

1 Nile Red lifetime reveals microplastics identity

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8 **KEYWORDS:** microplastics, water pollution identification, Nile Red, fluorescence
9 lifetime imaging, phasor analysis

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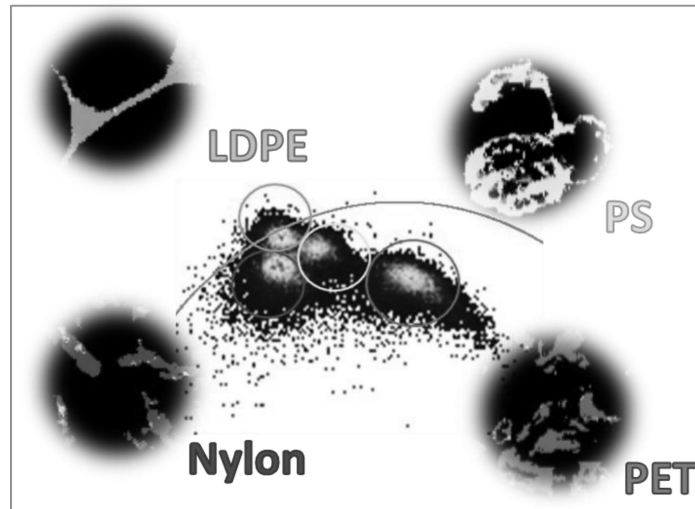
11 **ABSTRACT:** Microplastics pollution has been recognized as a worldwide environmental
12 problem. The increasing daily use and the release of plastics in the environment have led
13 to the accumulation of fragmented microplastics, with potentially awful consequences to
14 the environment, animal and human health. Detection and identification of microplastics
15 are of utmost importance but still limited.

16 In this work, a new approach is presented for the analysis of microplastics, based on
17 hydrophobic fluorescent staining of Nile Red, using spectrally resolved confocal
18 fluorescence microscopy and Fluorescence Lifetime Imaging Microscopy (FLIM).
19 Significant differences were observed in the emission spectrum and in the fluorescence
20 lifetime among analyzed microplastics. Nile Red fluorescence shows a sensible behavior
21 according to polymer matrix and provides a fingerprint for the identification of fragments
22 from different types of plastics. Lifetime imaging coupled with a phasor analysis

23 constitutes a fast, robust and straightforward method to map and identify different
24 microplastics within the same sample in aquatic environment.

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26 TOC:



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29 MAIN TEXT

30 **Introduction.**

31 Microplastics (MPs) are plastic fragments and fibers whose size ranges from millimeter
32 to nanometer scale, which contaminate the environment being ubiquitous across water,
33 ice, air and land [1–6]. MPs are mainly composed by synthetic polymers whose
34 production and common discharges are continuously increasing [7]. For this reason, MPs
35 are nowadays considered a persistent and problematic form of pollution. Large efforts are
36 being focused in their environmental assessment and in the characterization of their main
37 sources and pathways, this being aimed at identifying measures to reduce their impact on
38 the ecosystems.

39 Due to the variety of processes that lead to the formation of these small plastic fragments
40 from different materials, a large variety of size and shape progressively evolving can be
41 found [8]. Fragments, fibres, film, foam and pellets were the most frequently reported
42 shapes.

43 MPs are of increasing ecological concern and are attracting a large interest worldwide
44 from scientific community which is attempting to increase the knowledge about these
45 heterogeneous mixtures of polymers which are becoming a real danger to the ecosystem
46 and as a consequence for human health. MPs are internalized by living organisms ranging
47 from microbial communities, zoo-plankton, crabs to larger fishes [9,10] and they have
48 been found to exert profound biological effects leading to adverse effects on their survival
49 and health [11]. In addition to direct primary effects, it is important to consider that MPs
50 have high specific surface areas and they can easily interact with toxic compounds as
51 heavy metal ions or persistent organic pollutant thereby becoming dangerous
52 contaminants [12,13]. Humans are chronically exposed to micro plastics as they can be
53 ingested and inhaled this possibly representing a serious hazard whose outcome still have
54 to be clearly defined [14–16]. The inherent toxicity of MPs may vary with their size
55 [17,18] and composition and exposed functional groups which may lead to different toxic
56 effects and act in combination with the chemical compound they absorb [19]. For example
57 size dependent and synergistic effects with Au were reported for polystyrene in zebrafish
58 [18], moreover, different MPs were found to increase or reduce Nickel toxicity in the
59 water flea *D. magna* [20]. This last together with others results [21,22] suggest a relevant
60 role of physicochemical characteristics of micro particles.

61 In the last years an increasing number of studies has evidenced the need of detailed
62 characterization of the microplastics samples after collection from water [23–26]. In order

63 to get a comprehensive knowledge of the impact that MPs may have in our future,
64 quantitative methods are needed to characterize different particles in different matrices
65 able to univocally distinguish different species in the samples reporting their shape,
66 polymer type and particles size in different environments. Straightforward, low time-
67 consuming methods minimally invasive are largely desired which may allow to map and
68 quantitatively characterize this heterogeneous system.

