which have direct effects on water flow and water redistribution process [4]. These parameters, together with the dry soil bulk density,  $BD$ , have particular relevance in agronomic contexts, since they describe the overall soil strength, aeration, and ability to store and provide water to plant roots [22].

From a practical point of view, it appears necessary to establish the following, with reference to a given parameter: (i) if the amendment can actually serve the purpose of improving the SPQ; (ii) what is the minimum dose that makes physically good an otherwise poor soil; and (iii) what is the amount of amendment that should not be exceeded to avoid the risk that a good SPQ deteriorates to unacceptable levels [23]. To give an answer to these questions, it is necessary to compare the relationship expressing the amendment rate effect on the considered parameter with the optimal values of that parameter. All questions can be answered if the optimal conditions are defined in terms of the range of values. This is the case, for example, of the *RFC* for which the optimal conditions are  $0.6 \leq RFC \leq 0.7$  [3]. Instead, only the first two questions can be answered if the optimal conditions are defined by a single value discriminating between a poor and a good SPQ. An example is the *AC*, for which the optimal conditions for sandy-loam to clay-loam soils are defined by  $AC \geq 0.14 \text{ cm}^3/\text{cm}^3$  [3]. Likely, the possibility of giving an answer to all three questions regardless of the parameter could further broaden the practical interest of the SPQ investigations.

The general purpose of this investigation was to compare the effects of three commercial organic amendments, that is compost, vermicompost, and biochar, on physical quality parameters of two coarse-textured soils with more than 70% sand. The specific objectives were as follows: (i) to review the available literature on the optimal values of the selected SPQ parameters (*BD*, *P<sub>MAC</sub>*, *AC*, *PAWC*, and *RFC*) in order to suggest an optimal range of values for each parameter; (ii) to determine which soil amendment yielded the best response on coarse soils based on the considered SPQ parameters; and (iii) to verify if a single amendment rate could produce a good SPQ with reference to all considered parameters.

## 2. Soil Physical Quality Parameters and Their Optimal Ranges

The physical quality of agricultural soils refers primarily to the soil's strength and fluid transmission, and the storage characteristics in the crop root zone. According to Topp et al. [24] and Reynolds et al. [25], an agricultural soil has a good physical quality if it is strong enough to maintain good structure, hold crops upright, and resist erosion and compaction, but also weak enough to allow for unrestricted root growth and the proliferation of soil flora and fauna. Moreover, in a physically good soil, fluid transmission and storage characteristics permit the correct proportions of water, dissolved nutrients, and air for both maximum crop performance and minimum environmental degradation.

The most frequently considered SPQ parameters in agricultural contexts include dry soil bulk density, macroporosity, air capacity, plant available water capacity, and relative field capacity (e.g., [3,25–27]). Dry soil bulk density, *BD* ( $\text{g}/\text{cm}^3$ ), is an indirect indicator of aeration, strength, and ability to store and transmit water. The other four parameters are obtained from the volumetric soil water content, the  $\theta_h$  ( $\text{L}^3/\text{L}^3$ ), values corresponding to pre-established pressure heads, *h* (L). In particular, macroporosity, *P<sub>MAC</sub>* ( $\text{cm}^3/\text{cm}^3$ ), is defined as follows:

$$P_{MAC} = \theta_s - \theta_{10} \quad (1)$$

in which  $\theta_s$  ( $\text{cm}^3/\text{cm}^3$ ) is the saturated soil water content and  $\theta_{10}$  ( $\text{cm}^3/\text{cm}^3$ ) is the soil water content at a pressure head of  $-10$  cm. This parameter is expressive of the soil's ability to quickly drain excess water and facilitate root proliferation. Air capacity, *AC* ( $\text{cm}^3/\text{cm}^3$ ), is defined as follows:

$$AC = \theta_s - \theta_{100} \quad (2)$$

in which  $\theta_{100}$  ( $\text{cm}^3/\text{cm}^3$ ) is the soil water content at a pressure head of  $-100$  cm, also defined as the field capacity water content. The ability to store root-zone air is expressed by *AC*. The plant available water capacity, *PAWC* ( $\text{cm}^3/\text{cm}^3$ ), is given by the following:

$$PAWC = \theta_{100} - \theta_{15,300} \quad (3)$$

where  $\theta_{15,300}$  ( $\text{cm}^3/\text{cm}^3$ ) is the soil water content at a pressure head of  $-15,300$  cm, also defined as the permanent wilting point water content. This parameter describes the soil's ability to store plant-available water. Finally, the relative field capacity,  $RFC$ , is defined as follows:

$$RFC = \frac{\theta_{100}}{\theta_s} \quad (4)$$

and it indicates the soil's primary limitation with respect to water and air storage.

With reference to some parameters, the physical quality of a given soil is considered acceptable if the parameter falls within a range of values, and is unacceptable otherwise. This is the case for the  $BD$  and  $RFC$ , for which the optimal ranges are  $0.9 \leq BD \leq 1.2 \text{ g/cm}^3$  and  $0.6 \leq RFC \leq 0.7$ , respectively [3]. Consequently, both too low (less than the lower limit of the optimal range) and too high (higher than the upper limit of this range) values of the  $BD$  and  $RFC$  denote an unsatisfactory SPQ. For other parameters, only a lower limit above which the SPQ is considered ideal or optimal has been suggested. In other terms, there is not any information for a possible upper limit above which the SPQ could be more or less poor. For example, according to Reynolds et al. [3], optimal conditions occur if the  $P_{MAC} \geq 0.07 \text{ cm}^3/\text{cm}^3$ , the  $AC \geq 0.14 \text{ cm}^3/\text{cm}^3$ , and the  $PAWC \geq 0.20 \text{ cm}^3/\text{cm}^3$ .

There are at least four reasons why defining an upper limit for the  $P_{MAC}$ ,  $AC$ , and  $PAWC$  is advisable and even necessary: (i) methodological consistency, i.e., a range of optimal values is associated with each individual parameter; (ii) it cannot be believed that very high  $P_{MAC}$ ,  $AC$ , and  $PAWC$  values unquestionably indicate good SPQ conditions. For example, an  $AC$  value higher than approximately  $0.3 \text{ cm}^3/\text{cm}^3$  should denote a good SPQ [3], but Reynolds et al. [25] concluded that a very high  $AC$  value indicates an excessive aeration and, hence, a poor SPQ; (iii) the existence of a physical upper limit can be expected considering that, in optimal conditions,  $\phi = AC + PAWC + \theta_{15,300}$ , has to assume a finite value (Reynolds et al., 2009) [3]. Consequently, none of the three addends can increase indefinitely; and iv) with reference to the SPQ assessment, the concept of an optimal range of values established by defining both a minimum and a maximum acceptable value was already introduced by Reynolds et al. [3] with reference to the location and shape parameters of the pore volume distribution.

The investigation by Reynolds et al. [3] also provided some suggestions about possible optimal ranges for the  $P_{MAC}$ ,  $AC$ , and  $PAWC$ , since these authors recognized that the soils with a good SPQ had  $0.07 \leq P_{MAC} \leq 0.10 \text{ cm}^3/\text{cm}^3$ ,  $0.15 \leq AC \leq 0.22 \text{ cm}^3/\text{cm}^3$ , and  $0.15 \leq PAWC \leq 0.22 \text{ cm}^3/\text{cm}^3$  (soils of the group 1 in Reynolds et al. [3]). Moreover, these data appeared usable in general since the same authors established comparisons between the properties of these soils and those of other soils differing by both texture and management. Therefore, it can be thought that the SPQ is good if the considered parameters fall within these suggested ranges and poor if the parameters are either too low or too high as compared with the optimal range of values.

Consequently, in this investigation, the conditions defining a good SPQ were assumed to be  $0.9 \leq BD \leq 1.2 \text{ g/cm}^3$ ,  $0.07 \leq P_{MAC} \leq 0.10 \text{ cm}^3/\text{cm}^3$ ,  $0.15 \leq AC \leq 0.22 \text{ cm}^3/\text{cm}^3$ ,  $0.15 \leq PAWC \leq 0.22 \text{ cm}^3/\text{cm}^3$ , and  $0.6 \leq RFC \leq 0.7$ . With reference to a given parameter, the SPQ was considered good if it fell within the range of optimal values. Otherwise, it was considered poor.

### 3. Materials and Methods

#### 3.1. Soils and Amendments

Two coarse textured soils were sampled in the Ionian–Metapontino coastal area, namely at Taranto Castellaneta (CAS) and Taranto Ginosa (GIN), in southern Italy. Soil use at the selected field sites was orchard. For each of the two sites, about 20 kg of soil were taken from the upper 20 cm of the soil profile and stored in the laboratory, where the soil was air-dried and sieved to a diameter of 2 mm. Soils were characterized by standard laboratory techniques to determine the particle size distribution and the main chemical properties, including organic matter content, pH, electrical conductivity, cation exchange capacity, and nitrogen content [4]. According to the USDA soil texture classification, both soils were sandy-loam, with clay, silt, and sand content equal to 6%, 21%, and 73%, respectively, at CAS, and 16%, 13%, and 71%, respectively, at GIN. According to the FAO-WRB soil classification, GIN was Chromic Cambisol (Loamic), while CAS was Terric Chromic Cambisol (Loamic). The soil organic matter content was equal to 0.60% at CAS and 1.55% at GIN. Other physical and chemical properties of these two soils have been reported by Castellini et al. [4].

