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Abstract: Marine protected areas (MPAs) socio-ecological effectiveness depends on a number of management and governance elements, among which stakeholder engagement and community support play key roles. Collaborative conservation initiatives that engage stakeholders in action research and knowledge co-production processes can enhance management and governance of MPAs. To design effective strategies aimed at reconciling biodiversity conservation and management of sustainable human uses, it is key to assess how local communities respond to such initiatives and identify the set of contextual factors, institutional, local and individual, potentially affecting these responses. This paper presents the approach and results of one such initiative, spanning 6 EU countries and 11 MPAs in the Mediterranean Sea, focusing on small-scale fishers as key MPA users. Through a collaborative project, managers and fishers agreed upon specific governance interventions (e.g. increasing stakeholder engagement, engaging fishers in monitoring activities, reducing fishing efforts) to be implemented in each MPA for one year. We then employed structured surveys to query: MPA managers on the MPA context, governance structure, feasibility and effectiveness of the tested interventions; and small-scale fishers on their perceptions of the impact of the tested interventions on a set of 9 socio-ecological variables (e.g. amount of fish caught, level of participation in decision-making, support for the MPA). Results revealed that the interventions tested were relatively feasible, effective and cost-effective. Fishers reported positive perceptions of the interventions for the 9 variables considered, but especially for level of support for the MPA and for those associated with aspects of governance. A Model-selection approach using proportional odds ordinal logistic regressions highlighted that perceived effects are maximized under certain institutional, local and individual circumstances (e.g. old MPAs, small fisher communities, and fishers with a high proportion of income from fisheries). Findings highlight that employing good governance processes that involve stakeholders may rapidly generate improved local support for

conservation and provide insights for potential leverage points upon which to act to maximize perceived effectiveness and enhance support toward MPAs.

# Improving marine protected area governance through collaboration and co-production

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To: R. Dewil, J.M. Evans and B. Tansel,  
Co-Editor-in-Chief of the Journal of Environmental Management

Dear Dr. Dewil, Dr. Evans and Dr. Tansel,

We present: **“Improving marine protected area governance through collaboration and co-production”**, by Di Franco, Hogg, Calò et al.

I would be grateful if the Journal of Environmental Management would consider this paper for publication as a Research Article in a future issue. It is a research-based study on the salient issue of improving Marine Protected Areas (MPAs) governance through a collaborative conservation initiative. Spanning 6 EU countries and 11 MPAs in the Mediterranean the paper adds to our understanding of how such approaches can be applied and most importantly perceived in differing contexts. It makes an original contribution by providing new evidence about the effects of collaborative conservation interventions in a socio-ecological context and highlights actionable elements for decision makers and MPA managers. In this respect we believe that this paper will be intriguing to academics and policy makers alike and fits well within the scope of Journal of Environmental Management.

If useful we suggest the following potential referees:

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The paper and data are both original and have not been published or submitted for consideration elsewhere. The paper has the full approval of all co- authors to be submitted and the co-authors have adhered to all the legal requirements.

We hope you find this manuscript suitable for publication in Journal of Environmental Management. Thank you in advance for your time and interest.

Kind regards,

Antonio Di Franco (on behalf of all authors)

**\*Highlights (for review)**

[Click here to view linked References](#)

- We present a collaborative conservation initiative spanning 11 MPAs in 6 countries
- We administered structured surveys to MPA managers and small-scale fishers
- Interventions tested were relatively feasible, effective and cost-effective
- Small scale fishers reported positive perceptions of the interventions
- Perceived effects maximized under certain institutional, local, individual conditions

## 1 Abstract

2 Marine protected areas (MPAs) socio-ecological effectiveness depends on a number of management  
3 and governance elements, among which stakeholder engagement and community support play key  
4 roles. Collaborative conservation initiatives that engage stakeholders in action research and  
5 knowledge co-production processes can enhance management and governance of MPAs. To design  
6 effective strategies aimed at reconciling biodiversity conservation and management of sustainable  
7 human uses, it is key to assess how local communities respond to such initiatives and identify the set  
8 of contextual factors, institutional, local and individual, potentially affecting these responses. This  
9 paper presents the approach and results of one such initiative, spanning 6 EU countries and 11 MPAs  
10 in the Mediterranean Sea, focusing on small-scale fishers as key MPA users. Through a collaborative  
11 project, managers and fishers agreed upon specific governance interventions (e.g. increasing  
12 stakeholder engagement, engaging fishers in monitoring activities, reducing fishing efforts) to be  
13 implemented in each MPA for one year. We then employed structured surveys to query: MPA  
14 managers on the MPA context, governance structure, feasibility and effectiveness of the tested  
15 interventions; and small-scale fishers on their perceptions of the impact of the tested interventions  
16 on a set of 9 socio-ecological variables (e.g. amount of fish caught, level of participation in decision-  
17 making, support for the MPA). Results revealed that the interventions tested were relatively  
18 feasible, effective and cost-effective. Fishers reported positive perceptions of the interventions for  
19 the 9 variables considered, but especially for level of support for the MPA and for those associated  
20 with aspects of governance. A Model-selection approach using proportional odds ordinal logistic  
21 regressions highlighted that perceived effects are maximized under certain institutional, local and  
22 individual circumstances (e.g. old MPAs, small fisher communities, and fishers with a high proportion  
23 of income from fisheries). Findings highlight that employing good governance processes that involve  
24 stakeholders may rapidly generate improved local support for conservation and provide insights for  
25 potential leverage points upon which to act to maximize perceived effectiveness and enhance  
26 support toward MPAs.

27

## 28 Keywords

29 Marine protected areas; good governance; perceived benefits; collaboration; co-production; action  
30 research

31

## 32 1. Introduction

33

34 Marine protected areas (MPAs) are today the most widely promoted spatially explicit conservation  
35 tool and policy solution to address the well-documented problems of marine habitat degradation  
36 and overfishing (Caveen et al., 2013). However, marine environments are highly complex and MPAs  
37 are found to vary significantly in their effectiveness. Many studies indicate that, when properly  
38 funded, enforced, organised and managed, MPAs are able to provide a series of ecological benefits  
39 within their borders (namely the 'reserve effect') (Edgar et al., 2014; Giakoumi et al., 2017; Gill et al.,  
40 2017; Scianna et al., 2019), which can potentially lead to positive socio-economic effects in nearby  
41 areas (Di Franco et al., 2016; Hattam et al., 2014; Kerwath et al., 2013; Sala et al., 2013). However,  
42 there remains some debate as research has also shown that MPAs can be both an ecological success  
43 and a social failure (Chaigneau and Brown, 2016; Christie, 2004; Hogg et al., 2019). There is also still  
44 considerable controversy over what makes MPAs successful and how they should be governed  
45 (Bown et al., 2013; Chuenpagdee et al., 2013; Jentoft et al., 2007; Jones et al., 2011).

46

47 MPAs can be viewed as complex social-ecological systems where humans and nature overlap and  
48 interact. When MPAs are created human activities and behaviours are directly curtailed or  
49 regulated, which can affect nearby communities and lead to local opposition. Thus, MPA  
50 conservation problems need to be examined hand-in-hand with social considerations, including local  
51 livelihoods, values, interests and perceptions (Voyer et al., 2012). In practice, research on the human  
52 dimension and the social impacts of MPAs have been limited (Bennett, 2016; Bennett et al., 2017;  
53 Christie et al., 2017). Yet mounting evidence suggests that organisational and social factors  
54 determine the overall success or failure of a MPA, indicating the inherent need for increased  
55 consideration of the human dimension (Bennett et al., 2019; Blount and Pitchon, 2007; Chaigneau  
56 and Brown, 2016; Hogg et al., 2017b; Jentoft et al., 2012; Lubchenco and Grorud-Colvert, 2015;  
57 Mascia et al., 2010; Pollnac et al., 2010).

58

59 In addition to the failure to understand and incorporate the human dimension, MPA success has  
60 been found to be significantly hampered by governance shortcomings (e.g., lack of participation,  
61 inadequate communication and transparency) and capacity shortfalls (e.g., inadequate management  
62 processes, staff and budget capacity, and lack of enforcement) (Di Franco et al., 2016; Gill et al.,  
63 2017; Guidetti et al., 2008; Scianna et al., 2015). One response to addressing such shortfalls and the  
64 complexities associated with dynamic socio-ecological systems has been to increase stakeholder  
65 engagement, which aligns with a shift in marine conservation and governance towards more

66 inclusive and participatory strategies (Freeman et al., 2018). Supporters of stakeholder participation  
67 in marine and coastal management claim that it facilitates representation of diverse views and  
68 values; provides local knowledge and solutions tailored to specific contexts and local needs;  
69 prepares the ground for more effective implementation of long-term management policies;  
70 legitimizes marine resource governance; and effectively develops individual learning capacities  
71 through action (Armitage et al., 2008; Berghöfer et al., 2008; Carlsson and Berkes, 2005; Hogg et al.,  
72 2017b; Nenadovic and Epstein, 2016).

73

74 Stakeholder participation and management insights can also be facilitated through action research  
75 or knowledge co-production processes (Beier et al., 2017; Djenontin and Meadow, 2018; Norström  
76 et al., 2020; Rodela and Swartling, 2019). Conservation initiatives that encourage action research  
77 (research carried out by a team encompassing scientists and local actors (e.g. resource users,  
78 inhabitants of a defined area, etc.) seeking to improve their situation (Cassell and Johnson, 2016;  
79 Greenwood and Levin, 2007)) and knowledge co-production (Beier et al., 2017; Djenontin and  
80 Meadow, 2018; Norström et al., 2020; Rodela and Swartling, 2019) which directly involve scientists,  
81 local actors (e.g. resource users) and public managers and policy makers are increasingly being  
82 funded, developing participatory and capacity building initiatives that can better address some of  
83 the issues undermining biodiversity conservation and fisheries management (Chuenpagdee et al.,  
84 2010; Garcia and Charles, 2007; Leleu et al., 2012; Mackinson et al., 2011; Norström et al., 2020). In  
85 order to design effective strategies aimed at reconciling biodiversity conservation and management  
86 of sustainable human uses, it is important to assess how local communities respond to such  
87 knowledge co-production initiatives and identify the set of circumstances that can make these  
88 initiatives successful.

89

90 Here we present the approach and results of one such initiative that was carried out between 2016-  
91 2019, spanning 6 EU countries and 11 MPAs in the Mediterranean region, encompassing a wide  
92 spectrum of governance systems, legislation schemes, MPA and small scale fisheries (SSF)  
93 community characteristics. The aim of the initiative was to enhance MPA capacity; reconciling  
94 biodiversity conservation and SSF management, testing a series of interventions developed through  
95 a participatory approach with local actors. The initiative entailed a systematic approach (applied to  
96 11 case study MPAs) which went a step beyond the business as usual approach to conservation. The  
97 process was designed to ensure that: local actors were involved, interventions met local needs; and  
98 the process and outcomes of the initiative were evaluated (i.e. the success or failure of interventions  
99 was tested in each MPA, and level of perceived support for the interventions was examined). Testing

100 these interventions in a wide variety of contexts provided an excellent opportunity to assess the role  
101 of these elements across a wide array of MPA settings.

102  
103 The current study aims to contribute to the growing literature on participatory initiatives and the  
104 important role of perceptions in understanding local actors support for conservation by 1) providing  
105 a descriptive analysis of the governance-intervention approach implemented, 2) examining how the  
106 interventions tested may have improved perceived MPA socio-ecological effectiveness and  
107 specifically affected local actor support toward MPAs, 3) assessing which elements (institutional and  
108 individual) can affect stakeholder perceptions of effectiveness of implemented interventions. We  
109 hypothesise that the governance intervention process applied can improve perceptions of ecological  
110 and social factors even in such a short timeframe (~1 year) and, through the participative process,  
111 generate increased support for the MPA and its governance.

112

## 113 2. Methods

### 114 2.1 Geographical context

115

116 The Mediterranean Sea is a highly valued and diverse inland sea, yet among the most heavily  
117 degraded, with presence of invasive species and human pressures such as pollution, resource  
118 exploitation, tourism and extraction continually increasing (Coll et al., 2011; Micheli et al., 2013).  
119 Estimates from 2017 suggest that 78% of fish stocks are harvested at biologically unsustainable  
120 levels (FAO, 2018). An estimated 86,500 fishing vessels operate in the Mediterranean and Black Sea,  
121 directly employing about 240,000 people on board vessels and contributing \$2.8 billion in landed  
122 value (FAO, 2018). Small-scale fisheries represent 84% (70,000 vessels) of the fleet in the  
123 Mediterranean and Black Sea, employing 60% (150,000) of all fishers in the region, and producing  
124 26% of total fishery revenue (FAO, 2018).