69 Traditionally MPs are characterized visually by naked eye or by means of optical
70 microscopy describing morphological properties [9,27,28] this may hinder results due to
71 the lack of reliable identification. In this context, the application of spectroscopies (Mass
72 spectroscopy, infrared and Raman spectroscopy) or tailored thermos-analytical methods
73 for the identification and quantification of MPs had led to a substantial increase of
74 specificity allowing gaining important information on sample chemical composition
75 [23,29–32]. A further advantage is found in the combination of spectroscopy and
76 microscopy techniques [33]. FTIR/Raman microscopies had large impact on this research
77 as they are nondestructive methods allowing the identification of polymer types,
78 pollutants and modifications due to environmental conditions, particles number,
79 morphology and size [29,30]. FTIR/Raman microscopy provides a useful fingerprints of
80 the different plastics via the analysis of vibrational absorption but, even if considering
81 established libraries and automated spectral matching, it is error prone, especially for
82 small particles ($<20\ \mu\text{m}$) where microscope resolution includes spectral signals from the
83 surroundings limiting the identification of particles of smaller size.

84 The exquisite sensitivity of fluorescence, in this context, could be largely applied for the
85 identification and characterization of MPs. Although this technique does not provide
86 direct structural and chemical information, it acquires a noteworthy relevance if external

87 fluorescent dyes are used. In particular for those dyes whose spectral properties critically
88 change depending on the interaction with the host environment. Fluorescence microscopy
89 can be applied to obtain size and shape information for microparticles down to the
90 nanometric scale (using super-resolution techniques) simultaneously giving information
91 on their composition, presence of pollutants and their interaction with the environment
92 [34,35]. A large variety of fluorescent molecules, indeed, exist whose signal reports for
93 specific interactions, for the polarity or the rigidity of molecular environment, the
94 presence of metal ions, pH or temperature, ionic strength, dielectric constant, presence
95 and concentration of peculiar groups, analytes effects and the presence a specific target
96 can be detected even in traces [36]. Few systematic studies have been reported on the
97 possibility of apply this method mainly focused on the hydrophobic dye Nile Red (9-
98 diethylamino-5H-benzo[a]phenoxazine-5-one) [37–42], which efficiently stains surface
99 of microplastics, facilitating their detection. This dye is widely used in biophysical studies
100 focusing in proteins, lipids and live cell analysis [43,44]. Depending on the environment,
101 Nile Red exhibits different absorption and fluorescence spectra, quantum yields, and
102 fluorescence lifetimes. Specifically, in organic solvent or in apolar environment it gives
103 a strong fluorescence which changes according to the environment, presenting an
104 emission blue shifts in nonpolar environments [45].

105 Nile-red may be used to distinguish MPs according to their hydrophobicity as its spectrum
106 undergoes large shifts according to it, specific spectral changes can be also used to assess
107 various plastics modification following different environmental aggressions (UV
108 exposure, oxidation, thermally induced modifications and so on). Nile Red was also used
109 for model studies in polymers, probing differences in micropolarity in PMMA and PVA
110 films, interestingly fluorescence lifetime of this molecule was proposed as a tool to
111 estimate plastic's Young modules [46]. A group of studies demonstrated that Nile Red

112 staining can be used for fast automated methods to identify MPs (hundreds micron range)
113 using wide field fluorescence microscopy in water and in sediments [41,47]. These
114 methods were found to have large efficiency offering an important screening step before
115 other more detailed analysis. Due to advantages of this method also co-staining was tested
116 broadening characterization possibilities and highlighting the possibility to increase the
117 accuracy [48]. The large amount of studies on spectroscopic properties of Nile Red in
118 different environments ranging from multiple organic solvents, proteins, lipids, live cells
119 to TiO₂ matrices [49] provide a strong background to build solid description of
120 heterogeneous systems like MPs. The coupling of microscopy and spectral analysis in
121 addition may provide information on the nature of the interaction between the dye, whose
122 fluorescence mechanisms are well assessed, and its microenvironment lighting on the
123 nature of the MPs.

124 In this work, we present the analysis of Nile Red stained MPs using confocal fluorescence
125 microscopy and Fluorescence Lifetime Imaging Microscopy (FLIM). We analyzed the
126 emission spectra acquired at the microscope of low-density polyethylene (LDPE),
127 polystyrene (PS), polyethylene terephthalate (PET), and polyamide (Nylon) separating
128 spectral range where large variations occur giving information on different
129 microplastics/dye coupling. In addition, FLIM allows mapping Nile Red fluorescence
130 lifetime producing images, which encode information about the spatial distribution the
131 stained sample together with information about the nano-environment of the dye.

132 Nile Red fluorescence lifetime measurement offers an additional parameter, not affected
133 by scattering or dye concentration, that has been proven to report information on the
134 dielectric constant, rigidity, hydrogen bond donating power of the medium [44,46,50].

135 Importantly, FLIM data are analyzed by means of the Phasor approach [51,52], a fit free,
136 graphical methods which allow mapping at pixel resolution fluorescence lifetime
137 distribution in the image. We highlight that different microplastics are characterized by
138 clearly distinguishable lifetime distributions, which allow separating fluorescent species
139 beyond the spectral options, the results clearly show that different microplastics almost
140 indistinguishable by optical microscopy can be readily separated in a single image. We
141 present proof-of-principle concept of our method using MPs produced from four model
142 plastic types coming from commercial objects of common use, this providing a new
143 platform for the analysis of MPs and their fate in the environment.