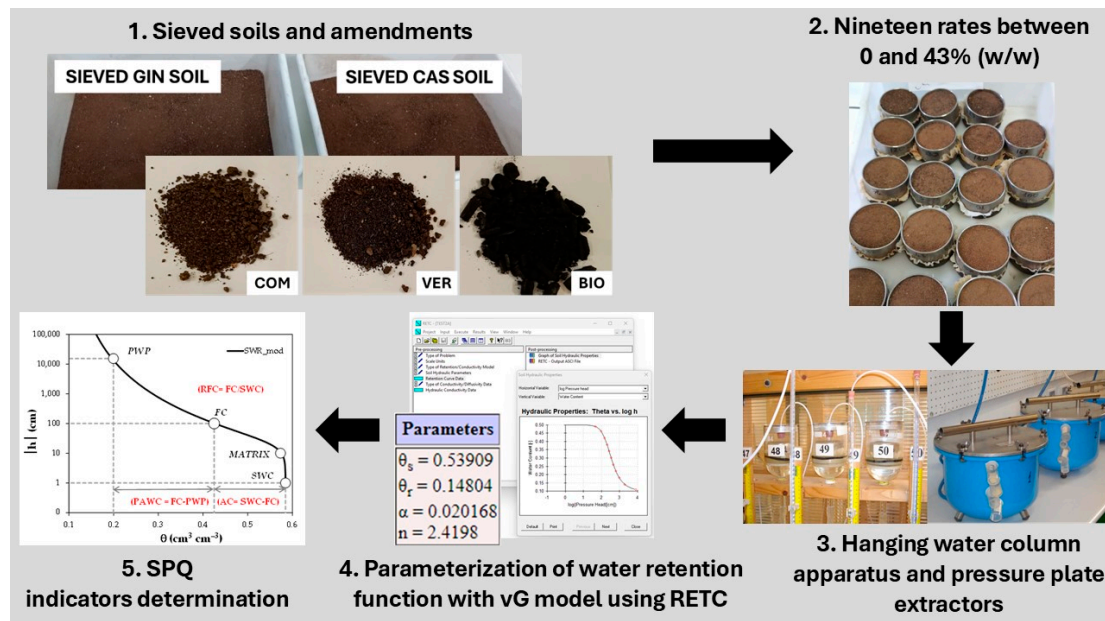
Three soil amendments were used in this investigation, i.e., compost (COM), vermicompost (VER), and biochar (BIO). The COM was a commercial organic amendment obtained by a controlled process of transformation and stabilization of renewable organic matrices such as manure and animal and vegetable residues. The VER was a by-product of the digestion of cow manure by earthworms (*Eisenia foetida*) manufactured by the Italian Lombrichi Breeding Consortium (CONITALO, Italy). Finally, the BIO was a derivative of a pyro-gasification process of wood obtained from forest cutting (pine, oak, holm oak, chestnut, fir), obtained during a thermal degradation process at a temperature of about 700–800 °C. The COM, VER, and BIO amendments had pH of 8.0, 7.5, and 9.6, respectively, electrical conductivity, *EC*, equal to 2.2, 3.1, and 0.5 dS/m, respectively, and total organic carbon content, *TOC*, of 200, 197, and 882 g/kg, respectively. Other information on the main chemical properties of the considered soil amendments have been reported by Castellini et al. [4] for the VER and by Leogrande et al. [28] for the COM and the BIO.

#### 3.2. Soil/Amendment Mixtures

The amendments were preliminarily air-dried and sieved by a 2 mm sieve to remove coarse fragments and large vegetal residue. Then, the soil and the amendments were mixed at 19 amendment/soil ratios (*r*) by weight: 0 (i.e., control soil without amendment), 0.5%, 1%, 2%, 4%, 5%, 6%, 6.5%, 7%, 8%, 9%, 10%, 12%, 13%, 15%, 17%, 22%, 33%, and 43%. Using a relatively large number of amendment rates for each soil and amendment was preferred to replicating the experiment several times for a low number of amendment rates, given that nearly homogeneous soil was used, and the objective of the investigation was to determine the relationship between a soil parameter and the amendment rate. In other words, a direct correspondence between the used amendment rate and the measured or determined soil parameter for that *ar* value was established. This approach was similar to that applied in other investigations on the SPQ parameters, such as those by Ghiberto et al. [29] for the *RFC*, He et al. [30] for the *S* index, and by Dexter [31] and Gubiani et al. [32] for *PAWC*.

Samples of each mixture were obtained by compacting a known dry mass of mixture (i.e., soil + amendment) into 7.2 cm diameter by 5 cm height (204 cm<sup>3</sup>) metal cylinders (Figure 1). Samples were prepared by the same procedure used in previous investigations [4,16], that is trying to keep the bulk density of the soil and that of the amendment theoretically constant between different samples. The cylinder was filled with the mixture in four successive steps, lightly pressing the sample surface with a pestle at each step.

Consequently, for a given soil/amendment mixture, an amendment rate,  $ar$  (t/ha), was calculated to account for the amendment amount to be incorporated into the top 5 cm of the unit soil area. Depending on the used soil amendment, the maximum  $ar$  value was 177–224 t/ha.



**Figure 1.** Flow chart of the steps for soil physical quality (SPQ) parameters determination: 1. preparation of sieved soils (Ginosa, GIN, and Castellaneta, CAS), and amendments, i.e., compost (COM), vermicompost (VER), and biochar (BIO); 2. soil/amendment mixture in cylindrical samplers; 3. soil water retention determination; 4. parameterization of soil water retention function; 5. determination of the SPQ parameters.

### 3.3. Soil Water Retention and Bulk Density Determination

The volumetric soil water content,  $\theta_h$ , close to saturation, i.e., in the range of soil pressure head ( $h$ ) values  $-100 \leq h \leq -5$  cm, was obtained by a hanging water column apparatus [33]. The soil samples were placed on the surface of the porous plate of a glass funnel and saturated from below by applying four successive equilibrium steps of about 24 h each at  $h$  values of  $-20$ ,  $-10$ , and  $-5$  cm, followed by submersion (i.e.,  $h = 0$ ) [34]. Starting from saturation, soil samples were drained by imposing a drainage sequence of eleven  $h$  values:  $-5$ ,  $-7.5$ ,  $-10$ ,  $-15$ ,  $-20$ ,  $-25$ ,  $-30$ ,  $-40$ ,  $-50$ ,  $-70$ , and  $-100$  cm. For each equilibrium  $h$  value, the volume of drained water was recorded, and these volumes were added backwards to the equilibrium volumetric water content,  $\theta_h$  ( $\text{cm}^3/\text{cm}^3$ ), determined at  $h = -100$  cm by weighting the sample after oven-drying at  $105$  °C for 24 h [34]. For each soil/amendment mixture, the water retention data at pressure heads in the range  $-15,300 \leq h \leq -330$  cm were determined in pressure plate extractors using samples of 5-cm-diameter by 1-cm-height [35]. The duration of the overall laboratory experiment, i.e., the sample wetting/saturation phase and the determination of water retention during the drainage transient, lasted 2 to 3 weeks.

Therefore, the soil water retention curve was parameterized for each soil/amendment mixture considering 15 pairs of volumetric soil water content vs. soil water pressure head values. The unimodal van Genuchten (vG) water retention function [36] was fitted to the data by the RETC software (version 6.02) [37]. To accurately estimate the water retention curve, model fitting was performed by optimizing all the parameters, namely the residual and saturated volumetric soil water content (i.e.,  $\theta_r$ ,  $\theta_s$ ) and the scale and shape parameters

( $\alpha$  and  $n$ ) of the vG model [4]. The modeled water retention curves were used for the calculation of the SPQ parameters (Figure 1).

The soil bulk density ( $BD$ ) was determined using the 204 cm<sup>3</sup> oven-dried soil samples by standard laboratory procedures [4,16].

### 3.4. Data Analysis

For each soil/amendment mixture, a linear regression analysis was performed between each considered soil variable and the amendment rate,  $ar$ . The linear regression line between an SPQ parameter and an  $ar$  was not forced to start from the same value for  $ar = 0$  regardless of the considered amendment in order to give the same weight to each experimental data point included in each linear regression analysis. In addition to the SPQ parameters, i.e.,  $BD$ ,  $P_{MAC}$ ,  $AC$ ,  $PAWC$ , and  $RFC$ , the volumetric soil water content at saturation,  $\theta_s$ , and that at pressure heads of  $-10$  ( $\theta_{10}$ ),  $-100$  ( $\theta_{100}$ ), and  $-15,300$  ( $\theta_{15,300}$ ) cm were also considered. The  $\theta$  vs. the  $ar$  relationship was determined to establish a link between an SPQ parameter ( $P_{MAC}$ ,  $AC$ ,  $PAWC$ ,  $RFC$ ) and the two  $\theta$  values considered to calculate that parameter. Therefore, 54 correlations (9 soil parameters  $\times$  2 soils  $\times$  3 soil amendments) were considered. The influence of the amendment addition was investigated by assessing the significance of the correlation coefficient,  $R$ , between the considered soil variable and the  $ar$ . A two-tailed  $t$  test at  $p = 0.05$  was applied for this purpose [38].