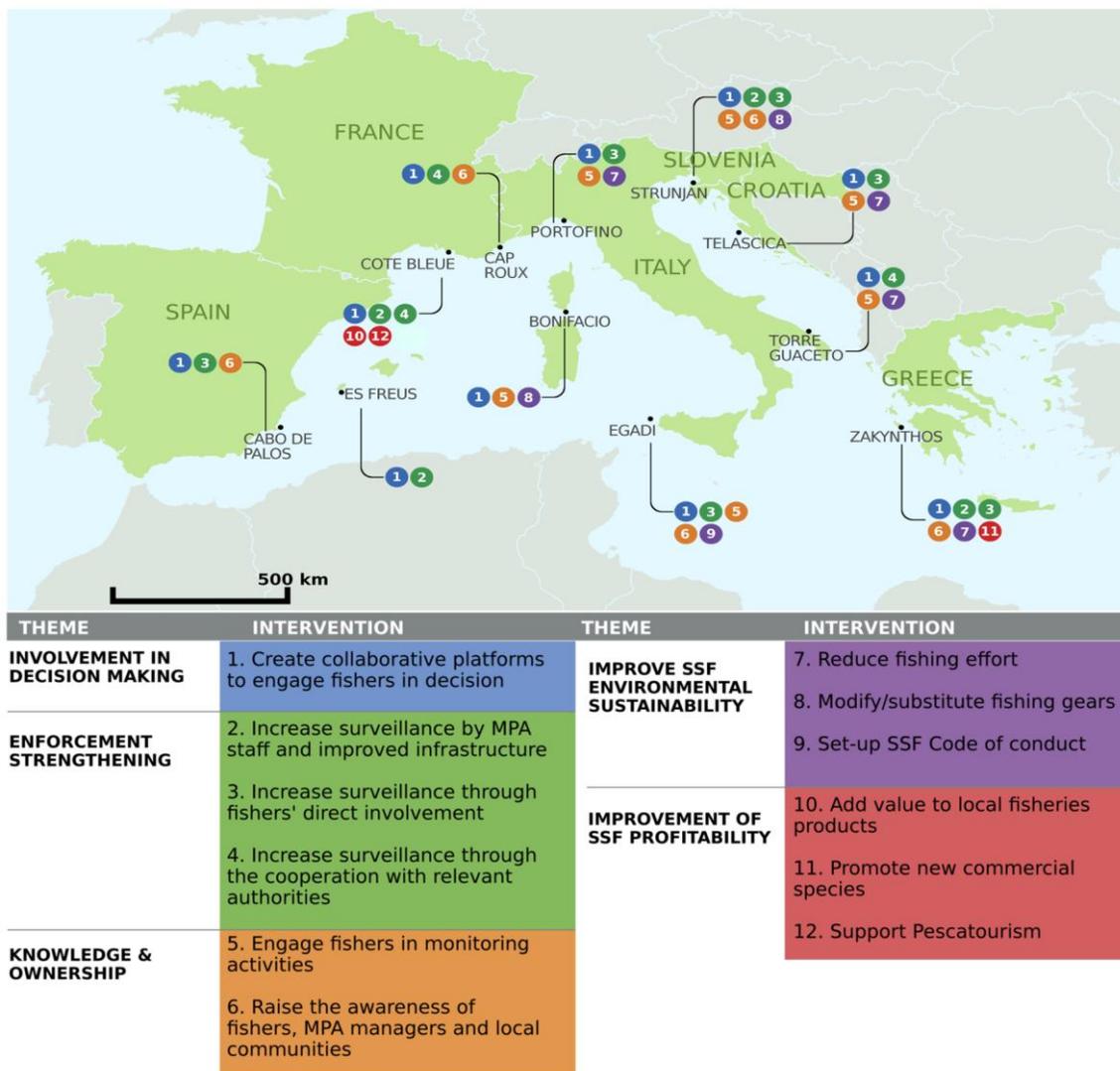
125

126 In 2016, there were a total of 1,215 MPAs covering 6.81% of the Mediterranean Sea (MedPANSPARAC,  
127 2019), by 2019, 9.68% of the Mediterranean Sea had been designated as MPAs (Gomei et al.,  
128 2019). Most of the surface covered was located in the Western Mediterranean, with the majority of  
129 these in EU waters. Yet only 2.48% of MPAs have a management plan, 1.27% are effectively  
130 implementing these plans and only 0.03% of the Mediterranean is covered by fully-protected areas  
131 (Gomei et al., 2019). MPAs in the Mediterranean generally follow a centralised form of governance  
132 (yet there is some movement towards co-management) (Hogg et al., 2013), often enforcement is

133 weak and they are characterised by a lack of financial and staff capacity (Scianna et al., 2018). In  
 134 general, studies into the human dimension of MPAs in the Mediterranean are missing, and the social  
 135 dimension is not something that is regularly monitored by MPA managers as part of their plan or  
 136 strategy (Hogg et al., 2017a; 2017c; Scianna et al., 2018).

137

138 In this study small-scale fishing communities were investigated, operating inside or close to 11 EU  
 139 MPAs in 6 countries: Telaščica Nature Park (Croatia), Nature Reserve of Bouches de Bonifacio, Cap  
 140 Roux Fishing Reserve and Côte Bleue Marine Park (France), Zakynthos National Marine Park  
 141 (Greece), Egadi Islands MPA, Portofino MPA and Torre Guaceto MPA (Italy), Strunjan Landscape Park  
 142 (Slovenia), Cabo de Palos-Islas Hormigas Marine Reserve of Fisheries Interest and Es Freus D'Eivissa I  
 143 Formentera Marine Reserve of Fisheries Interest (Spain) (Figure 1) (from here on in MPAs referred to  
 144 by underlined part of name).



145

146

147 **Figure 1.** Map of MPA case studies. For each MPA circles represent the governance interventions  
148 selected by the relative Local Governance Group (LGG): colours indicate the governance categories  
149 in which interventions have been clustered, numbers represent the specific intervention  
150 implemented. Legend at the bottom details the interventions.

151

## 152 2.2 Governance-intervention approach

153

154 Twelve interventions believed to benefit SSF management within and around MPAs, broadly divided  
155 into 5 governance categories (involvement in decision making; enforcement strengthening;  
156 knowledge and ownership; improvement of SSF environmental sustainability; and improvement of  
157 SSF profitability, see Figure 1) were identified through a preliminary study in 2015-2016 (Bennett et  
158 al., 2019; Di Franco et al., 2016). Here we focused on small-scale fishers as key users of MPAs, and  
159 small-scale fisheries as an activity potentially promoting sustainable local socio-economies and that  
160 can benefit from MPAs (Claudet and Guidetti, 2010; Di Franco et al., 2016; Guidetti and Claudet,  
161 2010). The present study (2016-2019) was set up to test these interventions in 11 MPAs, to quantify  
162 and assess the effectiveness in achieving socio-ecological benefits. The governance intervention  
163 approach adopted in this project followed the same systematic sequence in each MPA (see Figure 2)  
164 which created: MPA profiles allowing needs to be identified (collected through questionnaires  
165 administered to MPA managers in March 2017 and complemented with a literature review) (Step 1);  
166 a stakeholder engagement process through the establishment of a Local Governance Group (LGG) in  
167 each MPA, involving fishers in the decision-making process, ensuring local MPA needs were better  
168 understood through sharing of more diverse points of view (Note: in some MPAs fishers were  
169 already part of the MPA management committee) (Step 2); prioritisation of MPA needs, selection of  
170 governance interventions and implementation of selected interventions (Step 3); and closure of the  
171 project and assessment of the successes and challenges of the interventions tested (Step 4). After  
172 the period of implementation of the interventions, managers were asked to rate, on a 3-point scale,  
173 the performance of interventions tested using three different indicators: economic feasibility, time  
174 efficiency and stakeholder participation required. Closure meeting minutes and notes were analysed  
175 and feedback on the interventions extracted to provide a tentative guide on the overall  
176 effectiveness of each implemented tool (on a 3-point scale). This information was used to generate a  
177 set of web plots, to highlight strengths and weaknesses of the governance categories and each  
178 individual intervention.

179



180

181

182 **Figure 2.** Collaborative governance-intervention approach followed by the 11 pilot MPAs.

183

184 2.3 Assessment of perceived socio-ecological effectiveness of interventions

185

186 To assess the perceived socio-ecological impacts of the governance interventions implemented a  
 187 questionnaire was administered to small-scale fishers a year after their implementation. Fieldwork  
 188 was carried out in each MPA between June - July 2018, with interviews conducted with 120 SSFs  
 189 (54.3% of all fishers operating within the selected MPAs) in 10 of the 11 MPAs (for details about  
 190 numbers of fishers interviewed per MPA see Supplementary Materials, Table SM1). Respondents  
 191 were mostly targeted through purposive, opportunistic and snowball sampling (Bryman, 2012)  
 192 ensuring a representative proportion of each small-scale fishers community (i.e. the fishers

193 operating within and/or around each MPA) was interviewed ( $\geq$  ~27% of all fishers in each MPA).  
194 Three of the 120 fishers did not wish to respond to all questions. During this fieldwork period fishers  
195 from Bonifacio declared to MPA staff that they were involved in too many projects and suffering  
196 from interviewer fatigue, a common concern for projects and social researchers (Bryman, 2012). As  
197 a result, they elected not to respond to the final questionnaire, however they had participated fully  
198 in all previous interviews and activities related to the project, i.e. implementing and testing the  
199 governance interventions.

200

201 Fishers were asked if they had awareness of the initiative and governance interventions tested. This  
202 allowed assessment of whether fishers beyond those directly involved in the LGG were well  
203 informed. Following this, they were asked to rate their opinion, on a 5-point scale from very  
204 negative to very positive impact, on 9 statements related to the impact/potential impact of each  
205 intervention on a set of variables describing MPA socio-ecological effectiveness: 1) the abundance of  
206 fish in the MPA;;2) the quality or health of habitats in the MPA; 3) the amount of fish that small-scale  
207 fishers can catch;;4) the income of small-scale fishers; 5) the relationships between MPA managers  
208 and small-scale fishers; 6) the level of conflict between small-scale fishers and other users in the  
209 MPA; 7) the participation of small-scale fishers in decision making processes; 8) the level of illegal  
210 fishing or poaching activities within the MPA; and 9) the support of small-scale fishers for the MPA  
211 (Supplementary Materials, Table SM2). All surveys were designed by the project team, shared with  
212 project partners for feedback, translated into local languages, pilot tested for layout and question  
213 comprehension, and amended. Prior to being asked for verbal consent and proceeding with the  
214 survey, small-scale fishers and MPA managers were informed about the purpose of the survey and  
215 the intended use of the data, how data would be stored and treated anonymously and  
216 confidentially. To account for the 6 languages each MPA community had a dedicated individual to  
217 conduct interviews. Survey administrators received training and continuous assistance from the  
218 initiative team and followed a protocol on how to administer the survey, aiding consistency in all the  
219 MPAs.

220

## 221 2.4 Data analysis

222

223 Descriptive tables were used to examine demographics and characteristics of small-scale fishermen.  
224 Small-scale fishers' perceptions about the effect of the interventions on the 9 socio-ecological  
225 variables (Supplementary Materials, Table SM2) from the 10 MPAs were plotted on a Likert plot  
226 (ranging from least-most potential benefit) to highlight regional patterns. Data was also analysed at

227 the level of single MPAs to explore potential variability among-MPAs. The results for the nine  
228 different variables were then summed to create a single composite perception score capturing the  
229 overall effectiveness of the governance interventions implementation. The sum was normalized and  
230 rounded on a scale from 1 to 10. Before summing the single items, internal coherence of the items  
231 in each scale was made using Chronbach's alpha co-efficient. No issue with internal coherence was  
232 highlighted for any of the 9 items (always >0.7). In order to identify potential predictors of perceived  
233 socio-ecological effectiveness of the implemented interventions, perceptions about effects of the  
234 governance interventions and the composite perception score were tested against a set of variables  
235 including: a) demographic characteristics at the scale of fisher (age, education level and proportion  
236 of household incomes deriving from SSF); b) individual perceptions of MPA governance (extent to  
237 which decision-makers consider fishers' point of view and needs); and c) characteristics at the  
238 location level (MPA age, presence of single/multiple villages in each fishers community and overall  
239 size of fishers community). Drivers of perceptions were investigated through a model-selection  
240 approach (see Supplementary Materials, Text SM1 for modelling details). Given that single response  
241 items were recorded as ordered categorical variables (on a scale from 1 to 5), analysis was carried  
242 out using proportional odds ordinal logistic regressions (POLR), implementing in R the function 'clm'  
243 of the 'ordinal' package (Christensen, 2018) for cumulative link models. A single model was run for 7  
244 of the 9 perception items (perceptions on 'habitat' and 'catch' were not considered for collinearity  
245 issues, Supplementary Materials Figure SM1) and for the composite score. After analysis of  
246 collinearity, the predictor 'Extent to which decision-makers consider your (fisher) needs' was  
247 dropped for redundancy (Supplementary Materials Figure SM 2). Model outputs were presented as  
248 odds ratio and relative confidence intervals (OR and CI). All analyses were conducted in R  
249 environment (R Core Team, 2018).