144

145

146 **Material and methods.**

147 *Sample preparation.*

148 Consumer plastics were identified through their recycling symbols. The plastics used
149 were low-density polyethylene (LDPE) recycling code 04, polystyrene (PS) recycling
150 code 06, polyethylene terephthalate (PET) recycling code 01, and polyamide (Nylon)
151 recycling code 07 [53]. Microplastics fragments were prepared cutting/scraping
152 fragments from blocks of commercial virgin plastic. Specifically, 1) LDPE heterogeneous
153 fragments were obtained by cutting a LDPE plastic sheet 2) PS, PET, Nylon fragments
154 were obtained scraping plastic blocks using a hand file tool (USAG990 B PA/200).
155 Samples staining was carried out by adding Nile Red stock solution in deionized water to
156 give a final concentration of 0.5 μM in a suspension of 25 mg/ml of microplastics.
157 Samples were incubated for 2h at 60 °C with vigorous agitation. Sample containing

158 different MPs was obtained by mixing 250 μ L solution of each stained sample, no
159 significant differences in MPs fluorescence intensity and lifetime are observed for several
160 hours, or staining the sample after mixing MPs.

161 *Confocal optical microscopy and spectral analysis.*

162 Fluorescence and bright-field optical images were acquired by a Leica TCS SP5 confocal
163 laser scanning microscope, using a 20 \times air objective (Leica Microsystems, Germany).
164 Leica “white light laser” (repetition frequency 80 MHz) laser was used in order to excite
165 Nile Red ($\lambda_{\text{ex}}=500$ nm). Fluorescence emission signal was acquired in the range 520-720
166 nm. Spectral images were acquired in the range 520-720 nm using 10 nm detection range
167 as emission bandwidth. Fluorescence image analysis we performed using Fiji software
168 (<https://imagej.net/Fiji>). Within the experimental error autofluorescence signal is not
169 observed for MPs sample without staining.

170 *Fluorescence lifetime imaging.*

171 Fluorescence lifetime imaging measurements were acquired in the time domain by a
172 Leica TCS SP5 confocal laser scanning microscope, using a 20 \times air objective (Leica
173 Microsystems, Germany) equipped with a picoHarp 300 standalone TCSPC module
174 (Picoquant). 256 \times 256 pixels images were acquired at a scanning frequency of 400 Hz.
175 Leica “white light” laser was used in order to excite NR ($\lambda_{\text{ex}}=500$ nm). Fluorescence
176 emission were spectrally detected in three different channels: $\lambda_{\text{em}}=520-570$ nm, $\lambda_{\text{em}}=570-$
177 620 nm $\lambda_{\text{em}}=620-670$ nm).

178 *FLIM analysis.*

179 FLIM data were analyzed by means of the phasor approach using SimFCS software
180 developed at the Laboratory of Fluorescence Dynamics, University of California at Irvine

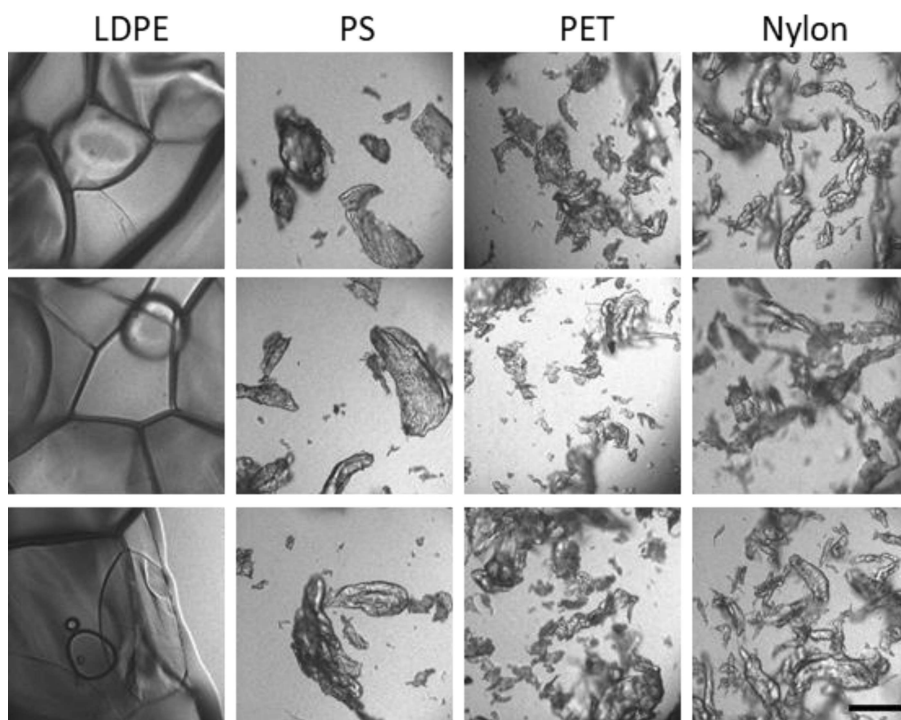
181 (www.lfd.uci.edu). The laser repetition frequency used for calculation of phasors is
182 provided to analysis software by the calibration measurement performed by measuring
183 the known lifetime of the fluorescein in aqueous solution at basic pH that is a single
184 exponential of 4.0 ns.

185 Phasor analysis is a Fourier domain technique, which allows the transformation of the
186 fluorescence signal from each pixel in the image to a point in the phasor plot. The
187 coordinates g and s (cosine and sine transforms, respectively) of each point in the phasor
188 plot are calculated from the fluorescence-intensity decay in the corresponding pixel in the
189 FLIM image. Each lifetime is mapped in a phasor plot and all possible single exponential
190 lifetimes lie on the “universal circle,” defined as the semicircle going from point (0, 0) to
191 point (1, 0), with radius 1/2. Point (1, 0) corresponds to $\tau = 0$, and point (0, 0) to $\tau = \infty$.