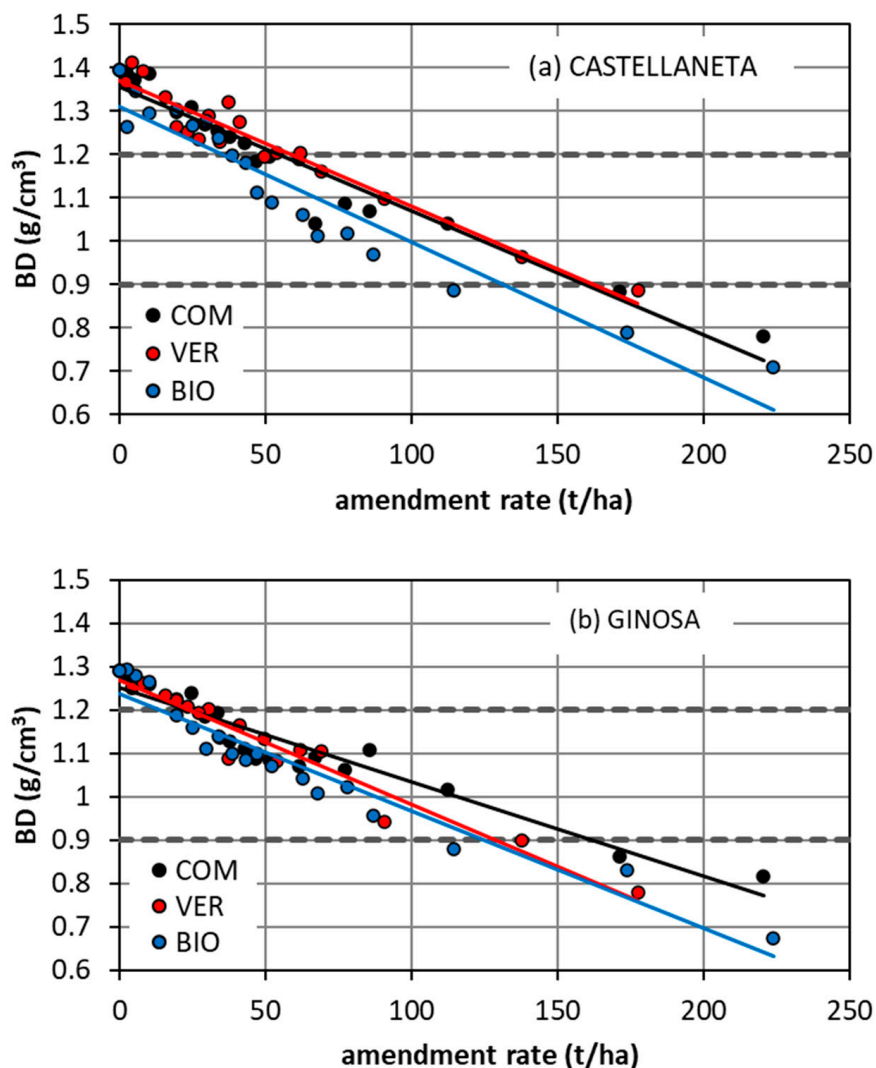
## 4. Results

### 4.1. Bulk Density

In the absence of any treatment, both soils had too high a bulk density ( $>1.2$  g/cm<sup>3</sup>), denoting a poor SPQ with reference to this parameter. In particular, the  $BD$  was equal to 1.39 g/cm<sup>3</sup> at CAS and 1.29 g/cm<sup>3</sup> at GIN, with a percentage difference between the two soils,  $\Delta = +8.0\%$ . Therefore, the amendment addition was effective if it determined a decrease of the  $BD$ .

For both soils and the three amendments (COM, VER, BIO), the  $BD$  decreased significantly as the  $ar$  increased, with coefficients of determination,  $R^2$ , of the fitted  $BD$  vs. the  $ar$  relationship varying between 0.91 and 0.95, depending on the soil and the amendment (Figure 2 and Table 1). In particular, relatively low amounts of the amendment were generally enough to make the SPQ good, since the  $BD$  decreased below the upper limit of the range of the optimal values. Instead, high  $ar$  values deteriorated the SPQ, since the  $BD$  became less than the lower limit of the optimal range. Therefore, both a minimum,  $ar_{min}$ , and a maximum,  $ar_{max}$ ,  $ar$  value were defined for each soil/amendment combination. In particular, the  $ar_{min}$  was the minimum amount of amendment necessary to obtain a good SPQ ( $BD = 1.2$  g/cm<sup>3</sup>) starting from the poor condition of a too compacted soil ( $BD > 1.2$  g/cm<sup>3</sup>). Instead, the  $ar_{max}$  was the amount of the amendment beyond which the condition was reversed, and the passage was from a good SPQ ( $0.9 \leq BD \leq 1.2$  g/cm<sup>3</sup>) to a poor SPQ ( $BD < 0.9$  g/cm<sup>3</sup>). The SPQ was good for  $ar_{min} \leq ar \leq ar_{max}$  and poor for both  $ar < ar_{min}$  and  $ar > ar_{max}$ .

At CAS, the  $ar_{min}$  was equal to 54–58 t/ha for the COM and the VER, and 36 t/ha for the BIO. At GIN,  $BD = 1.2$  g/cm<sup>3</sup> was obtained with 23–24 t/ha of COM and VER, and 14 t/ha of BIO. Therefore, for both soils, a relatively low amount of the BIO had the same effect of higher amounts of COM and VER. Depending on the amendment, the dose to be used at CAS was 2.3–2.6 times higher than that necessary at GIN. Likely, this result occurred because, in the absence of any treatment, the  $BD$  was higher at CAS than at GIN.



**Figure 2.** Dry soil bulk density, *BD*, against the amendment rate for the three tested amendments (COM = compost; VER = vermicompost; BIO = biochar) at (a) the Castellaneta and (b) the Ginosa field sites. For a given site, the continuous lines are the significant linear regression lines (black for COM; red for VER; blue for BIO). The dashed grey lines define the range of values inside which the soil physical quality is considered good.

**Table 1.** Intercept, slope, and coefficient of determination,  $R^2$ , of the linear regression line between the considered soil physical quality parameters and the amendment rate, *ar* (t/ha).

Parameter	Soil	Amendment	Intercept	Slope	$R^2$	Minimum <i>ar</i> Value (t/ha)	Maximum <i>ar</i> Value (t/ha)
<i>BD</i> (g/cm <sup>3</sup> )	CAS	COM	1.355	−0.0029	0.9373 s	53.6	157.0
		VER	1.369	−0.0029	0.9349 s	58.4	161.9
		BIO	1.310	−0.0031	0.9121 s	35.5	132.3
	GIN	COM	1.250	−0.0022	0.9222 s	22.9	159.3
		VER	1.269	−0.0029	0.9501 s	23.9	127.3
		BIO	1.236	−0.0027	0.9343 s	13.5	124.6

Table 1. Cont.

Parameter	Soil	Amendment	Intercept	Slope	R <sup>2</sup>	Minimum ar Value (t/ha)	Maximum ar Value (t/ha)
$P_{MAC}$ (cm <sup>3</sup> /cm <sup>3</sup> )	CAS	COM	0.0128	$8 \times 10^{-5}$	0.3144 s	-	-
		VER	0.0099	0.0002	0.4033 s	-	-
		BIO	0.0052	$9 \times 10^{-6}$	0.0379 ns	-	-
	GIN	COM	0.0105	$8 \times 10^{-5}$	0.4150 s	-	-
		VER	0.0066	0.0001	0.7784 s	-	-
		BIO	0.0095	$-4 \times 10^{-5}$	0.3946 s	-	-
AC (cm <sup>3</sup> /cm <sup>3</sup> )	CAS	COM	0.2424	$-8 \times 10^{-5}$	0.0241 ns	-	-
		VER	0.2907	-0.0006	0.2400 s	117.8	-
		BIO	0.2244	-0.0005	0.6211 s	8.8	148.8
	GIN	COM	0.2533	-0.0003	0.2764 s	111.0	-
		VER	0.2564	-0.0001	0.0417 ns	-	-
		BIO	0.2470	-0.0006	0.8049 s	45.0	161.7
PAWC (cm <sup>3</sup> /cm <sup>3</sup> )	CAS	COM	0.1371	0.0005	0.5531 s	25.8	165.8
		VER	0.0913	0.0008	0.6328 s	73.4	160.9
		BIO	0.1411	0.0011	0.7755 s	8.1	71.7
	GIN	COM	0.1562	0.0002	0.1771 ns	-	-
		VER	0.1326	$6 \times 10^{-5}$	0.0174 ns	-	-
		BIO	0.1529	0.0012	0.9390 s	0	55.9
RFC (-)	CAS	COM	0.4829	0.0008	0.4860 s	146.4	-
		VER	0.4161	0.0017	0.5790 s	108.2	167.0
		BIO	0.5195	0.0015	0.7874 s	53.7	120.3
	GIN	COM	0.5129	0.0010	0.5930 s	87.1	233.9
		VER	0.5240	0.0006	0.3287 s	126.7	-
		BIO	0.5170	0.0016	0.9062 s	51.9	114.4

BD = dry soil bulk density;  $P_{MAC}$  = macroporosity; AC = air capacity; PAWC = plant available water capacity; RFC = relative field capacity; CAS = Castellaneta field site; GIN = Ginosa field site; COM = compost; VER = vermicompost; BIO = biochar. s: correlation coefficient, R, significantly greater than zero according to a two-tailed *t* test at  $P = 0.05$ ; ns: R not significantly greater than 0.