250

## 251 **3. Results**

### 252 3.1 MPA management and governance features

253

254 The survey conducted with MPA managers (step 1) highlighted that the set of 11 MPAs selected  
255 included a wide range of management contexts. MPAs differed in terms of surface area, zoning  
256 schemes, enforcement strategies, governance type, interaction with stakeholders (especially  
257 fishers), management needs and activities and several organizational characteristics such as the  
258 structure of the management authority, the presence of, style and detail in management plans  
259 (Table 1). On engagement with fishers all MPAs reported some degree of interaction: 54.5% (6)

260 reported a bidirectional interaction (i.e. where fishermen and the MPA management body are able  
 261 to express their own views and ideas); in one case the MPA management body reported a proactive  
 262 interaction where fishers/their representatives have a proactive interaction (i.e. fishers actively  
 263 propose and organise meetings); in the remaining MPAs (36.6%:4) informal or unidirectional  
 264 interactions were reported, with fishers simply being informed once management decisions were  
 265 taken. On the number of meetings and fishers' attendance, 63.6% (7) reported that 1-2 meetings a  
 266 year are held, and attendance by fishers varied relatively evenly across all categories. The majority of  
 267 MPAs (72%: 8) reported an overall staff shortfall to manage the MPA.

268 No MPA declared that the annual MPA budget was sufficient for all management needs. On  
 269 enforcement operated by MPA personnel, one MPA (9%) does not perform surveillance activities  
 270 (Cap Roux), 4 (36%) perform interpretative/educational enforcement, and 6 (54%) performed both  
 271 interpretative/educational and legal enforcement. Managers declared that the biggest shortfalls  
 272 were enforcement, outreach programs (found to be very limited or absent in most of the cases (9:  
 273 81.8%), and stakeholder engagement. See Supplementary Materials Text SM2 for an extended  
 274 description of the results.

275

276 **Table 1.** Summary information of MPA characteristics (see Supplementary Materials Text SM2 for  
 277 additional details).

MPA	Country	Area (km <sup>2</sup> )	Established	Zoning (NT=no-take, PP=partially protected)	Management authority	Number of meetings with fishers per year	Fishers attendance to meetings %	Management Plan
Egadi Islands MPA	Italy	540	1991	NT and PP	Local	1 to 2	0-25	Implemented
Portofino MPA	Italy	3.46	1999	NT and PP	Local	3 to 5	25-50	Implemented
Torre Guaceto MPA	Italy	22	1991	NT and PP	Local	>5	50-100	Implemented. Includes a section for SSF management
Cabo de Palos- Islas Hormigas Marine Reserve of Fisheries Interest	Spain	19.3	1995	NT and PP	National + Regional	1 to 2	25-50	Implemented
Es Freus D'Eivissa I Formentera Marine Reserve of Fisheries Interest	Spain	150	1999	NT and PP	Regional	1	0-25	Implemented
Cap Roux Fishing Reserve	France	4.45	2003	NT	Local	3 to 5	50-100	Implemented
Cote Bleue Marine Park	France	100	1982	NT	Local	1 to 2	50-100	Implemented. Includes a section for

									SSF management
Nature Reserve of Bouches de Bonifacio	France	800	1999	NT and PP	Local	1 to 2	0-25	Implemented. Includes a section for SSF management	
Strunjan Landscape Park	Slovenia	1.14	1990	NT and PP	Local	0	0	Prepared but not implemented yet	
Telašćica Nature Park	Croatia	70	1988	NT and PP	Local	1 to 2	50-100	Implemented	
Zakynthos National Marine Park	Greece	83.3	1999	NT (only for 6 months) and PP	Local	1 to 2	50-100	Prepared but not implemented yet	

278

### 279 3.2 Selected governance interventions and feasibility

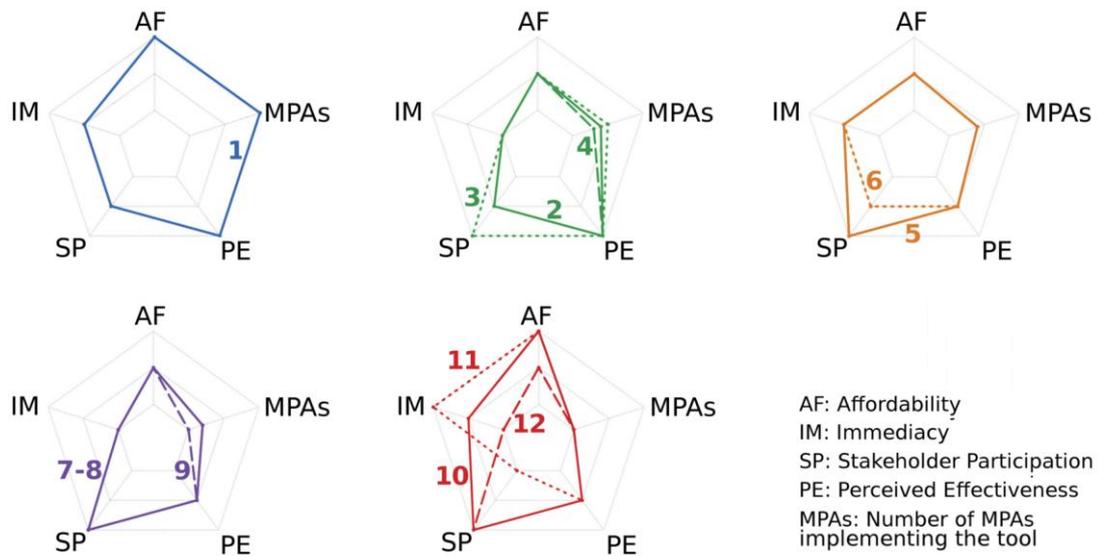
280

281 On which management interventions to implement, all LGGs selected engagement of fishers in  
 282 decision-making, and 10 selected interventions to improve enforcement (Figure 1 and Figure 3 for  
 283 details on the interventions). Improving fishers' engagement in decision-making included actions to  
 284 increase the number of MPA meetings held, strengthening fishers' organisations through Fishers  
 285 Local Action Groups (FLAGs). In one pilot site (Egadi Islands) fishers united to create and sign a  
 286 voluntary code of conduct for SSF within the MPA. Overlapping with fishers' engagement in  
 287 decision-making were actions to improve enforcement through fishers' direct involvement, and to  
 288 improve knowledge and awareness by involving fishers directly in MPA monitoring. Several MPAs  
 289 committed to address capacity shortfalls in enforcement, by using the project funds available to  
 290 improve the infrastructure and train staff to better enforce fisheries regulations. In addition,  
 291 capacity building was focused on ensuring MPA staff had legal authority to issue sanctions to  
 292 transgressors. One LGG selected to install a state-of-the-art video surveillance system that would  
 293 provide wide coverage of the MPA day and night. All actors were committed to this plan, however  
 294 unforeseen bureaucratic and legislative challenges significantly delayed the process.

295

296 In terms of cost, feasibility, level of stakeholder engagement required, and overall perceived  
 297 effectiveness, the closing meetings and interviews with MPA managers revealed that engaging  
 298 fishers in decision-making required low financial investment, a medium investment of time yet the  
 299 impact was perceived to be very high (Figure 3). Similarly, the interventions tested to increase  
 300 enforcement capacity were rated as having medium cost, longer time requirements and depending  
 301 on which intervention, medium to high involvement from stakeholders, with a high impact  
 302 expected/perceived. No interventions were expected or perceived to have low impact (Figure 3).

303 Interventions to improve the profitability of SSFs were the least selected for testing, despite the low  
 304 perceived cost, short time and low involvement of stakeholders required for one tool e.g. promoting  
 305 consumption of new/invasive species, that was expected/perceived to have medium impact.



THEME	INTERVENTION	THEME	INTERVENTION
<b>INVOLVEMENT IN DECISION MAKING</b>	1. Create collaborative platforms to engage fishers in decision	<b>IMPROVE SSF ENVIRONMENTAL SUSTAINABILITY</b>	7. Reduce fishing effort
	2. Increase surveillance by MPA staff and improved infrastructure		8. Modify/substitute fishing gears
<b>ENFORCEMENT STRENGTHENING</b>	3. Increase surveillance through fishers' direct involvement	<b>IMPROVEMENT OF SSF PROFITABILITY</b>	9. Set-up SSF Code of conduct
	4. Increase surveillance through the cooperation with relevant authorities		10. Add value to local fisheries products
<b>KNOWLEDGE &amp; OWNERSHIP</b>	5. Engage fishers in monitoring activities		11. Promote new commercial species
	6. Raise the awareness of fishers, MPA managers and local communities		12. Support Pescaturism

306  
 307 **Figure 3.** Web-plots showing economic affordability (AF), immediacy of implementation (IM), level of  
 308 stakeholder participation (SP) as rated by MPA managers, perceived effectiveness (PE) as rated by  
 309 small-scale fishers, and the number of MPAs implementing each intervention (MPAs), counter-  
 310 clockwise from top vertex of the pentagon. Colours represent governance categories, numbers  
 311 represent interventions.

312  
 313 3.3 Small scale fishers survey sample and perceived socio-ecological outcomes

314  
 315 All 120 survey respondents were male small-scale fishers, mainly coming from the local  
 316 villages/towns or the nearby area of each MPA. More than half of fishers were older than 50 years  
 317 (Supplementary Materials, Table SM3). The majority of respondents had a middle school (39%) or

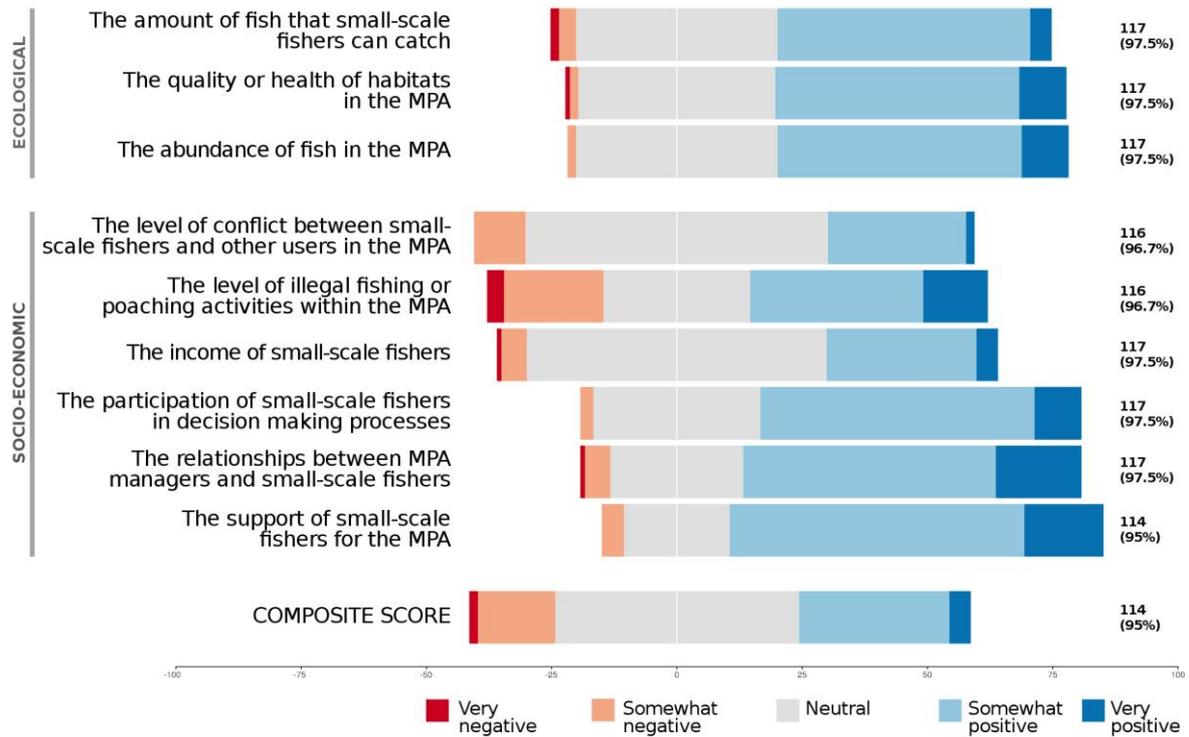
318 elementary school degree (35%). Households were often composed by two (28%), three (24%), or  
319 four (28%) people, with 1 or 2 of them employed and contributing to the total household incomes.  
320 Only 32% of the respondent's family incomes were derived solely from small-scale fishing.

321

322 On awareness of the management interventions, survey results revealed that 85.5% of fishers knew  
323 about the interventions being tested. On the potential effects of governance interventions  
324 implemented, considering all the responses pooled together, fishers mostly perceived positive  
325 effects, while very few fishers perceived that the implemented interventions were having or will  
326 have negative effects on the set of aspects they were questioned about (Figure 4, Supplementary  
327 Materials Table SM4 and SM5). Concerning the amount of fish that small-scale fishers can catch,  
328 57% stated that the interventions tested in the toolkit can produce positive or very positive benefits  
329 (see Supplementary Materials Figure SM3 for details about each MPA). Concerning both the  
330 abundance of fishes and the health of habitat in their MPA, 58.1% of fishers stated that the new  
331 interventions adopted were producing or will produce positive or very positive effects in the near  
332 future. Concerning social aspects, on the relationship with MPA managers and the level of conflicts  
333 between fishers and others MPA users, the results revealed that 60% of fishers stated that the  
334 governance interventions implemented in their MPAs were not (or will not) providing any benefits  
335 on reducing conflict with other users. On the potential effects of the interventions on the level of  
336 illegal fishing or poaching activities within the MPA the results were more heterogeneous with 23%  
337 perceiving negative effects, 30% neutral and 47% perceiving a positive or very positive effect of the  
338 implemented interventions on the reduction of illegal fishing. Thirty-five% of fishers perceived a  
339 positive or very positive impact on their income, while 40% of fishers perceived no impacts (neither  
340 positive nor negative). The two questions concerning the potential benefits of the governance  
341 interventions on fishers' participation in decision-making and the relationship with MPA managers  
342 revealed that the majority of fishers (64.1% and 67%, respectively) agreed that the new governance  
343 interventions were or can provide positive benefits on these two aspects. Finally, on their overall  
344 support for the MPA results revealed 74.6% believed the governance interventions are improving  
345 support. Concerning the composite score, although variable among MPAs, an overall slight positive  
346 tendency was highlighted (mean=5.9±0.13, Figure 4). It is noteworthy that there was also a  
347 significant proportion of respondents in the neutral range, perhaps due to the short-time frame  
348 since the interventions were implemented. For more detail on individual MPAs please see  
349 Supplementary Materials, Text SM3.