192

193 **Results and discussion.**

194 Micro plastics were obtained from commercial products and mechanically fragmented to
195 a microscale size. In Figure 1 representative 1024x1024-pixels optical microscopy
196 measurements are reported for low-density polyethylene (LDPE), polystyrene (PS),
197 polyethylene terephthalate (PET), and polyamide (Nylon) dispersed in water, scale bar is
198 200 μm .



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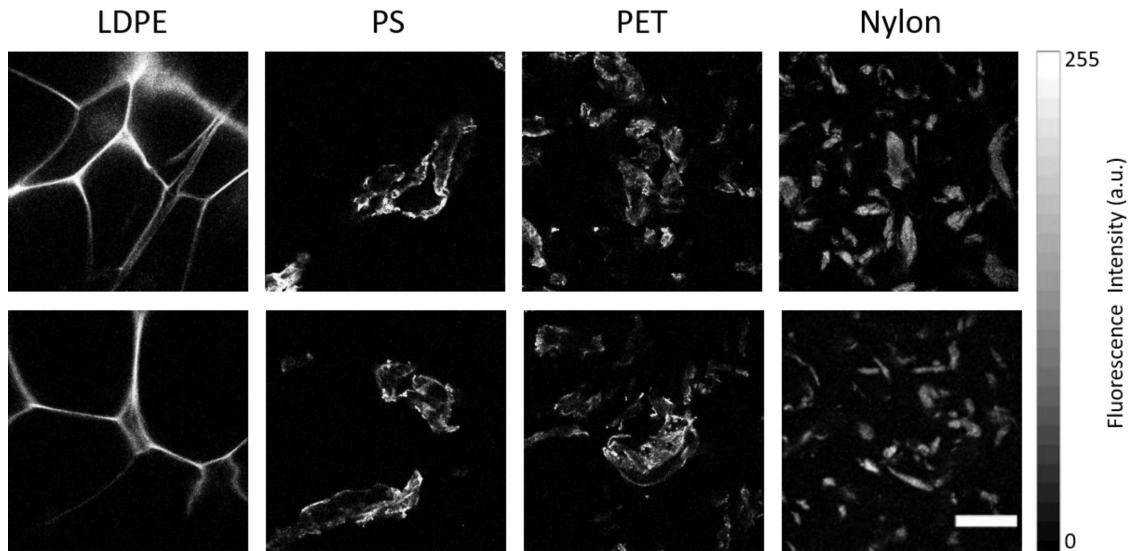
200 **Figure 1.** *Representative optical images of microplastics dispersed in water. From left to*
 201 *right: low-density polyethylene (LDPE), polystyrene (PS), polyethylene terephthalate*
 202 *(PET), and polyamide (Nylon). Scale bar is 200 μ m.*

203

204 As can be seen PS, PET and Nylon are characterized by small heterogeneous flakes and
 205 chips whose size varies from tens to few hundreds microns, they cannot be distinguished
 206 by visual inspection. At difference, LDPE reveals a net like structure.

207 In Figure 2, we report 1024x1024-pixels representative fluorescence confocal microscopy
 208 measurements on the same sample stained with Nile Red as described in the Material and
 209 methods section. Images are acquired in the same experimental conditions and in
 210 particular using same laser intensity and emission bandwidth. In line with other results in
 211 literature LDPE, PS, PET and Nylon are stained at their surface and can be visualized
 212 with higher contrast [38,41]. In these samples, heterogeneous distribution of fluorescence

213 signal seems to indicate not uniform staining, and no significant difference in
214 fluorescence intensity is measured, and again only LDPE can be clearly distinguishable
215 from its morphology.