The maximum amendment rate, not be exceeded to avoid an SPQ deterioration ( $BD < 0.9 \text{ g/cm}^3$ ), was equal to 132–162 t/ha at CAS and 125–159 t/ha at GIN, depending on the amendment. The maximum rate for CAS was equal to 1.0–1.3 times that of GIN, depending on the soil amendment. Therefore, the  $ar_{max}$  varied with both the amendment and the soil less than the  $ar_{min}$ .

#### 4.2. Soil Water Content

The volumetric soil water content at saturation ( $\theta_s$ ) and that at pressure heads,  $h$ , of  $-10$  ( $\theta_{10}$ ),  $-100$  ( $\theta_{100}$ ), and  $-15,300$  ( $\theta_{15,300}$ ) cm increased with the amendment rate,  $ar$ , according to statistically significant relationships for both soils and the three amendments (Table 2). The  $R^2$  values of the fitted relationships varied from 0.35 to 0.97, depending on the considered combination among the pressure head, the soil, and the amendment. These relationships were marginally stronger in the more unsaturated conditions, since the

median of  $R^2$  was equal to 0.79 for both the  $\theta_s$  and  $\theta_{10}$ , and to 0.83 for both the  $\theta_{100}$  and  $\theta_{15,300}$ , and at GIN than at CAS (medians of  $R^2 = 0.86$  and  $0.81$ , respectively). Stronger  $\theta$  vs.  $ar$  relationships were obtained with the BIO and the COM than with the VER, since the medians of  $R^2$  were equal to 0.85, 0.83, and 0.64, respectively.

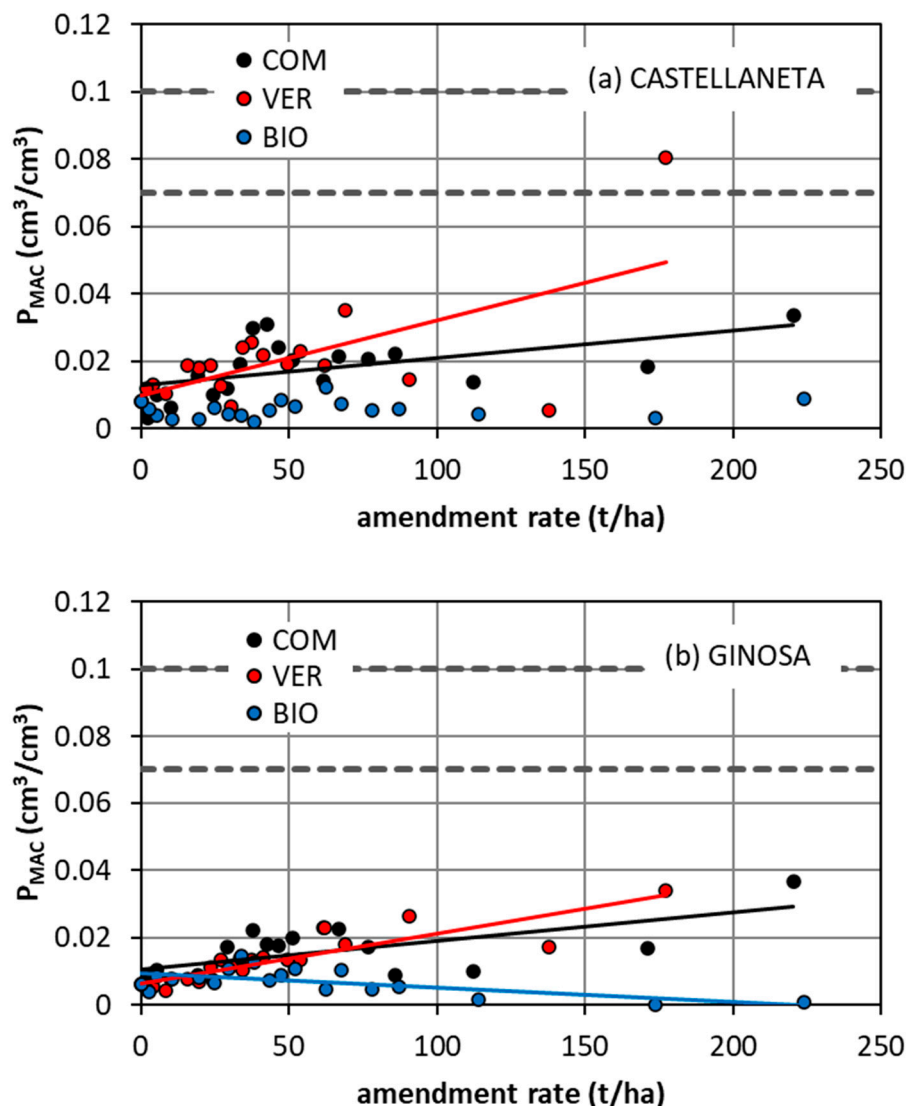
**Table 2.** Intercept, slope, and coefficient of determination,  $R^2$ , of the linear regression line between the volumetric soil water content at fixed pressure head values and the amendment rate,  $ar$  (t/ha).

Soil Water Content	Soil	Amendment	Intercept	Slope	$R^2$
$\theta_s$ ( $\text{cm}^3/\text{cm}^3$ )	CAS	COM	0.465	$7.53 \times 10^{-4}$	0.8240 s
		VER	0.492	$7.81 \times 10^{-4}$	0.6483 s
		BIO	0.458	$1.01 \times 10^{-3}$	0.7560 s
	GIN	COM	0.514	$6.42 \times 10^{-4}$	0.8961 s
		VER	0.537	$4.49 \times 10^{-4}$	0.5228 s
		BIO	0.497	$9.29 \times 10^{-4}$	0.9639 s
$\theta_{10}$ ( $\text{cm}^3/\text{cm}^3$ )	CAS	COM	0.453	$6.71 \times 10^{-4}$	0.8261 s
		VER	0.482	$5.59 \times 10^{-4}$	0.5960 s
		BIO	0.453	$1.00 \times 10^{-3}$	0.7581 s
	GIN	COM	0.504	$5.57 \times 10^{-4}$	0.8820 s
		VER	0.530	$3.00 \times 10^{-4}$	0.3543 s
		BIO	0.488	$9.72 \times 10^{-4}$	0.9721 s
$\theta_{100}$ ( $\text{cm}^3/\text{cm}^3$ )	CAS	COM	0.223	$8.29 \times 10^{-4}$	0.8028 s
		VER	0.201	$1.34 \times 10^{-3}$	0.8254 s
		BIO	0.234	$1.47 \times 10^{-3}$	0.8807 s
	GIN	COM	0.261	$9.45 \times 10^{-4}$	0.8304 s
		VER	0.281	$5.65 \times 10^{-4}$	0.6338 s
		BIO	0.250	$1.55 \times 10^{-3}$	0.9710 s
$\theta_{15,300}$ ( $\text{cm}^3/\text{cm}^3$ )	CAS	COM	0.086	$2.86 \times 10^{-4}$	0.4904 s
		VER	0.110	$5.43 \times 10^{-4}$	0.9476 s
		BIO	0.093	$3.22 \times 10^{-4}$	0.8097 s
	GIN	COM	0.105	$7.07 \times 10^{-4}$	0.9489 s
		VER	0.148	$5.00 \times 10^{-4}$	0.8444 s
		BIO	0.097	$3.74 \times 10^{-4}$	0.7800 s

#### 4.3. Macroporosity

Without amendments, the CAS soil had a higher  $P_{MAC}$  value than the GIN soil ( $P_{MAC} = 0.0081 \text{ cm}^3/\text{cm}^3$  in the former case and  $0.0063 \text{ cm}^3/\text{cm}^3$  in the latter;  $\Delta = +27.1\%$ ). In both cases, however, the  $P_{MAC}$  was much lower than the lowest limit of the optimal range of values ( $P_{MAC} = 0.07 \text{ cm}^3/\text{cm}^3$ ). In particular, the  $P_{MAC}$  values of the two non-amended soils were nearly an order of magnitude lower than the lowest admissible  $P_{MAC}$  value (by 8.6 and 11.1 times for CAS and GIN, respectively). These very low  $P_{MAC}$  values were expected, since the soil samples used in this investigation were repacked and, hence, structureless or with little structure [34]. Consequently, for this SPQ parameter, an effective amendment should induce a substantial increase of the  $P_{MAC}$ .

The  $P_{MAC}$  vs.  $ar$  relationship varied with both the soil and the amendment, since adding the amendment determined an increase of the  $P_{MAC}$  in some cases (COM and VER at CAS and GIN), a decrease in one case (BIO at GIN), or it was ineffective in another case (BIO at CAS) (Figure 3 and Table 1). The statistically significant relationship between the  $P_{MAC}$  and the  $ar$  was generally rather weak since, with the only exception of the VER at GIN ( $R^2 = 0.78$ ), the significant values of  $R^2$  varied between 0.31 and 0.42 (Table 1).