350

**What impact do you think the changes of MPA management have had or will have on each of the following aspects?**



351

352

**Figure 4.** Likert stacked bar-chart of fishers' perceptions regarding the potential impact the interventions had or will have on different aspects reported on the left. Composite score rescaled on 1-5 scale for visualization purposes. Absolute number of respondents for each statement (and % of the total interviewed population n =120) is reported on the right.

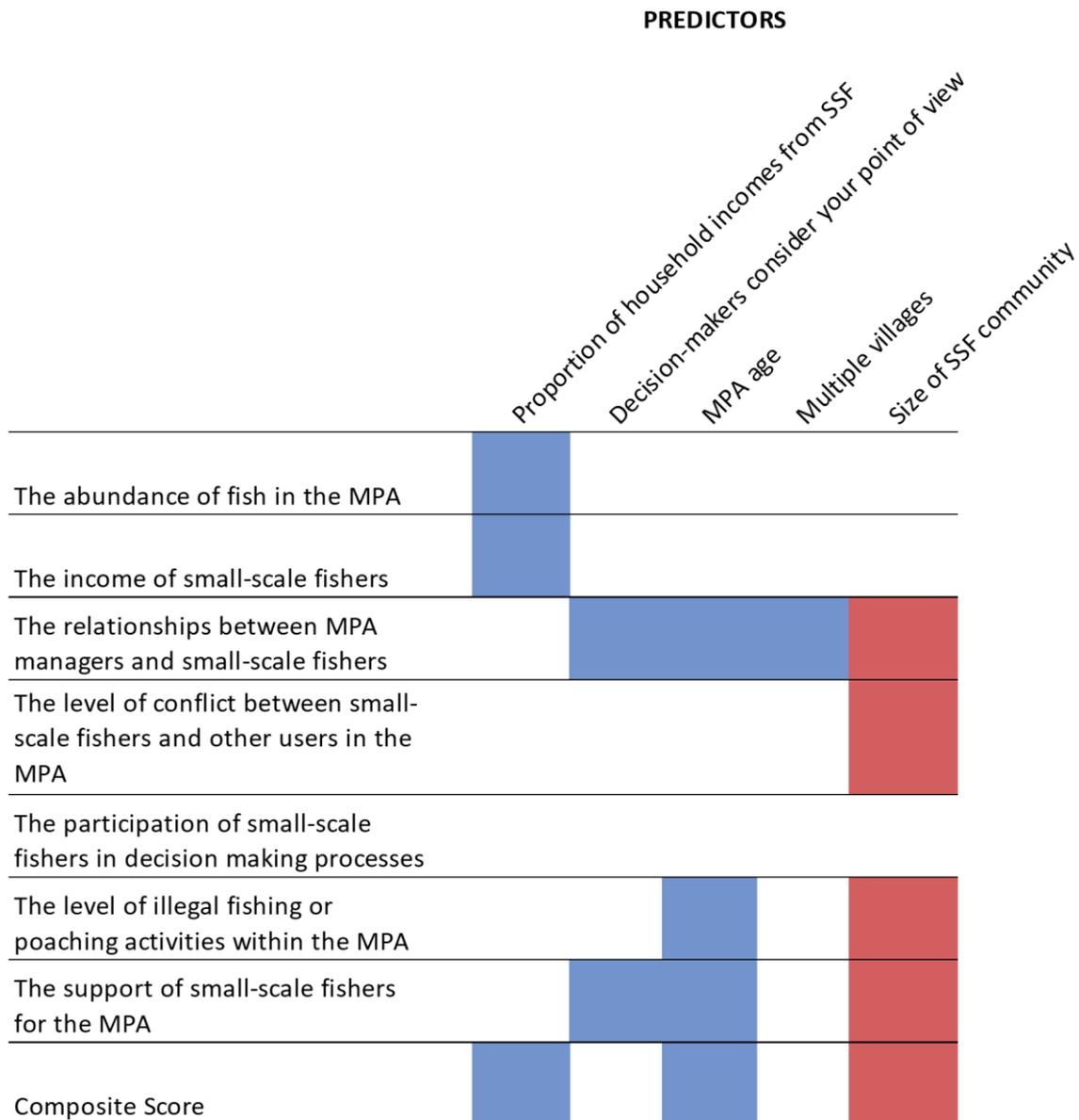
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357

Cumulative link models were used to identify potential drivers of perceptions about the effect of the interventions implemented. The full summary of the models analysed is presented in Supplementary Table SM6. Perceptions on the effect of the interventions on fishes were found to be significantly affected by the 'proportion of household income derived from SSF' with positive perceptions more likely with higher proportion of income from SSF (Figure 5) (OR: 9.07, CI: 1.85-44.35). The same predictor was found to positively and significantly affect perceptions on the effect of interventions on fishers' incomes (Figure 5) (OR: 22.166, CI: 3.82 -128.36). Concerning the perceptions on the effect of the interventions on the relationship between fishers and MPA managers, perceptions were found to be significantly and more positive with increasing age of the MPA (OR: 1.22, CI: 1.11-1.35), increasing consideration of fishers' point of view in decision-making (OR: 2.20, CI: 0.50-9.68) and for MPAs that span multiple villages (OR: 10.20, CI: 2.15-48.24). These perceptions were found to be negatively affected by increasing overall size of the fisher community (OR: 0.90, CI: 0.84-0.96). The size of the community was also the only significant factor to affect the perceptions on the

369

370 effects of the interventions on the level of conflict between small-scale fishers and other users in the  
371 MPA (OR: 0.90, CI: 0.84-0.96), i.e. the larger the community of fishers, the more likely are negative  
372 perceptions about the effect of interventions on the level of conflicts. No factors significantly relate  
373 with the effect of the governance interventions on the participation of SSFs to decision-making.  
374 Perceptions on intervention effects on the level of illegal fishing or poaching activities within the  
375 MPA were positively related to MPA age (OR:1.18, CI: 1.08-1.29), while negatively by the overall size  
376 of the SSF community (OR: 0.91, CI: 0.85-0.96). The same pattern was observed for the perception of  
377 intervention effects on the support of small-scale fishers for the MPA, found to be more positive  
378 with increasing MPA age (OR: 1.23, CI: 1.10-1.37) and negative with increasing SSF community size  
379 (OR: 0.86, CI: 0.80-0.93). The level of consideration of SSFs point of view by decision makers also  
380 positively related to the perceived support for the MPA (OR: 1.10, CI: 0.21-5.80). Finally, the  
381 composite score, was significantly positively related with the age of the MPA (OR: 1.15, CI: 1.06-  
382 1.25) and the proportion of income deriving from SSF (OR: 11.96, CI: 2.60-55.01) while was  
383 negatively related to the size of the community (OR: 0.93, CI:0.88-0.98).  
384



385

386 **Figure 5.** Significant predictors, derived from cumulative link models, for the perceptions about the  
 387 effects of the interventions implemented on the 9 variables considered. Perceptions on ‘habitat’ and  
 388 ‘catch’ were not considered (and are not reported here) for collinearity issues (see Methods).  
 389 Composite perception score capturing the overall effectiveness of the governance interventions  
 390 implementation is the sum of the nine different items. Blue colour indicates positive relation with  
 391 predictors, red colour indicates negative relation with predictors.

## 392 4. Discussion

393 This research provides a multi-site study of a governance-intervention approach, quantifying the  
 394 perceived socio-ecological impacts of conservation interventions by small-scale fishers. Our study

395 builds on previous literature examining perceptions of conservation, that have mostly used  
396 qualitative methods and is based on individual case studies (Bennett 2016, Bennett et al. 2019), and  
397 extends previous conservation work and research employing a participative governance-intervention  
398 approach, to examine how participation in decision-making can affect perceptions and MPA support.  
399 Overall, results show that small-scale fishers are interested in increasing their level of engagement in  
400 decision-making and in other activities related to MPA compliance and management (such as  
401 surveillance and monitoring) in MPAs. Previous evidence highlighted that perceptions of ecological  
402 effectiveness, social impacts, and good governance are drivers of local support toward MPAs  
403 (Bennett et al., 2019). Our findings suggest that perceptions of these elements can be enhanced  
404 through a participative governance-intervention approach. This change is a process as the situation  
405 and perceptions continually evolve, however it is a positive sign that within a relatively short time  
406 period (~1year) we can see progress has been made. While small-scale fishers perceived positive  
407 effects for all the socio-ecological variables considered, it was those mostly associated with  
408 relationships with management, participation in decision-making and overall MPA support that  
409 revealed the most positive perceptions for potential/real impact. The perceived potential or real  
410 benefits associated with ecological and economic factors (e.g. abundance of fishes, habitat health,  
411 availability of fish to catch and fishers' income) were more varied, given that biological results from  
412 protection take a significant amount of time (5 years plus) (Claudet et al., 2008; Edgar et al., 2014).  
413 The timespan of the initiative is insufficient to expect significant changes in these factors. The social  
414 and governance factors that can be accrued are however much more immediate (Blount and  
415 Pitchon, 2007; Christie, 2004; Kelleher and Recchia, 1998; Mascia, 2004).

416

417 These results concur with previous research that it is the employment of good governance processes  
418 (e.g. involving stakeholders in decision-making) and management of social aspects that are key for  
419 ensuring local support for conservation (Bennett et al., 2019). The demand of each MPA to create  
420 the LGG represented a first step towards improved engagement and is representative of the much-  
421 needed shift towards co-management (Hogg et al., 2013). Management arrangements developed by  
422 LGGs or similar platforms, in line with what has been observed in community-based management in  
423 other geographical contexts, can better align with local social and ecological conditions, conferring  
424 social benefits, such as: increased collaboration and learning among partners; integration of  
425 scientific and local knowledge systems; community empowerment; improved social capital, in terms  
426 of social cohesion between stakeholders, a key element to increase a community's adaptive capacity  
427 and to reduce vulnerability to local threats and global pressures that may threaten local small-scale

428 fisher communities livelihoods and wellbeing; and higher levels of compliance (Kittinger et al., 2013;  
429 Norström et al., 2020; Silva et al., 2019; Thiault et al., 2019).