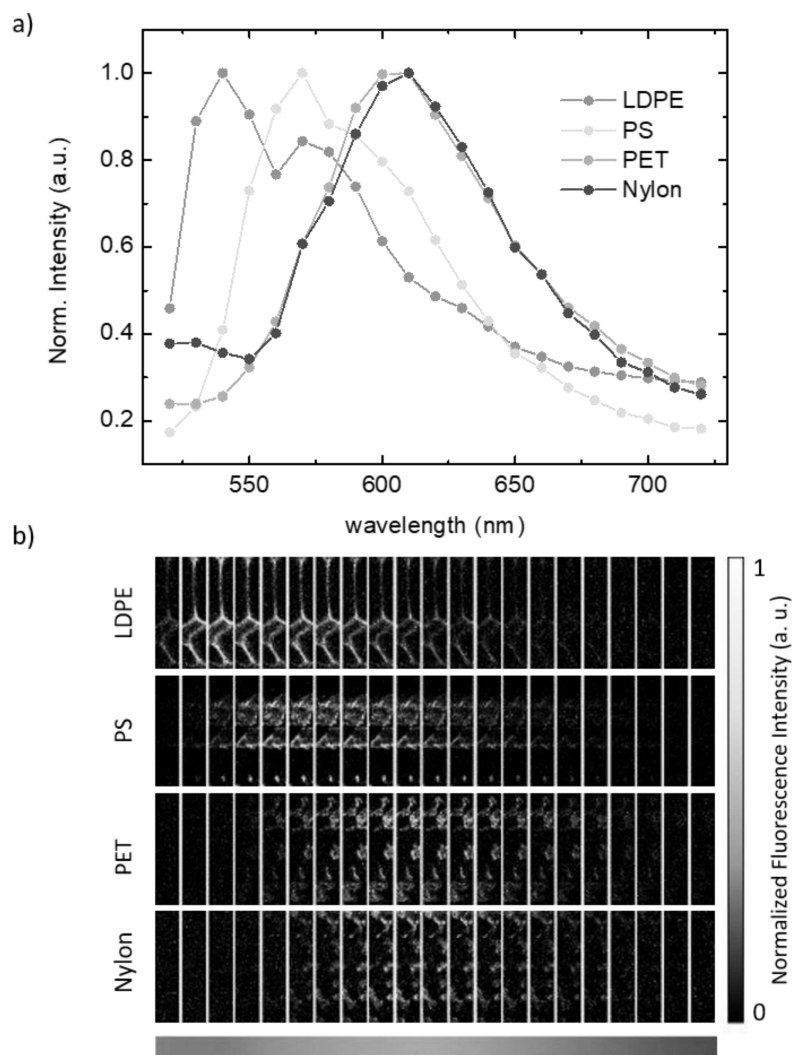


216

217 **Figure 2.** Representative confocal fluorescence microscopy images of microplastics
218 dispersed in water stained with Nile Red. From left to right: low-density polyethylene
219 (LDPE), polystyrene (PS), polyethylene terephthalate (PET), and polyamide (Nylon).
220 Fluorescence emission signal is acquired in the range 520-720 nm using $\lambda_{ex}=500$ nm.
221 Scale bar is 200 μ m.

222

223 On the same samples, by exciting Nile Red fluorescence under laser light at $\lambda_{exc}=500$ nm,
224 fluorescence spectra were acquired in the range 520-720 nm using 10 nm detection range
225 as emission bandwidth. Normalized fluorescence spectra and confocal microscopy
226 images at corresponding wavelength intervals are reported in Figure 3.



227

228 **Figure 3.** Nile Red fluorescence spectral analysis of microplastics. Normalized
 229 fluorescence spectra (a) and normalized microscopy images at corresponding
 230 wavelength intervals (b). Fluorescence spectra ($\lambda_{exc}=500\text{ nm}$) were acquired in the range
 231 520-720 nm using 10 nm detection range as emission bandwidth.

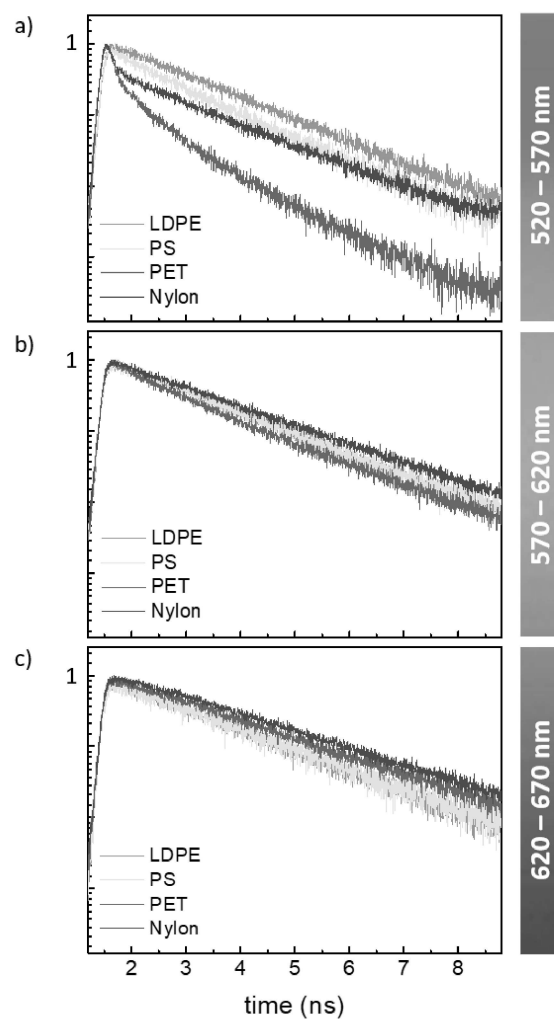
232

233 In both Figure 3a and 3b it is possible to recognize that Nile Red fluorescence emission
 234 spectra are progressively red shifted going from LDPE, PS to PET and Nylon. In
 235 particular, LDPE presents an intensity maximum at about 545 nm, in PS the emission

236 peak is shifted to 560 nm while PET and Nylon it almost overlaps being above 600 nm.
237 Only a tiny difference exists between these two last samples consisting in a small shoulder
238 at about 540 nm in Nylon which is not observed in PET. Nile Red adsorbs to the surface
239 of microplastics and give them a slightly different color depending on their composition.
240 Polar polymers like Nylon and PET present a red shifted spectrum with respect to more
241 hydrophobic structure like PS and LDPE. Interestingly, the solvatochromic properties of
242 Nile Red were previously used to measure the local dielectric constant in polymeric films
243 revealing a red shift at increasing dielectric constant (ϵ) [50]. In our specific case the same
244 effect is observed in line with the literature, indeed reported dielectric constant values for
245 these plastics are about 2.2 for LDPE, between 2.4 and 2.9 for PS, between 3 and 4 for
246 PET and about 4 for Nylon [54]. These measurements reveal the ease of differentiating
247 samples by means of fluorescence microscopy at least grouping them according to
248 specific properties which depend on the molecular structure and that may regulate
249 interactions with the environment.

250 The origin of the solvatochromic behavior of Nile Red relies on its molecular interaction
251 with the host environment [55]. A Twisted Intramolecular Charge Transfer (TICT) state
252 has been proposed to account for the polarity-sensitive fluorescence of Nile red [55]. As
253 reported in the introduction, molecular coupling with the environment of fluorescent dyes
254 in general is reflected with high sensitivity by time resolved fluorescence measurements.
255 Excited state dynamics provide a further parameter that can be used to detect
256 environmental properties. Specifically, here we use the time resolved fluorescence
257 analysis of Nile Red to detect the specific interaction of Nile Red with different
258 microplastics.