**Figure 3.** Macroporosity,  $P_{MAC}$ , against the amendment rate for the three tested amendments (COM = compost; VER = vermicompost; BIO = biochar) at (a) the Castellaneta and (b) the Ginosa field sites. For a given site, the continuous lines are the significant linear regression lines (black for COM; red for VER; blue for BIO). The dashed grey lines define the range of values inside which the soil physical quality is considered good.

At CAS, the ratio between the slopes of the  $\theta_s$  and  $\theta_{10}$  vs. the  $ar$  relationships was equal to 1.12 for the COM, 1.40 for the VER, and 1.01 for the BIO (Table 2). Therefore, with the COM and the VER, the  $\theta_s$  increased more than the  $\theta_{10}$  as the  $ar$  increased and consequently the  $P_{MAC}$  increased. Instead, with the BIO, the slopes of the  $\theta_s$  and  $\theta_{10}$  vs. the  $ar$  relationships were similar, hence the  $P_{MAC}$  did not vary significantly with the  $ar$ . At GIN, the ratio between the slopes of the  $\theta_s$  and  $\theta_{10}$  vs. the  $ar$  relationships was equal to 1.15 for the COM, 1.50 for the VER, and 0.96 for the BIO. Therefore, even in this case, using the COM and the VER determined an increase of the  $P_{MAC}$  with the  $ar$  since  $\theta_s$  increased more

than  $\theta_{10}$ . Instead, the  $P_{MAC}$  decreased with the BIO since the  $\theta_{10}$  increased more than the  $\theta_s$  as the  $ar$  increased.

Even for those cases in which the  $P_{MAC}$  increased with the  $ar$ , the macroporosity always remained well below the lower limit of the optimal range. Therefore, neither a minimum amendment rate, that is an amount of amendment making the  $P_{MAC}$  acceptable, nor obviously a maximum rate were identified for the  $P_{MAC}$  in the range of the considered  $ar$  values.

In summary, regardless of the soil, adding the BIO did not improve soil macroporosity, instead there was some sign that this amendment induced an additional decrease of an already low value. Using the COM and the VER favored development of some new pores with a diameter  $> 300 \mu\text{m}$  [3], but the increase in macroporosity overall was limited and therefore the  $P_{MAC}$  remained low even with high soil amendment rates.

#### 4.4. Air Capacity

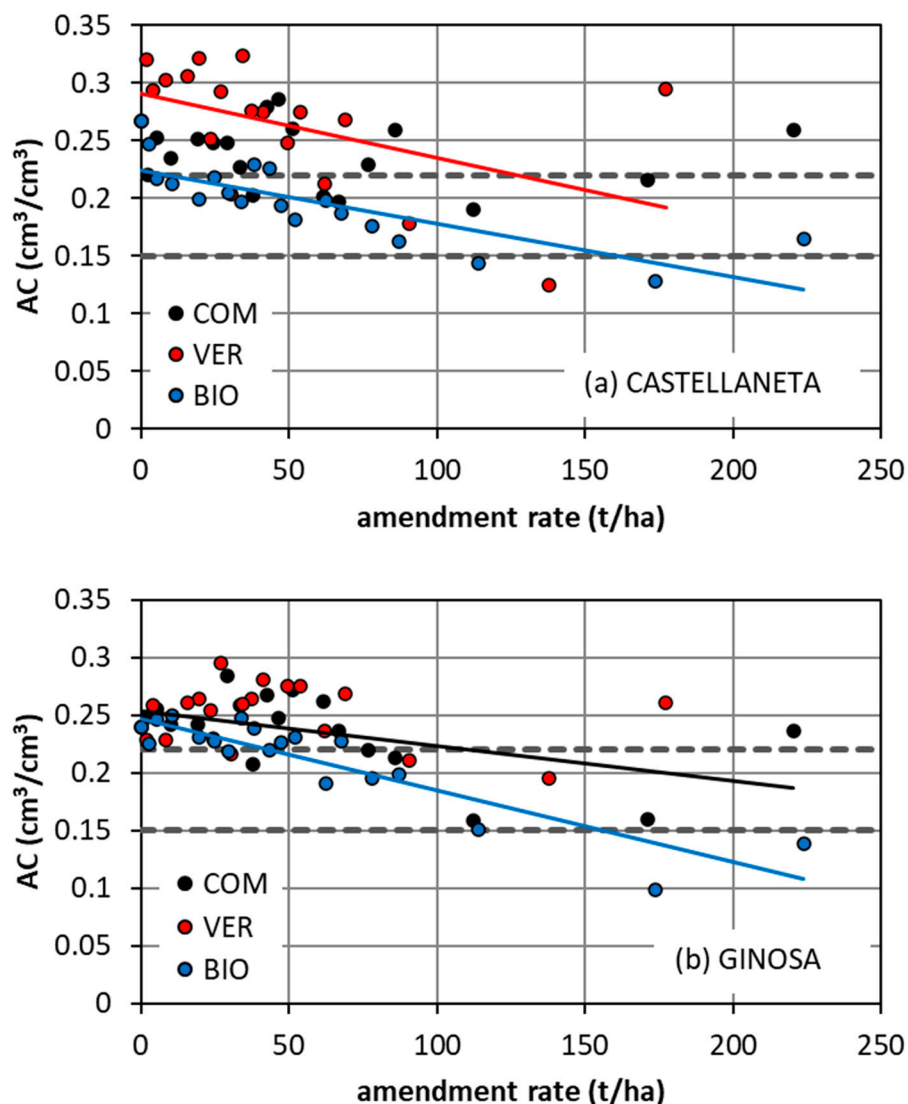
In the absence of an amendment, the CAS soil was more aerated than the GIN soil ( $AC = 0.267 \text{ cm}^3/\text{cm}^3$  and  $0.240 \text{ cm}^3/\text{cm}^3$ , respectively;  $\Delta = +11.5\%$ ). Aeration was excessive ( $AC > 0.22 \text{ cm}^3/\text{cm}^3$ ) in both soils, hence the SPQ was poor with reference to this soil parameter. The expectation was to detect a decrease of the  $AC$  in both soils as a consequence of the treatment.

Adding the COM at CAS and the VER at GIN did not influence the  $AC$  (Figure 4 and Table 1). In the other cases (VER and BIO at CAS, and COM and BIO at GIN), the  $AC$  decreased as the  $ar$  increased, in accordance with the objective of the treatment. The statistically significant relationships were rather weak for the COM and the VER ( $R^2 = 0.24\text{--}0.28$ ) and stronger for the BIO ( $R^2 = 0.62\text{--}0.80$ ).

At CAS, the ratio between the slopes of the  $\theta_{100}$  and  $\theta_s$  vs. the  $ar$  relationships was equal to 1.10 for the COM, 1.71 for the VER, and 1.46 for the BIO (Table 2). Therefore, the  $\theta_{100}$  increased more than the  $\theta_s$  with all amendments. However, with the COM, the two relationships were nearly parallel, since the slopes did not differ much. Therefore, the  $AC$  remained nearly constant as the  $ar$  changed. With the other two amendments, the slope of the  $\theta_{100}$  vs. the  $ar$  relationship was greater enough than that of the  $\theta_s$  vs. the  $ar$  relationship as to induce a decrease of the  $AC$ . At GIN, the ratio between the slopes of the  $\theta_{100}$  and  $\theta_s$  vs. the  $ar$  relationships was equal to 1.47 for the COM, 1.26 for the VER, and 1.67 for the BIO. Even in this case, a relatively large difference between the two slopes induced the detected decrease of the  $AC$  that instead did not change when these slopes were similar.

In the range of the  $ar$  values considered for the experiment, using the VER at CAS and the COM at GIN allowed us only to define an  $ar_{min}$  value, that is the amount of the amendment inducing a decrease of the  $AC$  from a too high value to  $AC = 0.22 \text{ cm}^3/\text{cm}^3$ . These  $ar_{min}$  values were equal to 118 t/ha for the VER at CAS and 111 t/ha for the COM at GIN. It was not possible to define an  $ar_{max}$  value beyond which the  $AC$  became too low ( $< 0.15 \text{ cm}^3/\text{cm}^3$ ). Instead, both the  $ar_{min}$  and the  $ar_{max}$  were defined for the BIO, and they were equal to 9 t/ha and 150 t/ha, respectively, at CAS, and to 45 t/ha and 162 t/ha, respectively, at GIN. The minimum amendment rate was five times lower at the CAS than at the GIN soil even if, in the absence of an amendment, the former soil was more aerated than the latter. The maximum amendment rate was similar for the two soils.

Therefore, the COM and the VER were generally ineffective or not very effective since the  $AC$  did not change by adding the amendment, or it decreased a little, and according to the rather scattered  $AC$  vs. the  $ar$  relationship (Figure 4). Consequently, only a minimum amendment rate was detectable. The BIO induced a clearer decrease of the  $AC$ , and both a minimum and a maximum amendment rate were identified for the two soils with this amendment.