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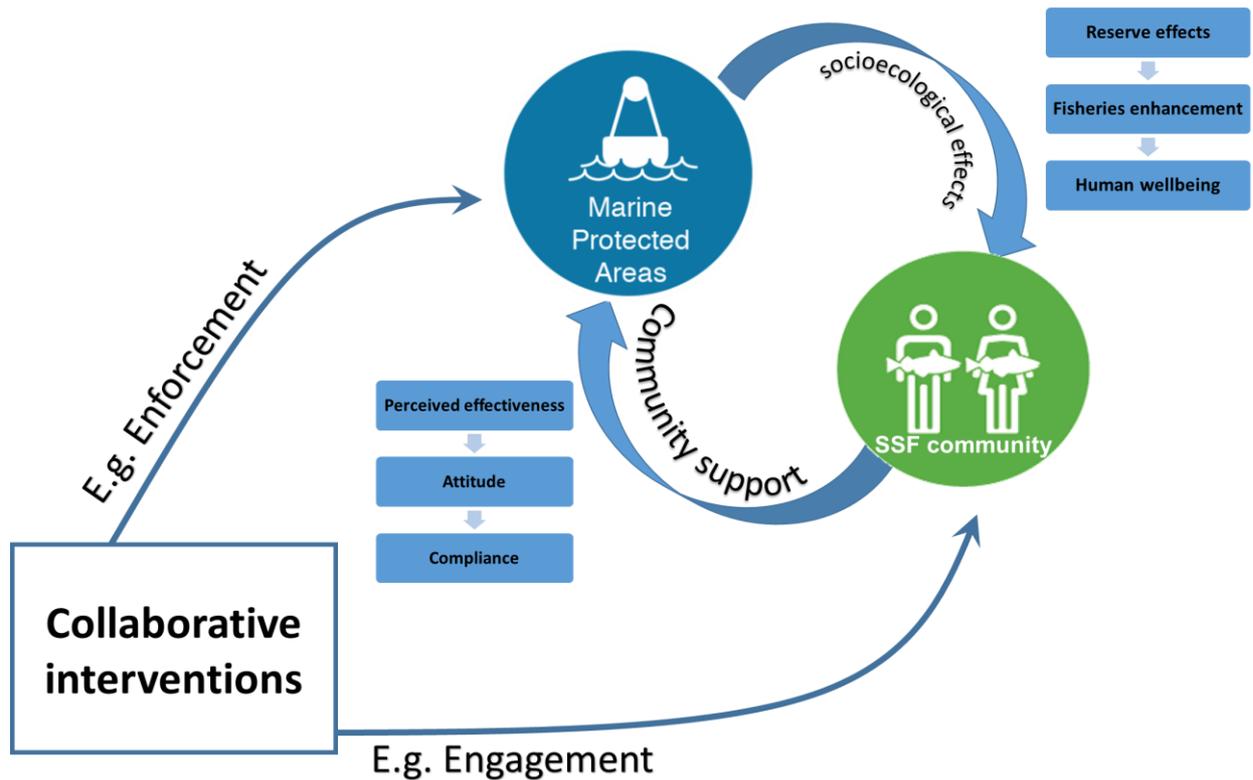
431 The findings of this study are extremely relevant considering the shortfall in MPA capacities, both in  
432 terms of staff and funds, as declared by MPA managers in the 11 case study sites, and as reported  
433 previously in other cases (Gill et al., 2017; Scianna et al., 2018). These features have been identified  
434 as key drivers of MPA ecological effectiveness (Gill et al., 2017; Scianna et al., 2019) and therefore  
435 represent key aspects for MPA governance and management. Particularly relevant is the fact that  
436 enforcement and stakeholder engagement, two elements largely acknowledged as key to enhance  
437 MPA effectiveness (Di Franco et al., 2016; Edgar et al., 2014; Gill et al., 2017) represent major  
438 capacity shortfalls for the investigated MPAs. From this standpoint, we have presented a number of  
439 interventions that have been perceived positively by both MPA managers and small-scale fishers to  
440 overcome these shortfalls which sound promising to improve current MPA status. Specifically,  
441 increased enforcement can help reduce the poaching, which is now acknowledged as widespread in  
442 MPAs globally (Bergseth et al., 2018; 2017) representing a major threat to small-scale fisher  
443 communities (Thiault et al., 2019).

444

445 We highlight that collaborative interventions like the ones tested in this study can rapidly enhance  
446 stakeholder perceptions of MPA socio-ecological effectiveness and increase support toward MPAs.  
447 This could potentially lead to enhanced stakeholders' compliance with rules, both for members of  
448 the local communities and also for external members through increased patrolling and voluntary  
449 surveillance (Bergseth et al., 2018; Thiault et al., 2019). Increased compliance could in turn  
450 contribute towards ecological benefits, that need more time to arise, and potentially impact  
451 stakeholders' livelihood and wellbeing (through increased catches), finally creating a positive  
452 feedback loop for stakeholder perceptions and support toward conservation initiatives i.e. a virtuous  
453 cycle (Figure 6).

454

455



456

457 **Figure 6.** Conceptual scheme of the cycle linking Marine Protected Areas (MPA) socio-ecological  
 458 effectiveness and community support. Blue filled boxes with arrows indicate the potential chain of  
 459 elements for each item represented in the 2 thick curved arrows (socioecological effects, community  
 460 support). Collaborative interventions can affect both the MPA and its socioecological effectiveness  
 461 (e.g. through enforcement and surveillance) and SSF community and its support toward the MPA  
 462 (e.g. through engagement and participatory decision-making).

463

464 It is however crucial to point out that this cycle can be stopped, and the associated benefits quickly  
 465 eroded if good governance stops, shattering stakeholder trust, expectations and potentially inducing  
 466 a decrease in support toward MPA and compliance with rules (Chaigneau and Brown, 2016). This  
 467 could prompt a decrease in MPA socio-ecological effectiveness and induce a vicious cycle,  
 468 potentially pushing the system into a socio-ecological trap, defined as a situation when feedbacks  
 469 between social and ecological systems lead toward an undesirable state that may be difficult or  
 470 impossible to reverse (Cinner, 2011; Kittinger et al., 2013). The potential shift between the virtuous  
 471 and vicious cycle, with all the related societal implications, stresses further the importance of giving  
 472 sufficient attention to the human dimension in MPAs and making use of information on both the  
 473 factual and perceived socio-ecological effectiveness of the MPA. From this point of view, we also  
 474 highlighted that the perceived effectiveness of conservation interventions can be affected by a set of  
 475 elements at individual (e.g. demographic), community (e.g. size) and MPA (age, size) levels, that

476 represent potential leverage points upon which to act in order to maximize perceived effectiveness  
477 and enhance support toward MPAs. Specifically, perceptions of socio-ecological effectiveness are  
478 positively associated with small communities, old MPAs and fishers with high proportions of  
479 household income derived from small-scale fisheries. It is interesting to note that our results suggest  
480 that the overall size of the fisher community is relevant in shaping perceived effectiveness of the  
481 interventions. This may suggest that MPA management and governance efforts, in terms of  
482 capacities and resources allocated, should be planned based on the size of the community, adding to  
483 recent findings suggesting that these elements should be set based on MPA surface (Scianna et al.  
484 2019). We also acknowledge that the establishment of a LGG or similar collaborative platform alone  
485 is insufficient to ensure long-term change. In addition, it is necessary to extend the participation  
486 beyond small-scale fishers to include a wider array of actors in decision-making, especially as MPAs  
487 are often multi-use or affect a wider range of actors.

488

489 This study therefore has a number of relevant implications for other conservation initiatives, policy  
490 makers and practitioners. First and foremost, it reveals that conservation practitioners and  
491 managers need to be attentive to the quality of governance and the social impacts of conservation  
492 (Bennett and Satterfield, 2018; Borrini-Feyerabend and Hill, 2015; Lockwood, 2010). It confirms the  
493 merit of engaging stakeholders in long-term and well managed decision-making processes that  
494 ultimately affect their livelihoods (Jentoft, 2005; Wilson, 2003). In addition, this study highlights that  
495 the positive perceptions yielded were accrued by giving increased attention, effectiveness and  
496 continuity to governance and management processes (Bennett et al., 2019) and not reliant on  
497 improved ecological or fisheries outcomes (as there was not enough time to see these results).  
498 Second, it highlights the benefits of considering the human dimension and people's perceptions  
499 (Bennett, 2016; Voyer et al., 2012). Monitoring people's perceptions can help confirm whether  
500 and/or which management interventions can increase support for MPAs or other conservation  
501 initiatives (Bennett, 2016; Hogg et al., 2019; 2017b; Voyer et al., 2012). Finally, the testing of  
502 multiple interventions across different MPA contexts has provided actionable insight into the overall  
503 feasibility and effectiveness of each, which can be adopted and applied to other MPAs.

504

505 We recognize some limitations of this work. The results of the MPA self-assessment by MPA staff  
506 could be affected by subjectivity. However, self-assessment is a common methodology utilised  
507 regularly for such evaluations (e.g. see Hockings et al., 2006; Jones, 2014; World Bank, 2004). To  
508 address this the research team requested documents from the MPAs to help verify and cross check  
509 data, however these were not always provided or available. We also caution that this study may

510 have limited generalizability to other settings as it focuses on one context (the EU Mediterranean  
511 MPAs), stakeholder group (small-scale fishers), and timeframe. We recommend that future studies  
512 sample a broader group of stakeholders, and to include them in the collaborative platforms such as  
513 the LGG established here.

514

515 Our recommendation for other MPAs aiming to increase the level of support is to permanently  
516 involve stakeholders in the process. Following the simple governance intervention approach  
517 outlined in this paper can have positive impacts on perceptions and level of support for MPAs, with  
518 relatively low demands in terms of time, money and resources from the MPA and stakeholders. For  
519 each of the 11 MPAs involved in this project our recommendation for the next step is to establish  
520 what kind of engagement the fishers want, and perhaps employ a system of trial and error  
521 experimenting with different engagement strategies until one that is suitable for all stakeholders is  
522 found while still ensuring effective and efficient decision-making (Hogg et al., 2017b). In addition, we  
523 strongly recommend that participatory decision-making processes employ neutral parties trained in  
524 mediation and conflict resolution.

525

## 526 5. Conclusion

527 Engagement of local people and perceived MPA socio-ecological benefits are crucial elements for  
528 garnering support for and long-term success of conservation initiatives. This study demonstrated  
529 that small-scale fishermen's perceptions of MPA ecological effectiveness, social impacts and good  
530 governance can be quickly enhanced through collaborative conservation interventions co-produced  
531 with local communities. Although perceptions towards ecological and economic outcomes were  
532 positive it was perceptions of governance and other social factors that were found to have the  
533 greatest prospect of being improved in the short-term by the management interventions tested and  
534 approach applied. If MPAs and stakeholders continue to apply these interventions, it is likely that  
535 there will also be positive impacts on ecological and economic factors. The results of this study  
536 strongly suggest that conservation practitioners need to be attentive to all three dimensions –  
537 ecological effectiveness, social impacts and good governance-during the implementation and  
538 ongoing management of conservation initiatives, yet small changes in the governance structure and  
539 increased engagement of fishers and other actors can easily and quickly improve overall support for  
540 conservation. It is essential to ensure good governance is sustained over time and adequately  
541 resourced (financially and by full-time trained personnel who can carry out participative decision-  
542 making processes).

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## Supplementary materials

### Improving marine protected area governance through collaboration and co-production

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799 **Table SM1.** Numbers of fishers interviewed per MPA

MPA Name	Number of fishers identified in community	Number interviewed	Percentage of total fishers (%)
Egadi	40	24	60.0
Torre Guaceto	5	4	80.0
Portofino	22	13	59.1
Zakynthos	35	17	48.6
Es Freus	18	11	61.1
Cabo de Palos	19	11	57.9
Cap Roux	30	8	26.7
Cote Bleue	27	14	51.9
Strunjan	10	8	80.0
Telascica	15	10	66.7

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802 **Table SM2.** Statements rated to determine the impact the management measures have had or will  
803 have on a series of variables. For all items scale was as following: very negative, somewhat negative,  
804 neutral, somewhat positive, very positive.

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**Statements:**

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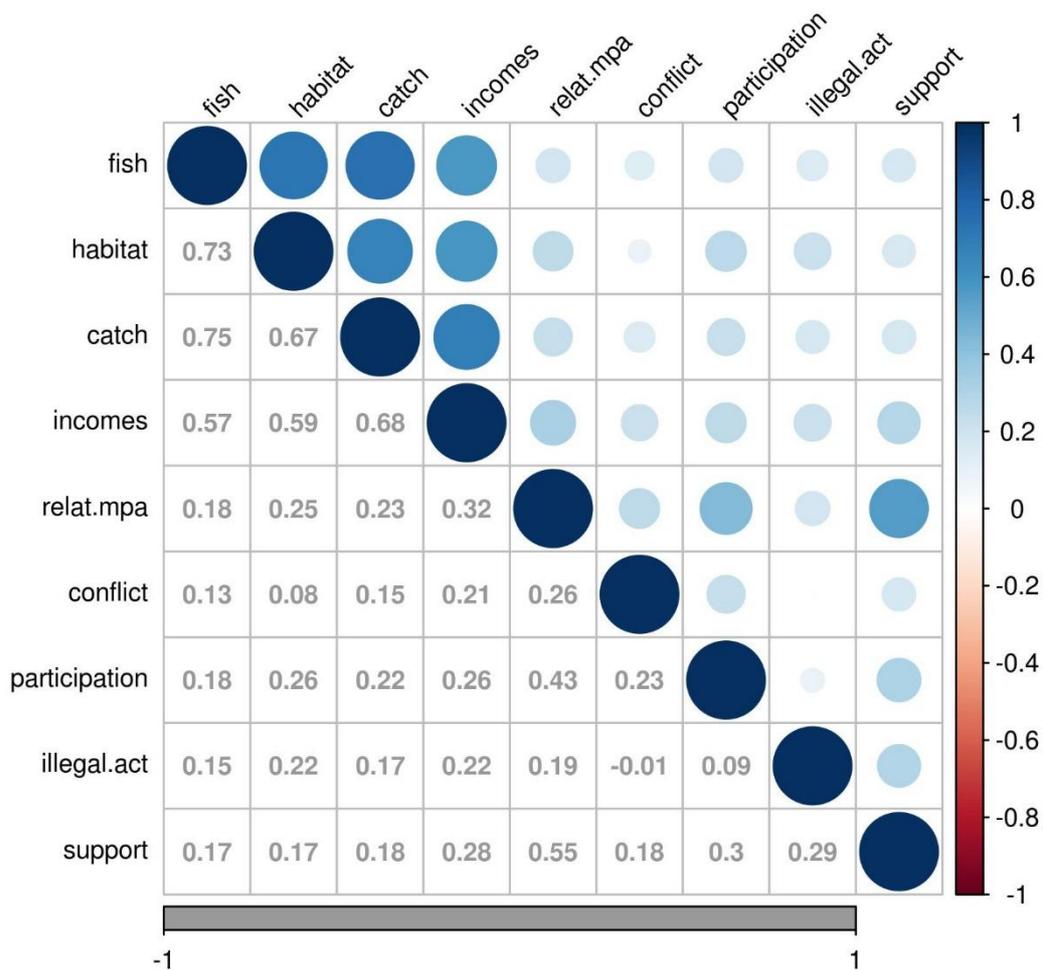
- 1.The abundance of fish in the MPA
  - 2.The quality or health of habitats in the MPA
  - 3.The amount of fish that small-scale fishers can catch
  - 4.The income of small-scale fishers
  - 5.The relationships between MPA managers and small-scale fishers  
scale fishers and other users in the MPA
  - 6.The level of conflict between small-scale fishers and other users in the  
MPA
  - 7.The participation of small-scale fishers in decision making processes
  - 8.The level of illegal fishing or poaching activities within the MPA
  - 9.The support of small-scale fishers for the MPA
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807 **Text SM1. Modelling details**

808 Prior to the analyses, dependent variables (i.e. the perceptions on different aspects of the  
 809 potential effects of the governance measures) were tested for potential multi-collinearity in  
 810 order to confirm the logic of distinct analysis and avoid redundancy in outcomes. A certain  
 811 collinearity was found between the perceptions of the effect of the governance measures on  
 812 fishes, habitat, fishers' catch and incomes. For this reason, the dependent variables 'habitat'  
 813 and 'catch' were not considered in POLR analyses. In all other cases, correlations never  
 814 exceeded 0.55, a value considered below the threshold of concern for multi-collinearity (Fig.  
 815 S1).