259 In Figure 4 fluorescence lifetime decays measured in Nile-Red stained LDPE, PS, PET
260 and Nylon samples dispersed in water in 3 different spectral regions are reported a) 520-
261 570 nm b) 570-620 nm c) 620-670 nm. The selected ranges covers the entire Nile Red
262 fluorescence spectrum (see Figure 3a). In particular, the higher a) and lower c) energy
263 ranges correspond to the initially excited state and to the lower energy state attributed to
264 solvent relaxation. In literature, for Nile Red solvent relaxation is attributed to several
265 sources as internal charge transfer, hydrogen bonding, solvent polarity depending on
266 probe environment [36,56].



267

268 **Figure 4.** *Spectral lifetime analysis of Nile Red stained samples: Fluorescence decays for*
269 *LDPE, PS, PET and Nylon fragments dispersed in water, measured in three different*
270 *spectral regions a) 520-570 nm b) 570-620 nm c) 620-670 nm.*

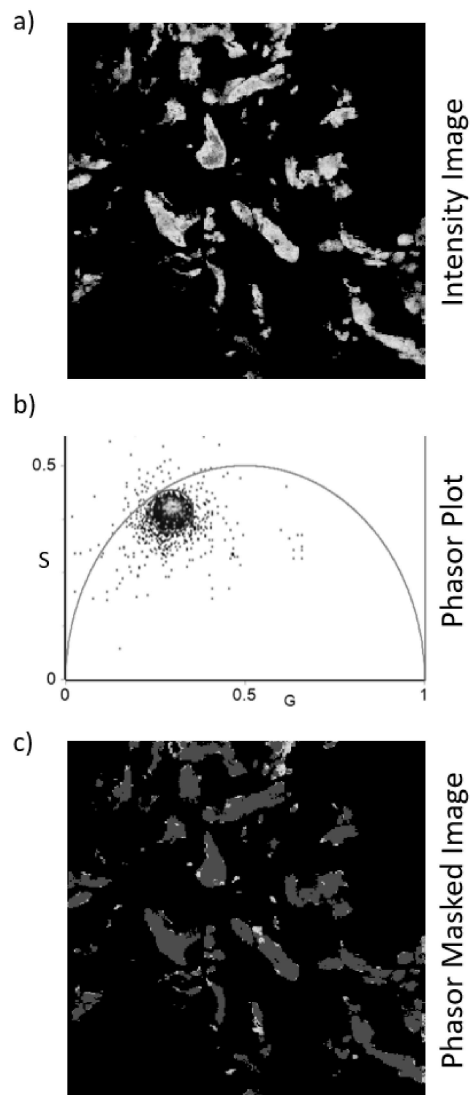
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272 As evident in Figure 4, larger differences in fluorescence decays are observed in the
273 higher energy range (520-570 nm- panel a). In particular, Nile Red fluorescence decay
274 for LDPE sample seems to be well described by a single exponential with the longer
275 lifetime among the observed sample, shorter lifetimes but also more complex decays are
276 observed for PS and Nylon and the faster decay is measured in PET. Smaller differences
277 in fluorescence decays are also detected accordingly in the other ranges. Emission-
278 wavelength-dependent fluorescence intensity decays of Nile Red were previously studied
279 to assess Nile Red fluorescence mechanisms depending on the complexity of the
280 environment. While in pure apolar solvents (as methanol) Nile Red fluorescence shows a
281 single exponential decay at all emission wavelengths, more complex fluorescence decays
282 (at different wavelengths) indicate specific effects of the environment experienced by the
283 dye [38,50]. In the analyzed samples spectral variations of fluorescence decay may arise
284 by different plastic composition also in interaction with the surrounding water. As
285 expected faster decays in the higher energy region (green) are observed in plastics whose
286 steady state emission spectra are red shifted. Presented data clearly show that in this
287 channel lifetime represent a significant observable that can be used to readily distinguish
288 microplastics.

289 For this reason, in Figure 5 the phasor analysis of FLIM measurements on this spectrally
290 filtered region is reported for Nile Red stained LDPE, PS, PET and Nylon microplastics
291 dispersed in water. Phasor analysis is a graphical method, based on the Fourier transform

292 of fluorescence decays at each pixel of the image [51,52] which does not require any
293 model or fitting procedure. It simplifies the way of analyzing FLIM data and provides a
294 graphical view of lifetime distributions making data interpretation fast and easy.
295 Fluorescence decay lifetimes are graphically mapped in a polar plot (phasor plot) and they
296 can be easily identified by their position at single pixel resolution. This is particularly
297 useful in the case of systems with complex photophysics as Nile Red, whose
298 interpretation and modeling can be really challenging. Every fluorescence decay is
299 represented in a specific location in the phasor plot which can be considered a fingerprint
300 of a particular species. Since its introduction, the phasor analysis has been widely used
301 for the analysis of a wide range of fluorescence molecules [57–59], including Nile-Red
302 [60]. A wide range of systems was analyzed ranging from living organisms, tissues and
303 cells, protein aggregates [61,62] to organic solar cells [63,64]. This method allows both
304 quantitative interpretation of FLIM data, but more importantly to map processes and
305 multiple species.