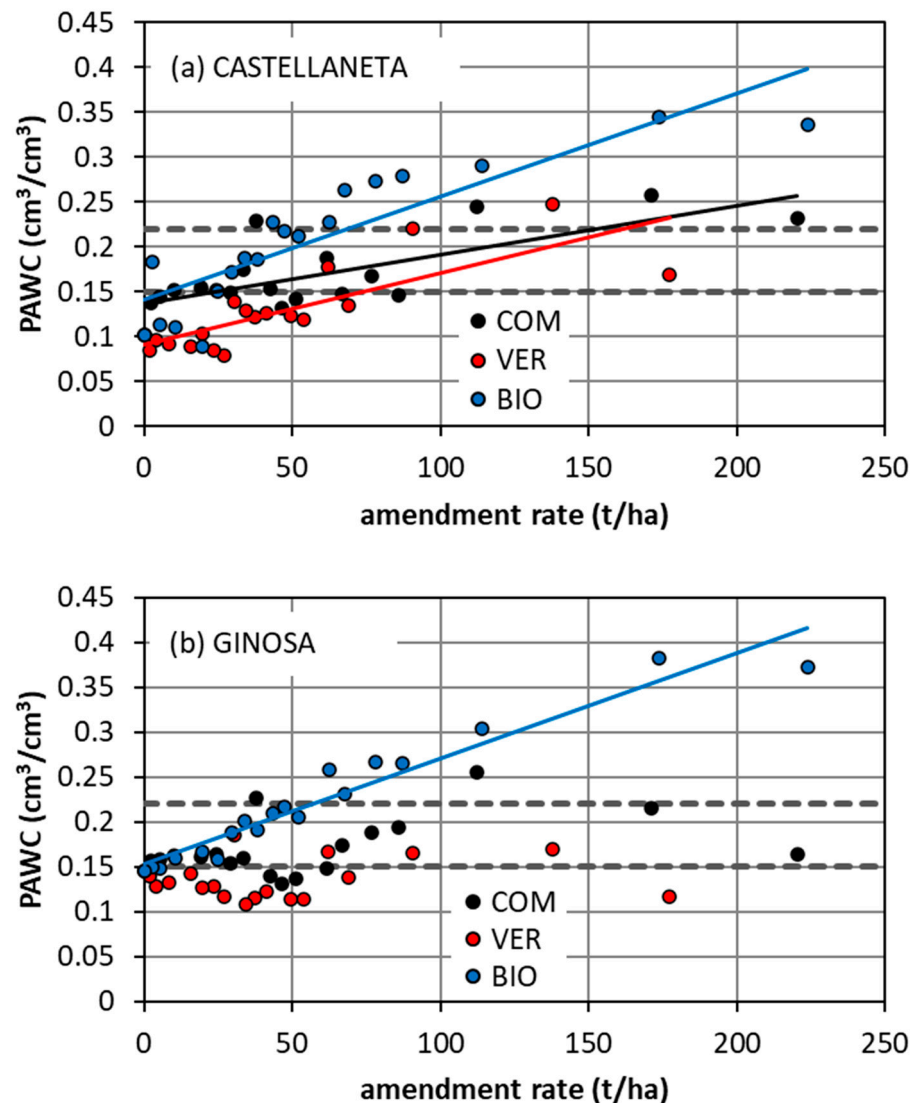


**Figure 4.** Air capacity, *AC*, against the amendment rate for the three tested amendments (COM = compost; VER = vermicompost; BIO = biochar) at (a) the Castellaneta and (b) the Ginosa field sites. For a given site, the continuous lines are the significant linear regression lines (black for COM; red for VER; blue for BIO). The dashed grey lines define the range of values inside which the soil physical quality is considered good.

#### 4.5. Plant Available Water Capacity

In untreated conditions, the *PAWC* was lower at CAS than at GIN ( $PAWC = 0.102 \text{ cm}^3/\text{cm}^3$  and  $0.144 \text{ cm}^3/\text{cm}^3$ , respectively;  $\Delta = -29.1\%$ ). These *PAWC* values were lower than the minimum optimal value ( $PAWC = 0.15 \text{ cm}^3/\text{cm}^3$ ). However, the difference between the actual value and the lowest optimal value of the *PAWC* was appreciable only at CAS. At GIN, these two values were similar, since they only differed by  $0.006 \text{ cm}^3/\text{cm}^3$ , indicating that this soil had a nearly optimal *PAWC* value in an untreated condition. Therefore, the need to amend the soil to induce an increase of the *PAWC* was detected at CAS but, strictly, not at GIN. However, amending the GIN soil was necessary with reference to other SPQ parameters. Therefore, the relationship between the *PAWC* and the *ar* was also tested for this soil to verify if, in this case, adding the amendment (i) did not have any adverse effect, since the SPQ remained good, or (ii) induced a deterioration of an initially acceptable SPQ.

Adding the amendment determined an increase of the *PAWC* with all amendments at CAS, and only with the BIO at GIN, since the COM and the VER were ineffective in this soil (Figure 5 and Table 1).



**Figure 5.** Plant available water capacity, *PAWC*, against the amendment rate for the three tested amendments (COM = compost; VER = vermicompost; BIO = biochar) at (a) the Castellaneta and (b) the Ginosa field sites. For a given site, the continuous lines are the significant linear regression lines (black for COM; red for VER; blue for BIO). The dashed grey lines define the range of values inside which the soil physical quality is considered good.

At CAS, the ratio between the slopes of the  $\theta_{100}$  and  $\theta_{15,300}$  vs. the *ar* relationships was equal to 2.90 for the COM, 2.46 for the VER, and 4.56 for the BIO (Table 2). Therefore, the *PAWC* increased because, with more amendment, the  $\theta_{100}$  increased more than the  $\theta_{15,300}$ . At GIN, the ratio between the slopes of the  $\theta_{100}$  and  $\theta_{15,300}$  vs. the *ar* relationships was equal to 1.34 for the COM, 1.13 for the VER, and 4.15 for the BIO. With both the COM and the VER, the slope of the  $\theta_{100}$  vs. the *ar* relationship was only a little greater than that of the  $\theta_{15,300}$  vs. the *ar* relationship. Therefore, the increase of the *PAWC* with the *ar* was low and not statistically significant. Adding the BIO determined a significant increase of the *PAWC*, since the  $\theta_{15,300}$  increased a little, whereas the increase of the  $\theta_{100}$  was appreciable.

At CAS, both a minimum (26 t/ha for the COM, 73 t/ha for the VER, and 8 t/ha for the BIO) and a maximum (166 t/ha for the COM, 161 t/ha for the VER, and 72 t/ha for the BIO) amendment rate were defined for all amendments (Table 1). The same improvement of the SPQ (from poor to good) was obtained with a relatively small amount of BIO as compared with the necessary amount of COM and VER. Even the maximum rate of BIO was appreciably lower than that required with the other two amendments. Therefore, the

BIO was more effective than both the COM and the VER, since lower amendment rates were enough in the former case to determine the same effect on the *PAWC*. The risk of inducing a soil deterioration (from a good to a poor SPQ) associated with the use of too high *ar* values was greater with the BIO than with the COM and the VER.

At GIN, the COM and the VER were ineffective, whereas the BIO induced an increase of the *PAWC*. The intercept of the regression line was equal to  $0.153 > 0.150 \text{ cm}^3/\text{cm}^3$ , leading to the conclusion that, in this case, the  $ar_{min}$  was equal to 0 (not necessary treatment). An  $ar_{max}$  value was definable, and it was equal to 56 t/ha.

Therefore, amending the soil was irrelevant or it induced an increase of the *PAWC*, depending on both the soil and the type of amendment. In a soil with too low a *PAWC* value (CAS), all amendments were effective in determining an increase of the *PAWC*. Using the BIO appeared preferable compared with the other two amendments for at least two reasons: (i) the relationship between the *PAWC* and the *ar* was stronger (higher value of  $R^2$ ) and (ii) passing from a poor to a good SPQ required less BIO than COM and, particularly, VER. In a soil that, in the absence of any treatment, had a *PAWC* value close to the lower limit of the optimal range, adding the COM and the VER did not induce any appreciable change in the *PAWC*. Instead, the BIO induced an increase in the *PAWC*. In this case, therefore, there was the risk that an excessive amendment rate could promote an SPQ deterioration, i.e., from good to poor.

#### 4.6. Relative Field Capacity

For control soil without amendments, the *RFC* was lower at CAS than at GIN ( $RFC = 0.43$  and  $0.53$ , respectively;  $\Delta = -19.1\%$ ). In both cases, the relative field capacity was lower than the minimum optimal value ( $RFC = 0.6$ ), and both soils were water-limited. Therefore, an effective treatment was expected to induce an increase of the *RFC*.