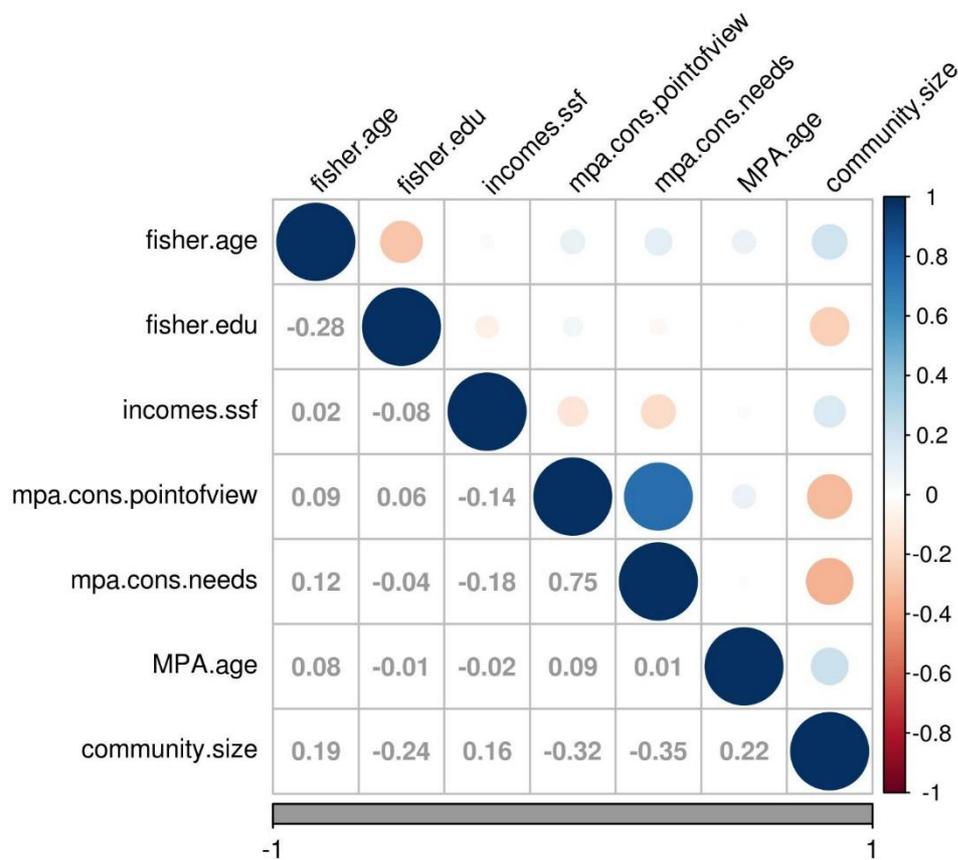
816  
 817 **Figure SM1.** Spearman's correlation between pairs of dependent variables (i.e. perceptions  
 818 on different aspects of effects of governance measures)

819

820 A full model containing both fixed terms and the random term 'MPA' was constructed.  
 821 Significance of random components were assessed through likelihood ratio test. Significance  
 822 level on the final model containing only fixed terms was calculated using analysis of deviance  
 823 based on Wald Chi-Square test.

824

825 Before performing model selection, we also tested for potential multi-collinearity between  
 826 predictors analysing pairwise correlation between the explanatory variables using  
 827 Spearman's correlation. Pairwise correlation was calculated through Spearman's correlation  
 828 and visualized by a correlation plot (package 'corrplot' in R, Wei and Simko 2017). The binary  
 829 predictor 'Presence of single/multiple village' was not included in this analysis. A relatively  
 830 high level of correlation (0.75) was found between the variables 'Decision-makers consider  
 831 your (fisher) point of view' and 'Decision-makers look after your (fisher) needs' (Fig. S2). For  
 832 this reason, the second one was excluded from the potential predictors for redundancy.



833

834 **Figure SM2.** Spearman's correlation between pairs of dependent variables (i.e. perceptions  
 835 on different aspects of effects of governance measures)

836

837 **Reference**

838 Wei, T., Simko, V. (2017). R package "corrplot": Visualization of a Correlation Matrix (Version  
839 0.84). Available from <https://github.com/taiyun/corrplot>

840

841 **Text SM2. Supplementary results for Section 3.1 MPA management and governance features**

842 On the presence of a dedicated MPA management plan 72% (8) reported a management plan  
843 to be in place. The drafting of 75% (6 of the 8) of the management plans involved multiple  
844 actors in the decision-making process. The remaining 3 were preparing management plans.  
845 Only 27% (3) had a specific plan dedicated to SSF, and 54% (6) had management plans that  
846 included regulation and management of SSF, 18% (2) had no mention of SSF. In cases where  
847 SSF plans were present it was reported that fishers had been involved in the decision-making  
848 process. On engagement with fishers all MPAs reported some degree of interaction: 54.5%  
849 (6) reported a bidirectional interaction (i.e. where fishermen and the MPA management body  
850 are able to express their own views and ideas); in one case the MPA management body  
851 reported a proactive interaction where fishers/their representatives have a proactive  
852 interaction (i.e. fishers actively propose and organise meetings); in the remaining MPAs  
853 (36.6%:4) informal or unidirectional interactions were reported, with fishers simply being  
854 informed once management decisions were taken. On the number of meetings and fishers'  
855 attendance, 63.6% (7) reported that 1-2 meetings a year are held, and attendance by fishers  
856 varied relatively evenly across all categories. In all MPAs where fishers' representatives are  
857 present, they always attended meetings. On MPA staff capacity results varied from 0 (Cap  
858 Roux, a community based MPA where no staff is appointed) to 49 (Egadi Islands, including  
859 full-time, part-time and seasonal staff). Full-time employees represented on average  
860  $56.6 \pm 10.3\%$  (mean  $\pm$  s.e.) of the total staff, with  $10.1 \pm 3.9\%$  full-time employees per MPA. Part-  
861 time and seasonal staff represented respectively  $27.9 \pm 7.9\%$  and  $15.5 \pm 7.5\%$  of the total staff.  
862 The majority of respondents (72%: 8) reported a staff shortfall. In terms of capacity  
863 respondents reported staff to be competent in ecological monitoring yet required capacity  
864 building for social aspects. On MPA budget, reports ranged from 0 and 1.14 million euros,  
865 with funds reported to be primarily from public subsidies (72%: 8), with several (also) relying  
866 on other financing sources such as sponsors, donations, self-funding (90.9%: 10). One MPA  
867 (9%) reported having no secure annual budget, relying on spot-funds, one MPA (9%) declared  
868 that the budget was inadequate for basic management needs, and 9 (82%) declared that the  
869 budget was acceptable but should be improved to fully achieve effective management. No  
870 MPA declared that the budget was sufficient for all management needs. On enforcement,  
871 one MPA (9%) does not perform surveillance activities (Cap Roux), 4 (36%) perform  
872 interpretative/educational enforcement, and 6 (54%) performed both  
873 interpretative/educational and legal enforcement. Managers declared that the biggest  
874 shortfalls were enforcement, outreach programs (found to be very limited or absent in most  
875 of the cases (9: 81.8%), and stakeholder engagement.

876

877 **Text SM3. Supplementary results for Section 3.3 Small scale fishers survey sample and**  
878 **perceived socio-ecological outcomes**

879 On awareness of the management interventions in one case (Egadi Islands), 43% (10 of 23  
880 fishers interviewed) were not aware, neither were 4 out of the 13 fishers interviewed in  
881 Zakynthos. In all other MPAs fishers were all aware except for 1 or 2 individuals. Concerning  
882 the amount of fish that small-scale fishers can catch a small number of fishers (5.13%) from  
883 Cabo de Palos-Islas Hormigas, Egadi Islands and Strunjan stated that the new interventions  
884 could generate a decrease in their catches, while, in Portofino, all fishers (100%) agree that  
885 no positive or negative effects are going to be produced by the governance interventions  
886 tested (Figure S3). On the potential effects of the interventions on the amount of illegal  
887 fishing or poaching activities within the MPA – in some MPAs, fishers agreed that the specific  
888 interventions implemented in their MPAs could produce a decrease in the amount of illegal  
889 activities (i.e. Strunjan, Es Freus, Telašćica and to a minor extent Cote Bleue and Zakynthos  
890 where the interventions tested were focused on strengthening enforcement capacity). In the  
891 case of Portofino and Cap Roux, all respondents interviewed stated that no negative nor  
892 positive impacts on poaching would result from the interventions tested. In the remaining  
893 MPAs (i.e. Torre Guaceto, Egadi and Cabo de Palos) a large proportion of fishers (75%,  
894 56.65% and 45%, respectively) stated that the new interventions could produce an increase  
895 in illegal activities in their MPAs (Figure S3). On the potential impact on fishers' income all  
896 fishers in Torre Guaceto (100%) interviewed agreed the new interventions will produce  
897 benefits for their income.

898

899 **Table SM3.** Summary table of demographic characteristics of the survey sample. Number of fishers  
 900 n=120.

DEMOGRAPHIC CHARACTERISTICS					
<b>Age</b>	<b>20-29</b>	<b>30-39</b>	<b>40-49</b>	<b>50-59</b>	<b>&gt;60</b>
%	5	14	26	32	23
<b>Education (highest education level obtained)</b>	<b>None</b>	<b>Elementary</b>	<b>Middle</b>	<b>High</b>	<b>University</b>
%	1	35	39	20	5
<b>Origin</b>	<b>The town/village</b>	<b>local area</b>	<b>The nearby area</b>	<b>The same country</b>	<b>Another country</b>
%	81	12	5	3	
<b>Number of people in the household</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5 or more</b>
%	9	28	24	28	11
<b>Number of household people employed</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
%	2	42	46	9	1
<b>Proportion of household incomes from SSF</b>	<b>none</b>	<b>less than half</b>	<b>about half</b>	<b>more than half</b>	<b>all</b>
%	4	27	13	24	32

901

902

903 **Table SM4.** Fishers perceptions (absolute and percentages) regarding the potential impact the  
 904 management measures had or will have on the different aspects reported on the left. Number of  
 905 fishers n=120.