306 In Figure 5a a representative 256×256-pixels fluorescence intensity map of a Nylon
307 sample is reported. The phasor plot corresponding to these images is reported in Figure
308 5b. As can be seen, lifetime distribution is represented by a cloud of points inside the
309 universal circle indicating that in Nylon microplastics Nile Red decay is characterized by
310 a non-single exponential decay. It is possible to select pixel in the phasor plot by a colored
311 circle and the corresponding pixels characterized by selected lifetime are mapped back in
312 the image using the same color code. In the presented phasor a red circle was used and
313 all pixels in the image at fluorescent structures are red colored (Figure 5c). Supplementary
314 video 1 shows how, after data transformation to the phasor plot, this procedure allows to
315 spatially identify in the image pixel with the same lifetime distribution.

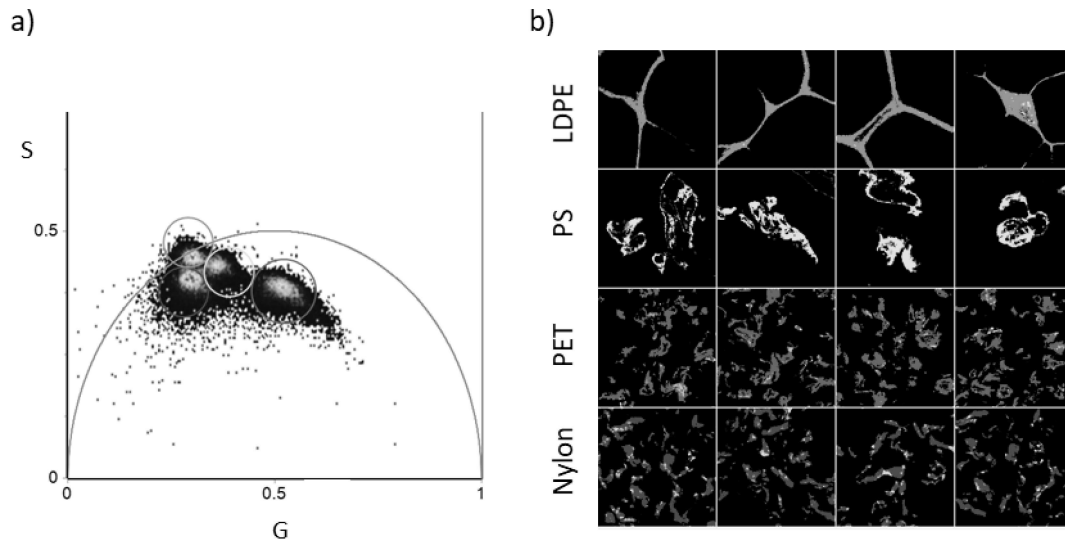


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318 **Figure 5.** *Phasor analysis workflow. Nylon sample is reported as an example. (a)*
 319 *Fluorescence Intensity image, (b) Phasor plot (c) Phasor masked image. Lifetime*
 320 *distribution is represented by a cloud of points in the phasor plot that can be selected by*
 321 *a colored circle (red) and the corresponding pixels characterized by selected lifetime are*
 322 *mapped back in the image using the same color code.*

323

324 The simultaneous Phasor analysis of FLIM measurements for LDPE, PS, PET, Nylon is
325 reported in Figure 6. In Panel 6a we report the phasor plot obtained by four different
326 measurements for each plastics and in panel b) the corresponding phasor maps colored
327 according to the selection in the phasor plot.



328

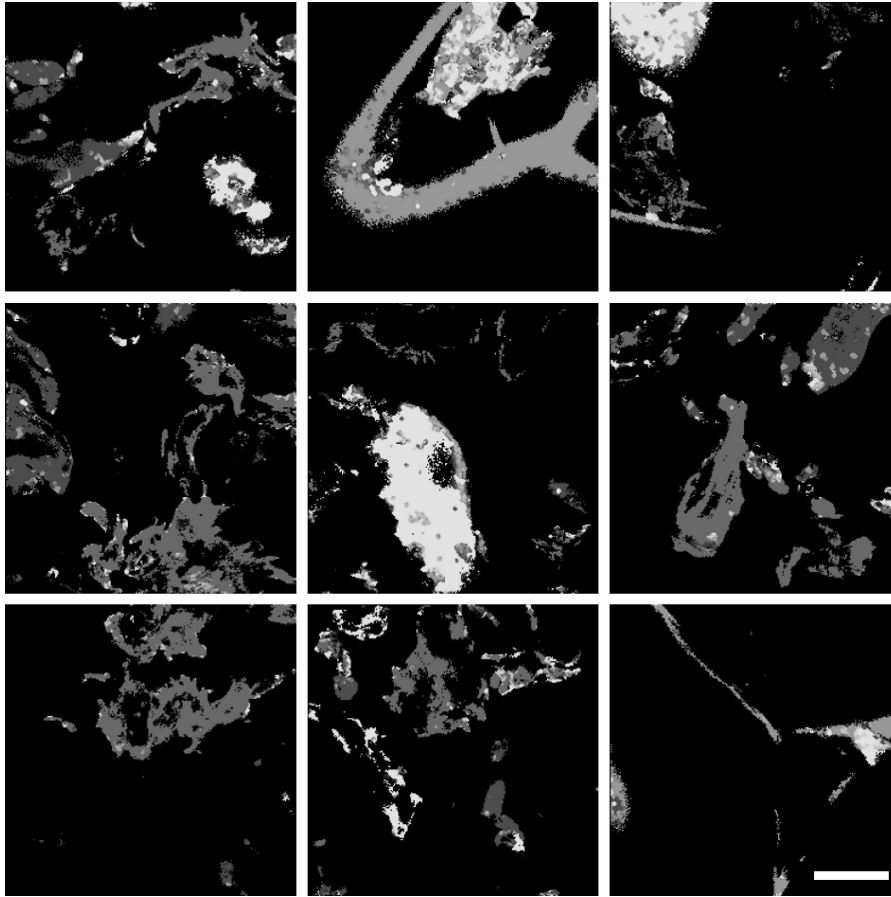
329 **Figure 6.** *Simultaneous Phasor analysis of FLIM measurements. A) Phasor plot of LDPE,*
330 *PS, PET and Nylon. For each sample a single cloud of points in the phasor plot is found.*
331 *b) Phasor color map in which each pixel is colored according to the color of the*
332 *corresponding cursor in the phasor plot.*