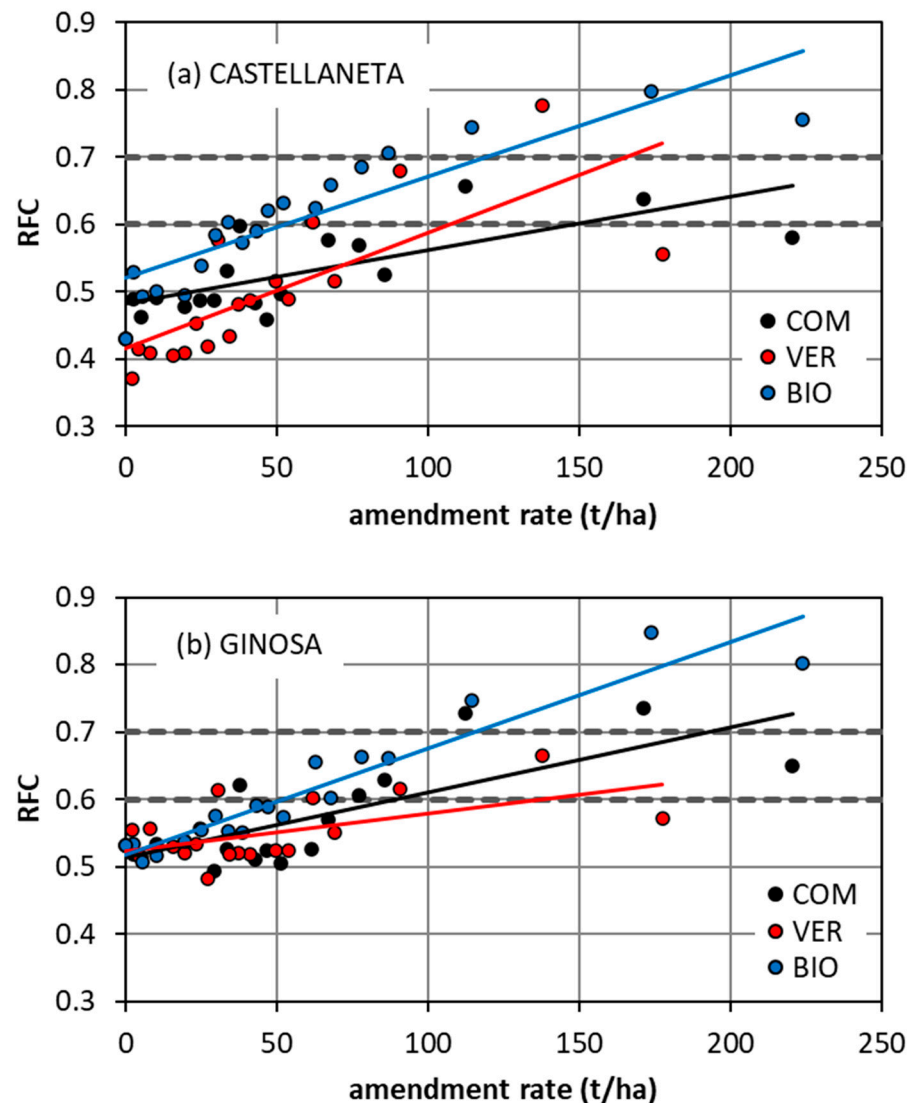
Adding the amendment determined an increase of the *RFC* in all considered cases (Figure 6) but the *RFC* vs. the *ar* relationship was stronger with the BIO ( $R^2 = 0.79\text{--}0.91$ ) than with the COM and the VER ( $R^2 = 0.33\text{--}0.59$ ) (Table 1).

Therefore, the slopes of the  $\theta_{100}$  and  $\theta_s$  vs. the *ar* relationships (Table 2) that were similar enough as not to affect the *AC* vs. the *ar* relationship were not so similar to also impede detection of the increasing *RFC* vs. the *ar* relationship that was observed for both soils with all the amendments.

A minimum amendment rate was defined for both soils and the three amendments. At CAS, the  $ar_{min}$  was equal to 146 t/ha of COM, 108 t/ha of VER, and 54 t/ha of BIO. At GIN, the  $ar_{min}$  was equal to 87 t/ha of COM, 127 t/ha of VER, and 52 t/ha of BIO. Therefore, reaching the lower limit of the optimal *RFC* range required a relatively small amount of BIO and higher amounts of COM and VER. More COM (by 1.7 times), less VER (by 1.2 times), and a similar amount of BIO (values differing by 1.03 times) were necessary at CAS as compared with GIN.

A maximum amendment rate was definable for the BIO in both soils, the VER at CAS, and the COM at GIN. In particular, the maximum rate of the BIO was equal to 120 t/ha at CAS and 114 t/ha at GIN. The maximum rate of the VER at CAS was 167 t/ha, and that of the COM at GIN was equal to 234 t/ha (Table 1).

Therefore, both the minimum and the maximum rate of BIO were comparable between the two soils, even if the *RFC* values in the absence of treatment were different. Lower amendment rates were required with the BIO than with the other two amendments. Only the BIO allowed us to define both a minimum and a maximum rate for both soils.



**Figure 6.** Relative field capacity,  $RFC$ , against the amendment rate for the three tested amendments (COM = compost; VER = vermicompost; BIO = biochar) at (a) the Castellaneta and (b) the Ginosa field sites. For a given site, the continuous lines are the significant linear regression lines (black for COM; red for VER; blue for BIO). The dashed grey lines define the range of values inside which the soil physical quality is considered good.

## 5. Discussion

This investigation was carried out on repacked samples of two relatively coarse-textured soils that, in the absence of any treatment, exhibited a very low macroporosity, a rather low or a nearly acceptable plant available water capacity, an insufficient ability to store water relative to the soil's total pore volume, and an excessive aeration. Therefore, the SPQ was poor for both soils, and it was worse at CAS than at GIN, since the  $BD$  and the  $AC$  were higher and the  $PAWC$  and the  $RFC$  were lower in the former case than the latter one. Indeed, the  $P_{MAC}$  was higher at CAS than at GIN, but the  $P_{MAC}$  values were very low in both cases.

The experiment demonstrated that adding any of the tested amendments in these soils determined an increase of the relevant soil water content,  $\theta_h$ , values for the SPQ assessment [3], since  $\theta_s$ ,  $\theta_{10}$ ,  $\theta_{100}$ , and  $\theta_{15,300}$  increased with the applied amendment rate. Of course, detecting increasing relationships with the  $ar$  for the considered soil water content values is not enough to draw any conclusion about the effects of the treatment on the

SPQ. An improvement of the SPQ requires that the slopes of the  $\theta_h$  vs. the  $ar$  relationships combine with each other in such a way as to effectively determine an improvement of the soil air and water storage parameters. According to this investigation, in soils similar to the tested ones, the objective of the treatment should be inducing a decrease of the  $AC$  and an increase of both the  $PAWC$  and the  $RFC$ . This result can be obtained if the  $\theta_{100}$  increases with the  $ar$  more than both the  $\theta_s$  and the  $\theta_{15,300}$ . To also obtain an increase of the  $P_{MAC}$ , the  $\theta_s$  should increase more than the  $\theta_{10}$ .

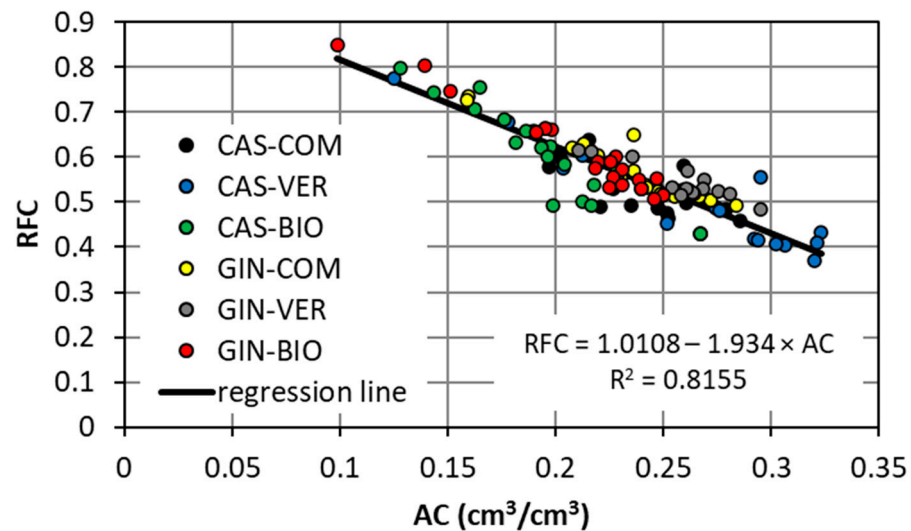
Determining the relationships between the applied amendment dose and both the  $\theta_h$  and the SPQ parameters [16,34] appears therefore advisable in SPQ investigations, since this approach allows us to predict the variation of any SPQ parameter by varying the intensity of the treatment.

Considering linear relationships in a range of amendment rates appears practically useful, since the intercept of the fitted relationship represents the value of the considered parameter in the absence of any treatment, whereas the slope is expressive of the rate at which the parameter varies with the addition of the amendment. This approach is frequently used in the literature. For example, Ferreras et al. [39] used linear regression analysis procedures to establish the impact of VER addition on water stable aggregates. The same approach was applied by Zhou et al. [40] in an evaluation of different soil quality indices, and by Githinji [41] and Hardie et al. [42] in investigations focused on soil amendment with BIO. A limit of this choice, that should perhaps be taken into account in future research, is that the actual shape of the relationship between an SPQ parameter and an  $ar$  could contain an information, such as a stabilization of a parameter above a threshold  $ar$  value, that is not predicted by the linear approach.

Both the  $AC$  and  $RFC$  are calculated as a function of the  $\theta_s$  and  $\theta_{100}$  and, hence, the starting information is the same for these two indicators. Cullotta et al. [43] and Castellini et al. [44] recognized a strong correlation between the  $AC$  and  $RFC$ , and a similar result was obtained in this investigation by considering all the  $RFC$  vs.  $AC$  data points (Figure 7). This circumstance might suggest that one of the two indicators is superfluous for evaluating the SPQ. However, this investigation also showed that the agreement between the two indicators can be partial. In particular, an increasing relationship between the  $RFC$  and the  $ar$  was detected for the two soils and the three soil amendments, whereas some of the  $AC$  vs. the  $ar$  relationships were not statistically significant (Table 1). This circumstance suggested that it is indeed advisable to consider both parameters even if the information for their calculation is the same. According to the results obtained in this investigation, the most frequent result should be that amending the soil reduces soil aeration and increases the soil's ability to retain water relative to the soil's total pore volume. However, it can also happen that this ability increases without significantly modifying the aeration of the porous medium.