Aspect	Very negative	Somewhat negative	Neutral	Somewhat positive	Very positive	n	%
The number of fish in the MPA	0	2	47	57	11	117	97.5
The quality or health of habitats in the MPA	0	1.7	40.2	48.7	9.4	117	97.5
	1	2	46	57	11		
The amount of fish that small-scale fishers can catch	0.9	1.7	39.3	48.7	9.4	117	97.5
	2	4	47	59	5		
The income of small-scale fishers	1.7	3.4	40.2	50.4	4.3	117	97.5
	1	6	70	35	5		
The relationships between MPA managers and small-scale fishers	0.9	5.1	59.8	29.9	4.3	117	97.5
	1	6	31	59	20		
The amount of conflict between small-scale fishers and other users in the MPA	0.9	5.1	26.5	50.4	17.1	116	96.7
	0	12	70	32	2		
The participation of small-scale fishers in decision making processes	0	10.3	60.3	27.6	1.7	117	97.5
	0	3	39	64	11		
The amount of illegal fishing or poaching activities within the MPA	0	2.6	33.3	54.7	9.4	116	96.7
	4	23	34	40	15		
The support of small-scale fishers for the MPA	3.4	19.8	29.3	34.5	12.9	114	95.0
	0	5	24	67	18		
	0	4.4	21.1	58.8	15.8		

906

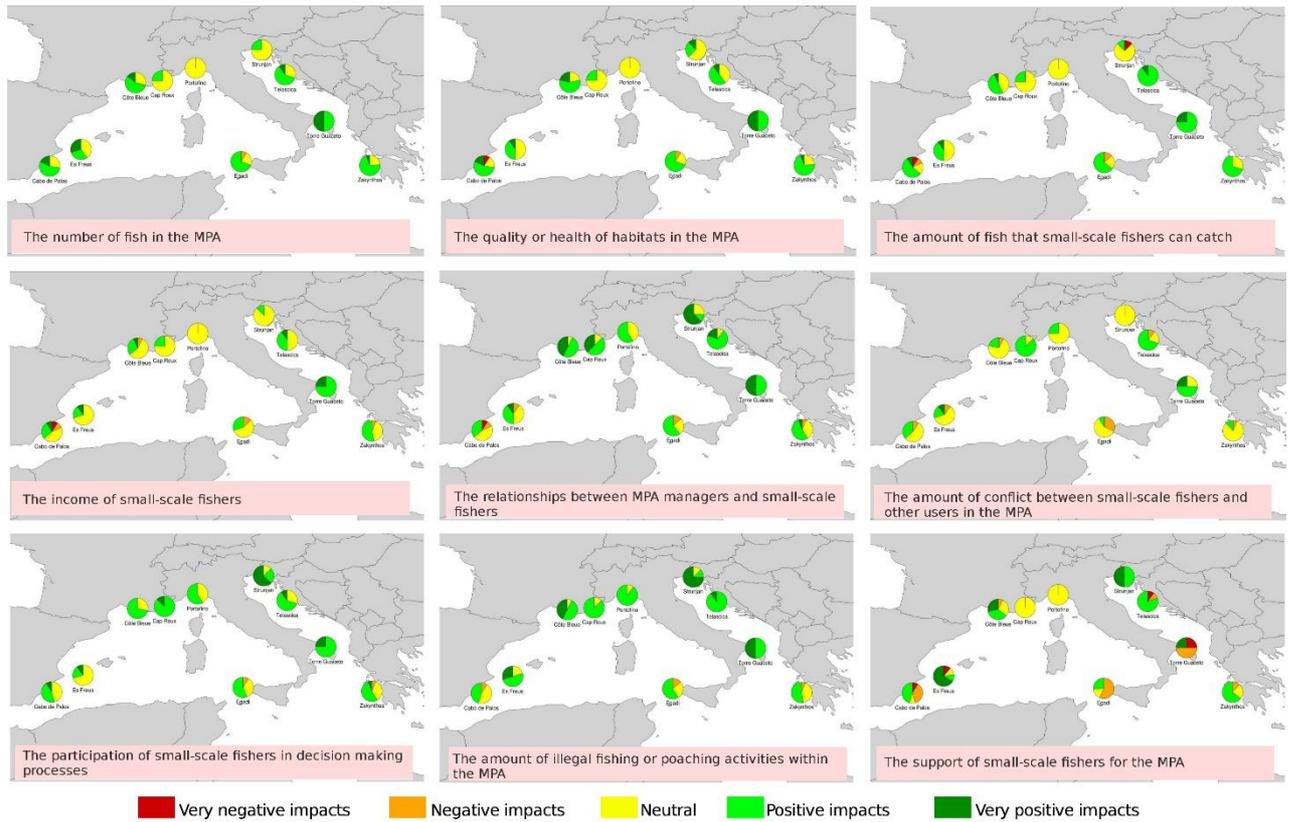
907

908 **Table SM5.** Summary statistics for the perceptions regarding the potential impact the management  
 909 measures had or will have on the different aspects reported on the left (scale 1-5) and the compound  
 910 score (scale 1-10).

Aspect	median	mean	st.error
The number of fish in the MPA	4	3.66	0.06
The quality or health of habitats in the MPA	4	3.64	0.07
The amount of fish that small-scale fishers can catch	4	3.52	0.07
The income of small-scale fishers	3	3.32	0.06
The relationships between MPA managers and small-scale fishers	4	3.78	0.07
The amount of conflict between small-scale fishers and other users in the MPA	3	3.21	0.06
The participation of small-scale fishers in decision making processes	4	3.71	0.06
The amount of illegal fishing or poaching activities within the MPA	3	3.33	0.1
The support of small-scale fishers for the MPA	4	3.84	0.07
COMPOUND SCORE	6	5.9	0.13

911

912



913 **Figure SM3.** Details for each MPA about perceptions on the effects of the governance tools on each  
 914 one of the aspect considered. Each aspect is represented by a map.

915

916 **Table SM6.** Output of Wald test on the cumulative link models run on the perceptions about the  
 917 effects of the governance tools on different aspects. Only significant predictors are reported.

Aspect	significant predictors	DF	Chi-square	p	
The number of fish in the MPA	Proportion of household incomes from SSF	4	10.379	0.034	*
The income of small-scale fishers	Proportion of household incomes from SSF	4	13.671	0.008	**
The relationships between MPA managers and small-scale fishers	Decision-makers consider your point of view	4	13.058	0.010	*
	MPA age	1	16.805	4.142e-05	***
	Multiple villages	1	8.588	0.003	**
	Size of SSF community	1	9.836	0.001	**
The amount of conflict between small-scale fishers and other users in the MPA	Size of SSF community	1	8.056	0.004	**
The participation of small-scale fishers in decision making processes	\				
The amount of illegal fishing or poaching activities within the MPA	MPA age	1	13.838	0.0001	***
	Size of SSF community	1	9.352	0.002	**
The support of small-scale fishers for the MPA	Decision-makers consider your point of view	4	12.874	0.011	*
	MPA age	1	13.286	0.0002	***
	Size of SSF community	1	14.866	0.0001	***
COMPOSITE SCORE	Proportion of household incomes from SSF	4	10.645	0.030	*
	MPA age	1	11.999	0.0005	***
	Size of SSF community	1	5.987	0.014	*

918

919

Figure 1  
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THEME	INTERVENTION	THEME	INTERVENTION
<b>INVOLVEMENT IN DECISION MAKING</b>	1. Create collaborative platforms to engage fishers in decision	<b>IMPROVE SSF ENVIRONMENTAL SUSTAINABILITY</b>	7. Reduce fishing effort
<b>ENFORCEMENT STRENGTHENING</b>	2. Increase surveillance by MPA staff and improved infrastructure		8. Modify/substitute fishing gears
	3. Increase surveillance through fishers' direct involvement.	<b>IMPROVEMENT OF SSF PROFITABILITY</b>	9. Set-up SSF Code of conduct
	4. Increase surveillance through the cooperation with relevant authorities		10. Add value to local fisheries products
<b>KNOWLEDGE &amp; OWNERSHIP</b>	5. Engage fishers in monitoring activities		11. Promote new commercial species
	6. Raise the awareness of fishers, MPA managers and local communities		12. Support Pescatourism

Figure 2

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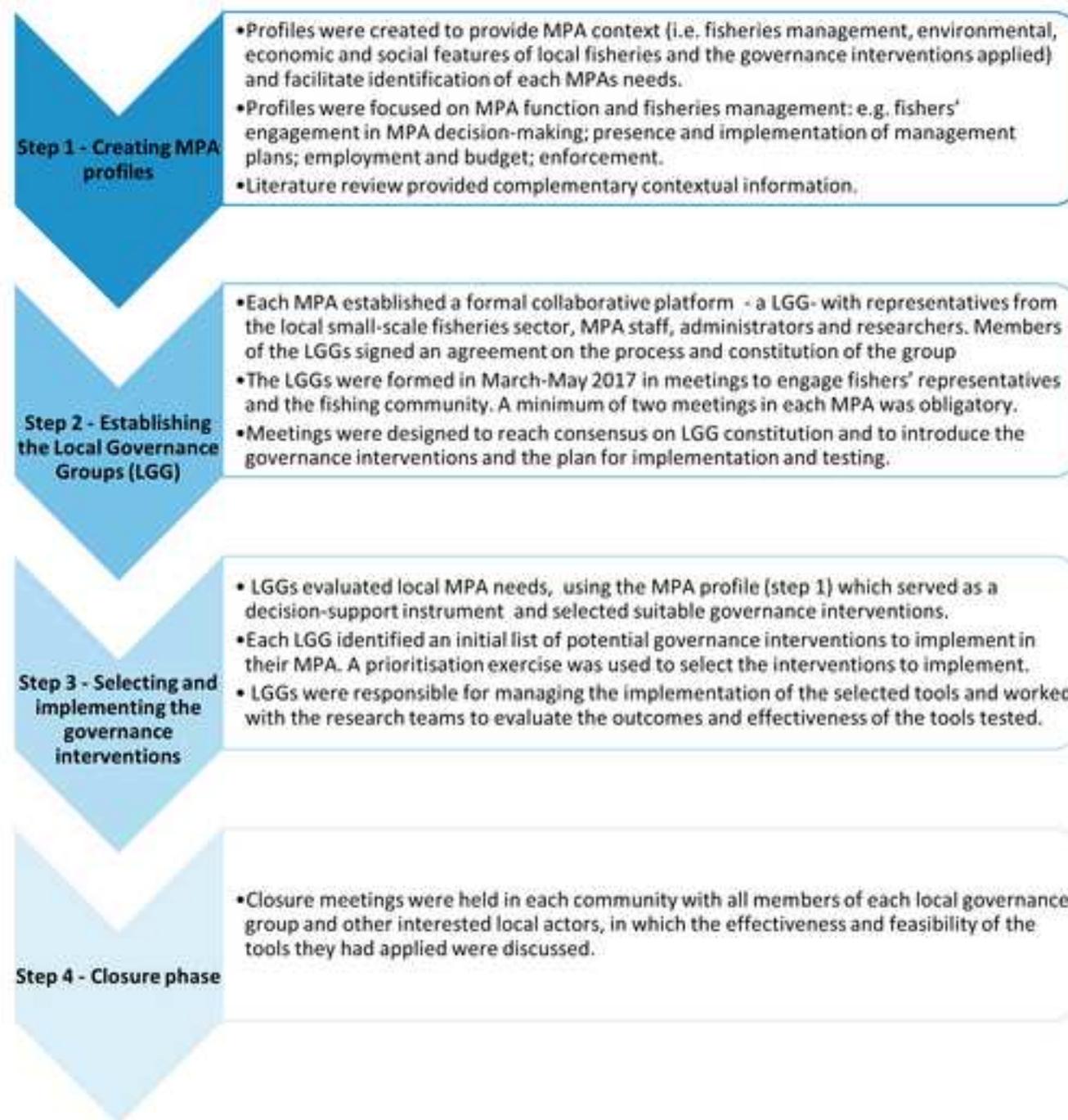
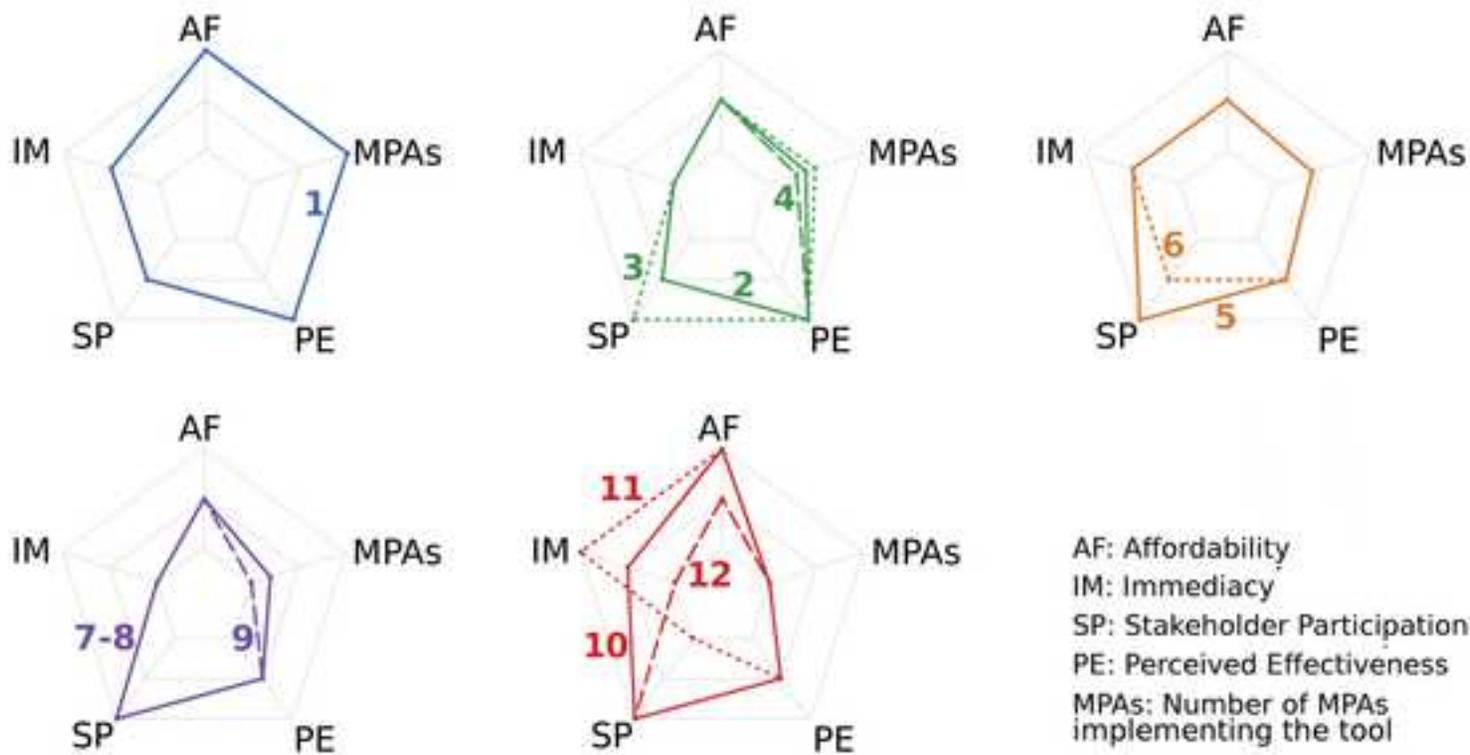