333

334 For each sample, a single cloud of points in the phasor plot is found, and importantly,
335 clouds reporting for lifetimes distributions are spatially distinguishable. Corresponding
336 selections are mapped in the phasor map and all pixels on plastics fragments are well
337 identified from a single color selection the phasor map. From their position in the phasor
338 plot it is possible to infer that analogous photophysical processes are involved in LDPE
339 PS and PET decays. The phasor corresponding to LDPE lies on the universal circle

340 indicating that Nile Red Lifetime is a single exponential ($\tau = 3.1$ ns). The observed
341 behavior may arise from a progressive decrease of the contribution of the higher energy
342 state due to spectral relaxation mechanisms which can be ascribed to the increased
343 polarity of Nile Red environment. Fluorescence lifetime distribution for Nylon samples
344 describe a different panorama, reflecting critically different chemical composition. The
345 quantitative detailed explanation of this behavior is certainly of great interest and needs
346 further studies, but it is out from the scope of this work. We here demonstrated that
347 lifetime distribution position in the phasor plot constitute a fingerprint of plastic nature
348 allowing to recognize them, quickly and easily in water environment. This is also possible
349 if different microplastics are simultaneously present in the same sample as shown in
350 Figure 7 (where a mosaic collection of images is shown to enhance the field of view).
351 Using the very same selections as the ones reported above, different microplastics are
352 quickly identified in the same images. Structures colored in green are identified as LDPE
353 MPs, this being also confirmed by their morphology, PS and PET are colored in yellow
354 and pink respectively and Nylon is colored in red.

355



356

357 **Figure 7.** *Detection and identification of different Microplastics. Representative images*
358 *of a mixture of microplastics simultaneously detected and colored according to the color*
359 *code defined in the phasor plot reported in Figure6: LDPE (green), PS (yellow) PET*
360 *(pink) and Nylon (red). Scale bar is 200 μ m.*

361

362 **Conclusions.**

363 In the last decade, the detection and the analysis of microplastics have become of utmost
364 importance since they are becoming a real risk for the ecosystem and, as a consequence,
365 for human health.

366 In this article, we report on a microplastics Nile Red fluorescence lifetime analysis that
367 provides a simple and sensitive approach in detecting different widespread used plastics.

368 The analysis was performed on microplastics attained by a simple surface Nile Red
369 staining protocol performed in aqueous environment that is relatively fast and does not
370 require complex chemical procedures or separation processes. Significant differences
371 were observed in the emission spectrum and, most importantly, in the fluorescence
372 lifetime. Specifically, results showed that the fluorescence emission spectra and lifetime
373 of Nile Red are sensible to polymer matrix providing a fingerprint for the identification
374 of fragments from different types of polymers. Fluorescence lifetime imaging (FLIM)
375 coupled with Nile Red staining allows a direct visualization and localization of
376 microplastics, they can be easily quantified in terms of size, morphology. Moreover, FLIM
377 analysis using phasor approach allows quantitative interpretation of the data and the
378 straightforward identification of multiple coexisting microplastics species in the same
379 sample.

380 We presented the proof of concept of a new approach based on confocal fluorescence
381 microscopy which allows simple, fast non-invasive acquisition of optical sections of thick
382 samples at high resolution (down to 200 nm) that can be readily adapted to measure
383 microplastics samples in seawater and opens new perspectives in this field. Further
384 studies extended to other plastics and in the presence of different additives, metals or
385 chemical modifications may open new perspectives in the characterisation of MPs and to
386 extend the amount of accessible information. Additional future developments could foster
387 Nile Red fluorescence lifetime imaging by combining this approach with other advanced
388 imaging systems to allow identification, localization and tracking of individual types of
389 microplastics (and nanoplastics) from (sub) cellular level [65,66] to whole organ [67–69]
390 such as brain and neural system [70–73]. We envisage a future step toward the detection
391 of Nanoplastics by using super-resolution optical methods (i.e. Stimulated Emission

392 Depletion (STED) microscopy) [74] that, coupled to fluorescence lifetime analysis [75],
393 may provide a suitable tool for Nanoplastics localization and analysis.

394

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625 **Author Contributions**

626 GS and VV developed the idea behind the project and designed the experiments. GS, VV
627 and GA discussed results. GS performed the experiments and analyzed the data. VV and
628 GS wrote the manuscript. All authors contributed to the writing of the manuscript and
629 approved the final version of the manuscript.

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636 **Notes**

637 The authors declare no conflict of interest.

638 ASSOCIATED CONTENT

639 **Supplementary Information.** Supporting video on graphical phasor analysis of two
640 population of microplastics using simFCS.