A practically important objective of an investigation considering different amendments and amendment rates is to identify the best amendment to be used in practice and the dose to be employed. For the coarse-textured soils considered in this investigation, the treatment should induce a decrease of the  $BD$  and  $AC$  and an increase of the  $P_{MAC}$ ,  $PAWC$ , and  $RFC$ . The variations of each of these parameters depend on the current value of the parameter and the range of values that denote a good physical quality with reference to that parameter.

None of the tested amendments allowed us to achieve a good SPQ with reference to the  $P_{MAC}$ , even if, in general, the COM and the VER increased soil macroporosity better than the BIO. The limited improvement of this SPQ parameter can be considered an expected result, since the investigation was carried out on repacked soil samples and, hence, on a structureless porous medium.



**Figure 7.** Relationship between the relative field capacity,  $RFC$ , and the air capacity,  $AC$ , for the three tested amendments (COM = compost; VER = vermicompost; BIO = biochar) at Castellaneta (CAS) and Ginosa (GIN) and fitted regression line to the whole dataset.

It seems therefore plausible to believe that, in such conditions, the treatment should be particularly effective with reference to the other four considered parameters, that is the  $BD$ ,  $AC$ ,  $PAWC$ , and  $RFC$ . With reference to these parameters, it was often possible to define a minimum amendment rate necessary to improve the soil so that its physical quality became good starting from a poor condition. However, it was also recognized that an excess of an amendment could determine the deterioration of a good SPQ. Therefore, a maximum amendment rate has to be associated with a minimum rate. For  $ar_{min} \leq ar \leq ar_{max}$ , the SPQ is good. A poor SPQ is associated with both  $ar < ar_{min}$  and  $ar > ar_{max}$ .

The BIO was more effective than the other two amendments in determining a decrease of the aeration and an increase of the plant available water capacity. Therefore, this investigation provided further support to previous findings about the effectiveness of this amendment in coarse-textured soils. For instance, Uzoma et al. [45] evaluated the effects of cow manure biochar on maize productivity and physico-chemical properties of a highly sandy soil (95% sand and 3.7% clay) and they found that biochar addition induced an increase of the net water use efficiency. Šurda et al. [46] reported increases in the  $PAWC$  when a sandy soil (91% sand and 1.5% clay) was amended with three different types of biochar. For a sandy soil, Baiamonte et al. [20] recognized that biochar significantly increased soil porosity and the amount of storage pores. Consequently, water retention was overall enhanced and, compared to the unamended control, plant available water increased. Finally, in a direct comparison between biochar and compost for a fine textured soil, the former proved to be more effective than compost for increasing water content at field capacity and permanent wilting point, and plant available water, mainly due to the large internal surface area and the highly porous structure [47].

According to this investigation, there were several reasons why the BIO appeared preferable to improve the SPQ as compared to both the COM and the VER: (i) there were always significant relationships between the  $BD$ ,  $AC$ ,  $PAWC$ , and  $RFC$  and the amendment rate. The same was not true with the other two amendments; (ii) there were higher  $R^2$  values with the former amendment (BIO) than the latter ones (COM and VER); (iii) it was possible to define both a minimum and a maximum amendment rate for the four considered parameters. This possibility was not detected with the COM and the VER; (iv) the objective of the treatment, that is passage from a poor to a good SPQ, was reached with lower amendment rates.

A practical problem that emerges is related to the fact that the dose to be applied in practice is one, but the parameters to be improved are four. In light of this investigation, it is possible to define an optimal dose of soil amendment, which is the highest value of the minimum amendment rates determined for the different parameters. The validity of this definition presupposes that this value is not higher than the lowest value of the maximum dose. From the minimum and maximum  $ar$  values reported in Table 1, an optimal dose of BIO can be defined for both soils. At CAS, this dose was equal to 54 t/ha and, at GIN, it was 52 t/ha. Therefore, the optimal dose was nearly identical with reference to the two considered sandy-loam soils. About 50 t/ha of BIO were enough to improve the physical quality of the tested soils to acceptable levels with reference to the most agronomically important air and water storage parameters. Adding more BIO, up to nearly 110–160 t/ha, can be expected not to induce a deterioration of the SPQ with reference to the  $BD$ ,  $AC$ , and  $RFC$ . However, such high doses are appreciably higher than the  $ar_{max}$  with reference to the  $PAWC$ , equal to 56–72 t/ha, depending on the soil (Table 1). Therefore, according to this investigation, applying a quantity of BIO appreciably greater than the optimal dose can be expected, at first, to determine a decrease in the available water for the crop.

The results obtained in this investigation could suggest that BIO doses of 50 t/ha, corresponding to an amendment/soil ratio,  $ar$ , of nearly 9–10%, could generally be used for soils like those tested in this investigation. Evidently, this suggestion should be considered with caution and subjected to specific experimental checks. One reason is that the dosage could appear too high in practice. However, other authors have also concluded that a high dosage of BIO can be expected to improve the water retention of coarse-textured soil with limited water storage capacity [48]. Moreover, an advantage of using the BIO is that a single application of the amendment could be effective for a long time, since the BIO has a very slow decomposition rate [49].

This investigation has contributed to making a step forward with reference to one of the research needs listed by Blanco-Canqui [23], since it has allowed us to obtain an experimental information on both the minimum and the maximum doses of biochar to be used in coarse-textured soils. One of the possible limitations of the applied approach is that, for the considered SPQ parameters, the values that define the optimal conditions were taken from the literature. Although this is a very common practice, it is necessary to acquire further certainties on the validity of these optimal values in a wider range of situations, different from those considered by Reynolds et al. [3].

BIO addition effects on the SPQ parameters can generally be expected to vary with the tested soil. For example, the  $PAWC$  increased with the BIO addition in this investigation (Table 1), but the BIO may increase, decrease, or have no effect on the  $PAWC$  in other soils, such as clay-like soil [23]. The increase of the  $PAWC$  in the tested soils was a consequence of the fact that the  $\theta_{100}$  increased with an  $ar$  more than the  $\theta_{15,300}$  (Table 2), but in medium-textured soils the  $PAWC$  could increase with more BIO since the  $\theta_{15,300}$  decreases rather than because the  $\theta_{100}$  increases [50]. In such a complex context, some authors have warned that reaching general conclusions is a very complex undertaking because experiments performed by different research groups unavoidably differ by many factors, including, for example, the BIO characteristics, soil treatment procedures, and applied experimental methods [50,51]. The experimental methods applied in this investigation made use of simple methodologies and standard equipment, likely present in many, if not all, soil physics laboratories. Therefore, it should be possible for other research groups to compare the results obtained for the CAS and GIN soils with those for other coarse-textured soils and to extend the comparison to soils differing by texture without there being the risk that comparisons are made difficult and, hence, uncertain due to relevant methodological heterogeneities.

## 6. Conclusions

An optimal dose of an amendment can be defined for a given soil physical quality (SPQ) parameter by determining the relationship between the considered parameter and the amendment rate, and then, by comparing this relationship with the range of optimal values that the parameter should take.

This investigation was focused on two coarse-textured soils having, in the absence of any treatment, a too high dry soil bulk density and aeration and a too low macroporosity, plant available water capacity, and relative field capacity. Each tested amendment (compost, COM; vermicompost, VER; biochar, BIO) can be expected to determine an improvement in the soil's ability to retain water with higher doses, but an acceptable improvement of the SPQ required that, with higher amendment rates, soil water content at field capacity increased more than that at both saturation and permanent wilting point.

In a condition similar to the considered one, none of the tested organic amendments should be expected to satisfactorily improve macroporosity even if this parameter appears more reactive to COM and VER addition than to the treatment with BIO. With reference to the other parameters, the BIO can be suggested to be superior as compared with both the COM and the VER. In particular, incorporating in a 5 cm layer of soil 50 t/ha of BIO (amendment/soil ratio equal to 9–10%) could be appropriate to induce a good physical quality for both soils. Depending on both the soil and the considered SPQ parameter, using the other amendments could be of little or no use at all, in the sense that the parameter varies only a little or it does not change as a consequence of the amendment addition. In other words, time and money could be spent trying to achieve a goal that is not achieved.

Evidently, other investigations should be carried out on other soils texturally similar to those considered in this experiment to verify if the suggestions given here have, or do not have, a broader validity. In any case, the results of this investigation have to be considered valid soon after the treatment with the amendment, but they do not take into account possible incubation effects. Therefore, they should be considered strictly valid for a recently tilled soil. Moreover, the optimal ranges of the considered SPQ parameters were taken from the literature, but their general validity should be further investigated. Also, the actual shape of the SPQ parameter versus the amendment rate relationship requires development. Both the experimental and the analytical methodology applied in this research can be considered rather easily reproducible. It is therefore hoped that future research will lead to some comparison with the results by other research groups.

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