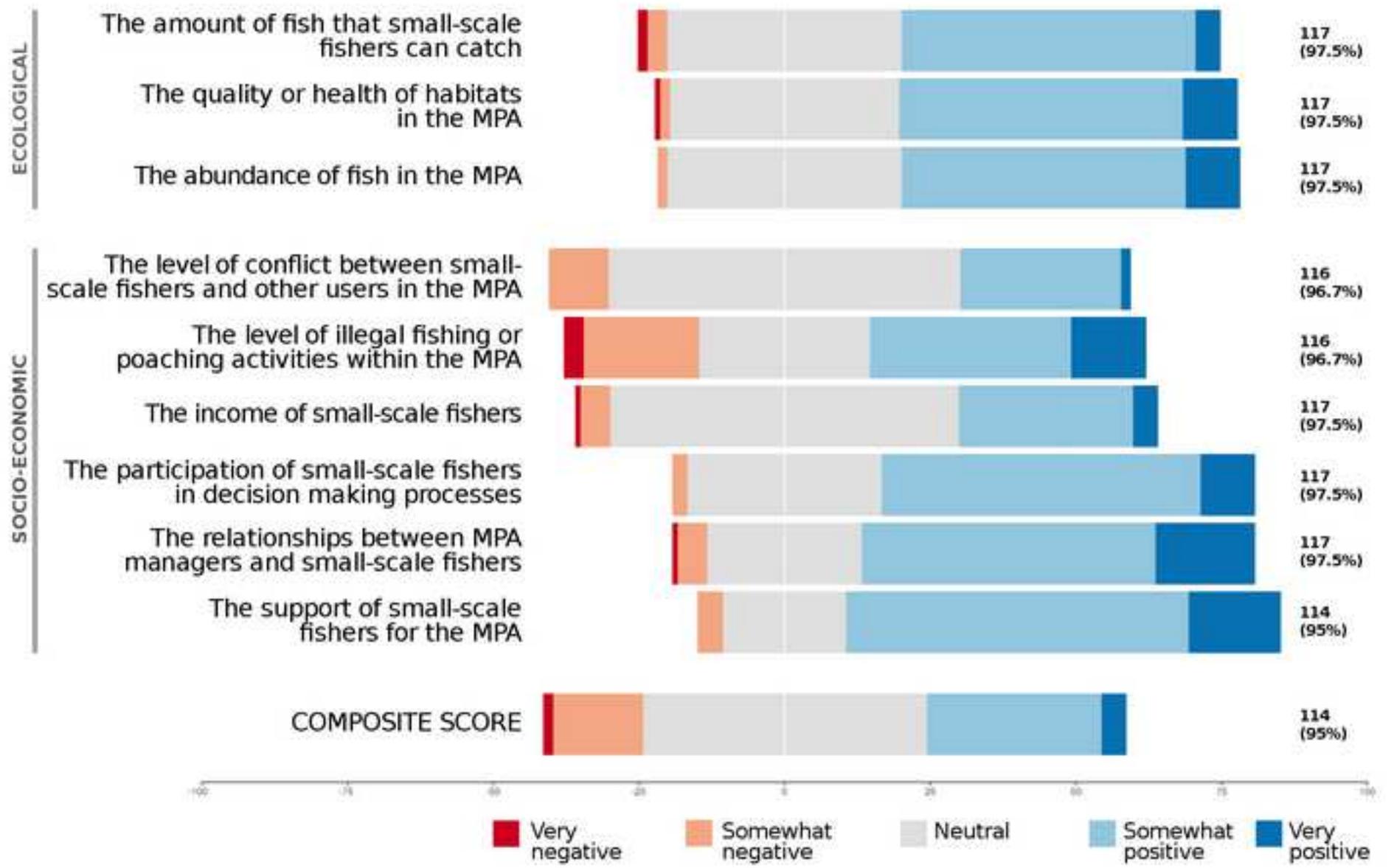
Figure 3  
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THEME	INTERVENTION	THEME	INTERVENTION
INVOLVEMENT IN DECISION MAKING	1. Create collaborative platforms to engage fishers in decision	IMPROVE SSF ENVIRONMENTAL SUSTAINABILITY	7. Reduce fishing effort
	2. Increase surveillance by MPA staff and improved infrastructure		8. Modify/substitute fishing gears
ENFORCEMENT STRENGTHENING	3. Increase surveillance through fishers' direct involvement		IMPROVEMENT OF SSF PROFITABILITY
	4. Increase surveillance through the cooperation with relevant authorities	10. Add value to local fisheries products	
KNOWLEDGE & OWNERSHIP	5. Engage fishers in monitoring activities	11. Promote new commercial species	
	6. Raise the awareness of fishers, MPA managers and local communities	12. Support Pescatourism	

Figure 4  
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### What impact do you think the changes of MPA management have had or will have on each of the following aspects?



**Figure 5**  
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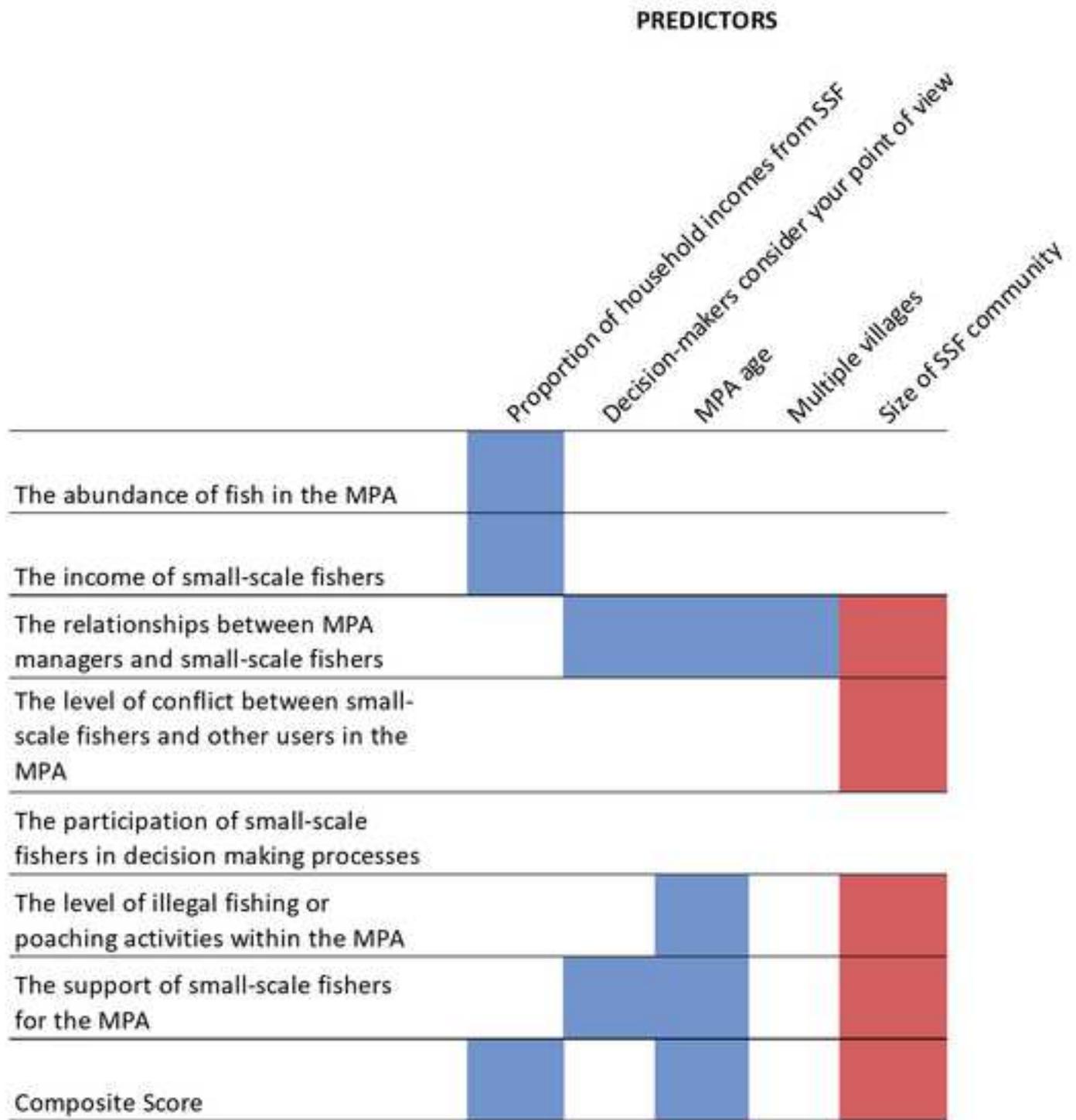
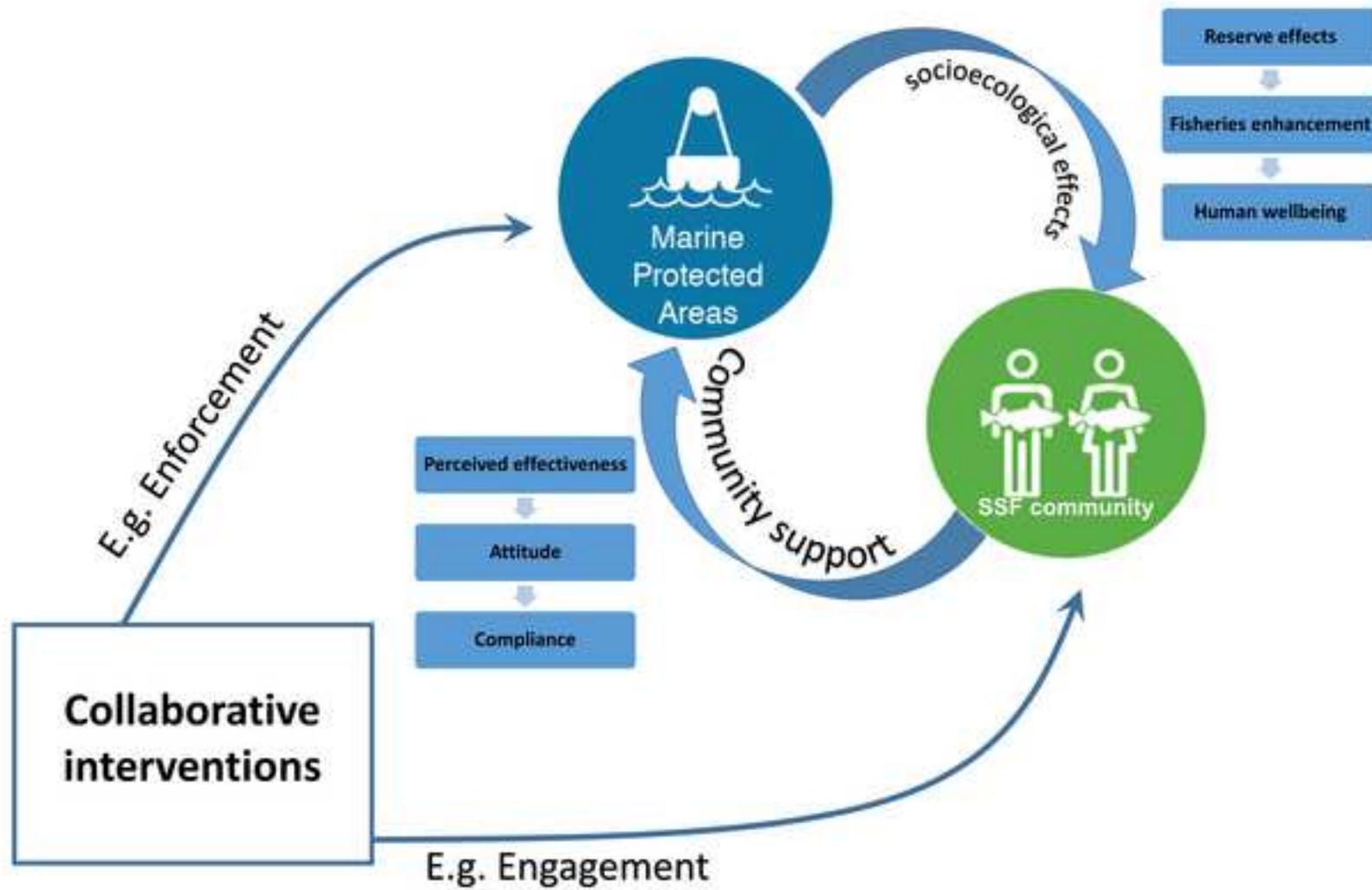


Figure 6  
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**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: